



GYMNASTICS: Q&A

General Information

Q: Who is the NCAA Rules Interpreter?

A: Chrystal Chollet-Norton; rulesncaagym@embarqmail.com

Q: May I submit my rules questions by voice mail or text message?

A: No. Please submit rules questions by electronic mail only. Please provide your name, institution and if a judge your name and region to the email.

Q: Where can I locate the 2020 & 2021 NCAA Rules Modification Document and Meet Procedures?

A: <http://www.ncaa.org/championships/national-collegiate-womens-gymnastics>

Q: Where can I purchase the USAG Code of Points 2018-2022 First Edition?

A: usagym.org Click on Member Services, then click on left column; Technical materials.

General

Q: Is it permissible to wear a tank leotard for competition?

A: Yes. Refer to the 2021 NCAA Women's Gymnastics Rules Modifications; Equipment; 6.2. Uniforms; a.1.

Uneven Bars

Q: If a student-athlete does an E release will she get +0.10 for the E release and +0.10 for a same bar release?

A: No. Refer to the 2021 NCAA Women's Gymnastics Rules Modifications; Uneven Bars; 3.4. Difficulty Bonus; Same Bar D release move or any E release move will receive an additional +0.10 bonus DV (Difficulty Bonus).

Floor Exercise

Q: Does the new floor exercise mixed series exception rule completely replace the previous single “C” Salto+ Dance+ Salto +0.10 CV?

A: Yes. Refer to the 2021 NCAA Women’s Gymnastics Rules Modifications; Floor Exercise; 5.4. b. Also refer to edited statement that all updates are in bold on the first page of the 2021 NCAA Women’s Gymnastics Rules Modifications.

Q: What bonus would a student-athlete receive for doing a Round Off (5.105-“A”), 1 ½ twisting layout step-out- (8.301-“C”), Round Off (5.105-“A”), 1/1/2 twisting layout (8.301-“C”)? Also is there any concern with the value parts since the round-off and 1 ½ twist are consecutively in a similar order?

A: +0.20 CV. Refer to the 2021 NCAA Women’s Gymnastics Rules Modifications; Floor Exercise; 5.4. Connection Bonus; d. Also clarification by the USAG RTCC Committee concerning with the value parts being in a consecutively similar order. "They are considered different since the exits of the 2 one and a half saltos are different. One followed by a round off and one followed by nothing since it is the completion of the sequence”.

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