



GYMNASTICS: Q&A

General Information

Q: Who is the NCAA Rules Interpreter?

A: Chrystal Chollet-Norton; rulesncaagym@embarqmail.com

Q: May I submit my rules questions by voice mail or text message?

A: No. Please submit rules questions by electronic mail only. Please provide your name, institution and if a judge your name and region to the email.

Q: Where can I locate the 2020 & 2021 NCAA Rules Modification Document and Meet Procedures?

A: <http://www.ncaa.org/championships/national-collegiate-womens-gymnastics>

Q: Where can I purchase the USAG Code of Points 2018-2022 First Edition?

A: usagym.org Click on Member Services, then click on left column; Technical materials.

General

Q: Does a Student-Athlete have to present to a judge at the end of her routine?

A: No. Presentation is required before and after a routine. However presenting to a judge at the end of the routine is not required. Refer to the USAG Code of Points 2018-2022; Section 1 – General Information – Judging Panels – Chapter 1; C. Chief Judge; 12; Failure to present before and after exercise; Presentation to a judge is not required at the end of the exercise.

Q: Does a Student-Athlete have to remove the spring board after mounting the apparatus?

A: Yes. Refer to the USAG Code of Points 2018-2022; General; Section 1 – General Information – Judging Panels – Chapter 1. C. Chief Judge; 12. Takes the deduction from the Average Score for the following infractions. Failure to remove the board after the mount: 0.30 flat.

Uneven Bars

Q: Student-Athlete finishes a routine with Clear Hip to Handstand (#3.304 “C”) connected to a Toe Shoot to Handstand (#7.309 “C”) connected to a Double Salto dismount (#8.304 “C”) would she receive an UTL deduction?

A: Yes. Refer to the 2021 NCAA Women’s Gymnastic Rules Modifications; Uneven Bars; 3.2.f. Exercise must have minimum of a “D” dismount or “C” dismount IN bonus combination.

Balance Beam

Q: Are the back layout salto and the front aerial the two exceptions on Balance Beam for Connection Value?

A: Yes. Refer to the 2021 NCAA Women's Gymnastics Rules Modifications; Balance Beam; 4.4.d

Q: Does the USAG Code of Points criteria for Sideward Acro to Backward Acro apply as written to NCAA?

A: Yes. Refer to the USAG Code of Points 2018-2022; Section 4 - Balance Beam – Compositional Categories – Chapter 2; III. Clarifications Regarding Series A. 1.a, b, and c.

Floor Exercise

Q: Does a two tumbling routine still need to have two “D” one acro or any E element?

A: Yes. Refer to the 2021 NCAA Women's Gymnastics Rules Modifications; Floor Exercise; 5.2; d. refers to the “UTL” for ALL routines. 5.2. e is an additional compositional requirement for 2 pass routine.