



GYMNASTICS: Q&A

General Information

Q: Who is the NCAA Rules Interpreter?

A: Chrystal Chollet-Norton; rulesncaagym@embarqmail.com.

Q: May I submit my rules questions by voice mail or text message?

A: No. Please submit rules questions by electronic mail only. Please provide your name, institution and if a judge your name and region to the email.

Q: Where can I locate the updated 2017 & 2018 NCAA Gymnastics Rules Modifications?

A: <http://www.ncaa.org/championships/national-collegiate-womens-gymnastics> .

Q: Where can I locate the NCAA Women's Gymnastics Archives?

A: <http://www.ncaa.org/championships/national-collegiate-womens-gymnastics> .

Clarification Inquires: Judges must process all inquiries before the start of the next event. Refer to the NCAA 2017 & 2018 NCAA Rules Modifications; Appendix VI-Standards/Duties of Judges.

Reminder: Past NCAA newsletters are still applicable to judging NCAA gymnastics.

Reminder: March 15, 2017 Newsletter: On floor exercise after warm ups are completed a student-athlete steps on the floor exercise mat in between athletes and before she is to compete and does a back handspring on the floor exercise mat. Would this be a deduction?

A: Yes. Refer to the USAG JO Code of Points; General Information; Chapter One; II. C. Chief Judge; 12. J. A deduction would be give after a warning.

Vault

Q: What would be the deduction if a student-athlete vaults prior to judge's hand or flag signal?

A: The student-athlete must repeat the vault for a score and would receive a .50 deduction. Refer to 2017 & 2018 NCAA Women's Gymnastics Rules Modifications; Vault; 2.7.

Uneven Bars

Q: If a student-athlete finishes her uneven bar routine with a toe shoot to handstand into a double back dismount would she receive an “Up to the Level” deduction?

A: Yes. Refer to the USAG JO Code of Points; Uneven Bars: Chapter 4; Bonus; II. A. Level 10; C+C: 0.10. In most cases both “C” elements must have either flight phase or a long axis (LA) turn of at least 180 degrees. Exception: for a connection of two (2) elements from Group 3,6, and/or 7, turn or flight is not required, but elements must be different.

Q: If a student-athlete falls on her dismount bonus combination would she receive an UTL deduction?

A: No. The student-athlete met all the criteria as stated in the 2017 & 2018 NCAA Women’s Gymnastics Rules Modifications; Uneven Bars; f. 2.

Balance Beam

Q: What would the following combination on beam receive: Cat leap, side aerial, switch leap, beat jump?

A: Total bonus; 0.40. Connective value of +0.30 and + 0.10 for “D”. Refer to the USAG JO Code of Points; Balance Beam; Chapter 4; Bonus; II. B; D and III. D/E Bonus; C.

Floor Exercise

Q: The student-athlete performs the following routine: Round off handspring full twisting double back; switch side leap connected to popa; round off back handspring layout 1 ½ punch front (falls), then finishes with round off back hand spring rebound as her last pass. What would be the deductions for this routine?

A: The round off back handspring rebound is a acro combination and therefore the last pass of this routine, but it does not fulfill the Special requirement of a "C" dismount. It also does not fulfil the UTL requirement so the .1 UTL deduction would be taken as well. Refer to these deductions in the 2017 & 2018 NCAA Gymnastic Rules Modifications; Floor Exercise; 5.1; c. and 5.2; d. The student-athlete would also receive a 0.30 from start value for no attempt to perform a "last salto". Refer to the USAG JO Code of Points; Floor Exercise; Chapter 2; Compositional Categories; II; A. 4.b. The start value would be a 9.3.