



## **GYMNASTICS: Q&A**

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### **General Information**

**Q: May I submit my rules questions by voice mail or text message?**

A: No. Please submit rules questions by electronic mail only. Please provide your name, institution and if a judge your name and region to the email.

**Q: Where can I locate the updated 2018 & 2019 NCAA Gymnastics Rules Modifications?**

A: <http://www.ncaa.org/championships/national-collegiate-womens-gymnastics>

### **GENERAL**

**Q: Are backless leotard allowed in NCAA Gymnastics Competitions?**

A: Yes. Refer to 2018 & 2019 NCAA Women's Gymnastics Rules Modifications; 6. Equipment and Procedures; 6.2. Uniforms. A. 1.2.3.

**Q: If the scores are out of range and a conference is called what are the procedures followed by the judges during a conference?**

A: Refer to USAG JO Code of Points 2018-2022; Section -1 General Information-Judging Panels; Chapter 1.11.

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### **Floor Exercise**

**Q: Is a coach allowed to step on the floor exercise mat to place sting mat for a student-athlete's tumbling pass?**

A: Yes. Refer to the USAG JO Code of Points 2018-2022; Floor Exercise; Section 5; General Information; Chapter 1. V. A. 1.

**Q: My student-athlete performed the following tumbling passes on floor; 1st pass; Round off Salto backward with 2 1/2 twist (#8.401-D); second pass; Round off Double salto backward in Pike position (#8.403-D) and third pass Salto layout forward (6.201-B) directly connected to Salto forward in stretched position with 1 1/2 twist (#6.401-D) stag jump would this fulfill the first Special Requirement on floor?**

A: Yes. Refer to the 2018 & 2019 NCAA Women's Gymnastics Rules Modification; Floor Exercise; 5.1 a. (refer two directly connected salto)