

BEAM LEVEL 9 COMPOSITION

L9 ACRO elements not up to competitive level ↑0.2

	Flight Series	Additional Acro	
0.0	BC 2 flight	C Salto or Aerial	If acro series has a salto or aerial, the additional acro can be a C with hand support
	BC 2 flight	D/E hand support	
0.05	BC 2 flight	C hand support	
0.10	BC 2 flight	B or more B flight	
0.15	BB 1-2 B flights	C Salto or Aerial	
0.20	BB 1-2 B flights	No other B Acros	
	Broken series No series	No other B Acros	

L9 DISMOUNT not up to competitive level ↑0.1

0.0	C	or	BB Acro connect	or	CB Dance connect
0.05			AB Acro connect	or	BB Dance connect
0.10	B Isolated	or	A Any A dismount		

L9 DANCE elements not up to competitive level ↑0.20

Expected No Deduction	CC 2 C-dance elements or more
0.05	CB
0.10	C
0.15	BB
0.20	B

BEAM LEVEL 8 COMPOSITION

L8 ACRO elements not up to competitive level ↑0.2

	Flight Series	Additional Acro	Additional Acro
0.0	BB 2 flight	B	A
0.05	BB 2 flight	A	A
	BB 2 flight	B	
0.10	BB 2 flight	A	
	AB B flight	B	
0.15	AB B flight	A	
0.20	AB or no series	No other Acros	

L8 DISMOUNT not up to competitive level ↑0.1

0.0	B	or	BA Acro connect
0.05			AA Acro connect
0.10	A Isolated	or	Any Non VP Dismount

L8 DANCE elements not up to competitive level ↑0.20

Expected No Deduction	BB A 2 B-dance elements and 1 A
0.05	BB
0.10	B A A
0.15	B A
0.20	Only A elements

BALANCE BEAM COMPOSTION

0.10 Failure to perform Acros in 2 different directions: Backward & Forward/Sideward 0.05 Dismount is the only Fwd/ Swd or Bwd
0.10 Overuse of Dance elements with same shape <i>More than 2 ea: Wolf / Tuck or Straddle</i>
0.10 More than 2 pivot turns <i>(2-feet & straight legs)</i>
0.20 Lack of a Dance Series <i>(Min of 2 dance elements)</i>
↑0.10 Insufficient level changes throughout exercise
↑0.10 Spatial use: Entire length of beam
↑0.10 Directional use F/B/S: Movements/Non-VP/Choreo