



GYMNASTICS: Q&A

Q: (Contact) Who is the NCAA Rules Interpreter?

A: Chrystal Chollet-Norton: rulesncaagym@embarqmail.com

Q: (Submission) Are we required to honor our graduating seniors at the end of the completion?

A: No. Refer to 2014-15 NCAA Rules Modifications; Appendix VIII-Regular Season Meet Procedures 2-5.

Q: (Submission) Is there a website on how to become a judge for graduating college gymnasts?

A: Yes. Go to <http://www.nawgj.org>. (NAWGJ Web site), click on "How to Become a Judge" in the left-hand corner of the home page.

Q: (Submission) Where can you find the definition of judge's affiliation?

A: Refer to the 2014-15 NCAA Rules Modifications; Appendix VI Standards and Duties of Judges; #2. Affiliation.

Q: (Balance Beam) A student-athlete does a handspring step out, layout step out, handspring step out to a layout full dismount. Would she receive 0.10 Compositional Deduction for "not up to the level" because the series does not finish on the beam?

A: Yes. Refer to 2014-15 NCAA Rules Modifications; Balance Beam; 4.2. Beam Specific Compositional Deductions; d. Choice of Acro Elements not up to the competitive level; flat. 0.10. To meet up to the level, the acro series must finish on the beam (may not be used in dismount combinations).

Q: (Balance Beam) If the student-athlete's flight series is connected to the dismount series will it fulfill the Special Requirement for an Acro Series?

A: Yes. Refer to 2014-15 NCAA Rules Modifications; 4. Balance Beam; 4.1 Beam Special Requirements; a. (It would NOT fulfill the Compositional Requirement for "up to the level"-see first Beam question).

Q: (Balance Beam) A student-athlete does a handspring step out, layout step out, handspring step out to a layout full dismount would she receive dismount credit under special requirements?

A: No. Refer to 2014-2015 NCAA Rules Modifications; 4. Balance Beam; 4.1. Beam Special Requirements; e.

Q: (Balance Beam) Does a Garrison (7.306) count as a backward element?

A: Yes. Refer to 2014-15 NCAA Rules Modifications; 4. Balance Beam; 4.2. Beam Specific Compositional Deductions; a. 1. Also refer to the JO Code of Points; Balance Beam; Chapter 2; IV. Specific Compositional Deductions; A.1. a. and skill #7. 306.

Q: (Balance Beam) What is the value of the following series on beam: standing back layout step out (D), standing back layout step out (D) directly connected.

A: Total bonus would be 0.30. There is, 0.20 in connective value and +0.10 for first D layout step out. Refer to the NCAA 2014-2015 NCAA Rules Modifications; 4. Balance Beam; 4.3 Elements Values Different from Level 10; 8.304.

Also refer to the USAG JO Code of Points; Balance Beam; Chapter 4; II. B and III. "D/E" Bonus

Q: (Balance Beam) Does the student-athlete need two "down" parts on the beam?

A: No. Refer to 2014-15 NCAA Rules Modifications; 4. Balance Beam; 4.1. c.

Q: (Balance Beam) Is there a deduction for using the same shape in leaps three times both on balance beam (or Floor)?

A: No: Refer to 2014-15 NCAA Rules Modifications; 1. Rules Overview; 1.1. Also refer to 4. Balance Beam; 4.2. Beam Specific Compositional Deduction; a.2. and 5. Floor Exercise; 5.2. a. 1 & 2. (Use of same shape more than 2X is a JO deduction, NOT an NCAA deduction).

Q: (Balance Beam) Does a student-athlete need to return to her feet to fulfill the forward compositional requirement on a forward roll mount?

A: No: Refer to the USAG JO Code of Points; Balance Beam, Chapter 2; IV. Specific Compositional Deductions; A. 1. a. 2) To be considered forward or sideward, the element must move through a forward or sideward plane.

Q: (Balance Beam) What does the following beam connection receive in total bonus: Switch leg leap, back handspring step out, lay out step out?

A: Total +0.20. (.1CV+.1D). Refer to the 2014-2015 NCAA Rules Modifications; 4. Balance Beam; 4.4. d. Connection Value Exceptions. Also refer to USAG JO Code of Points; Balance Beam; Section IV; Chapter 4; Bonus; I.II.III

Q: (Balance Beam) What does the following beam connections received in total bonus: Switch leg leap, gainer back handspring step out, lay out step out?

A: Total +0.20 (.1CV+.1D). Refer to the 2014-2015 NCAA Rules Modifications; 4. Balance Beam; 4.4. d. Connection Value Exceptions. Also refer to USAG JO Code of Points; Balance Beam; Chapter 4; Bonus; I.II.III.

Q: (Balance Beam) If a student-athlete does a back handspring gainer layout on balance beam can she take steps in between the back handspring and the gainer layout?

A: No. Refer to the USAG JO Code of Points; Balance Beam; Chapter 2; III. Clarifications Regarding Series; A. 4. All series are considered broken if the following if the following occurs: d. Extra step, hop/jump between the elements. (The connection to be continuous the landing leg or free leg of the first element must be the take-off leg for the next element. If both feet land at the same time, the next element must take off from two feet).

Q: (Balance Beam) Is there a compositional deduction for performing a single "C" skill value dismount on Balance Beam?

A: No. NCAA Gymnastics Rules Modifications 2014-15: 1.1 (Rules Overview) and 4.2 Beam Specific Compositional Deductions.

Q: (Floor Exercise) What is the ruling for voices, sounds, etc. for NCAA floor routines?

A: Music Regulations fall under the USA JO Code of Points; Floor Exercise; Chapter 1. III Music Regulations: A. The musical accompaniment must be recorded with orchestra, piano or other instruments (without singing/voice). Human sounds are allowed, provided there are no words spoken or sung.

Q: (Floor Exercise) Would a front tuck on floor to your knee fulfill the compositional requirement?

A: Yes. Refer to NCAA Rules Modifications; Floor Exercise; 5.2. a. 2. Also refer to the USAG J.O. Code of Points; Floor Exercise; Chapter 2; Compositional Categories; II.A. 1. b.2). (Note: If a salto element lands on two feet, or lands on one foot and lowers with control to one knee, it will be considered a salto and may be used to fulfill Special Requirements and/or connection Value).

Q: (Floor Exercise) Does a rudi-straddle jump-front tuck meet the requirement for a 2 salto pass?

A: No: USAG JO Code of Points; Floor Exercise; Chapter Two; II Special Requirements; A. 1. e

(Clarification #1)

The NCAA notes the following is permissible and NAWGJ members are advised they are permitted to attend and observe a practice session or intersquads (with permission from the institution and/or coach) as long as NO interaction takes place between the official and the coaching staff or student-athletes.

To be clear, if judges want to attend for professional development purposes, and NOT interact with the coaches or student-athletes, this does not contradict the outside consultants or countable coach legislation.

NAWGJ has recommended all inter-squads must be held before the start of the season (prior to January 1). Please remember that if you are attending an intersquad event, do not interact with coaches or student athletes (this would apply to all Division I, Division II and Division III events). Perform your duties exactly as you would at a regular season competition. The institution is permitted to have limited countable consultants (choreographers), extra coaches, etc.

NCAA Bylaw: Further, an institution may not employ an outside consultant to observe institutional practice sessions and provide analysis of such sessions to coaching staff members without including the individual in the institution's coaching limitations in that sport. [References: 11.7.1.1.1.1 (non-coaching activities) and 11.7.1.1.1.3 (use of outside consultants).

As an official please follow the protocol that is permissible. The coaches know the policies as well, it is their responsibility to be informed and confirm any questions with their athletics compliance staff related to NCAA Bylaws, act in a professional manner and ensure they are following NCAA policy. You should not be expected to cross the line.

(Clarification #2)

For NCAA competition, a gymnast will be considered "in uniform" if she has a name and/or number on her warm-up apparel and leotard as long as all team members use a similar font type and color. Names will include only the first initial of the first name and the full last name. Nicknames are not permitted. If two or more gymnasts have the same first initials and last names, the first name may be spelled out.

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