

UB Check List – NCAA

- SR (0.2)**
Bar changes - 2
Flights-C/C or D/B
LA turn C
Dismount C (same BBC - 0.1 SV)

- VP**
3-A @ 0.1 = 0.3
3-B @ 0.3 = 0.9
2-C @ 0.5 = 1.0
2.2 max

- D/E bonus**
- CV bonus**
- Bonus bonus**
(same bar D/any E + 0.1)

- SV from 9.4 _____

- UTL (0.1)**
Any E release or single bar D release
or 2 D releases or 2 E skills (mt/dism ok)
And D dismount or C dismount w/cv

- Composition**

Variety/choice	0.05
Distribution	0.05
>1 squat on	<u>0.1</u> ea
Uncharacteristic el	<u>0.1</u> ea
Fwd $\frac{3}{4}$ giant	<u>0.1</u> ea

- Execution**

BB Check List - NCAA

- SR (0.2)**
Acro 2 flight w/C, or A/E, mt ok
(both must stop on beam)
Dance, Dance/Acro with C-dance
180 leap/jump
360 turn no hand support
C-Dismount or D-acro + B-Dismount

- VP**
3-A @ 0.1 = 0.3
3-B @ 0.3 = 0.9
2-C @ 0.5 = 1.0
2.2 max

- D/E bonus**
- CV bonus**
- Bonus bonus**
(3 acro series w/C + 0.1)
(B-acro + C-dismount + 0.1)
(C-dance + C-dismount + 0.1)

- SV from 9.4 _____

- UTL (0.1)**
Flight series w/ no CV must have
additional D-acro or E-dance
(ends on beam, no dismount counts)

- Composition**

Missing back acro	<u>0.1</u>
Missing side/fwd acro	<u>0.1</u>
Distribution	0.05
Use of levels	0.05
Spatial use	0.05
Fwd/side/bk choreo	0.05

- Execution**

FX Check List - NCAA

- SR (0.2)**
Acro w/ 2 salto (same of different)
3 different saltos
Dance pass (2 different, 1-180° split)
Dismount C in last pass

- VP**
3-A @ 0.1 = 0.3
3-B @ 0.3 = 0.9
2-C @ 0.5 = 1.0
2.2 max

- D/E bonus**
- CV bonus**
- Bonus bonus**
(double salto or E last pass + 0.1)

- SV from 9.4 _____

- UTL (0.1)**
3-acro pass: 1 acro series w/ C/D/E
1-E acro/dance or 2 diff Ds
Last salto CV +0.1 or D
2-acro pass: 1 acro series w/ D/E
Other pass D/E or +0.2 CV

- Composition**

Lack Dance Bonus	<u>0.1</u>
Missing back acro	<u>0.1</u>
Missing side/fwd acro	<u>0.1</u>
Distribution	0.05
Spatial use	0.05

- Execution**