



GYMNASTICS: Q&A

General Information

Q: Who is the NCAA Rules Interpreter?

A: Chrystal Chollet-Norton; rulesncaagym@embarqmail.com

Q: May I submit my rules questions by voice mail or text message?

A: No. Please submit rules questions by electronic mail only. Please provide your name, institution and if a judge your name and region to the email.

Q: Where can I locate the updated 2018 & 2019 NCAA Gymnastics Rules Modifications?

A: <http://www.ncaa.org/championships/national-collegiate-womens-gymnastics>

CLARIFICATION UPDATE:

Q: If a student-athlete performs a Back Handspring, Back Handspring, Layout stepout, Salto backward stretched 1 ½ dismount what bonus would she receive?

A: +0.30. BHS + BHS + Layout-Step-out, B+B+D receives +0.1 D, +0.1 CV, & +0.1 additional. Refer to 2018 & 2019 NCAA Women's Gymnastics Rules Modifications; Balance Beam; 4.4; Connection Value Exceptions. There is no bonus given to dismount connection.

REMINDER UPDATE:

Q: Is there a deduction for not presenting to the head judge before or after the routine?

A: Yes. Refer to the USAG JO Code of Points 2018-2022; General Information; Section 1. Chapter 1. C. Chief Judge; 12. **Note:** Coaches remind your student-athlete to salute to a judge at the end of their routine before celebrating with their team members.

VAULTING

Q: What is the corresponding vault in the USAG JO Code of Points that shows the ½ turn in vault # 336 of the 2018 & 2019 NCAA Rules Modifications?

A: Refer to the USAG JO Code of Points 2018-2022; Vault Elements; # 5.406.

Q: What is the corresponding vault in the USAG JO Code of Points that shows the ½ turn in vault # 319 of the 2018 & 2019 NCAA Rules Modifications?

A: Refer to the USAG JO Code of Points; Vault Elements; # 4.309.

BALANCE BEAM

Q: What is the value of a salto forward take off from one or two legs to a sit on balance beam?

A. D. Refer to the 2018 & 2019 NCAA Women's Gymnastics Rules Modifications 2018 & 2019; Balance Beam; 4.3 Elements Values Different from Level 10.

Q: Please clarify the connection of a dance series on balance beam.

A. The clarification regarding dance series on Balance Beam is found in the USAG JO Code of Points- 2018 & 2019; Balance Beam Section 4 Compositional Categories; Chapter 2; III.

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