



GYMNASTICS: Q&A

General Information

Q: Who is the NCAA Rules Interpreter?

A: Chrystal Chollet-Norton; rulesncaagym@embarqmail.com

Q: May I submit my rules questions by voice mail or text message?

A: No. Please submit rules questions by electronic mail only. Please provide your name, institution and if a judge your name and region to the email.

Q: Where can I locate the updated 2018 & 2019 NCAA Gymnastics Rules Modifications?

A: <http://www.ncaa.org/championships/national-collegiate-womens-gymnastics>

UPDATES: 2018 & 2019 NCAA Women's Gymnastics Rules Modifications and Meet Procedures

1. Appendix VIII-Regular Season Meet Procedures; 2. Bullet #13; change to "Vault Numbers will be flashed".
2. 7. Video Review Process; i. Reviews must be conducted in the presence of the meet referee and the event panel **ONLY on the competition floor.**

Uneven Bars

Q: Would my student-athlete receive an "up to the level" deduction for a pike sole circle to handstand (7.380) to a double back dismount in tuck position (8.304)?

A: Yes. Refer to the USAG JO Code of Points; 2018-2022; Uneven Bars; Section 3: Chapter 4; Bonus A. "C" + "C"; +0.10; **BOTH** ("C") elements must have either Flight Phase or Long Axis (LA) turn of at least 180 degree. Also refer to 2018 & 2019 NCAA Women's Gymnastics Rules Modifications; Uneven bars; 3. F. 2.

Balance Beam

Q: Would a side aerial (7.403) directly connected to a salto back full twisting dismount (9.206) receive bonus connection?

A: No. Refer to USAG JO Code of Points; 2018-2022; Balance Beam; Section 4; Balance Beam; Bonus; II. A. Connection-Two Acro flight including One C salto (excluding Mount or Dismount).