

(2.1) VAULT	(3.1) BARS = 0.2 each	(4.1) BEAM = 0.2 each	(5.1) FLOOR = 0.2 each
2.1 No JO Bonus Rule	1. Bar Changes (minimum 2)	1. Acro Series – 2 Flight elements Min. 1 (“C”) Flight, mount OK With or Without Hand support Must stop on the Beam (“A”) Group 7 + (“E”) Acro = OK	1. Acro Series with two (2) Saltos or Two(2) Direct Saltos Acro Series = 3 Acro flight elem. Same or Different Saltos No Aerials
2.2 Vault Numbers will be flashed See Appendix #1	2. Flight Elements (no dismounts) (“C”) and (“C”) different or (“D”) and (“B”)	2. Dance Series – 2 elements Minimum of 1 (“C”) dance Leaps, Jumps, Hops, Turns	2. Three Different Saltos within the exercise
2.3 One Vault Three Attempts Touch w/o going over = Attempt Invert with going over = Vault	3. (“C”) element with LA Turn (no mount or dismount)	3. Leap/Jump with 180° Split May be in Dance Series	3. Dance Passage Two (2) different elements from Group 1 (Leaps, Jumps, Hops) Direct or Indirect Connection One (1) 180° Leap (cross or side) Turns allowed between elements
2.4 Deduct 1.0 one hand, no hands 2.5 Deduct 1.0 not to feet 1st (fall) 2.6 Deduct 1.0 spot during vault	4. (“C”) Dismount Same A + A → C = - 0.1 off SV Same B + B → C = - 0.1 off SV	4. Turn – minimum 360° Group 3, no hand support	
2.7 Deduct 0.5 vault w/o signal, repeat and deduct.	** one (1) element may fulfill more than one (1) Special Requirement.	5. (“C”) Dismount or (“D”) Acro → (“B”) Dismount	4. Last Salto (“C”) minimum Isolated or in Acro Connection

2019 – ADDITIONAL EQUIPMENT, UNIFORM RULES and PROCEDURES

VAULT	BARS	BEAM	FLOOR
Video Review Fails = - 0.1 Team	Video Review Fails = - 0.1 Team	Video Review Fails = - 0.1 Team	Video Review Fails = - 0.1 Team
Out of Order = - 0.1 Team	Out of Order = - 0.1 Team	Out of Order = - 0.1 Team	Out of Order = - 0.1 Team
Verbal Cue by Coach = - 0.2 ave. to own gymnast, after warning	Verbal Cue by Coach = - 0.2 ave. to own gymnast, after warning	Verbal Cue by Coach = - 0.2 ave. to own gymnast, after warning	Verbal Cue by Coach = - 0.2 ave. to own gymnast, after warning
Out of Uniform = - 0.3 Team/ind.	Out of Uniform = - 0.3 Team/ind.	Out of Uniform = - 0.3 Team/ind.	Out of Uniform - 0.3 Team/ind.
Vault Runway: Chalk marks <u>not</u> allowed = - 0.2 ave. Removable tape or Velcro allowed No RO Pad or Sting Mat = - 0.3 ave.	LB must be adjustable to 165 cm HB must be adjustable to 245 cm Without the bar height adjusters LB/HB same angle (width 192cm)	Chalk may not be applied directly to the beam. = - 0.2 average Small chalk marks on the top surface allowed.	Corner chalk arc line allowed. Tape / chalk may <u>not</u> be placed in the center of the FX mat.
Touch Warm-up: 4:00 minutes per Team	Plywood Board allowed for Mounts Non-skid surface – both sides = - 0.3	Plywood Board allowed for Mounts Non-skid surface – both sides = - 0.3	Coaches must clearly mark (tape) additional mats to indicate the actual boundary lines.
Maximum Table height = 135 cm	Broken / Torn Grips: gymnast may repeat at the end of team rotation.	Minimum of 15’6” matting on the dismount end of beam.	Failure to mark mats = - 0.1 ave.
82’+ Runway = No Deduction	Max. Mount (27’6”) = - 0.1 ave. exceeds manufactured mats	Max. Mount (27’ 6”) = - 0.1 ave.	Only (1) *Mat per Pass = - 0.3 ave. *Mat + Sting Mat (2 mats) = OK No more than two (2) mats on floor
Foreign Substance may <u>not</u> be used.	Mount w/Board on 4” + Sting Mat ok	Mount w/Board on 4” + Sting Mat ok	12m x 12m = 39’ 4 ½” x 39’ 4 ½”

UB	(3.2) BARS	BB	(4.2) BEAM	FX	(5.2) FLOOR
0.05	Lack of Variety in Choice of Elements or Connections <ul style="list-style-type: none"> • Overuse one group • Overuse one specific element • Overuse same element connections • Highest Difficulty connected to Lowest Difficulty value 	0.1 0.1	Lack of Variety in Choice of Acro <ul style="list-style-type: none"> • Min. (“A”) Backward Acro • Min. (“A”) Forward/Sideward Acro 1-Mounts, 6-Rolls, 7-Walkovers, 8-Saltos Roundoff = Sideward Flic ¼ or ¾ handstand = Backward Arabian walkover/salto = Forward Tic-Toc = Forward or Backward 	0.1 0.1	Lack of Variety in Choice of Acro <ul style="list-style-type: none"> • Min. (“A”) Backward Salto • Min. (“A”) Forward/Sideward Salto NO AERIALS
0.1 (each)	Squat/Stoop on LB to grasp HB <ul style="list-style-type: none"> • with or without sole circle • more than one (1) receives deduction • fall, first element to resume counts 	0.1	Prone Landing – Leap/Jump/Hop more than one (1) element to prone	0.1	Lack of Variety in Choice of Dance <ul style="list-style-type: none"> • Lack of Dance Bonus (Groups 1 or 2) CV + 0.1 minimum <u>or</u> D/E Bonus Element
0.05	Insufficient Distribution of Elements <ul style="list-style-type: none"> • Difficulty not maintained thruout • Most difficult in same section 	0.05	Insufficient Distribution of Elements <ul style="list-style-type: none"> • Difficulty not maintained thruout • Most difficult in same section 	0.05	Insufficient Distribution of Elements <ul style="list-style-type: none"> • Difficulty not maintained thruout • Most difficult in same section
0.1 (each) 0.1 (each)	Uncharacteristic Elements <ul style="list-style-type: none"> • Squat on LB – ½ t. on feet → HB • HB swing forward → LB stand with or without ½ turn, <u>unless followed by circle move.</u> Forward ¾ Giant Circle (> 20°) <ul style="list-style-type: none"> • with or without grip change • will break a connection 	0.05 0.05 0.05	Insufficient Use of Entire Beam <ul style="list-style-type: none"> • Spatial – entire length of beam • Direction – forward/back/side (choreo.) • Level Changes throughout high off, standing, semi-low, low, no longer required to touch torso 	0.05	Insufficient Use of Floor Area <ul style="list-style-type: none"> • Spatial – floor pattern
0.1	Choice of Elements (UTL) not up to the competitive level: <u>One (1) of the following:</u> <ul style="list-style-type: none"> • Single Bar (“D”) Release • One (“E”) Release • min. 2 (“D”) Releases • min. 2 (“E”) Level Skills (mounts & dismounts) AND minimum (“D”) Dismount <u>or</u> (“C”) Dismount with CV Bonus.	0.1	Choice of Elements (UTL) not up to the competitive level: <ul style="list-style-type: none"> • Flight Series must end <u>on</u> the Beam (<u>not</u> in dismount series). • Flight Series performed <u>on</u> the beam without Connection Value: <ul style="list-style-type: none"> ✓ Additional (“D”) Acro is required. (mount and dismounts included) ✓ <u>or</u> Additional (“E”) Dance element is required. 	0.1	Choice of Elements (UTL) not up to the competitive level: <u>Three (3) Acro Passes:</u> <ol style="list-style-type: none"> 1) One (“E”) Acro / Dance <u>or</u> 2 different (“D”) elements (1) Acro 2) One 3-Acro Series w/ (“C/D/E”) 3) Last Salto (“C”) + CV or (“D/E”) <u>Two (2) Acro Passes:</u> <ol style="list-style-type: none"> 1) One must include minimum (“D”) 2) Other must have + 0.2 CV or (“D”)
UTL	ORANGE Card (- 0.1)	UTL	ORANGE Card (- 0.1)	UTL	ORANGE Card (- 0.1)

(3.3) BARS	UB	(4.3) BEAM	BB	(5.3) FLOOR	FX
2.301 Cast Handstand + 1/1t. Healy	= D	2.202 Straddle 1/4t. (cross – side; side – cross)	= C	6.201 Front Pike Salto	= A
2.303 Uprise Handstand + 1/1t. Healy	= D				
2.303 Uprise Handstand + ½ t.	= D	2.307 Ring (leap/jump) / Stag Ring (leap/jump)	= D	1.310 Ring Jump 1/1t.	= D
				1.310 Stag-Ring Jump 1/1t.	= D
2.401 Cast Handstand 1½ t. IN (Miller)	= E	7.412 Full Twisting Flic-Flac swing down			
2.403 Uprise Handstand 1½ t. IN (Reeder)	= E				
4.403 Back Giant Hst. 1½ t. IN (Dawes)	= E		= E		
3.305 Clear Hip Handstand + 1/1t. Healy	= D	8.301 Front Salto – One Leg to Sit	= D		
4.303 Back Giant Circle + 1/1t. Healy	= D	8.304 Back Salto – Layout step-out	= D		
5.302 Front Giant Circle + 1/1t. Healy	= D	8.404 Back Salto – Layout 2 ft. w/ Pike Down	= D		
6.301 Front Stalder Circle + 1/1t. Healy	= D	9.202 Gainer Front Stretched 1/1t. (side/end)	= C		
6.301 Front Stalder Circle with or w/o ½ t.	= D	Gainer Front Tucked 1/1t. (side/end)	= B		
6.401 Front Stalder Circle + 1/1t. IN	= E				
		9.304 Front Salto Tuck/Stretch 1½ t. (off 2 ft.)	= D		
6.304 Back Stalder Circle + 1/1t. Healy	= D	9.404 Front Salto Stretch 2/1t.	= E		
6.304 Back Stalder Circle with or w/o ½ t.	= D	9.406 Back Salto Stretch 2½ t.	= E		
6.404 Back Stalder Circle + 1/1t. IN	= E		= D		
		9.308 Gainer Salto Stretch 1½ t. (off side)	= E		
7.308 Front Sole Circle (Hst.) + 1/1t. Healy	= D	9.408 Gainer Salto Stretch 2 – 2½ t. (off side)			
7.309 Back Sole Circle (Hst.) + 1/1t. Healy	= D	9.309 Gainer Back Tuck – 1/1t. off END	= D		

2019 – NCAA – RANGE of SCORES and CONNECTION VALUES

(6.5) RANGE of SCORES	(4.4) BEAM	CV	(5.4) FLOOR	CV
Range between two (2) counting scores	B - Dismounts (No Connection Value)	0.0	Turn / Jump	
	B + C (C-Salto) (No Connection Value)	0.0	C + C	+ 0.1
9.5 – 10.00 = 0.2	B + D (**Any Flic + Layout or Front Aerial)	0.0	C + D	+ 0.2
	** Flic 1ft. or 2ft., Gainer or Swing Down (any order)			
9.0 – 9.475 = 0.3	** Layout or Front Aerial considered (“C”) for CV		Salto/ dance/ Salto (mix)	
	B + D (Flic + Layout 2ft. w/ Pike Down)	+ 0.1	C + A + A	+ 0.1
8.0 – 8.975 = 0.5	B + B + D (Flic + Flic + Layout or Front Aerial)	+ 0.1	F. Layout + F. Layout	
	B + D (Roundoff + Layout Step-out)	+ 0.2	B + B	0.0
Below 8.0 = 1.0	B + D (Dance + Layout Step-out)	+ 0.2	Acro Indirect Saltos	
	B + B + C (no dismounts) = Additional Bonus	+ 0.1	C → C	+ 0.2

2019 – UNIFORM POLICIES (6.2)

ALL EVENTS	
1.	Team = identical leotards
	Leotards = one piece
	Sports Bra = same or contrast color, identical
2.	Straps = minimum 2 cm (7/8”) in width
3.	Out of Uniform = - 0.3 Team / Ind. competition

2019 – NCAA JEWELRY POLICY (6.3)

ALL EVENTS	
<u>0.2</u>	Deduction after Warning, off event score.
	One stud per ear allowed
	No other jewelry is permitted

2019 – UNSPORTMANLIKE CONDUCT (6.4)

ALL EVENTS	
<u>0.1</u>	Gymnast misconduct after Warning, Deduction off Individual Event score.
<u>0.1</u>	Coach misconduct after Yellow Card Warning, Deduction off Team score.

2019 – WARM-UP POLICY Appendix VIII

ALL EVENTS	
	4:00 minute touch warm up on each event.
	2:00 minute transition between each event beginning after each rotation when the final competitor’s initial score is flashed.

2019 – SCORING (6.5)

ALL EVENTS	
a.	OPEN SCORING during Regular Season, Regional and National Championships.
b.	Judges are to sit apart.
c.	Judges score flashed and rotated. Average score raised and rotated.
d.	Flash Scores and Start Value – Simultaneously.
e.	Score verification NCAA Championship meets.
f.	RANGE OF SCORES:
	<ul style="list-style-type: none"> 9.5 – 10.00 = 0.2 9.0 = 9.475 = 0.3 8.0 – 8.975 = 0.5 Below 8.0 = 1.0
	CONFERENCES – should occur if ...
	<ul style="list-style-type: none"> Two counting scores out of range. Impossible Start Value impacts the Ave. Impossible UTL impacts the Ave. Inquiry Submitted
g.	SUBSTITUTIONS – may <u>not</u> substitute without penalty, after gymnast signals CJ
h.	INQUIRIES allowed at Regular and Post Seasons
	<ul style="list-style-type: none"> Start Value UTL Specific (flat) Composition Neutral Deductions Unusual Performance / Occurrence Falls

<p>7.1 Regular, Conference and Regional competition: in the event an inquiry response is unsatisfactory to the Coach, a video tape may be used for the purpose of review under the following conditions:</p>
<p>a. Each Team is allowed ONE review per meet.</p>
<p>b. The institutional Team video or TV production footage must be used for the review. The video may be taken from any vantage point.</p>
<p>c. A review that fails results in a 0.1 deduction from the TEAM score.</p>
<p>d. All reviews must be specific to the performance or nonperformance of a particular Value Part combination of skills or Neutral Deductions (i.e., out of bounds).</p>
<p>e. Reviews may not be used to evaluate a question of execution, composition or up to the level (UTL) deductions. These requests will result in a 0.1 deduction.</p>
<p>f. Reviews may be viewed in slow motion.</p>
<p>g. The review must be submitted to the Meet Director or host institution designee within 5 minutes following the conclusion of the meet, as determined by the final score posted or the return of the final inquiry, whichever is later. During this time, the scores are being verified by the Judging Panel and the Head Scorer's table.</p>
<p>h. The Coach requesting the review must provide a signed Video Review Request Form (VRF), (Appendix II), queued video and team camera to the Meet Director (or host institution designee), who will be responsible for delivering this information to the Meet Referee and Event Panel (the judges who judged the particular event) for their review on the competition floor. The Coaches may not be present during the review.</p>
<p>i. Reviews must be conducted in the presence of the Meet Referee and the Event Panel ONLY. If the Meet Referee is on the panel, the next highest rated official must participate. A simple majority of the review panel will determine success or failure of the review. If the review fails, judges may not change their scores, the 0.1 will be deducted from the TEAM score. If the review is successful, the INDIVIDUAL'S score will be adjusted accordingly.</p>
<p>j. The results of the review will be noted on the VRF by the Meet Referee and returned to the Meet Director (or host institution designee), who will take the VRF to the score table. The official score will be adjusted (up or down). Then the Judges will sign the Official Score Sheet and the Meet Director will deliver the VRF to the coach.</p>
<p>k. Decisions rendered by the Judges' Review Panel are final and cannot be overturned.</p>