

NCAA Vaulting

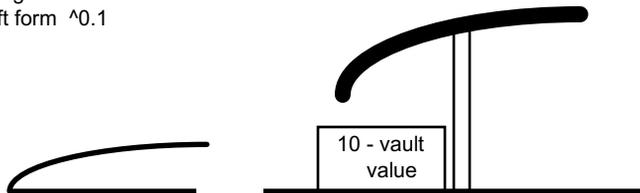
Except Tsuk or full on- salto off

incomplete twist [^]0.3
(1/1+ or -1/4)
piked, arched ea [^]0.2
legs crossed [^]0.1
legs separation [^]0.2
legs bent [^]0.3
ft form [^]0.1

bent legs (salto vaults) [^]0.2
shoulder angle [^]0.2
arms bent [^]0.5 (except Tsuk)
head touch 2.0 (includes arms)
arched [^]0.2
step/hop hands [^]0.3
early twist [^]0.3 (on table)

staggered/alt hand) [^]0.1
alt repulsion [^]0.2

non-salto: ang of repulsion [^]1.0
too long support [^]0.5



Direction [^]0.3
Dynamics [^]0.3

No contact/one of hands on table = 1.0 each judge
Failure to land soles of feet first = 1.0 each judge (includes fall)
Coach stands between board and table = 0.5 (except RO vaults)
Coach aid landing = 0.5
Coach aiding vault = 1.0 each judge

vault w/o judge's prior salute = take 0.5 off repeated vault
no safety zone (RO vaults) = VOID
Either vault not on appropriate chart = VOID
Unauthorized matting = 0.3 CJ
Incorrect tape/excessive chalk on table or runway = 0.2 CJ
no deduction for 3rd approach (no 4th approach allowed)

*NCAA – one vault, allow 3 attempts (touch board/table = attempt)
if inverts on approach and/or the table, **and goes over** = vault
no Bonus value vaults. Flash vault Group*

Height [^]0.5
Distance [^]0.3

legs crossed [^]0.1
legs separation [^]0.2
legs bent [^]0.3
foot form [^]0.1

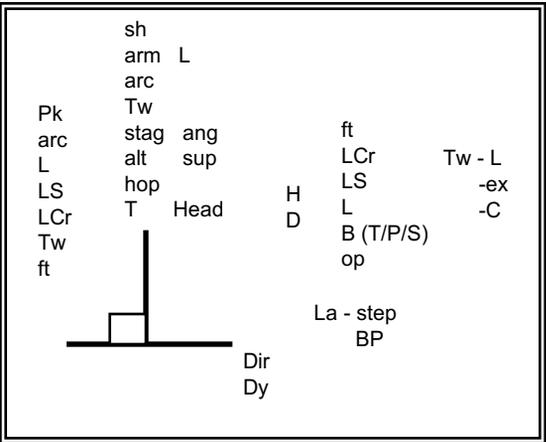
body shape –
insuf Tuck, Pike [^]0.3
stretch – arch or pike ea [^]0.3
pike down of stretched [^]0.3
lack of opening 0.3 / [^]0.25
(stretch prior to landing)

Twists -
start twist late [^]0.5 (after peak)
exact twist [^]0.1 (crisp)
complete twist late [^]0.3 (on mat)
(Gps 1, 4&5 w/o salto)

under rotate salto [^]0.1

Landing-
steps: slight hop/small adjust/staggered feet [^].1
large .2, max total [^]0.4
landing feet wider than hip (and not close) -.1
extra arm swings [^]0.1
trunk movements [^]0.2
body position [^]0.2 (when feet land)
squat [^]0.3
brush/touch vault table [^]0.2
brush/touch floor [^]0.3
falls/support with hand(s) [^]0.5

chalk marks on runway -0.2 CJ
(removable tape/velcro allowed)
sting mat on runway -0.3 CJ
gymnasts out of order - 0.1 from team score



| NCAA Range -- Average decides | |
|-------------------------------|-----|
| 9.5 - 10.0 | 0.2 |
| 9.0 - 9.475 | 0.3 |
| 8.0 - 8.975 | 0.5 |
| below 8.0 | 1.0 |

Averages trick

if **both w/.05** - drop .05 from high, add to low score...then avg the score

if **one w/.05** - drop .05 out, avg score...then add .025 to average