

GENERAL

1. Which is not part of the Start Value?
 - a. No dismount deduction
 - b. Special Requirements
 - c. Beginning exercise before the signal
 - d. Bonus

2. Which of the following Chief Judge deductions is CORRECT?
 - a. Improper equipment 0.50
 - b. Spotting assistance 0.50
 - c. Incorrect attire (after a warning) 0.10
 - d. Lack of presentation to any judge after the routine 0.10

3. What is the Start Value for a routine with 3 A's, 2 B's, 3 D's and 2 E's?
 - a. 9.4
 - b. 9.8
 - c. 9.9
 - d. 10.0

4. Which of the following is INCORRECT pertaining to Value Part credit?
 - a. An element repeated a second time in the same connection receives VP credit
 - b. Saltos with different body positions receive different VP credit
 - c. Different numbers in the Code of Points are considered different VP
 - d. Saltos with different degrees of twist are considered different VP (i.e., 2/1 vs. 2 1/2 twist)

5. What is the final average when the 4 judges scores are 8.2, 8.6, 9.5, 9.5?
 - a. 9.05
 - b. 9.00
 - c. 9.10
 - d. The scores are out of range

6. When flashing Start Values, what is the proper procedure for all judges?
 - a. The Chief Judge flashes her score, followed by everyone else
 - b. Judges must agree on Start Value
 - c. A conference must be called if there is an impossible SV flashed
 - d. A judge may change her score if she sees she made a mistake with the SV

7. Which of the following is INCORRECT?
 - a. Leg separation up to 0.20
 - b. Missing a Special Requirement 0.50
 - c. Legs crossed during a twisting element up to 0.10
 - d. 3 steps and a fall upon landing 0.80

VAULT

8. Which of the following will result in a VOID vault?
- Performing a vault other than the one flashed
 - A gymnast performs a Yurchenko vault without a safety zone mat
 - A gymnast balks twice, then goes over on the third run
 - The gymnast is spotted on the landing
9. Which landing deduction is CORRECT?
- | | |
|---|------------------|
| a. Insufficient dynamics | up to 0.30 |
| b. Extra arm swing | <u>0.10</u> each |
| c. Prescribed LA turn incomplete by 60° | up to 0.30 |
| d. Deviation from a straight direction | up to 0.20 |
10. Which of the following is CORRECT?
- A slight arm bend of the lead arm is allowed for all Group 3 (Tsukahara) vaults
 - The head contacting the table during the support phase is 2.0 including the arm bend
 - There is no deduction for alternate repulsion with 3/4 on – 1/1 on – salto off
 - All are correct
11. Which of the following is the SMALLEST deduction?
- Under-rotation of salto vaults
 - Brush of head/body on table during post flight
 - Arched body on the first flight
 - Insufficient length

BARS

12. Which of the following would NOT result in a deduction for Insufficient Distribution?
- Back giant 1/2, front giant 1/2, double back tuck dismount
 - Back giant 1/1, double back tuck dismount
 - Clear hip circle to handstand, toe-on front salto tuck dismount
 - Back giant 1/1, clear hip circle to handstand, toe-on front salto tuck dismount
13. Which of the following is NOT a Special Requirement for Level 10?
- A “C” LA turn, excluding the mount and dismount
 - A “C” flight element
 - 2 bar changes
 - A different minimum “B” flight element

14. Which of the following Special Compositional Deductions is INCORRECT?
- | | | |
|----|---|------------|
| a. | Insufficient distribution | Up to 0.20 |
| b. | Variety of elements & connections | Up to 0.10 |
| c. | Release elements not up to the competitive level | Up to 0.20 |
| d. | Failure to perform both forward and backward elements | 0.05 |
15. How much bonus would be awarded for the following sequence?
- clear hip circle to handstand on LB
 - stalder circle to handstand on LB
 - toe shoot to HB
- a. None
b. 0.10
c. 0.20
d. 0.30
16. Which of the following is NOT a “D” release?
- a. Tkatchev
b. Piked Jaeger
c. Pak salto
d. From handstand on HB, long swing with ½ turn and flight (bail) to handstand on LB
17. What is the total CONNECTION value bonus awarded for the following?
- Back giant ½ pirouette
 - Piked Jaeger
 - From HB, long swing with ½ turn and flight (bail) to handstand on LB
- a. 0.20
b. 0.30
c. 0.40
d. 0.50
18. Which of the following would fulfill the dismount Special Requirement?
- a. Underswing 2/1 twist
b. Flyaway 1/1 twist
c. Cast near handstand, forward salto tucked
d. Front flyaway 1 1/2 twist
19. What is the correct Value Part and Connective Bonus for the following sequence?
- Cast handstand with hop to reverse grip in handstand on HB
 - Front giant straddle flight backward to handstand on LB
 - Stalder circle to handstand
- a. CDD +.3 bonus
b. CCC +.2 bonus
c. CDC +.1 bonus
d. CDC +.2 bonus

20. How many of the following are “C” elements?
- L grip front giant
 - From handstand on HB, counterswing straddle back with flight to handstand on LB
 - Comaneci dismount [underswing (toe-on) ½ twist to salto backward]
 - Back giant 1/1 pirouette
- a. 1
 - b. 2
 - c. 3
 - d. 4

BEAM

21. Which of the following DOES NOT fulfill the dismount Special Requirement?
- a. Round-off, back salto 2/1 twist
 - b. Flic-flac, layout step-out, back salto 1/1 twist dismount
 - c. Front layout
 - d. Front layout 1 ½ twist (Rudi)
22. Which of the following deductions is CORRECT?
- | | |
|--|-------------|
| a. The only forward/backward skill is the dismount | <u>0.10</u> |
| b. Insufficient distribution | Up to 0.10 |
| c. Choice of acro elements up to the competitive level | Up to 0.10 |
| d. Lack of balance between dance & acro VP elements | Up to 0.10 |
23. What is the correct Value Part and TOTAL bonus of the following sequence?
flic-flac, one arm flic-flac, layout step-out, split jump
- | | | |
|----|------|------|
| a. | BCCB | 0.30 |
| b. | BCCB | 0.40 |
| c. | BBCB | 0.30 |
| d. | BBCB | 0.40 |
24. Which of the following fulfills the acro series Special Requirement?
- a. Back walkover, back salto tuck 1/1 twist
 - b. flic-flac, one arm flic-flac
 - c. Layout step-out, layout step-out
 - d. All fulfill the requirement
25. How many of the following are “C” Value Parts?
- 1/1 turn in wolf position
 - 2/1 turn
 - 1/1 turn in arabesque, thigh at horizontal
 - 1/2 illusion
- a. 1
 - b. 2
 - c. 3
 - d. 4

26. Which of the following will receive 0.20 TOTAL bonus?
- Flic-flac, flic-flac, back salto 2/1 twist dismount
 - Switch leg leap, switch side
 - Tuck jump, tuck jump $\frac{3}{4}$ turn
 - Switch leg leap, tuck back salto
27. Which of the following is a “D” element?
- Sheep jump with feet at upper back height.
 - Tuck jump 1 $\frac{1}{2}$ turn
 - Double back salto tuck dismount
 - 1/1 illusion turn

FLOOR

28. Which of the following is a Special Compositional Deduction?
- 3 different saltos
 - 2 directly connected dance elements
 - a “B” turn
 - 3 acro series
29. Which of the following will get 0.20 TOTAL bonus?
- Switch leg leap, switch side
 - Front salto layout, front salto 1/1
 - Tuck front salto, round-off, flic-flac, double back tuck, front tuck
 - Round-off, 3/1 twist, sissone
30. Which of the following are awarded “C” Value Part?
- Switch ring leap
 - Wolf jump 1 $\frac{1}{2}$ turn
 - Front layout 1/2
 - Cat leap 2/1
- 1
 - 1 and 2
 - 2 and 3
 - All
31. Which of the following compositional deductions is CORRECT?
- | | |
|--|-------------|
| a. Lack of a “B” turn | <u>0.10</u> |
| b. Failure to perform saltos or aerials in forward/sideward and backward | <u>0.10</u> |
| c. Relaxed/incorrect footwork on non-VP throughout | <u>0.30</u> |
| d. Artistry | <u>0.20</u> |
32. What is the correct Value Part and TOTAL bonus for the following sequence?
- Front salto 1/1, front layout, front layout
- CBB +0.30
 - CBB +0.20
 - CAA +0.10
 - CAA No bonus

33. Which of the following deductions is INCORRECT?
- | | | |
|----|--|-------------|
| a. | Acro elements not up to the competitive level | Up to 0.20 |
| b. | Lack of a "C" turn on one foot | <u>0.20</u> |
| c. | Lack of a "C" salto in the exercise | <u>0.30</u> |
| d. | Lack of balance between acro and dance VP elements | Up to 0.20 |
34. Which of the following is NOT an "each up to 0.10" deduction?
- Incorrect rhythm during execution of direct connections
 - Failure to perform Group 2 turns in high relevé
 - Lack of precision in dance Value Parts
 - Poor relationship of music and movement throughout
35. Which is a TRUE statement concerning the Special Requirement of 3 different saltos?
- Aerials cannot be used to fulfill that requirement.
 - That requirement can be fulfilled in one tumbling pass.
 - A salto does not need to be in an acro series to count as one of the different saltos.
 - All are correct.

ANSWERS

- | | | | | | |
|------|-------|-------|-------|-------|-------|
| 1. c | 7. d | 13. c | 19. d | 25. b | 31. b |
| 2. d | 8. b | 14. a | 20. b | 26. d | 32. a |
| 3. c | 9. a | 15. c | 21. c | 27. a | 33. b |
| 4. a | 10. d | 16. b | 22. b | 28. c | 34. d |
| 5. d | 11. a | 17. b | 23. a | 29. b | 35. d |
| 6. c | 12. b | 18. d | 24. d | 30. a | |

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