



GYMNASTICS: Q&A

General Information

Q: Who is the NCAA Rules Interpreter?

A: Chrystal Chollet-Norton; rulesncaagym@embarqmail.com

Q: May I submit my rules questions by voice mail or text message?

A: No. Please submit rules questions by electronic mail only. Please provide your name, institution and if a judge your name, state and USAG region to the email.

Q: Where can I locate the most updated 2020 & 2021 NCAA Rules Modification Document and Meet Procedures?

A: <http://www.ncaa.org/championships/national-collegiate-womens-gymnastics>

Q: Where can I locate the NCAA Women's Gymnastics Rules Interpretation Archives?

A: <http://www.ncaa.org/championships/national-collegiate-womens-gymnastics>. They are found under Championship-Division One; Rules of the Game; fifth bullet down.

Clarifications:

Balance Beam: 4.1 Beam Special Requirements; b. should read as follows: Dance OR Dance/Acro series with a minimum of two (2) elements. The dance element must be valued a C or higher and the SERIES must stop on the beam.

Reminder: NCAA Group 4 Vaults described as a flic-flac with 1/1 (360) turn on: allow a 3/4 (270) to 1/1 (360) LA turn in the first flight. Same as USAG JO.

General:

Q. What occurs when a student-athlete competes without having been signaled by the Chief Judge?

A: A 0.50 deduction would be applied. Refer to the USAG JO Code Of Points 2018-2022; Section 1-General Information-Judging Panels; C. Chief Judge; 12. Starting the exercise before the signal is given: 0.50, (deducted from repeated performance).

Balance Beam:

Q: A student-athlete performs a back handspring to lay out step out with no connective value. Her other acro is a Round-off Double back dismount. Does this meet the UTL requirement on beam?

A: Yes. Refer to the 2020 & 20211 NCAA Women's Gymnastics Rules Modifications; Beam; 4.2.d. -If a flight series is performed on the beam WITHOUT Connection Value (considered only those skills performed and stopped on the beam), then an additional D/E Acro element OR E dance element, including mounts and dismounts, is required.

Q: If a student-athlete does a switch leap directly connected to a gainer full off the side would this meet the special requirement on beam of a Dance OR Dance/Acro series with a minimum of two elements?

A: No. Refer to the 2020 & 20211 NCAA Women's Gymnastics Rules Modifications; Beam; 4.1.b. Dance OR Dance/Acro series with a minimum of two (2) elements. The dance element must be valued a C or higher and must stop on the beam.

Floor Exercise:

Q: If an athlete did switch ring (# 1.311-C) chase, tourjete ½ (#1.309-C) popa (#1.307-C), would they get CV for C+C+C (.2)?

A: No. They need to be directly connected. Refer to the USAG JO Code of Points 2018-2022; Section 5-Floor Exercise-Bonus-Chapter 4; II. Principles for Awarding Connection Value (CV) Bonus; C Direct Connections Two (2) Dance or Two (2) Dance /Acrobatic Elements (or reversed); 1. Elements must be directly connected.

Q: Is it permitted after the event has started while an official is judging the last student-athlete routine, for a coach and gymnast to step onto the floor, for the coach to spot a student-athlete doing a standing back pike?

A: No. Refer to the 2020 & 2021 NCAA Women's Gymnastics Rules Modification Document; Appendix VIII-Regular Season Meet Procedures; 3.Regular Season Rules Modifications and Meet Procedures. Also refer to the USA JO Code of Points 2018-2022; Section 1-General Information-Judging Panels-Chapter1.III Duties and Responsibilities of the Meet Officials; C. Chief Judge; 12. Takes the deduction from the Average Score for the following infractions; Failure to observe specified warm-up time (after a warning) -0.20 deduction from the event score.

Chrystal Chollet-Norton
NCAA Rules Interpreter - Women's Gymnastics
rulesncaagym@embarqmail.com