



GYMNASTICS: Q&A

General Information

Q: Who is the NCAA Rules Interpreter?

A: Chrystal Chollet-Norton; rulesncaagym@embarqmail.com

Q: May I submit my rules questions by voice mail or text message?

A: No. Please submit rules questions by electronic mail only. Please provide your name, institution and if a judge your name and region to the email.

Q: Where can I locate the 2020 & 2021 NCAA Rules Modification Document and Meet Procedures?

A: <http://www.ncaa.org/championships/national-collegiate-womens-gymnastics>

Q: Where can I purchase the USAG Code of Points 2018-2022 First Edition?

A: usagym.org Click on Member Services, then click on left column; Technical materials.

2021 NCAA WOMEN'S GYMNASTICS RULES MODIFICATION UPDATED 9/24/2020:

Additional Updates:

General Information; 1.2; fourth and fifth row down dates should read November 1, 2020.

UPDATES: USAG CODE OF POINTS:

1. The use of Junior Olympic or "JO" will no longer be associated with the USA Gymnastics due to copyright infringements.
2. Balance Beam: Designation of Beam Group 1 Mounts.
 - a. "Not Acro": 1.103, 1.203, 1.303, 1.403, 1.106 and 1.206.
 - b. "Dance": Add 1.204 and 1.304 to the mounts already designated with a (D).
 - c. All other Mount elements are considered "Acro".

GENERAL

Q: Can a student-athlete have a permanent tattoo showing during competition?

A: Yes. Refer to NCAA Rules Modifications; Equipment. 6.2 Uniforms; 6.3. Jewelry. Also refer to the USAG Code of Points; Section 1. General Information; Judging; Panels; Chapter 1.12.

Balance Beam

Q: If a student-athlete does a switch leap mount (1.301-“C”) directly connected into another switch leap (2.305-“C”) does this count as a dance series?

A: Yes. Refer to the 2021 NCAA Women’s Gymnastic Rules Modifications; 4. Balance Beam; 4.1 .b.

Q: Can you clarify the value of a free round-off landing on both legs?

A: D. Refer to the USAG Code of Points 2018-2022; Balance Beam Elements; Group 7-Walkovers and Cartwheels element number 7.403.

Floor Exercise

Q: Where do we send floor music to for approval if it has human voice in it?

A: Refer to the USAG Code of Points 2018-2022; Floor Exercise; Section 5; Chapter 1; General Information; III. Music Regulations; A. 3. Any question regarding music containing words; a. the music and Music Approval Form (which will come from your Regional Technical Chair) should be sent to the Regional Technical Committee Chairman for their region. This information can be found in 2020 & 2021 USAG Rules and Polices.