

Level 10 Test – 2019

**GENERAL**

1. The Meet Referee's duties include –
  - a. Serve as the President of the Jury
  - b. Selects the Chief Judges and assigns Panel Judges to events
  - c. May recommend, but never force a score change
  - d. All of the above
  
2. What is the Start Value of a routine with – 3 A's, 2 B's, 1 C and 3 D's and all their Special Requirements?
  - a. 9.80
  - b. 9.50
  - c. 9.60
  - d. 10.0
  
3. Which of the following is NOT a Medium Fault?
  - a. Extra arm swing on landing
  - b. Leg separation
  - c. Large step or hop on landing
  - d. Incorrect body posture on landing
  
4. What is the correct range if the counting scores are 8.85 and 9.10?
  - a. 0.2
  - b. 0.5
  - c. 0.7
  - d. 1.0
  
5. Which situation would result in + 0.5 in Total Bonus?
  - a. +0.3 CV and 1 D
  - b. 1 D and 2 E's
  - c. 0.5 CV
  - d. 0.2 CV, 1 D and 1 E

6. Which of the following is a true statement when calculating the score for a Short routine?
  - a. All judges calculate the score based on the performed skills and each judge deducts 2.00 for a Short routine.
  - b. All judges calculate the score based on the performed skills and then the Chief Judge deducts 2.00 for a Short routine.
  - c. There is no deduction for a beam routine that is less than 30 seconds.
  - d. 1.00 is the score for a Short routine.
  
7. Which of the following scenarios allow a gymnast to repeat an exercise without penalty?
  - a. Music failure and the gymnast finishes without musical accompaniment.
  - b. The uneven bars are not set correctly.
  - c. Gymnast executes a vault without being signaled.
  - d. Flash from a camera.
  
8. Which of the following is NOT a legitimate reason for an inquiry?
  - a. Start Value
  - b. Difference in execution
  - c. Specific composition deductions
  - d. Neutral deductions
  
9. Which deduction is NOT a Chief Judge deduction?
  - a. Overtime
  - b. Coach Spotting
  - c. Incorrect heel/hip padding
  - d. Neutral deductions
  
10. Which statement is INCORRECT?
  - a. The average score determines the allowable range.
  - b. If the judges are unable to compromise, the Chief Judge may change the score.
  - c. Open scoring is required at National Championships.
  - d. Judges must provide their own Start Value flashing units.
  
11. When can a score be changed?
  - a. Inquiry
  - b. If a neutral deduction was inadvertently not applied
  - c. If a data entry error was made
  - d. All of the above

12. The Meet Referee is responsible for all of the following EXCEPT-
- Calling a conference if an impossible Start Value is awarded.
  - Serves as a liaison between the coaches and the judges.
  - May observe and/or give opinion during conferences.
  - Acts as the final authority in all technical matters involving judges.

## VAULT

13. Which statement is CORRECT concerning vault?
- Use of tape or excessive chalk is permitted on the vault table.
  - The hand placement mat may only be used on the runway for round off entry vaults.
  - A warning is given when the Safety Zone is not used on a round off entry vault.
  - Athletic tape or Velcro strips (NO Chalk) may be placed on the vault runway, provided that such markings are removed no later than the end of that rotation.
14. What is the maximum deduction for a vault performed with the following errors: Failure to pass thru vertical in the Support/Repulsion Phase, Under Rotation of a salto in the Second Flight, and a step toward the table on landing?
- 0.5
  - 0.6
  - 0.7
  - 0.8
15. What is the deduction for a vault that the LA turn is incomplete  $61^{\circ}$  -  $89^{\circ}$ ?
- 0.10– 0.15
  - 0.20 – 0.25
  - 0.25 – 0.30
  - 0.50
16. Which statement is INCORRECT?
- The value of a Tuck Tsukahara with a 1/1 twist is 9.80.
  - RO-FF on - Back Layout with a 1 ½ twist off is a Bonus Vault.
  - A Tsukahara Layout Full is a Bonus Vault.
  - RO-FF 1/1 on with a Back Tuck off is a Bonus Vault.

17. Which statement is CORRECT concerning the use of the hand placement mat?
- It may be used for any vault.
  - It may be placed on the vault board.
  - It may be replaced with a sting mat.
  - None of the above.
18. The gymnast runs and balks. Then she runs and does a RO entry repulsion off with a fall and receives a 6.30 score. Then she runs and does a vault over the table without touching the table. What is her score for vault?
- 5.80
  - 6.30
  - VOID
  - Gymnast may perform one more vault.
19. The gymnast vaults with NO signal from the Chief Judge. One judge sees the vault. Which statement is CORRECT?
- The gymnast receives a score from the judge who saw the vault.
  - The gymnast receives NO penalty.
  - The Chief Judge applies a 0.5 deduction to the next completed vault.
  - The gymnast receives a zero for the vault.
20. Which statement is CORRECT concerning coaching deductions during the vault?
- All judges take the 0.5 deduction for a spot upon the landing.
  - All judges take the 0.5 deduction for a spot during the vault.
  - The Chief Judge deducts 0.5 if the coach stands between the board and the vault table on all vaults.
  - The coach may not speak to the gymnast between the vaults.

## **UNEVEN BARS**

21. Which statement is CORRECT concerning a fall off the bars?
- The coach is NOT allowed to inquire if element received VP credit before the gymnast remounts
  - The fall time ends when the gymnast touches the bar.
  - The gymnast may take 3 “pump” swings to initiate momentum to resume the exercise without penalty.

- d. Judging resumes when the gymnast reaches the point in her routine where she fell.
22. Which is CORRECT if a coach assists/spots gymnast during any element?
- a. Each judge deducts 0.5 for a spot.
  - b. Do NOT award VP, SR, or Bonus credit.
  - c. Deduct an additional 0.5 for a fall, if she falls after the spot.
  - d. All of the above.
23. Which is a CORRECT statement for a coach inadvertently contacting a gymnast without assisting her?
- a. The Chief Judge deducts 0.5 for Coach Inadvertently contacting a gymnast.
  - b. Award VP and SR credit.
  - c. Award Bonus credit.
  - d. All of the above.
24. Which statement is INCORRECT about dismounts from bars?
- a. All dismounts MUST be performed from designated bar description in Code of Points.
  - b. If a gymnast never initiates a salto action and falls, deduct 0.5 SR and 0.3 No dismount from the Start Value.
  - c. If a gymnast initiates salto action and falls without landing on the bottom of her feet first – do NOT award VP, deduct 0.5 SR and 0.5 for the fall.
  - d. A Backward Hip Circle – Hecht with salto backward tucked is an unallowable dismount.
25. Which statement is CORRECT concerning the awarding of elements?
- a. Elements with the same number that finish in a different grip are considered different.
  - b. Elements with the same number that are completed with legs together or separated are considered different.
  - c. Award two A elements for cast to squat/stoop/straddle on LB followed by a sole circle FWD/BWD to stand on LB.
  - d. If a gymnast attempts a release move and does not touch the bar, she still receives VP credit.

26. Which statement is INCORRECT concerning angle of completion of the body on casts?
- Shoulder angle – line from shoulders thru midpoint of lowest body part.
  - No shoulder angle – Line from hands thru midpoint of lowest body part.
  - Hips are extended – legs are not together at the peak of the cast, deduct for leg separation.
  - Cast to HS -  $11^\circ$  to  $21^\circ$  from vertical – award B value part and deduct 0.1.
27. Which combination of elements would receive the largest deduction in the Choice of Release category?
- Schaposchnikova – Pak
  - Giant Hop 1/1 – Giant Hop 1/1
  - Bail from HS on HB  $\frac{1}{2}$  turn to HS on LB – Clear Hip to HS – Toe Shoot to HB
  - Geinger – Bail  $\frac{1}{2}$  to hang on LB
28. Which dismount combination would receive a 0.1 deduction?
- Giant full – Pike Double Back Salto
  - Clear hip circle to HS – Layout Double Back Salto
  - Stalder circle to HS – Tuck Double Back Salto
  - Sole circle to HS – Layout/Pike Double Back Salto
29. Which execution deduction is INCORRECT?
- Landing too close to the bar on dismount 0.1
  - Two extra swings following one element 0.6
  - Insufficient amplitude on release moves  $\wedge 0.2$
  - Touch/Brush on apparatus with foot/feet  $\wedge 0.1$
30. What is the total Bonus for the following combination? Bail from HS on HB with  $\frac{1}{2}$  turn to HS on LB – Clear Hip to HS – Toe Shoot to HB
- 0.1
  - 0.2
  - 0.3
  - 0.4

## BEAM

31. Which statement is INCORRECT concerning mounting and the mats?
- A gymnast may NOT stand on an additional – Up to 8" skill cushion placed on competition landing mats. (Without a board)
  - A Board/Mount Trainer/Folder Panel Mat may be used to mount the beam.

- c. No plywood is permitted underneath the board.
- d. The Chief Judge is responsible for a 0.3 deduction from the average score if the springboard is placed on an unauthorized surface.

32. Which statement is INCORRECT concerning a Short Exercise? (< 30 seconds)

- a. If a gymnast fails to remount within 45 seconds after a fall her routine is ended.
- b. Deduct 0.3 from SV for no dismount, if applicable.
- c. All Short Exercises receive a score of 1.00.
- d. A 2.00 deduction is taken by the Chief Judge from the average score.

33. Which statement is CORRECT when a coach assists/spots on the landing of the dismount?

- a. The Chief Judge deducts 0.5 off the average score for the fall.
- b. Deduct an additional 0.5 if a fall occurs. (Each judge)
- c. Do not award VP or SR.
- d. Bonus is awarded if applicable.

34. Elements are considered different when:

- a. Mount elements performed as elements within the exercise.
- b. Saltos performed with different body positions.
- c. Take off for leap/jump/hop from one/both legs.
- d. All of the above.

35. Which statement is INCORRECT concerning the 3 element flight series ?

- a. Mounts may be included in the series.
- b. Dismounts may NOT be included in the series.
- c. The series must contain a minimum C salto/aerial or D/E element with or without hand support.
- d. +0.1 DV Bonus is awarded.

36. Which statement is INCORRECT for the Jump, press, or swing to HS mount?

- a. Body must be vertical, hips over shoulder in balanced position.
- b. Any leg position is allowed. (Together, split, straddled/stag)
- c. A two second hold is required.
- d. If a fall occurs after vertical is achieved, VP is awarded.

37. Which statement is CORRECT concerning the Split Leap Forward with Leg Change? (Switch-Leg Leap - #2.305)

- a. If the first leg does NOT reach 45°, award B value part.
- b. If the first leg does NOT reach 45°, award C value part. Deduct ^0.1 for insufficient height of leg swing.
- c. Deduct ^0.3 for insufficient split after leg change – if applicable.
- d. If the first leg is staged, award a C value part and deduct 0.2 for bent leg.

38. What would be the deduction in Choice of Acro Elements if a gymnast performs –

One arm Front Handspring, BHS + BHS series, Split Jump + Back Tuck Salto

- a. 0.05
- b. 0.10
- c. 0.15
- d. 0.20

39. What would be the deduction in Choice of Dance Elements if a gymnast performs –

Switch Split with 1/1 Turn

Tour Jete'

- a. 0.00
- b. 0.05
- c. 0.10
- d. 0.20

40. Which statement is CORRECT if the gymnast performs a Free (aerial) Walkover Forward with a one and ½ (540°) off the side or end of the beam?

- a. There would be NO deduction for Choice of Dismount Not Up to Competitive Level.
- b. If this is the gymnast's only Forward/Sideward element there would be a 0.05 deduction in Lack of Variety in Choice of Acro Elements.
- c. If 90° of the twist is missing, award VP and deduct 0.30.
- d. Placement of the back foot upon landing = amount of twist completed.

### **Floor Exercise**

41. Which statement is CORRECT with regards to the musical accompaniment?

- a. Music must be recorded with orchestra, piano, or other instruments.
- b. A deduction of 1.00 is taken by the Chief Judge for music with whistles/animal sounds.

- c. If the music stops during the gymnast's routine and she continues without music, she may NOT repeat the exercise.
  - d. Missing synchronization of movement with musical beat throughout the exercise is  $\wedge 0.50$ .
42. If a teammate touches/pushes a gymnast to stop her momentum while they are running/falling out of bounds – which statement is CORRECT?
- a. The Chief Judge deducts 0.5 for assisting the gymnast.
  - b. If the gymnast falls after assistance, do NOT deduct for both assistance and fall.
  - c. Bonus may still be awarded, if applicable.
  - d. The Chief Judge deducts 0.1 for each step the gymnast takes out of bounds.
43. Which leap is a D value part?
- a. Tour Jete  $\frac{1}{2}$
  - b. Switch Leg Leap with a full turn
  - c. Straddle Pike Jump with a full turn
  - d. Stag Ring Jump with  $\frac{1}{1}$  turn
44. Which statement is INCORRECT regarding the SR of a Dance Passage?
- a. A minimum of 2 different Group 1 Elements with one leap requiring a  $180^\circ$  cross/side leap.
  - b. Acro elements in the middle of the Dance Passage are OK.
  - c. The Dance Passage may be directly or indirectly connected.
  - d. Indirect connections allow for running steps/small leaps/hops/chasses/assembles/turns on 1 or 2 feet between dance elements.
45. Concentration Pauses of 2 seconds or more prior to difficult elements or acrobatic series will result in a deduction of –
- a. 0.00
  - b. 0.05
  - c. 0.10
  - d. 0.20
46. Which statement is CORRECT about the following series –  
Round Off-Whip Salto-Straddle Jump- Back Handspring- Double Back Tuck Salto
- a. Indirect connection of A and D salto is +0.1 CV.
  - b. This pass will fulfill the SR requirement of a 2 salto pass.
  - c. This pass will receive +0.1 CV for a D salto and an A jump.

- d. This pass will NOT fulfill the SR of a 2 salto pass and receives No CV.
47. Which 2 dance elements would NOT receive +0.1 CV?
- a. Double turn + Straddle Jump with 1/1 turn
  - b. Wolf Jump 1/1 turn (Land on one foot) + Double turn
  - c. Switch Leg Ring Leap + Tour Jete Ring Leap
  - d. Double Turn + Wolf Hop 1/1
48. To receive NO deduction for Choice of Floor Acro Elements Not Up to the Competitive Level a routine –
- a. May have D/E salto in all 3 passes.
  - b. May have a C+B in one pass with D/E in other 2 passes.
  - c. May have E saltos in only 2 passes.
  - d. All of the above
49. Which statement is CORRECT with regards to the Choice of Floor Dance Elements Not Up to the Competitive Level?
- a. A minimum of three C elements will receive no deduction.
  - b. One C and 2 B dance skills will receive a 0.2 deduction.
  - c. One D can replace 2 C's on the chart.
  - d. A full turn can count as a dance element on the Choice of Dance Element Chart.
50. Which acro series would receive a 0.1 deduction in the Value of Salto performed as Last acro series?
- a. RO-FF-FF-Double Back Salto Tucked
  - b. Front Handspring-Front Salto Layout with full and one half twist
  - c. Front salto-RO-FF-FF-Back salto stretched with a 2/1 twist
  - d. RO-Whip salto-Back salto stretched with a full and one half twist

1. D
2. A
3. A
4. C
5. D
6. B
7. A
8. B
9. B
10. B
11. D
12. A
13. D
14. B
15. C
16. D
17. D
18. B
19. C
20. A
21. A
22. D
23. B
24. D
25. C
26. D
27. C
28. C
29. B
30. C
31. A
32. C
33. B
34. D
35. D
36. C
37. B
38. D
39. A
40. B
41. A
42. B
43. B
44. B
45. C
46. D
47. A
48. D
49. A
50. C