

Level 6 - Bars	Level 7 - Bars	Level 8 - Bars	Level 6 - Beam	Level 7 - Beam	Level 8 - Beam	1:15 Level 6 - Floor	1:30 Level 7 - Floor	1:30 Level 8 - Floor			L6	L7	L8
One Cast <i>Above Horizontal</i>	One Cast <i>45o from vertical</i>	One Bar Change <i>1-LB, 1-HB skill</i>	Acro Series w/o ft. OR <i>One (1) Acro Ft.</i>	Acro Series (w/wo ft.) <i>+ 1 Acro Flight</i>	Acro Series <i>with 1 Acro Flight</i>	Acro Series (Gr 5,6,7,8) <i>(3) Direct with (2) Flight</i>	Acro Series (3 elem.) <i>with Back Layout-2 ft.</i>	2 Salto Series <i>Direct or Indirect</i>	A = 0.1	A	5	5	4
One Bar Change <i>1-LB, 1-HB skill</i>	360o Clear Circle <i>one "B" Circle</i>	"B" Element <i>Flight or Turn</i>	One Leap / Jump <i>180o Split</i>	One Leap / Jump <i>180o Split</i>	One Leap / Jump <i>180o Split</i>	1 Salto / Aerial <i>Single or 2nd Series</i>	Front Acro Series <i>2 Direct - 1 Aerial / Salto</i>	3 Different Saltos	B = 0.3	B	1	2	4
360o Clear Circle <i>one Group 3,6,7</i>	360o Clear Circle <i>one Group 3,6,7</i>	"B" Circle <i>Group 3,6,7</i>	Full Turn <i>Single or Series</i>	Full Turn <i>Single or Series</i>	Full Turn <i>Single or Series</i>	Dance Passage <i>Gr.1, 180° Split Leap</i>	Dance Passage <i>Gr.1, 180° Split Leap</i>	Dance Passage <i>Gr.1, 180° Split Leap</i>		SR	0.5	0.5	0.5
A - Salto <i>Dismount</i>	A - Salto <i>Dismount</i>	A - Salto <i>Dismount</i>	A - Dismount <i>Aerial/Salto</i>	A - Dismount <i>Aerial/Salto</i>	A - Dismount <i>Aerial/Salto</i>	Full Turn <i>Single or Series</i>	Full Turn <i>Single or Series</i>	A - Element <i>Last Salto</i>	Restricted elements - 0.5 SV				
									Lv 6	Only "A" and "B" elements			
									Lv 6	Any "C" Dance restricted			
									Lv 6	Any "C" Acro restricted			
									Lv 6	NO VP, NO SR, - 0.5 SV			
									Time: _____		S.V. _____		
___ A									S. V. 10.0		Ded. - _____		
___ B									VP - _____		J1 Score _____		
___ C									SR - _____		J2 Score _____		
									RE - _____		Average _____		
									Artistry - _____		Off Ave. - _____		
									Exec. - _____		Score _____		
									Time: _____		S.V. _____		
___ A									S. V. 10.0		Ded. - _____		
___ B									VP - _____		J1 Score _____		
___ C									SR - _____		J2 Score _____		
									RE - _____		Average _____		
									Artistry - _____		Off Ave. - _____		
									Exec. - _____		Score _____		
									Time: _____		S.V. _____		
___ A									S. V. 10.0		Ded. - _____		
___ B									VP - _____		J1 Score _____		
___ C									SR - _____		J2 Score _____		
									RE - _____		Average _____		
									Artistry - _____		Off Ave. - _____		
									Exec. - _____		Score _____		

Level 6 - Bars	Level 7 - Bars	Level 8 - Bars	Level 6 - Beam	Level 7 - Beam	Level 8 - Beam	1:15 Level 6 - Floor	1:30 Level 7 - Floor	1:30 Level 8 - Floor			L6	L7	L8
One Cast <i>Above Horizontal</i>	One Cast <i>45o from vertical</i>	One Bar Change <i>1-LB, 1-HB skill</i>	Acro Series w/o ft. <i>OR One (1) Acro Flt.</i>	Acro Series (w/w/o ft.) <i>+ 1 Acro Flight</i>	Acro Series <i>with 1 Acro Flight</i>	Acro Series (Gr 5,6,7,8) <i>(3) Direct with (2) Flight</i>	Acro Series (3 elem.) <i>with Back Layout-2 ft.</i>	2 Salto Series <i>Direct or Indirect</i>	A = 0.1	A	5	5	4
One Bar Change <i>1-LB, 1-HB skill</i>	360o Clear Circle <i>one "B" Circle</i>	"B" Element <i>Flight or Turn</i>	One Leap / Jump <i>180o Split</i>	One Leap / Jump <i>180o Split</i>	One Leap / Jump <i>180o Split</i>	1 Salto / Aerial <i>Single or 2nd Series</i>	Front Acro Series <i>2 Direct - 1 Aerial / Salto</i>	3 Different <i>Saltos</i>	B = 0.3	B	1	2	4
One Element <i>Group 3,6,7</i>	360o Clear Circle <i>one Group 3,6,7</i>	"B" Circle <i>Group 3,6,7</i>	Full Turn <i>Single or Series</i>	Full Turn <i>Single or Series</i>	Full Turn <i>Single or Series</i>	Dance Passage <i>Gr.1, 180° Split Leap</i>	Dance Passage <i>Gr.1, 180° Split Leap</i>	Dance Passage <i>Gr.1, 180° Split Leap</i>		SR	0.5	0.5	0.5
A - Salto <i>Dismount</i>	A - Salto <i>Dismount</i>	A - Salto/Hecht <i>Dismount</i>	A - Dismount <i>Aerial/Salto</i>	A - Dismount <i>Aerial/Salto</i>	A - Dismount <i>Aerial/Salto</i>	Full Turn <i>Single or Series</i>	Full Turn <i>Single or Series</i>	A - Element <i>Last Salto</i>	Restricted elements - 0.5 SV				
									Lv 7	Only "A" and "B" elements			
									Lv 7	ONE "C" Dance allowed			
									Lv 7	Any "C" Acro restricted			
									Lv 7	NO VP, NO SR, - 0.5 SV			

	Time: _____	S.V. _____
___ A	S. V. 10.0	Ded. - _____
___ B	VP - _____	J1 Score _____
___ C	SR - _____	J2 Score _____
	RE - _____	Average _____
	Artistry - _____	Off Ave. - _____
	Exec. - _____	Score _____

	Time: _____	S.V. _____
___ A	S. V. 10.0	Ded. - _____
___ B	VP - _____	J1 Score _____
___ C	SR - _____	J2 Score _____
	RE - _____	Average _____
	Artistry - _____	Off Ave. - _____
	Exec. - _____	Score _____

	Time: _____	S.V. _____
___ A	S. V. 10.0	Ded. - _____
___ B	VP - _____	J1 Score _____
___ C	SR - _____	J2 Score _____
	RE - _____	Average _____
	Artistry - _____	Off Ave. - _____
	Exec. - _____	Score _____

Level 6 - Bars	Level 7 - Bars	Level 8 - Bars	Level 6 - Beam	Level 7 - Beam	Level 8 - Beam	1:15 - Level 6 - Floor	1:30 - Level 7 - Floor	1:30 - Level 8 - Floor			L6	L7	L8	
One Cast <i>Above Horizontal</i>	One Cast <i>45o from vertical</i>	One Bar Change <i>1-LB, 1-HB skill</i>	Acro Series w/o flt OR <i>One (1) Acro Flt</i>	Acro Series (w/wo flt.) <i>+ 1 Acro Flight</i>	Acro Series <i>with 1 Acro Flight</i>	Acro Series (Gr 5,6,7,8) <i>(3) Direct with (2) Flight</i>	Acro Series (3 elem.) <i>with Back Layout-2 ft.</i>	2 Salto Series <i>Direct or Indirect</i>	A = 0.1	A	5	5	4	
One Bar Change <i>1-LB, 1-HB skill</i>	360o Clear Circle <i>one "B" Circle</i>	"B" Element <i>Flight or Turn</i>	One Leap / Jump <i>180o Split</i>	One Leap / Jump <i>180o Split</i>	One Leap / Jump <i>180o Split</i>	1 Salto / Aerial <i>Single or 2nd Series</i>	Front Acro Series <i>2 Direct - 1 Aerial / Salto</i>	3 Different <i>Saltos</i>	B = 0.3	B	1	2	4	
360o Clear Circle <i>one Group 3,6,7</i>	360o Clear Circle <i>one Group 3,6,7</i>	"B" Circle <i>Group 3,6,7</i>	Full Turn <i>Single or Series</i>	Full Turn <i>Single or Series</i>	Full Turn <i>Single or Series</i>	Dance Passage <i>Gr.1, 180° Split Leap</i>	Dance Passage <i>Gr.1, 180° Split Leap</i>	Dance Passage <i>Gr.1, 180° Split Leap</i>	SR	SR	0.5	0.5	0.5	
A - Salto <i>Dismount</i>	A - Salto <i>Dismount</i>	A - Salto <i>Dismount</i>	A - Dismount <i>Aerial/Salto</i>	A - Dismount <i>Aerial/Salto</i>	A - Dismount <i>Aerial/Salto</i>	Full Turn <i>Single or Series</i>	Full Turn <i>Single or Series</i>	A - Element Last Salto	Restricted elements - 0.5 SV					
									Lv 8	Any "C" Dance allowed				
									Lv 8	One "C" Acro allowed				
									Lv 8	Restricted Elements				
									Lv 8	NO VP, NO SR, - 0.5				
									Time: _____	S.V. _____				
___ A										S. V.	10.0	Ded. - _____		
___ B										VP - _____	J1 Score _____			
___ C										SR - _____	J2 Score _____			
									<u>RE - _____</u>	Average _____				
									Comp. - _____	Off Ave. - _____				
									Exec. - _____	Score _____				
Shapes _____ B-turn _____ Dance Lv _____ Acro Lv _____ Last Salto Lv _____ Fwd/Side _____ 3 Saltos ("A") _____ Use of FX _____ Foot _____ Dyn _____ Rhy _____ Music _____ Artistry _____														
									Time: _____	S.V. _____				
___ A										S. V.	10.0	Ded. - _____		
___ B										VP - _____	J1 Score _____			
___ C										SR - _____	J2 Score _____			
									<u>RE - _____</u>	Average _____				
									Comp. - _____	Off Ave. - _____				
									Exec. - _____	Score _____				
Shapes _____ B-turn _____ Dance Lv _____ Acro Lv _____ Last Salto Lv _____ Fwd/Side _____ 3 Saltos ("A") _____ Use of FX _____ Foot _____ Dyn _____ Rhy _____ Music _____ Artistry _____														
									Time: _____	S.V. _____				
___ A										S. V.	10.0	Ded. - _____		
___ B										VP - _____	J1 Score _____			
___ C										SR - _____	J2 Score _____			
									<u>RE - _____</u>	Average _____				
									Comp. - _____	Off Ave. - _____				
									Exec. - _____	Score _____				
Shapes _____ B-turn _____ Dance Lv _____ Acro Lv _____ Last Salto Lv _____ Fwd/Side _____ 3 Saltos ("A") _____ Use of FX _____ Foot _____ Dyn _____ Rhy _____ Music _____ Artistry _____														

FLOOR		FLOOR		FLOOR		FLOOR		FLOOR		FLOOR		VP	Level 9	Level 10
Composition Deductions		Execution Deductions		Execution Deductions		Connection Values		0.1	0.2	Special Requirements				
<i>Insufficient Use of Space (floor pattern)</i>	→ 0.1	<i>Insufficient Dynamics (thruout)</i>	→0.2	<i>Insuff. Height of Leaps, Jumps, Hops & Acro Fit.</i>	ea →0.2	Acro. Indirect	A/B + A/B + C			2 Salto Series or 2 Direct Saltos	A = 0.1	3	3	
<i>More than 2 Wolf / Tuck Shapes</i>	0.1	<i>Insufficient Variation - Rhythm/Tempo (thruout)</i>	→0.2	<i>Insuff. Height of Acrobatic Saltos</i>	ea →0.3	<i>(Aerials / Saltos)</i>	A/B + A/B + D			3 Different Saltos	B = 0.3	4	3	
<i>More than 2 Straddle Jump Shapes</i>	0.1	<i>Relaxed / Incorrect Footwork Non-VP (thruout)</i>	→0.2	<i>Legs Not Parallel to FX - Split or Straddle Pike</i>	ea →0.2		A/B+D				C = 0.5	1	2	
<i>Lack of ("B") Turn on One Foot</i>	0.2	<i>Relax. / Incorr. Leg / Post., Insuff. Flex. (thruout)</i>	→0.3	<i>Insufficient Split on Elements</i>	ea →0.2		C+C			Dance Pass	SR	0.5	0.5	
		<i>Artistry: Original Choreography (thruout)</i>	→0.1	<i>Trunk Movements to Control Acro Landings</i>	ea →0.2	Acro. Direct	A+C	B+C		2 Different Elements	SV	9.7	9.5	
Dance – Not up to Comp Level	→ 0.2	<i>Artistry: Reflects Personal Style (thruout)</i>	→0.1	<i>Insufficient Ext (Open) prior to Landings</i>	ea →0.3	<i>(Aerials / Saltos)</i>	B+B	C+C		Group 1 only	Bonus	0.3	0.5	
Acro Saltos – Not up to Comp Level	→ 0.2	<i>Artistry: Quality of Expression (thruout)</i>	→0.1	<i>Music & Movement Poor Relationship (thruout)</i>	→0.2		A+A+C	A/B+D		Direct or Indirect	Bonus	OK without fall / spot		
Last Salto – Not up to Comp Level	→ 0.1	<i>Concentration Pause (2 sec. +) into Acro</i>	each 0.1	<i>Music & Movement Non-Synchronization (thruout)</i>	→0.3			A+A+D		One - 180o Split LEAP	Level 9 - Bonus			
		<i>Incorrect Rhythm during Direct Connections</i>	ea →0.1	<i>Music & Movement Not in Harmony</i>	each .05	* Dance / Mixed	B+D			Last Salto	Maximum (1 Restricted) D/E			
Lack Forw / Side & Back Salto / Aerial	0.1	<i>Feet apart on landing of leap/jump/hops</i>	ea →0.1	<i>Music & Movement Not Ended with Music</i>	0.1	<i>* No CV = Turn + Jump</i>	C+C	C+D		B - Salto (L9)	D/E = C			
Lack of Minimum 3 ("A") Saltos (L 8)	0.3	<i>Turn VP not on High Releve</i>	ea →0.1	<i>Coach on the Floor</i>	(CJ) 0.5					C - Salto (L10)	Other Restricted Element			
Lack of ("B") Salto – not Last Salto (L 9)	0.3	<i>Lack of Precision in Dance Elements</i>	ea →0.1	<i>Music with Words or Absence of Music</i>	(CJ) 1.0		(same / different)				No VP			
Lack of ("C") Salto – not Last Salto (L10)	0.3	<i>Incorrect Body Position / Alignment in Dance Elem</i>	ea →0.1	<i>Exercise Less Than 30 Seconds</i>	(CJ) 2.0	Mixed		Salto D+A Jump			0.5 off SV			
												Artistry - _____	Time: _____	S.V. _____
												Exec. - _____	SV Lv: 9.7	Ded. - _____
												Comp. - _____	VP - _____	J1 Score _____
												A - _____	SR - _____	J2 Score _____
												B - _____	RE - _____	Average _____
												C - _____	CV+ _____	Off Ave. - _____
												D + _____	DE+ _____	Score _____
												E + _____		
Shapes	B-Turn	Dance Lv	Acro Lv	Last Salto Lv	Fwd/Side	B-Salto	Foot	BP	Dyn	Rhym	Music			
												Artistry - _____	Time: _____	S.V. _____
												Exec. - _____	SV Lv: 9.7	Ded. - _____
												Comp. - _____	VP - _____	J1 Score _____
												A - _____	SR - _____	J2 Score _____
												B - _____	RE - _____	Average _____
												C - _____	CV+ _____	Off Ave. - _____
												D + _____	DE+ _____	Score _____
												E + _____		
Shapes	B-Turn	Dance Lv	Acro Lv	Last Salto Lv	Fwd/Side	B-Salto	Foot	BP	Dyn	Rhym	Music			
												Artistry - _____	Time: _____	S.V. _____
												Exec. - _____	SV Lv: 9.7	Ded. - _____
												Comp. - _____	VP - _____	J1 Score _____
												A - _____	SR - _____	J2 Score _____
												B - _____	RE - _____	Average _____
												C - _____	CV+ _____	Off Ave. - _____
												D + _____	DE+ _____	Score _____
												E + _____		
Shapes	B-Turn	Dance Lv	Acro Lv	Last Salto Lv	Fwd/Side	B-Salto	Foot	BP	Dyn	Rhym	Music			

FLOOR Composition Deductions		FLOOR Execution Deductions		FLOOR Execution Deductions		FLOOR Connection Values	0.1	0.2	FLOOR Special Requirements	VP	Level 9	Level 10	
<i>Insufficient Use of Space (floor pattern)</i>	→ 0.1	<i>Insufficient Dynamics (thruout)</i>	→0.2	<i>Insuff. Height of Leaps, Jumps, Hops & Acro Fit.</i>	ea →0.2	Acro. Indirect (Aerials / Saltos)	A/B + A/B + C		2 Salto Series or 2 Direct Saltos	A = 0.1	3	3	
<i>More than 2 Wolf / Tuck Shapes</i>	0.1	<i>Insufficient Variation - Rhythm/Tempo (thruout)</i>	→0.2	<i>Insuff. Height of Acrobatic Saltos</i>	ea →0.3		A/B + A/B + D			B = 0.3	4	3	
<i>More than 2 Straddle Jump Shapes</i>	0.1	<i>Relaxed / Incorrect Footwork Non-VP (thruout)</i>	→0.2	<i>Legs Not Parallel to FX - Split or Straddle Pike</i>	ea →0.2		A/B+D			C = 0.5	1	2	
<i>Lack of ("B") Turn on One Foot</i>	0.2	<i>Relax. / Incorr. Leg / Post., Insuff. Flex. (thruout)</i>	→0.3	<i>Insufficient Split on Elements</i>	ea →0.2	C+C	C+D		3 Different Saltos	SR	0.5	0.5	
Dance – Not up to Comp Level	→ 0.2	<i>Artistry: Original Choreography (thruout)</i>	→0.1	<i>Trunk Movements to Control Acro Landings</i>	ea →0.2	Acro. Direct (Aerials / Saltos)	A+C	B+C	Dance Pass 2 Different Elements	SV	9.7	9.5	
	→ 0.2	<i>Artistry: Reflects Personal Style (thruout)</i>	→0.1	<i>Insufficient Ext (Open) prior to Landings</i>	ea →0.3		B+B	C+C		Group 1 only	Bonus	0.3	0.5
	→ 0.1	<i>Artistry: Quality of Expression (thruout)</i>	→0.1	<i>Music & Movement Poor Relationship (thruout)</i>	→0.2		A+A+C	A/B+D		Direct or Indirect	Bonus	OK without fall / spot	
Last Salto – Not up to Comp Level	→ 0.1	<i>Concentration Pause (2 sec. +) into Acro</i>	each 0.1	<i>Music & Movement Non-Synchronization (thruout)</i>	→0.3			A+A+D	One - 180o Split LEAP	Level 9 - Bonus			
Lack Forw / Side & Back Salto / Aerial	0.1	<i>Incorrect Rhythm during Direct Connections</i>	ea →0.1	<i>Music & Movement Not in Harmony</i>	each .05	* Dance / Mixed	B+D		Last Salto B - Salto (L9) C - Salto (L10)	Max (1 Restricted) D/E = C			
Lack of Minimum 3 ("A") Saltos (L 8)	0.3	<i>Feet apart on landing of leap/jump/hops</i>	ea →0.1	<i>Music & Movement Not Ended with Music</i>	0.1		C+C	C+D		Other Restricted Elements		No VP	0.5 off SV
Lack of ("B") Salto – not Last Salto (L 9)	0.3	<i>Turn VP not on High Releve</i>	ea →0.1	<i>Coach on the Floor</i>	(CJ) 0.5	(same / different)			Additional Bonus - Level 10				
Lack of ("C") Salto – not Last Salto (L10)	0.3	<i>Lack of Precision in Dance Elements</i>	ea →0.1	<i>Music with Words or Absence of Music</i>	(CJ) 1.0	Mixed	Salto D+A Jump		0.1 Bonus with 0.6 and E				
		<i>Incorrect Body Position / Alignment in Dance Elem</i>	ea →0.1	<i>Exercise Less Than 30 Seconds</i>	(CJ) 2.0								

										Bonus + _____	Time: _____	S.V. _____	
										Exec. - _____	SV	Ded. - _____	
										Art./Comp. - _____	Lv: 9.5	J1 Score _____	
										A - _____	VP - _____	J2 Score _____	
										B - _____	SR - _____	Average _____	
										C - _____	CV+ _____	Off Ave. - _____	
										D + _____	DE+ _____	Score _____	
										E + _____			
Shapes _____	B-Turn _____	Dance Lv _____	Acro Lv _____	Last Salto Lv _____	Fwd/Side _____	C-Salto _____	Foot _____	BP _____	Dyn _____	Rhym _____	Music _____	Art _____	CPE _____

										Bonus + _____	Time: _____	S.V. _____	
										Exec. - _____	SV	Ded. - _____	
										Art./Comp. - _____	Lv: 9.5	J1 Score _____	
										A - _____	VP - _____	J2 Score _____	
										B - _____	SR - _____	Average _____	
										C - _____	CV+ _____	Off Ave. - _____	
										D + _____	DE+ _____	Score _____	
										E + _____			
Shapes _____	B-Turn _____	Dance Lv _____	Acro Lv _____	Last Salto Lv _____	Fwd/Side _____	C-Salto _____	Foot _____	BP _____	Dyn _____	Rhym _____	Music _____	Art _____	CPE _____

										Bonus + _____	Time: _____	S.V. _____	
										Exec. - _____	SV	Ded. - _____	
										Art./Comp. - _____	Lv: 9.5	J1 Score _____	
										A - _____	VP - _____	J2 Score _____	
										B - _____	SR - _____	Average _____	
										C - _____	CV+ _____	Off Ave. - _____	
										D + _____	DE+ _____	Score _____	
										E + _____			
Shapes _____	B-Turn _____	Dance Lv _____	Acro Lv _____	Last Salto Lv _____	Fwd/Side _____	C-Salto _____	Foot _____	BP _____	Dyn _____	Rhym _____	Music _____	Art _____	CPE _____