

BARS Connection Values	0.1	0.2	BARS - SR 0.2 each	BARS Composition			VP	NCAA	
Group 367 + Group 367 Both with flight/turn w/without flight/turn w/without flight/turn	C+C		2 - Bar Changes	0.05	Insufficient Distribution of Elements	difficulty not maintained or place in same section	A	3	
			1 - C Turn	up to 0.2	Lack of Variety	in Choice of Elements and Connections			
	C+C		1st = C-Flight or B-Flight	0.1	Squat or Stoop on LB to grasp HB	more than one = 0.1 each			B
			2nd = C-Flight or D-Flight	0.1	Uncharacteristic Elements:	squat on LB 1/2 t. on feet, HB swing LB feet w/o circle			
	C+D		D+D	C-Salto Dismount	0.1	Forward 3/4 Giant Circle	less than 20o, breaks connection	C	2
				A + A + C = - 0.1		Choice of Elements:	not up to competitive level		
				B + B + C = - 0.1		ONE Single Bar "D" Release	Or ONE "E" Release		
					Or Minimum 2 "D" Releases	Or Minimum 2 "E" Elements	SV	9.5	
					AND "D" Dismount or "C" with CV		AV	0.5	
							SR	0.2	

	Exec. - _____	Comp. - _____	B -	SV Level: 9.5	S.V. + _____
			C -	VP - _____	Ded. - _____
			D -	SR - _____	J1 Score _____
			E -	Sub: _____	J2 Score _____
			CV+ _____	AV + _____	Average _____
			DV+ _____		Off Ave. - _____
					Score _____

	Exec. - _____	Comp. - _____	B -	SV Level: 9.5	S.V. + _____
			C -	VP - _____	Ded. - _____
			D -	SR - _____	J1 Score _____
			E -	Sub: _____	J2 Score _____
			CV+ _____	AV + _____	Average _____
			DV+ _____		Off Ave. - _____
					Score _____

	Exec. - _____	Comp. - _____	B -	SV Level: 9.5	S.V. + _____
			C -	VP - _____	Ded. - _____
			D -	SR - _____	J1 Score _____
			E -	Sub: _____	J2 Score _____
			CV+ _____	AV + _____	Average _____
			DV+ _____		Off Ave. - _____
					Score _____