## Vault # 1

### Gymnast # 1

**FIRST FLIGHT PHASE**
- **Symbol**: 0.1 Foot Form (flexed, sickled)
- **Symbol**: 0.1 Legs - Crossed
- **Symbol**: 0.2 Legs - Separated
- **Symbol**: 0.3 Knees - Bent
- **Symbol**: 0.2 Hips - Angle Floor
- **Symbol**: 0.2 Body - Arch
- **Symbol**: 0.3 Turn - Incomplete

**REPUSSION PHASE**
- **Symbol**: 0.1 Hands - Staggered / Alternate
- **Symbol**: 0.2 Hands - Alternate Repulsion
- **Symbol**: 0.3 Hands - Steps / Hops
- **Symbol**: 0.3 Legs Bent or Early Tuck (Salto Vaults)
- **Symbol**: 0.5 Arms - Bent
- **Symbol**: 1.0 Vertical Angle (Non-Salto)

**LANDING / GENERAL**
- **Symbol**: 0.1 Arms - Extra Swings
- **Symbol**: 0.2 Body - Incorrect Body Posture
- **Symbol**: 0.2 Trunk - Additional Movements
- **Symbol**: 0.3 Turn - Incomplete
- **Symbol**: 0.5 Support - Too Long (Non-Salto)

**DEDUCTIONS**
- **JUDGE #1**: Chalk on Runway, Tape on Table = 0.2
- **JUDGE #2**: Unauthorized Matting = 0.3

**START VALUE**

---

### Gymnast # 2

**FIRST FLIGHT PHASE**
- **Symbol**: 0.1 Foot Form (flexed, sickled)
- **Symbol**: 0.1 Legs - Crossed
- **Symbol**: 0.2 Legs - Separated
- **Symbol**: 0.3 Knees - Bent
- **Symbol**: 0.2 Hips - Angle Floor
- **Symbol**: 0.2 Body - Arch
- **Symbol**: 0.3 Turn - Incomplete

**REPUSSION PHASE**
- **Symbol**: 0.1 Hands - Staggered / Alternate
- **Symbol**: 0.2 Hands - Alternate Repulsion
- **Symbol**: 0.3 Hands - Steps / Hops
- **Symbol**: 0.3 Legs Bent or Early Tuck (Salto Vaults)
- **Symbol**: 0.5 Arms - Bent
- **Symbol**: 1.0 Vertical Angle (Non-Salto)

**LANDING / GENERAL**
- **Symbol**: 0.1 Arms - Extra Swings
- **Symbol**: 0.2 Body - Incorrect Body Posture
- **Symbol**: 0.2 Trunk - Additional Movements
- **Symbol**: 0.3 Turn - Incomplete
- **Symbol**: 0.5 Support - Too Long (Non-Salto)

**DEDUCTIONS**
- **JUDGE #1**: Chalk on Runway, Tape on Table = 0.2
- **JUDGE #2**: Unauthorized Matting = 0.3

**START VALUE**

---

### Vault # 3

**FIRST FLIGHT PHASE**
- **Symbol**: 0.1 Foot Form (flexed, sickled)
- **Symbol**: 0.1 Legs - Crossed
- **Symbol**: 0.2 Legs - Separated
- **Symbol**: 0.3 Knees - Bent
- **Symbol**: 0.2 Hips - Angle Floor
- **Symbol**: 0.2 Body - Arch
- **Symbol**: 0.3 Turn - Incomplete

**REPUSSION PHASE**
- **Symbol**: 0.1 Hands - Staggered / Alternate
- **Symbol**: 0.2 Hands - Alternate Repulsion
- **Symbol**: 0.3 Hands - Steps / Hops
- **Symbol**: 0.3 Legs Bent or Early Tuck (Salto Vaults)
- **Symbol**: 0.5 Arms - Bent
- **Symbol**: 1.0 Vertical Angle (Non-Salto)

**LANDING / GENERAL**
- **Symbol**: 0.1 Arms - Extra Swings
- **Symbol**: 0.2 Body - Incorrect Body Posture
- **Symbol**: 0.2 Trunk - Additional Movements
- **Symbol**: 0.3 Turn - Incomplete
- **Symbol**: 0.5 Support - Too Long (Non-Salto)

**DEDUCTIONS**
- **JUDGE #1**: Chalk on Runway, Tape on Table = 0.2
- **JUDGE #2**: Unauthorized Matting = 0.3

**START VALUE**
### NCAA - SCORESHEET - BARS

**BARS**

<table>
<thead>
<tr>
<th>Connection Values</th>
<th>0.1</th>
<th>0.2</th>
<th>BARS - SR</th>
<th>0.2 each</th>
<th>BARS Composition</th>
<th>VP</th>
<th>NCAA</th>
</tr>
</thead>
<tbody>
<tr>
<td>Group 367 + Group 367</td>
<td>C + C</td>
<td></td>
<td>2 - Bar Changes</td>
<td>0.05</td>
<td>Insufficient Distribution of Elements</td>
<td>difficulty not maintained or place in same section</td>
<td></td>
</tr>
<tr>
<td>Both with flight/turn</td>
<td>C + C</td>
<td></td>
<td>1 - C Turn</td>
<td>0.1</td>
<td>Lack of Variety</td>
<td>in Choice of Elements and Connections</td>
<td>A</td>
</tr>
<tr>
<td>w/without flight/turn</td>
<td>C + D</td>
<td></td>
<td></td>
<td>0.1</td>
<td>Squat or Stoop on LB to grasp HB</td>
<td>more than one = 0.7 each</td>
<td>B</td>
</tr>
<tr>
<td>w/without flight/turn</td>
<td>D + D</td>
<td>1st = C Flight or B Flight</td>
<td></td>
<td>0.1</td>
<td>Uncharacteristic Elements:</td>
<td>Squat on LB 1/2 1/2 1 1 1 1 on feet, HB swing LB feet w/o circle</td>
<td>C</td>
</tr>
<tr>
<td></td>
<td></td>
<td>2nd = C Flight or D Flight</td>
<td></td>
<td></td>
<td>Forward 3/4 Giant Circle</td>
<td>less than 20o, breaks connection</td>
<td></td>
</tr>
<tr>
<td>Additional Bonus</td>
<td>D / E</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>SV</td>
</tr>
<tr>
<td>Same Bar &quot;D&quot; or Any &quot;E&quot; Release</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>AV</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>SR</td>
</tr>
</tbody>
</table>

#### Exec. - _____  Comp. - _____  
- **A** - SV  
  - B - Level: 9.4  
  - V - S.V. +  
  - C - Ded. -  
  - D - J1 Score  
  - E - J2 Score  
  - Sub:  
  - CV+  
  - DE+  
  - Average  
  - Off Ave. -  
  - Score  

- **B** - Level: 9.4  
  - V - S.V. +  
  - C - Ded. -  
  - D - J1 Score  
  - E - J2 Score  
  - Sub:  
  - CV+  
  - DE+  
  - Average  
  - Off Ave. -  
  - Score  

- **C** - Level: 9.4  
  - V - S.V. +  
  - C - Ded. -  
  - D - J1 Score  
  - E - J2 Score  
  - Sub:  
  - CV+  
  - DE+  
  - Average  
  - Off Ave. -  
  - Score  

- **D** - Level: 9.4  
  - V - S.V. +  
  - C - Ded. -  
  - D - J1 Score  
  - E - J2 Score  
  - Sub:  
  - CV+  
  - DE+  
  - Average  
  - Off Ave. -  
  - Score  

- **E** - Level: 9.4  
  - V - S.V. +  
  - C - Ded. -  
  - D - J1 Score  
  - E - J2 Score  
  - Sub:  
  - CV+  
  - DE+  
  - Average  
  - Off Ave. -  
  - Score  

**Updated December 2020**

NCAA - BARS

Priscilla K. Hickey, Editor
**BEAM Connection Values**

<table>
<thead>
<tr>
<th>Acro Flight - 2 elements (including mounts)</th>
<th>0.1</th>
<th>0.2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bacro &gt; C**</td>
<td>B+D</td>
<td>C+C</td>
</tr>
<tr>
<td>0.2 each</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Acro Flight - 3 elements (Bonus 3 Acro Series) +0.1 CV Dismount Must be &quot;C&quot; for CV</th>
<th>0.2</th>
</tr>
</thead>
<tbody>
<tr>
<td>B+B+C</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Dance or Mixed (including mounts)</th>
<th>0.1</th>
</tr>
</thead>
<tbody>
<tr>
<td>A+D</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Turns</th>
<th>0.1</th>
</tr>
</thead>
<tbody>
<tr>
<td>A+C</td>
<td></td>
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</tbody>
</table>

**Beam - SR Composition**

<table>
<thead>
<tr>
<th>Beam - SR 0.2 each</th>
<th>0.05</th>
</tr>
</thead>
<tbody>
<tr>
<td>t Acro Flight Series</td>
<td></td>
</tr>
<tr>
<td>* C** Flight</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Beam - SR</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>t Leap / Jump</td>
<td>0.1</td>
</tr>
<tr>
<td>* 180° split</td>
<td></td>
</tr>
</tbody>
</table>

**Insufficient Distribution of Elements**

- Difficulty not maintained or placed in same section

**Insufficient Use of Entire Beam**

- Spatially
- Directionally

**Insufficient Use of Entire Beam**

- Level Changes
- Minimum "A" Backward Acro element
- Minimum "A" Forward/Sideward Acro element

**Choice of Acro Elements**

- Series without CV must have Additional "D" Acro or "E" Dance skill
- Additional "D/E" Acro into Dismount = Not UTL Additional "D" SR 0.2

**Updated December 2020**

Priscilla K. Hickey, Editor
### NCAA - FLOOR Scoresheet: Floor Exercise

#### FLOOR Composition Deductions

<table>
<thead>
<tr>
<th>Connection Values</th>
<th>FLOOR - SR Values</th>
<th>FLOOR Composition Deductions</th>
</tr>
</thead>
<tbody>
<tr>
<td>0.1 A+B+C/D</td>
<td>0.2 A/B+D</td>
<td>0.05 Insufficient Use of Floor Area</td>
</tr>
<tr>
<td></td>
<td>C+D</td>
<td>Spatial use</td>
</tr>
<tr>
<td>2 Salltos Direct</td>
<td>C+D</td>
<td>Difficulty not maintained or placed in same section</td>
</tr>
<tr>
<td>or 2 Salltos Series</td>
<td></td>
<td></td>
</tr>
<tr>
<td>0.2 A/B+D</td>
<td>C+D</td>
<td>0.05 Insufficient Distribution of Elements</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3 Different Salltos</td>
<td>C+C+0.3</td>
<td>0.1 Lack of Variety in Acro</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Minimum (&quot;A&quot;) Backward Sallto</td>
</tr>
<tr>
<td>2 Different - Group 1</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>0.1 Lack of Variety in Dance</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Dance Bonus CV or D/E element</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Choice of Elements:</td>
<td></td>
<td>SV 9.4</td>
</tr>
<tr>
<td>#1 One &quot;C&quot; element (Dance/Acro) + or 2 Different (&quot;D&quot;) elements (1) Acro</td>
<td></td>
<td></td>
</tr>
<tr>
<td>#2 One (&quot;E&quot;) element (Dance/Acro) + or 2 Different (&quot;D&quot;) elements (1) Acro</td>
<td></td>
<td></td>
</tr>
<tr>
<td>#3 Dismount (&quot;C&quot;) Sallto with +0.1 CV or (&quot;D/E&quot;) Sallto</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mixed Salto D+A Jump</td>
<td>One 3-Acro Series with (&quot;C-D/E&quot;) Sallto</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>SV 9.4</td>
</tr>
<tr>
<td></td>
<td></td>
<td>AV 0.6</td>
</tr>
<tr>
<td></td>
<td></td>
<td>SR 0.2</td>
</tr>
</tbody>
</table>

#### Artistry - _____ Exec. - _____ Comp. - _____

| Time: ________ | S.V.    | + _____ |
| B - SV Level: 9.4 | J1 Score | _______ |
| C - VP: | J2 Score | _______ |
| D - SR: | Average | _______ |
| E - Sub: | Off Ave.- | _______ |
| CV+ | DE+ BONUS | Score | _______ |

#### Time: ________ | S.V.    | + _____ |

| B - SV Level: 9.4 | J1 Score | _______ |
| C - VP: | J2 Score | _______ |
| D - SR: | Average | _______ |
| E - Sub: | Off Ave.- | _______ |
| CV+ | DE+ BONUS | Score | _______ |

#### Time: ________ | S.V.    | + _____ |

| B - SV Level: 9.4 | J1 Score | _______ |
| C - VP: | J2 Score | _______ |
| D - SR: | Average | _______ |
| E - Sub: | Off Ave.- | _______ |
| CV+ | DE+ BONUS | Score | _______ |

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**Updated March 2021**

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NCAA - SCORESHEET - FLOOR

Priscilla K. Hickey, Editor