

**Bars Index Based on NAWGJ Library Videos**  
 Last update 8/29/2020

Uneven Bars: Source of Routine	Level	Routine #	Handstands & Giants	Degree of Turn	Releases	Body Position	Group 3/6//7	Degree of Turn	Dismounts	Body Position	Dsmt Twists	Rating	Comments (Optional)
2020 Level 10 Event Flash Drive	10	1					Toe on to handstand					2--Average	
2020 Level 10 Event Flash Drive	10	1			Schaposchnikova & variations							2--Average	
2020 Level 10 Event Flash Drive	10	1					Stalder back to handstand					2--Average	
2020 Level 10 Event Flash Drive	10	1			Pak							1--Weak	
2020 Level 10 Event Flash Drive	10	1							Double back	Tuck		2--Average	
2020 Level 10 Event Flash Drive	10	2					Toe on to handstand					2--Average	
2020 Level 10 Event Flash Drive	10	2			Tkatchev							2--Average	
2020 Level 10 Event Flash Drive	10	2			Overshoot							3--Excellent	
2020 Level 10 Event Flash Drive	10	2							Double back	Stretched		2--Average	
2020 Level 10 Event Flash Drive	10	3	Cast handstand									3--Excellent	
2020 Level 10 Event Flash Drive	10	3					Toe on to handstand					3--Excellent	
2020 Level 10 Event Flash Drive	10	3			Schaposchnikova & variations							2--Average	
2020 Level 10 Event Flash Drive	10	3			Pak							2--Average	
2020 Level 10 Event Flash Drive	10	3	Cast handstand	1/2								3--Excellent	
2020 Level 10 Event Flash Drive	10	3	Back giant	1/1								2--Average	
2020 Level 10 Event Flash Drive	10	3							Double back			3--Excellent	
2020 Level 10 Event Flash Drive	10	4			Tkatchev							2--Average	
2020 Level 10 Event Flash Drive	10	4					Clear hip handstand					2--Average	
2020 Level 10 Event Flash Drive	10	4			Overshoot							2--Average	
2020 Level 10 Event Flash Drive	10	4					Sit up					1--Weak	
2020 Level 10 Event Flash Drive	10	4	Back giant									2--Average	
2020 Level 10 Event Flash Drive	10	4							Double back			1--Weak	
2020 Level 10 Event Flash Drive	10	5	Cast handstand									3--Excellent	
2020 Level 10 Event Flash Drive	10	5			Schaposchnikova & variations							3--Excellent	
2020 Level 10 Event Flash Drive	10	5			Pak							3--Excellent	
2020 Level 10 Event Flash Drive	10	5			Khorkina (Shaposh 1/2)							3--Excellent	
2020 Level 10 Event Flash Drive	10	5							Double back	Stretched		3--Excellent	piques at end
2020 Level 10 Event Flash Drive	10	6	Cast handstand									1--Weak	
2020 Level 10 Event Flash Drive	10	6					Toe on to handstand					1--Weak	
2020 Level 10 Event Flash Drive	10	6			Pak							1--Weak	
2020 Level 10 Event Flash Drive	10	6	Cast handstand	1/2								1--Weak	
2020 Level 10 Event Flash Drive	10	6							Double back	Stretched		2--Average	
2020 Level 10 Event Flash Drive	10	7			Schaposchnikova & variations							2--Average	
2020 Level 10 Event Flash Drive	10	7			Pak							2--Average	
2020 Level 10 Event Flash Drive	10	7	Cast handstand	1/2								2--Average	
2020 Level 10 Event Flash Drive	10	7	Back giant	1/1								1--Weak	
2020 Level 10 Event Flash Drive	10	7							Back giant			3--Excellent	
2020 Level 10 Event Flash Drive	10	8	Back giant	1/2								2--Average	
2020 Level 10 Event Flash Drive	10	8			Jaeger	Pike						1--Weak	
2020 Level 10 Event Flash Drive	10	8			Overshoot to handstand							2--Average	
2020 Level 10 Event Flash Drive	10	8							Double back	Tuck	1/1	1--Weak	
2020 Level 10 Event Flash Drive	10	9					Toe on to handstand					2--Average	
2020 Level 10 Event Flash Drive	10	9			Straddle back							1--Weak	
2020 Level 10 Event Flash Drive	10	9			Pak							2--Average	
2020 Level 10 Event Flash Drive	10	9							Double back	Tuck	1/1	1--Weak	
2020 Level 10 Event Flash Drive	10	10			Schaposchnikova & variations							1--Weak	
2020 Level 10 Event Flash Drive	10	10			Pak							2--Average	
2020 Level 10 Event Flash Drive	10	10	Cast handstand	1/2								1--Weak	
2020 Level 10 Event Flash Drive	10	11	Cast handstand									3--Excellent	
2020 Level 10 Event Flash Drive	10	11	Back giant	1/2								3--Excellent	
2020 Level 10 Event Flash Drive	10	12			Jaeger	Pike						2--Average	
2020 Level 10 Event Flash Drive	10	12							Double back	Stretched	1/1	2--Average	



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2018 8/9/10 Bars	10	7				Stalder back to handstand						2--Average	see 2nd stalder
2018 8/9/10 Bars	10	7				Sit up						2--Average	
2018 8/9/10 Bars	10	7				Toe on to handstand						3--Excellent	
2018 8/9/10 Bars	10	8				Toe on to handstand						3--Excellent	
2018 8/9/10 Bars	10	8			Schaposchnikova							2--Average	
2018 8/9/10 Bars	10	8							Double back	Stretched		2--Average	piked throughout
2018 8/9/10 Bars	10	9			Jaeger	Straddled						3--Excellent	
2018 8/9/10 Bars	10	9			Overshoot to handstand							2--Average	
2018 8/9/10 Bars	10	9				Sit up						3--Excellent	
2018 8/9/10 Bars	10	9							Double back	Stretched	1/1	3--Excellent	pikes
2018 8/9/10 Bars	10	10				Sit up						1--Weak	
2018 8/9/10 Bars	10	10				Toe on circle						3--Excellent	
2018 8/9/10 Bars	10	11			Tkatchev	Straddled						1--Weak	
2018 8/9/10 Bars	10	11	Back giant	1/1								1--Weak	
2018 8/9/10 Bars	10	11			Overshoot to handstand							1--Weak	
2018 8/9/10 Bars	10	12			Ray (toe on reverse hecht)	Straddled						3--Excellent	
2018 8/9/10 Bars	10	12			Overshoot to handstand							3--Excellent	
2018 8/9/10 Bars	10	12							Double back	Tuck	1/1	3--Excellent	
2018 8/9/10 Bars	10	13			Ray (toe on reverse hecht)							1--Weak	
2018 8/9/10 Bars	10	13							Double back	Stretched		2--Average	
2018 8/9/10 Bars	10	13				Sit up						1--Weak	
2018 8/9/10 Bars	10	14			Ray (toe on reverse hecht)	Pike						2--Average	
2018 8/9/10 Bars	10	14			Pak							2--Average	
2018 8/9/10 Bars	10	14			Khorkina (Shaposh 1/2)							3--Excellent	
2018 8/9/10 Bars	10	15							Double back	Stretched		2--Average	
2018 8/9/10 Bars	10	15			Jaeger							3--Excellent	
2018 8/9/10 Bars	9	1	Back giant	1/2								1--Weak	
2018 8/9/10 Bars	9	1			Pak							1--Weak	
2018 8/9/10 Bars	9	1	Back giant									1--Weak	
2018 8/9/10 Bars	9	2							Double back	Tuck		3--Excellent	
2018 8/9/10 Bars	9	3			Pak							1--Weak	
2018 8/9/10 Bars	9	4							Sit up			1--Weak	
2018 8/9/10 Bars	9	4							Clear hip circle			2--Average	
2018 8/9/10 Bars	9	5			Overshoot							1--Weak	
2018 8/9/10 Bars	9	5							Toe on to handstand			1--Weak	
2018 8/9/10 Bars	9	5							Double back	Tuck		1--Weak	
2018 8/9/10 Bars	9	6			Overshoot							1--Weak	
2018 8/9/10 Bars	9	7			Overshoot							3--Excellent	
2018 8/9/10 Bars	9	7	Back giant	1/2								1--Weak	
2018 8/9/10 Bars	9	7	Front giant	1/2								1--Weak	
2018 8/9/10 Bars	9	8			Overshoot							3--Excellent	
2018 8/9/10 Bars	9	8							Sit up			1--Weak	
2018 8/9/10 Bars	9	9							Toe on to handstand			3--Excellent	
2018 8/9/10 Bars	9	9	Back giant	1/2								3--Excellent	
2018 8/9/10 Bars	9	9			Pak							2--Average	
2018 8/9/10 Bars	9	10							Clear hip circle			3--Excellent	
2018 8/9/10 Bars	9	11							Toe on to handstand			2--Average	
2018 8/9/10 Bars	9	11	Front giant	1/2								2--Average	
2018 8/9/10 Bars	8	1	Cast handstand	1/2								2--Average	
2018 8/9/10 Bars	8	1							Clear hip handstand			3--Excellent	
2018 8/9/10 Bars	8	2	Cast handstand	1/2								1--Weak	
2018 8/9/10 Bars	8	4							Clear hip circle			1--Weak	
2018 8/9/10 Bars	8	4			Overshoot							1--Weak	
2018 8/9/10 Bars	8	5							Double back	Tuck		2--Average	high but close to bar
2018 8/9/10 Bars	8	6							Front salto	Tuck		2--Average	
2018 8/9/10 Bars	8	7	Cast handstand	1/2								3--Excellent	
2018 8/9/10 Bars	8	8							Back salto	Stretched		3--Excellent	



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Oops: Bars with Issues	10	25								Double back	Tuck		1--Weak	
Oops: Bars with Issues	10	27			Other (add comment)								1--Weak	straddle cut catch
Oops: Bars with Issues	10	27			Pak								1--Weak	
Oops: Bars with Issues	10	27	Cast handstand	1/2									1--Weak	
Oops: Bars with Issues	10	27	Back giant										1--Weak	
Oops: Bars with Issues	10	27								Double back	Stretched		1--Weak	
Oops: Bars with Issues	10	28	Back giant	1/1									1--Weak	
Oops: Bars with Issues	10	30			Schaposchnikova								1--Weak	
Oops: Bars with Issues	10	30	Back giant	1/1									3--Excellent	turn late
2017 6-7 Bars	6	1								Clear hip circle			1--Weak	
2017 6-7 Bars	6	2								Clear hip circle			1--Weak	
2017 6-7 Bars	6	2								Back salto	Stretched		1--Weak	
2017 6-7 Bars	6	3								Clear hip circle			1--Weak	
2017 6-7 Bars	6	4								Back salto	Stretched		1--Weak	
2017 6-7 Bars	6	5								Clear hip circle			1--Weak	
2017 6-7 Bars	6	6								Clear hip circle			2--Average	
2017 6-7 Bars	6	7								Clear hip circle			1--Weak	
2017 6-7 Bars	6	8	Uprise										1--Weak	
2017 6-7 Bars	6	10								Clear hip circle			2--Average	
2017 6-7 Bars	7	1								Clear hip handstand			2--Average	
2017 6-7 Bars	7	1	Back giant										2--Average	
2017 6-7 Bars	7	1								Back salto	Stretched		3--Excellent	
2017 6-7 Bars	7	3								Clear hip circle			2--Average	
2017 6-7 Bars	7	5								Clear hip handstand			2--Average	
2017 6-7 Bars	7	5	Back giant										1--Weak	
2017 6-7 Bars	7	6								Clear hip handstand			3--Excellent	
2017 6-7 Bars	7	6								Back salto	Stretched		4--Outstanding	
2017 6-7 Bars	7	7								Back salto	Tuck		1--Weak	
2017 6-7 Bars	7	8								Clear hip circle			1--Weak	
2017 6-7 Bars	7	9								Toe on circle			1--Weak	
2017 6-7 Bars	7	10								Clear hip handstand			2--Average	
2017 8-10 Bars	8	1								Clear hip handstand			2--Average	
2017 8-10 Bars	8	1	Back giant										3--Excellent	
2017 8-10 Bars	8	3			Overshoot to handstand								1--Weak	
2017 8-10 Bars	8	3								Clear hip circle			1--Weak	
2017 8-10 Bars	8	3	Back giant										1--Weak	
2017 8-10 Bars	8	5	Cast handstand	1/2									2--Average	
2017 8-10 Bars	8	5								Clear hip circle			2--Average	
2017 8-10 Bars	8	6								Toe on to handstand			3--Excellent	
2017 8-10 Bars	8	6								Sit up			1--Weak	
2017 8-10 Bars	8	6											1--Weak	
2017 8-10 Bars	8	7	Cast handstand	1/2						Double back	Pike		3--Excellent	
2017 8-10 Bars	8	7								Stalder circle back			2--Average	
2017 8-10 Bars	8	9	Cast handstand	1/2									3--Excellent	late turn
2017 8-10 Bars	8	10			Overshoot to handstand								1--Weak	
2017-18 8-10 Bars	8	10	Back giant										1--Weak	
2017-18 8-10 Bars	8	11	Cast handstand	1/2									3--Excellent	
2017-18 8-10 Bars	8	12								Clear hip handstand			2--Average	
2017-18 8-10 Bars	8	12								Sit up			1--Weak	
2017-18 8-10 Bars	8	12			Overshoot								2--Average	
2017-18 8-10 Bars	8	12	Back giant										1--Weak	
2017-18 8-10 Bars	8	13	Cast handstand	1/2									3--Excellent	
2017-18 8-10 Bars	8	13								Clear hip circle			3--Excellent	
2017-18 8-10 Bars	8	14			Straddle back								2--Average	
2017-18 8-10 Bars	8	14	Back giant										1--Weak	
2017-18 8-10 Bars	8	14								Back salto	Stretched	1/2	1--Weak	
2017-18 8-10 Bars	8	15								Clear hip circle			3--Excellent	

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2017-18 8-10 Bars	9	1	Cast handstand	1/2									1--Weak	
2017-18 8-10 Bars	9	1	Back giant										1--Weak	
2017-18 8-10 Bars	9	2			Overshoot								1--Weak	
2017-18 8-10 Bars	9	3					Toe on to handstand						3--Excellent	
2017-18 8-10 Bars	9	3	Back giant	1/2									3--Excellent	
2017-18 8-10 Bars	9	3							Double back	Tuck			3--Excellent	
2017-18 8-10 Bars	9	4	Back giant	1/1									1--Weak	
2017-18 8-10 Bars	9	5					Toe on to handstand						1--Weak	
2017-18 8-10 Bars	9	5	Back giant										1--Weak	
2017-18 8-10 Bars	9	7	Back giant	1/2									1--Weak	
2017-18 8-10 Bars	9	10	Cast handstand	1/2									3--Excellent	
2017-18 8-10 Bars	9	10			Overshoot to handstand								3--Excellent	
2017-18 8-10 Bars	9	10					Toe on to handstand						3--Excellent	
2017-18 8-10 Bars	9	10							Double back	Tuck			3--Excellent	
2017-18 8-10 Bars	9	11			Pak								2--Average	
2017-18 8-10 Bars	9	11					Toe on to handstand						3--Excellent	
2017-18 8-10 Bars	9	12					Clear hip handstand						3--Excellent	
2017-18 8-10 Bars	9	12	Back giant	1/2									3--Excellent	
2017-18 8-10 Bars	9	12	Front giant	1/2									2--Average	
2017-18 8-10 Bars	9	13					Clear hip handstand						3--Excellent	
2017-18 8-10 Bars	9	15			Overshoot								3--Excellent	
2017-18 8-10 Bars	9	17					Toe on to handstand						3--Excellent	
2017-18 8-10 Bars	9	17			Pak								2--Average	
2017-18 8-10 Bars	9	17	Back giant	1/2									2--Average	
2017-18 8-10 Bars	9	17	Front giant	1/2									2--Average	
2017-18 8-10 Bars	9	17							Double back	Pike			2--Average	
2017-18 8-10 Bars	9	18			Pak								1--Weak	
2017-18 8-10 Bars	9	20			Gienger								1--Weak	
2017-18 8-10 Bars	9	20					Sit up						1--Weak	
2017-18 8-10 Bars	9	20					Toe on to handstand						1--Weak	
2017-18 8-10 Bars	9	20	Back giant	1/1									1--Weak	
2017-18 8-10 Bars	10	1			Gienger								3--Excellent	legs apart
2017-18 8-10 Bars	10	1							Double back	Tuck	1/1		2--Average	
2017-18 8-10 Bars	10	2			Overshoot to handstand								3--Excellent	
2017-18 8-10 Bars	10	2					Clear hip handstand						3--Excellent	
2017-18 8-10 Bars	10	2					Toe on to handstand						3--Excellent	
2017-18 8-10 Bars	10	2			Tkatchev								2--Average	
2017-18 8-10 Bars	10	2							Double back	Stretched			3--Excellent	
2017-18 8-10 Bars	10	3			Tkatchev								1--Weak	
2017-18 8-10 Bars	10	3							Double back	Stretched			2--Average	
2017-18 8-10 Bars	10	4							Double back	Stretched			2--Average	
2017-18 8-10 Bars	10	4			Tkatchev								2--Average	
2017-18 8-10 Bars	10	5							Double back	Pike			1--Weak	
2017-18 8-10 Bars	10	6			Gienger								1--Weak	
2017-18 8-10 Bars	10	6			Pak								1--Weak	
2017-18 8-10 Bars	10	6	Back giant	1/1									1--Weak	
2017-18 8-10 Bars	10	7			Schaposnikova								3--Excellent	
2017-18 8-10 Bars	10	7			Pak								3--Excellent	
2017-18 8-10 Bars	10	8			Tkatchev								1--Weak	
2017-18 8-10 Bars	10	8	Back giant	1/1									1--Weak	
2017-18 8-10 Bars	10	9			Tkatchev								1--Weak	
2017-18 8-10 Bars	10	9	Back giant	1/1									3--Excellent	
2017-18 8-10 Bars	10	10			Tkatchev								2--Average	
2017-18 8-10 Bars	10	10	Back giant	1/2									2--Average	
2017-18 8-10 Bars	10	11			Tkatchev								2--Average	
2017-18 8-10 Bars	10	11							Double back	Tuck	1/1		2--Average	
2017-18 8-10 Bars	10	12			Ray								1--Weak	



2015-16 Event x 2 Bars 6 - 10 (DVD)	10	3	Back giant	1/2									3--Excellent	
2015-16 Event x 2 Bars 6 - 10 (DVD)	10	3			Jaeger	Pike							4--Outstanding	
2015-16 Event x 2 Bars 6 - 10 (DVD)	10	3	Cast handstand	1/2									3--Excellent	
2015-16 Event x 2 Bars 6 - 10 (DVD)	10	3					Sit up						3--Excellent	
2015-16 Event x 2 Bars 6 - 10 (DVD)	10	3	Back giant										3--Excellent	
2015-16 Event x 2 Bars 6 - 10 (DVD)	10	3							Double back	Tuck			3--Excellent	
2015-16 Event x 2 Bars 6 - 10 (DVD)	10	4	Cast handstand	1/2									4--Outstanding	
2015-16 Event x 2 Bars 6 - 10 (DVD)	10	4			Deltchev								4--Outstanding	
2015-16 Event x 2 Bars 6 - 10 (DVD)	10	4	Back giant	1/1									3--Excellent	
2015-16 Event x 2 Bars 6 - 10 (DVD)	10	4			Overshoot to handstand								3--Excellent	
2015-16 Event x 2 Bars 6 - 10 (DVD)	10	4	Back giant										3--Excellent	
2015-16 Event x 2 Bars 6 - 10 (DVD)	10	4							Double back	Tuck	1/1		3--Excellent	
2015-16 Event x 2 Bars 6 - 10 (DVD)	10	5					Sit up						1--Weak	
2015-16 Event x 2 Bars 6 - 10 (DVD)	10	6			Jaeger								1--Weak	
2015-16 Event x 2 Bars 6 - 10 (DVD)	10	6			Overshoot								3--Excellent	
2015-16 Event x 2 Bars 6 - 10 (DVD)	10	6					Stalder back to handstand						2--Average	
2011-12 9/10 Practice Judging (DVD)	10	1			Pak								1--Weak	
2011-12 9/10 Practice Judging (DVD)	10	1					Toe on to handstand						1--Weak	
2011-12 9/10 Practice Judging (DVD)	10	1							Back salto		2/1		2--Average	
2011-12 9/10 Practice Judging (DVD)	10	2					Clear hip handstand						2--Average	
2011-12 9/10 Practice Judging (DVD)	10	2			Gienger								3--Excellent	
2011-12 9/10 Practice Judging (DVD)	10	3	Front giant	1/2									3--Excellent	
2011-12 9/10 Practice Judging (DVD)	10	3			Jaeger								3--Excellent	
2011-12 9/10 Practice Judging (DVD)	10	3							Double back	Tuck	1/1		2--Average	
2011-12 9/10 Practice Judging (DVD)	10	5	Cast handstand	1/2									3--Excellent	
2011-12 9/10 Practice Judging (DVD)	10	5			Pak								2--Average	
2011-12 9/10 Practice Judging (DVD)	10	5					Sit up						3--Excellent	
2011-12 9/10 Practice Judging (DVD)	10	7			Gienger								2--Average	
2011-12 9/10 Practice Judging (DVD)	10	7			Overshoot								2--Average	
2011-12 9/10 Practice Judging (DVD)	10	8			Overshoot to handstand								3--Excellent	
2011-12 9/10 Practice Judging (DVD)	10	8	Back giant	1/1									3--Excellent	
2011-12 9/10 Practice Judging (DVD)	10	8							Double back	Tuck	1/1		3--Excellent	
2011-12 9/10 Practice Judging (DVD)	10	9					Clear hip handstand						3--Excellent	
2011-12 9/10 Practice Judging (DVD)	10	9			Gienger								1--Weak	
2011-12 9/10 Practice Judging (DVD)	10	10	Back giant	1/2									1--Weak	
2011-12 9/10 Practice Judging (DVD)	10	10	Front giant	1/2									1--Weak	
2011-12 9/10 Practice Judging (DVD)	10	11					Toe on to handstand	1/2					2--Average	
2011-12 9/10 Practice Judging (DVD)	10	11			Tkatchev								1--Weak	
2011-12 9/10 Practice Judging (DVD)	10	11			Pak								3--Excellent	
2011-12 9/10 Practice Judging (DVD)	9	1					Clear hip handstand						2--Average	
2011-12 9/10 Practice Judging (DVD)	9	1					Sit up						1--Weak	
2011-12 9/10 Practice Judging (DVD)	9	1							Front salto	Tuck			2--Average	
2011-12 9/10 Practice Judging (DVD)	9	2	Cast handstand	1/2									3--Excellent	
2011-12 9/10 Practice Judging (DVD)	9	2					Sit up						1--Weak	
2011-12 9/10 Practice Judging (DVD)	9	3	Back giant	1/2									3--Excellent	
2011-12 9/10 Practice Judging (DVD)	9	3			Front giant release over LB								3--Excellent	
2011-12 9/10 Practice Judging (DVD)	9	3	Cast handstand										3--Excellent	
2011-12 9/10 Practice Judging (DVD)	9	3	Back giant										3--Excellent	
2011-12 9/10 Practice Judging (DVD)	9	3					Clear hip handstand						2--Average	
2011-12 9/10 Practice Judging (DVD)	9	3							Double back	Tuck			1--Weak	
2011-12 9/10 Practice Judging (DVD)	9	4	Back giant	1/2									2--Average	
2011-12 9/10 Practice Judging (DVD)	9	4	Front giant	1/2									2--Average	
2011-12 9/10 Practice Judging (DVD)	9	6	Cast handstand										1--Weak	
2011-12 9/10 Practice Judging (DVD)	9	6			Pak								1--Weak	
2011-12 9/10 Practice Judging (DVD)	9	7					Clear hip circle						3--Excellent	
2011-12 9/10 Practice Judging (DVD)	9	7			Overshoot								3--Excellent	
2011-12 9/10 Practice Judging (DVD)	9	7							Gonzales	Tuck			2--Average	

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2011-12 9/10 Practice Judging (DVD)	9	8				Clear hip handstand					2--Average	
2011-12 9/10 Practice Judging (DVD)	9	8						Double back	Tuck		1--Weak	
2011-12 9/10 Practice Judging (DVD)	9	9			Straddle back						2--Average	
2011-12 9/10 Practice Judging (DVD)	9	9				Clear hip handstand					1--Weak	
2011-12 9/10 Practice Judging (DVD)	9	9						Back salto	Stretched	1/1	2--Average	
2011-12 9/10 Practice Judging (DVD)	9	10	Back giant	1/2							3--Excellent	
2011-12 9/10 Practice Judging (DVD)	9	10	Front giant	1/2							3--Excellent	
2011-12 9/10 Practice Judging (DVD)	9	10			Overshoot						3--Excellent	
2011-12 9/10 Practice Judging (DVD)	9	10	Cast handstand								3--Excellent	
2011-12 9/10 Practice Judging (DVD)	9	10	Back giant								3--Excellent	
2011-12 9/10 Practice Judging (DVD)	9	11	Back giant	1/2							2--Average	
2011-12 9/10 Practice Judging (DVD)	9	11			Overshoot						2--Average	
2011-12 9/10 Practice Judging (DVD)	9	11				Clear hip handstand					2--Average	
2011-12 9/10 Practice Judging (DVD)	9	11				Sit up					1--Weak	
2014 Level 9 Practice Judging (DVD)	9	1	Cast handstand								3--Excellent	
2014 Level 9 Practice Judging (DVD)	9	1			Pak						3--Excellent	
2014 Level 9 Practice Judging (DVD)	9	2			Straddle back						1--Weak	
2014 Level 9 Practice Judging (DVD)	9	2	Back giant	1/2							1--Weak	
2014 Level 9 Practice Judging (DVD)	9	2	Front giant	1/2							1--Weak	
2014 Level 9 Practice Judging (DVD)	9	3			Overshoot						2--Average	
2014 Level 9 Practice Judging (DVD)	9	3	Back giant	1/2							2--Average	
2014 Level 9 Practice Judging (DVD)	9	3	Front giant	1/2							2--Average	
2014 Level 9 Practice Judging (DVD)	9	4	Cast handstand	1/2							3--Excellent	
2014 Level 9 Practice Judging (DVD)	9	4			Overshoot						2--Average	
2014 Level 9 Practice Judging (DVD)	9	4	Cast handstand								3--Excellent	
2014 Level 9 Practice Judging (DVD)	9	5			Overshoot						1--Weak	
2014 Level 9 Practice Judging (DVD)	9	5				Clear hip handstand					2--Average	
2014 Level 9 Practice Judging (DVD)	9	6	Cast handstand								3--Excellent	
2014 Level 9 Practice Judging (DVD)	9	6			Overshoot						3--Excellent	
2014 Level 9 Practice Judging (DVD)	9	6				Toe on to handstand					3--Excellent	
2014 Level 9 Practice Judging (DVD)	9	6				Stalder back to handstand					2--Average	
2014 Level 9 Practice Judging (DVD)	9	8	Cast handstand								2--Average	
2014 Level 9 Practice Judging (DVD)	9	8			Pak						1--Weak	
2014 Level 9 Practice Judging (DVD)	9	8				Clear hip handstand					2--Average	
2014 Level 9 Practice Judging (DVD)	9	8						Double back	Tuck		3--Excellent	
2014 Level 9 Practice Judging (DVD)	9	10				Clear hip handstand	1/2				3--Excellent	
2014 Level 9 Practice Judging (DVD)	9	11			Overshoot						3--Excellent	
2014 Level 9 Practice Judging (DVD)	9	11				Clear hip handstand					2--Average	
2014 Level 9 Practice Judging (DVD)	9	11						Double back	Tuck		3--Excellent	
2014 Level 9 Practice Judging (DVD)	9	12			Straddle back						3--Excellent	
2014 Level 9 Practice Judging (DVD)	9	13	Back giant	1/2							3--Excellent	
2014 Level 9 Practice Judging (DVD)	9	13			Overshoot						3--Excellent	
2014 Level 9 Practice Judging (DVD)	9	16			Overshoot						1--Weak	
2014 Level 9 Practice Judging (DVD)	9	16				Clear hip circle					1--Weak	
2014 Level 9 Practice Judging (DVD)	9	17			Straddle back						1--Weak	
2014 Level 9 Practice Judging (DVD)	9	17	Back giant								1--Weak	
2014 Level 9 Practice Judging (DVD)	9	17						Back salto	Stretched	1/2	1--Weak	
2014 Level 9 Practice Judging (DVD)	9	18			Pak	Straddled					2--Average	Peach
2014 Level 9 Practice Judging (DVD)	9	18	Cast handstand								1--Weak	
2014 Level 9 Practice Judging (DVD)	9	18						Front salto	Tuck		1--Weak	
2014 Level 9 Practice Judging (DVD)	9	20			Straddle back						2--Average	
2014 Level 9 Practice Judging (DVD)	9	21	Cast handstand	1/2							1--Weak	
2014 Level 9 Practice Judging (DVD)	9	21						Double back	Tuck	1/1	2--Average	
2014 Level 9 Practice Judging (DVD)	9	22				Sit up					1--Weak	
2014 Level 9 Practice Judging (DVD)	9	22	Back giant								1--Weak	
2014 Level 9 Practice Judging (DVD)	9	22						Back salto	Stretched	1/2	1--Weak	
2014 Level 9 Practice Judging (DVD)	9	23	Cast handstand	1/2							2--Average	





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2014 Level 10 Practice Judging (DVD)	10	11			Front giant release over LB							2--Average	
2014 Level 10 Practice Judging (DVD)	10	11					Sit up					2--Average	
2014 Level 10 Practice Judging (DVD)	10	11							Double back	Tuck		3--Excellent	
2014 Level 10 Practice Judging (DVD)	10	12	Cast handstand hop									2--Average	
2014 Level 10 Practice Judging (DVD)	10	13			Overshoot							3--Excellent	
2014 Level 10 Practice Judging (DVD)	10	13							Double back	Tuck	1/1	2--Average	
2014 Level 10 Practice Judging (DVD)	10	14			Tkatchev							2--Average	
2014 Level 10 Practice Judging (DVD)	10	14	Back giant	1/2								2--Average	
2014 Level 10 Practice Judging (DVD)	10	14	Back giant	1/1								3--Excellent	
2014 Level 10 Practice Judging (DVD)	10	14							Double back	Tuck		3--Excellent	
2014 Level 10 Practice Judging (DVD)	10	15	Cast handstand hop									2--Average	
2014 Level 10 Practice Judging (DVD)	10	15			Jaeger							2--Average	
2014 Level 10 Practice Judging (DVD)	10	15	Front giant	1/2								1--Weak	
2014 Level 10 Practice Judging (DVD)	10	16			Gienger							1--Weak	
2014 Level 10 Practice Judging (DVD)	10	16					Sit up					1--Weak	
2014 Level 10 Practice Judging (DVD)	10	16							Double back	Tuck	1/1	2--Average	
2014 Level 10 Practice Judging (DVD)	10	18					Clear hip handstand					2--Average	
2014 Level 10 Practice Judging (DVD)	10	18					Toe on to handstand					2--Average	
2014 Level 10 Practice Judging (DVD)	10	18	Back giant	1/1								1--Weak	
2014 Level 10 Practice Judging (DVD)	10	19	Cast handstand hop									1--Weak	
2014 Level 10 Practice Judging (DVD)	10	19	Front giant	1/1								1--Weak	healy
2014 Level 10 Practice Judging (DVD)	10	19	Back giant	1/2								1--Weak	
2014 Level 10 Practice Judging (DVD)	10	19			Tkatchev							2--Average	
2014 Level 10 Practice Judging (DVD)	10	19							Double back	Stretched		1--Weak	
2014 Level 10 Practice Judging (DVD)	10	21					Sit up					1--Weak	
2014 Level 10 Practice Judging (DVD)	10	21							Double back	Stretched		1--Weak	
2014 Level 10 Practice Judging (DVD)	10	22			Jaeger							2--Average	
2014 Level 10 Practice Judging (DVD)	10	22					Clear hip handstand					2--Average	
2014 Level 10 Practice Judging (DVD)	10	22					Sit up					1--Weak	
2014 Level 10 Practice Judging (DVD)	10	23			Schaposnikova							2--Average	
2014 Level 10 Practice Judging (DVD)	10	23			Pak							2--Average	
2014 Level 10 Practice Judging (DVD)	10	23							Double back	Stretched		1--Weak	
2014 Level 10 Practice Judging (DVD)	10	24					Toe on to handstand					2--Average	
2014 Level 10 Practice Judging (DVD)	10	24			Overshoot to handstand							1--Weak	
2014 Level 10 Practice Judging (DVD)	10	24					Stalder back to handstand					2--Average	
2014 Level 10 Practice Judging (DVD)	10	24					Sit up					1--Weak	
2014 Level 10 Practice Judging (DVD)	10	24	Back giant	1/2								2--Average	
2014 Level 10 Practice Judging (DVD)	10	25			Schaposnikova							1--Weak	
2014 Level 10 Practice Judging (DVD)	10	25			Pak							2--Average	
2014 Level 10 Practice Judging (DVD)	10	26			Schaposnikova							1--Weak	
2014 Level 10 Practice Judging (DVD)	10	26			Pak							2--Average	
2014 Level 10 Practice Judging (DVD)	10	26			Khorkina (Shaposh 1/2)							2--Average	
2014 Level 10 Practice Judging (DVD)	10	27			Overshoot to handstand							3--Excellent	
2014 Level 10 Practice Judging (DVD)	10	27					Sit up					1--Weak	
2014 Level 10 Practice Judging (DVD)	10	27			Tkatchev							2--Average	
2014 Level 10 Practice Judging (DVD)	10	27	Back giant	1/1								1--Weak	
2014 Level 10 Practice Judging (DVD)	10	28			Ray (toe on reverse hecht)							2--Average	
2014 Level 10 Practice Judging (DVD)	10	28			Pak							3--Excellent	
2014 Level 10 Practice Judging (DVD)	10	28	Cast handstand	1/2								3--Excellent	
2014 Level 10 Practice Judging (DVD)	10	28							Double back	Tuck		3--Excellent	
Bars 2015-16 (DVD)	6	2	Cast handstand									1--Weak	
Bars 2015-16 (DVD)	6	5					Clear hip circle					1--Weak	
Bars 2015-16 (DVD)	6	5							Back salto	Stretched		1--Weak	
Bars 2015-16 (DVD)	6	7							Back salto	Stretched		3--Excellent	
Bars 2015-16 (DVD)	6	11							Back salto	Tuck		3--Excellent	tuck-open
Bars 2015-16 (DVD)	7	1					Clear hip circle					2--Average	
Bars 2015-16 (DVD)	7	1	Back giant									1--Weak	

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Bars 2015-16 (DVD)	7	3				Clear hip circle						3--Excellent	
Bars 2015-16 (DVD)	7	3							Back salto	Stretched		3--Excellent	
Bars 2015-16 (DVD)	7	6	Back giant									1--Weak	
Bars 2015-16 (DVD)	7	6							Back salto	Stretched		4--Outstanding	
Bars 2015-16 (DVD)	7	7				Clear hip circle						1--Weak	
Bars 2015-16 (DVD)	7	7							Back salto	Stretched		2--Average	
Bars 2015-16 (DVD)	7	8				Clear hip handstand						1--Weak	
Bars 2015-16 (DVD)	7	8	Cast handstand									1--Weak	
Bars 2015-16 (DVD)	7	8	Back giant									1--Weak	
Bars 2015-16 (DVD)	7	9	Back giant									2--Average	
Bars 2015-16 (DVD)	7	9							Back salto	Stretched		3--Excellent	
Bars 2015-16 (DVD)	7	11				Clear hip circle						2--Average	
Bars 2015-16 (DVD)	7	13	Cast handstand									3--Excellent	
Bars 2015-16 (DVD)	7	14				Clear hip handstand						3--Excellent	
Bars 2015-16 (DVD)	8	1				Clear hip handstand						1--Weak	
Bars 2015-16 (DVD)	8	2							Back salto	Stretched		3--Excellent	
Bars 2015-16 (DVD)	8	3	Cast handstand	1/2								1--Weak	
Bars 2015-16 (DVD)	8	3	Back giant	1/2								1--Weak	
Bars 2015-16 (DVD)	8	3							Back salto	Stretched		1--Weak	
Bars 2015-16 (DVD)	8	5	Cast handstand	1/2								3--Excellent	
Bars 2015-16 (DVD)	8	5				Clear hip handstand						3--Excellent	
Bars 2015-16 (DVD)	8	5							Back salto	Stretched		3--Excellent	
Bars 2015-16 (DVD)	8	6	Cast handstand	1/2								1--Weak	
Bars 2015-16 (DVD)	8	6				Clear hip handstand						1--Weak	
Bars 2015-16 (DVD)	8	6							Back salto	Stretched		3--Excellent	
Bars 2015-16 (DVD)	8	9							Back salto	Stretched		3--Excellent	
Bars 2015-16 (DVD)	8	10				Sit up						1--Weak	
Bars 2015-16 (DVD)	8	10	Back giant									1--Weak	
Bars 2015-16 (DVD)	8	12				Straddle back						3--Excellent	
Bars 2015-16 (DVD)	8	12	Back giant	1/2								3--Excellent	
Bars 2015-16 (DVD)	8	12	Front giant	1/2								1--Weak	
Bars 2015-16 (DVD)	8	13				Overshoot						1--Weak	
Bars 2015-16 (DVD)	8	13							Back salto	Stretched		3--Excellent	
Bars 2015-16 (DVD)	8	14	Cast handstand	1/2								1--Weak	
Bars 2015-16 (DVD)	8	14							Back salto	Stretched		3--Excellent	
Bars 2015-16 (DVD)	8	15	Cast handstand	1/2								3--Excellent	
Bars 2015-16 (DVD)	8	16	Cast handstand									3--Excellent	
Bars 2015-16 (DVD)	8	16							Double back	Tuck		3--Excellent	
Bars 2015-16 (DVD)	9	1							Double back	Tuck		1--Weak	
Bars 2015-16 (DVD)	9	2	Cast handstand									3--Excellent	
Bars 2015-16 (DVD)	9	2	Back giant	1/2								3--Excellent	
Bars 2015-16 (DVD)	9	2	Back giant									3--Excellent	
Bars 2015-16 (DVD)	9	3				Overshoot						1--Weak	
Bars 2015-16 (DVD)	9	3	Back giant									1--Weak	
Bars 2015-16 (DVD)	9	3							Front salto	Tuck		1--Weak	
Bars 2015-16 (DVD)	9	4				Clear hip handstand						2--Average	
Bars 2015-16 (DVD)	9	4	Back giant	1/2								3--Excellent	
Bars 2015-16 (DVD)	9	6				Straddle back						1--Weak	
Bars 2015-16 (DVD)	9	6							Sit up			1--Weak	
Bars 2015-16 (DVD)	9	7	Cast handstand	1/2								3--Excellent	
Bars 2015-16 (DVD)	9	7				Overshoot						3--Excellent	
Bars 2015-16 (DVD)	9	7							Clear hip handstand			3--Excellent	
Bars 2015-16 (DVD)	9	8	Cast handstand									3--Excellent	
Bars 2015-16 (DVD)	9	8	Back giant	1/2								3--Excellent	
Bars 2015-16 (DVD)	9	8				Overshoot to handstand						3--Excellent	
Bars 2015-16 (DVD)	9	8							Sit up			2--Average	
Bars 2015-16 (DVD)	9	9	Back giant									2--Average	



