



GYMNASTICS: Q&A

Q: (Contact) Who is the NCAA Rules Interpreter?

A: Chrystal Chollet-Norton; rulesncaagym@embarqmail.com

Q: (Submission) May I submit my rules questions by voice mail or text message?

A: No. Please submit rules questions by electronic mail only. Please provide your name, institution and if a judge your name and region to the email.

Q: (Submission) Where can I locate the August 1st updated 2016-17 NCAA Gymnastics Rules Modifications?

A: <http://www.ncaa.org/championships/national-collegiate-womens-gymnastics>

Q: (Submission) Video does not clearly show that the judgement was correct or incorrect. Is the .3 deduction for failed review applied in this situation?

A: Yes. Without conclusive video evidence to the contrary, the ruling made during the meet stands. As per Modifications 7.1.c - a review that fails results in a .3 deduction.

Q: (Submission) May the Meet Referee preview a video or should/may they advise coach as to whether or not to proceed with a video review?

A: No. As per Modifications 7.1.i - Reviews must be conducted in the presence of Meet Referee and event panel only. There is no provision for a Meet Referee to conduct a preview for advisory purposes. They may remind the coach of the consequence (.3 deduction) of a failed review.

Q: (Uneven Bars) If a student-athlete does a #7.410-"D" Inner front support on LB-Pike sole circle backward through handstand with flight to hang on HB (Maloney) connected to # 4.404-"D" From handstand or hang on NB, long hang swing forward with a ½ turn and flight to handstand on LB would this fulfill the "up to the level" requirement?

A: Yes. Refer to the 2016 & 2017 NCAA Women's Gymnastics Rules Modifications; Uneven Bars; 3.2. f.

Q: (Balance Beam) What is the value of a gainer tuck full off the end of the beam?

A: Refer to the 2016 & 2017 NCAA Women's Gymnastics Rules Modification; Balance Beam; 4.3; Elements Value Different from Level 10; 9.309; Dismount Gainer salto tuck with 1/1 twist off end of beam; "D".

Q: (Balance Beam) Does a layout back handspring on balance beam receive connection bonus?

A: No. Refer to 2016 & 2017 NCAA Women's Gymnastics Rules Modifications; Balance Beam; 4.4. Connection Value Exceptions; d. Back Salto Stretched with Step-out received "D" bonus but will be considered as "C" value for purposes of awarding Connection Value in Back Handspring Series only (Step-out BHS, BHS to 2 Feet or gainer BHS; in any order).

Q: (Floor Exercise) Where do we send floor music to for approval if it has human voice in it?

A: Refer to USAG JO Code of Points; Floor Exercise; Chapter 1; General Information; III. Music Regulations; A.3. If a coach has any question of the music containing words the music should be sent to the Regional Technical Committee Chairman from their region. This information can be found in the 2016 & 2017 USAG Rules and Policies

UPDATES: NEW SKILL TO USAG CODE OF POINTS:

I. BEAM:

1. #3.506-“E”- 3/1 turn in tuck stand on one leg, free leg in forward horizontal, placing of free leg at end of turn-George.
 2. #3.406- “D”- 2/1 or 2 ½ turn in tuck stand one leg, free leg in for horizontal, rising to finish turn in stand-Swartzentruber.
 3. #8.401-“D”- Salto forward tucked, take off from one leg to land on one knee and one foot simultaneously- Hawthorne.
 4. #7.403-“D”- Free aerial round-off, from stand on one leg, swing free leg through backward, landing on both legs-Burgess.
 - #5. #8.303-“C”-Salto backward tucked with step-out and ¼ (90) turn to land in side stand-DeVries.
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NOTIFICATIONS:

- #1. The newsletter will again be on a Bi-weekly format starting on October 15, 2016. Unless there are three or more questions for the upcoming newsletter one will not be posted until the next date.