



GYMNASTICS: Q&A

General Information

Q: Who is the NCAA Rules Interpreter?

A: Chrystal Chollet-Norton; rulesncaagym@embarqmail.com.

Q: May I submit my rules questions by voice mail or text message?

A: No. Please submit rules questions by electronic mail only. Please provide your name, institution and if a judge your name and region to the email.

Q: Where can I locate the updated 2017 & 2018 NCAA Gymnastics Rules Modifications?

A: <http://www.ncaa.org/championships/national-collegiate-womens-gymnastics> .

Q: Where can I locate the NCAA Women's Gymnastics Archives?

A: <http://www.ncaa.org/championships/national-collegiate-womens-gymnastics> .

Clarification:

Balance Beam: UTL; If a student-athlete performs on balance beam:

- a flight series containing connection value (may include mount)
- or an additional D acro skill (may include mount or dismount)
- or an E dance element

A fall or break in the connection **will not** trigger an UTL deduction. However, if the student-athlete is not awarded VP credit for a skill (or has no attempt at a flight series/additional D acro/ E dance at all) then UTL deduction would be taken. Refer to 2017 & 2018 NCAA Women's Gymnastics Rules Modification; Balance Beam; 4.2; d. Also refer to the USAG JO Code of Points; Balance Beam; Chapter 1; V. Recognition (Counting) Value Parts; A.4. Also, the question about not performing any series was answered in a previous newsletter.

Q: During video review, is it permissible to question connections or combinations?

A: Yes. Refer to the 2017 & 2018 NCAA Women's Gymnastics Rules Modifications; Appendix II-NCAA Video Review Form; fourth block down; Connection or Combinations.

Balance Beam

Q: If the only forward or sideward element in a student-athletes beam routine is a front full dismount would the athlete receive the 0.10 composition deduction for no forward element?

A: Yes. Refer to the 2017 & 2018 NCAA Women's Gymnastics Rules Modifications; Balance Beam; 4.2; a.1.

Floor Exercise

Q: A student-athlete lands her tumbling pass and continues to stumble out of bounds. What would be her the total deductions?

A: 0.50. Refer to USAG JO Code of Points; Floor Exercise; Chapter 3; B Medium faults; 14. Large step or jump on landing (approximately 3 feet) and Chapter 1. General Information; II. C.12.c.

Q: If a student-athlete or coaching staff touches or catches the student-athlete performing a "D" tumbling pass after she lands to stop her momentum would she receive D bonus?

A: No. Refer to the USAG JO Code of Points; Floor Exercise; Chapter 1. V.E. 2.