

Floor Exercise

Composition

<i>Insufficient distribution of elements</i>	↑.10
<i>Space (use of entire floor area) & direction</i>	each ↑.10
<i>Failure to perform saltos or aerials in 2 diff. directions (bwd & fwd or swd)</i>	.10
<i>More than 2 dance elements of the same shape (tuck/wolf or straddle)</i>	each type .10
<i>More than 1 leap/jump to prone position</i>	each .10
<i>Lack of balance between acro & dance elements</i>	↑.20
<i>Acro elements not up to competitive level</i>	↑.20
<i>Lack of turn on 1 foot, min. "B"</i>	.20
<i>Lack of min. of "B" salto (Level 9)</i>	.30
<i>Lack of min. of "C" salto (Level 10)</i>	.30

Execution

Feet apart on landing of leap/jump/hops	each ↑.10
Incorr. Rhythm during execution of direct conn.	each ↑.10
Incorrect body pos./alignment on dance elem.	each ↑.10
Lack of precision in dance elements	each ↑.10
Turn VPs not performed in high relevé	each ↑.10
Concentration pause (more than 2 sec.)	each .10
Legs not parallel to floor in split or straddle pike	↑.20
Insuff. height of leaps/jumps/hops	each ↑.20
Insuff. height of acro flights & aerials	each ↑.20
Insufficient split on elements	↑.20
Insufficient dynamics	↑.20
Insuff. variation in rhythm/tempo throughout	↑.20
Relaxed/incorr. footwork in non-VPs throughout	↑.20
Poor relationship of music & movement throughout	↑.20
Insuff. height of saltos	each ↑.30
Insuff. Extension (open) of tuck/pike body pos. prior to landing Acro elements	↑.30
Relaxed/incorr./insuff. leg pos./body posture, & flexibility in non-VPs throughout	↑.30
Missing synchronization of movement & musical beat	↑.30
- Each time	.05
- Exercise not ended with music	.10
Artistry/Presentation	↑.30
- Originality/creativity of choreography	↑.10
- Quality of movement reflects personal style	↑.10
- Quality of expression	↑.10
Music with words (CJ)	1.00
Absence of music (CJ)	1.00