

Level 6 - Bars	Level 7 - Bars	Level 8 - Bars	Level 6 - Beam	Level 7 - Beam	Level 8 - Beam	Level 6 - Floor	Level 7 - Floor	Level 8 - Floor			L6	L7	L8
One Cast <i>min. Horizontal</i>	One Cast <i>45o from vertical</i>	One Bar Change <i>1-LB, 1-HB skill</i>	<i>One Acro Elem</i> Gr 5,6,7 Vertical	Acro Series (w/wo flt.) + 1 Acro Flt. Solo/Series	Acro Series <i>with 1 Acro Flight</i>	Acro Series (3 elem.) <i>w/wo hands</i>	Acro Series (3 elem.) <i>with Back Layout-2 ft.</i>	2 Salto Series <i>Direct or Indirect</i>	A = 0.1	A	5	5	4
One Bar Change <i>1-LB, 1-HB skill</i>	360o Clear Circle <i>one "B" Circle</i>	"B" Element <i>Flight or Turn</i>	One Leap / Jump <i>180o Split</i>	One Leap / Jump <i>180o Split</i>	One Leap / Jump <i>180o Split</i>	1 Salto / Aerial <i>Single or 2nd Series</i>	Front Acro Series <i>2 Direct - 1 Aerial / Salto</i>	3 Different Saltos	B = 0.3	B	1	2	4
360o Clear Circle <i>one Group 3,6,7</i>	360o Clear Circle <i>one Group 3,6,7</i>	"B" Circle <i>Group 3,6,7</i>	Full Turn <i>Single or Series</i>	Full Turn <i>Single or Series</i>	Full Turn <i>Single or Series</i>	Dance Passage <i>Gr.1, 180° Split Leap</i>	Dance Passage <i>Gr.1, 180° Split Leap</i>	Dance Passage <i>Gr.1, 180° Split Leap</i>	SR	0.5	0.5	0.5	
A - Element <i>Dismount</i>	A - Salto <i>Dismount</i>	A - Salto/Hecht <i>Dismount</i>	A - Dismount <i>w/wo hands</i>	A - Dismount <i>Aerial/Salto</i>	A - Dismount <i>Aerial/Salto</i>	Full Turn <i>Single or Series</i>	Full Turn <i>Single or Series</i>	A - Element <i>Last Salto</i>	Restricted elements - 0.5 SV				
									Lv 6	C/D/E and UB Flight			
									Lv 7	> 1-C Dance; UB Restricted			
									Lv 8	UB Restricted List			
									Lv 8	More than 1 Restricted C			
									Time: _____	S.V. _____			
									S. V. 10.0	Ded. - _____			
									VP - _____	J1 Score _____			
									SR - _____	J2 Score _____			
									RE - _____	Average _____			
									L8 Comp - _____	Off Ave. - _____			
									Artistry - _____	Score _____			
Pivot Turns _____	Shapes _____	Lv Acro _____	Variety Acro _____	Dance _____	Relaxed _____	Rhythm _____	Forw/Side _____	Balance _____	Distribution _____	Sureness _____	Exec. - _____		
									Time: _____	S.V. _____			
									S. V. 10.0	Ded. - _____			
									VP - _____	J1 Score _____			
									SR - _____	J2 Score _____			
									RE - _____	Average _____			
									L8 Comp - _____	Off Ave. - _____			
									Artistry - _____	Score _____			
Pivot Turns _____	Shapes _____	Lv Acro _____	Variety Acro _____	Dance _____	Relaxed _____	Rhythm _____	Forw/Side _____	Balance _____	Distribution _____	Sureness _____	Exec. - _____		
									Time: _____	S.V. _____			
									S. V. 10.0	Ded. - _____			
									VP - _____	J1 Score _____			
									SR - _____	J2 Score _____			
									RE - _____	Average _____			
									L8 Comp - _____	Off Ave. - _____			
									Artistry - _____	Score _____			
Pivot Turns _____	Shapes _____	Lv Acro _____	Variety Acro _____	Dance _____	Relaxed _____	Rhythm _____	Forw/Side _____	Balance _____	Distribution _____	Sureness _____	Exec. - _____		