

NAWGJ – GUIDE TO CHANGES (GTC) for XCEL JUDGING

USAG - RULES & POLICIES		
WTC May 9, 2020		
R&P Chapter 1, Page 19, II.B.10.a. bullet	Inappropriate Attire	Unless the open area is filled in with mesh or flesh-colored fabric, a leotard is considered backless when the open area visually extends: <ul style="list-style-type: none"> • lower than 2 inches (approximately) below the bottom of the scapula (shoulder blade) • wider than the vertical midpoint of the scapula.
R&P Chapter 1, Page 19, II.B.10.a. bullet	Inappropriate Attire	Recommendation to delay effective date to enforce the backless leotard rule for 1 year. New effective date - August 1, 2021
R&P Chapter 3, Page 29, III.B:	Sanction Violations on the part of the Meet Director	#8. Violating or changing any procedures listed in the Judges' Compensation package.
Joint XCEL/WTC May 11, 2020, 12:00 PM		
R&P Chapter 7 Page 72.III.G.5.a.	Video Review	At all sanctioned Xcel competitions for all Divisions, a coach can request video review by the Meet Referee and the highest rated unaffiliated judge (if video is available) in the event that the inquiry involves possibility that the judges missed an element that would affect the Start Value. The video review process may NOT be used to appeal a judgement of degree assessment, i.e., degree of casts, handstands, incomplete turns, direct connection of elements, or leg separation in leaps as well as other like skills.

NAWGJ – GUIDE TO CHANGES (GTC) for XCEL JUDGING

USAG – RULES & POLICIES (continued)		
JOINT DP/WTC May 17, 2021, 8AM		
R&P Chapter 9 Page 103	Random Draw	The use of random draw within squad to fall under the jurisdiction of the State (SAC) or Regional (RAC) Administrative Committee <ul style="list-style-type: none"> • Teammates may start together consecutively but may not end up consecutive on following events due to the drop applied for each event
R&P Chapter 8 Page 91, I.d.	Inflatable Rebounding Device	An inflatable rebounding device <u>cannot</u> be used for mounting purposes.
R&P Chapter 1, Page 22, IV.E.1.	Floor Music	Must provide Floor Exercise music in digital format (MP3, computer, tablet, smart phone, etc.). Playing music via Bluetooth is <u>not</u> allowed.
R&P Chapter 4, Page 32, I.I.	Floor Music	Meet Directors must provide options to play only digital copies of music (MP3 players, computers, tablets, smart phones, etc.). Meet Directors are no longer required to provide compact disc players. The electronic devices provided by the coach must have a display screen and must be on airplane mode. Playing music via Bluetooth is <u>not</u> allowed.
R&P Chapter 9, Page 111, M.4.	Floor Music	Floor music must be downloaded onto a mobile device for competitions to avoid interruptions/failure to play/errors. Accessing music via cellular, internet, or Bluetooth at competitions is <u>not</u> allowed.
R&P Chapter 9 Page 107	Vault Number Flash for State Meet and Above.	Discussion: Difficulty in securing vault number flashing units required at State meet and above. Committee determined that Vault numbers can be displayed using any number of ways, examples: score flashing unit, white board, or chalk board.
WTC, May 17, 2021, 5:30 PM		
R&P Chapter 5 Page 42	Judges Mileage Map	Eliminate the requirement of submitting a hard copy MapQuest of the judge's mileage. The Meet Referee should verify the individual judge's MapQuest electronically. If requested by the MD, the judge must send MapQuest documentation directly to the Meet Director in order to receive payment. <u>Note:</u> If recommendation is approved, Technical Committee will add mileage verification to the Meet Referee checklist.
R&P Chapter 5 Page 45 C.1.d C.2.	Chief Judges and Meet Referee payment	Dual compensation (total of \$20/day) is given if the Meet Referee also serves as a Chief Judge at State meets with four-judge panels. Chief Judge OR Meet Referee fees are NOT paid at state meets with two-judge panels, or at any sanctioned local/sectional meets. Add a 2nd bullet: <ul style="list-style-type: none"> • Meet Referees who also serve as a judge at meets with one-judge panels, such as intersquad meets, or meets with less than four events running concurrently are not eligible for the Meet Referee or Chief Judge fee.

NAWGJ – GUIDE TO CHANGES (GTC) for XCEL JUDGING

USAG – RULES & POLICIES (continued)		
WTC, May 17, 2021, 5:30 PM (continued)		
R&P Chapter 5 Page 44, II	Judging Compensation Add Example #3	A. Hourly Meet Fees, 5. a. Three session meet examples: EXAMPLE 3: Report time is 8:00 AM and competition ends at 8:00 PM. If one break time between sessions is 30 minutes and the second break time is only 15 minutes. (45 minutes of total break time), the judges would be paid for the entire 12 hours since the minimum break time was not provided.
R&P Chapter 5 Page 44, II.A.6.	Break Time add a bullet:	Following a meal break time, judges should return to the field of play at the scheduled March-in time; however, in the case of meets at which the athletes have a timed warm-up period immediately following the march-in, the Meet Referee may make arrangements with the Meet Director to continue the break time to ensure the minimum of 30 minutes break , provided that they can return to field of play within five minutes of the start of competition.
R&P Chapter __ Page __	Special Circumstances Form	The form is intended to verify that a physical disability creates a situation in which a deduction would normally be applied but would direct the judges to ignore the deduction, such as not taking the 1.00 deduction for touching the vault table with only one hand for an athlete who has a missing or congenitally deformed upper extremity.
R&P Chapter 1 Page 18/19.	Athlete Rights and Obligations.	Effective August 1, 2021, shorts are allowable apparel for the Development and Xcel Program competitions. Shorts must be solid black Lycra (small manufacturer’s branding allowed) with no embellishments. They must be worn over a leotard and the length must be above the knee or shorter.
R&P Chapter 1 Page 19 10 c.	Athlete Rights and Obligations	No jewelry, with the exception of stud earrings in the ear . All other piercings should be REMOVED, not just covered with tape or Band-aids (Bandages). Delete the reference to “ one pair of stud earrings, one in each ear ”
XCEL COMMITTEE May 18, 2021, 1:00 PM		
R&P Chapter 8 Page 80 III.B.	Mobility from Xcel to DP	Add exception to B. <ul style="list-style-type: none"> Any gymnast who has had previous competitive experience in any system (including USA Gymnastics) and who is a minimum of 12 years of age is eligible to petition for entry into Level 7 and below by submitting a formal written request to the State Administrative Committee.
R&P Chapter 6 Page 57 & 60	Matting at Regionals	Add a Note for Regional Competitions: Vault and Floor – a 7’6” wide sting mat must be available , in addition to the current equipment requirements for Bars and Beam , as listed in the Women’s R&P.

NAWGJ – GUIDE TO CHANGES (GTC) for XCEL JUDGING

DP Xcel Code of Points – GENERAL		
XCEL Committee May 5, 2020, 12:05 PM		
XCOP Judges Page 8.III.D.1.	Inquiries	Delete: 1. Inquiries under state meet are <u>not</u> allowed
XCOP Apparatus Page 2.II.C.2.d. Page 3.III.E.2.d.	Mounting	Change wording to read: d. For all Divisions, a Mount trainer/mount mat MAY be placed on an 8-inch skill cushion. A Springboard may NOT be placed on an 8-inch skill cushion.
XCOP Apparatus Page 2.II.C.3.b. Page 3.III.E.3.b.	Mounting	Change wording to read: b. A Mount trainer/mount mat , folded panel mat or padded spotting/skill block MAY be placed on top of the Competition Landing Mats (CLMs) and skill cushions used for the purpose of mounting. <ul style="list-style-type: none"> • A Springboard MAY be used on any combination of Competition Landing mats, sting mats or 4-inch skill cushions (throw mat), but a springboard is NOT allowed directly on an 8-inch skill cushion.
WTC May 9, 2020		
XCOP Judges Page 13	Inappropriate Attire	Unless the open area is filled in with mesh or flesh-colored fabric, a leotard is considered backless when the open area visually extends: <ul style="list-style-type: none"> • lower than 2 inches (approximately) below the bottom of the scapula (shoulder blade) wider than the vertical midpoint of the scapula.
XCOP Judges Page 13	Inappropriate Attire	Recommendation to delay effective date to enforce the backless leotard rule for 1 year. New effective date - August 1, 2021
Joint XC/WTC May 11, 2020, 12:00		
XCOP Judges Page 9.III.G.1	Video Review	At all sanctioned Xcel competitions for all Divisions , a coach can request video review by the Meet Referee and the highest rated unaffiliated judge (if video is available) in the event that the inquiry involves possibility that the judges missed an element that would affect the Start Value. The video review process may NOT be used to appeal a judgement of degree assessment, i.e., degree of casts, handstands, incomplete turns, direct connection of elements, or leg separation in leaps as well as other like skills.
XCOP Judges Page 13	Technical Verbal Cues .20	Deduction chart – Technical verbal cues , add bullet: <ul style="list-style-type: none"> • Words must be heard by Judge(s).
XCOP Apparatus Page 1.I.E.	BRONZE and SILVER Divisions Only	NO DEDUCTION for Tape or Chalk Mark on Mat Stack for Bronze and Silver Divisions Only

NAWGJ – GUIDE TO CHANGES (GTC) for XCEL JUDGING

DP Xcel Code of Points – GENERAL (continued)		
XCEL Committee May 18, 2021, 1:00 PM		
XCOP Vault Page 12 K.	Vault Fall Time	Recommendation to amend the Vault fall time: Following a fall on the first vault, once the gymnast is standing up on her feet, she has 45 seconds before the judge will salute for the second vault. After 25 seconds have passed, the Chief Judge will announce “20 seconds remaining”. After 35 seconds have passed, “10 seconds remaining” will be announced. “Time” is announced at 45 seconds.
XCOP Bars Page 12 IV.B.1	Bars Fall Time	Recommendation that at all sanctioned events, Bars and Beam fall time does not start until the athlete is standing up on her feet
XCEL Committee May 18, 2021, 1:00 PM (continued)		
XCOP Beam Page 14 C.1	Beam Fall Time	Recommendation that at all sanctioned events, Bars and Beam fall time does not start until the athlete is standing up on her feet
XCOP Judges Page 14 1.a. & b.	Bars and Beam Fall Time	Recommendation that at all sanctioned events, Bars and Beam fall time does not start until the athlete is standing up on her feet
WTC May 17, 2021, 5:30 PM		
XCOP Judges Page 12	Meet Referee Duties:	“Acts as the final authority in all technical matters involving judges, timers, line judges, flashers and Individual Event (and AA) tabulators. Delete “as well as equipment.”
XCOP Judges Page 12	Chief Judge	“Advises the Meet Director of any equipment safety concerns or non-approved equipment and also checks that all materials necessary are available and functioning properly, including: a. Light or time signals b. Stopwatches Delete “apparatus and mats correspond to the USA Gymnastics regulations”
XCOP Judges Page 10 #9	Required Judges Uniform	Add: The NAWGJ navy dress and navy sweater to the official uniform options. Suit jackets are required for State and above competitions. Also add that leggings are <u>not</u> acceptable.
XCOP Judges Page 13	Chief Judge Incorrect Attire	Effective August 1, 2021, shorts are allowable apparel for the Development and Xcel Program competitions. Shorts must be solid black Lycra (small manufacturer’s branding allowed) with no embellishments. They must be worn over a leotard and the length must be above the knee or shorter.
XCOP Judges Page 13 Incorrect Attire e.	Chief Judge Incorrect Attire	Only stud earrings are allowed. All other piercings should be REMOVED, not just covered with tape or Band-aids (Bandages). Delete the reference to “ one pair of stud earrings, one in each ear ”

NAWGJ – GUIDE TO CHANGES (GTC) for XCEL JUDGING

Xcel COP – VAULT – GENERAL			
Joint XC/WTC May 11, 2020, 12:00			
XCOP Page 11.II.D. XCOP Apparatus 1.I.E.	Bronze Vault #2 OR Silver Vaults	Coach Leans on Mat Stack	Add 2nd bullet: • For Bronze Vault 2 or Silver Vaults, there is NO deduction if the coach, in an attempt to assist/spot the gymnast, leans against/bears weight on the Mat Stack.
Joint XC/WTC May 18, 2021, 8:00 pm			
XCOP pages 8-9	Gold, Platinum & Diamond Deductions	Support/Repulsion Phase	Add the following deduction to the Gold, Platinum and Diamond Vault Deductions Chart: Support/Repulsion Phase - Legs Bent (in support) or Early Tuck (Salto Vaults) Up to .30
XCOP PAGE 1-Timing	Warm-up Vaults	Minimum number of warm-up vaults	The number of guaranteed vaults for a Division listed at the bottom of the Vault Rules Chart is the MINIMUM number of vaults a gymnast must receive in TIMED Warm-ups. If the time expires without some gymnasts receiving the minimum number of guaranteed vaults, those gymnasts are permitted to “finish” their warm-up.

Xcel COP – VAULT – BRONZE			
Joint XC/WTC May 11, 2020, 12:00			
XCOP Page 2-3	BRONZE & SILVER Divisions Only	Tape or Chalk Mark on Mat Stack	Add to General Deductions: No Deduction – Tape or Chalk Mark placed on Mat Stack
Joint Xcel/WTC May 18, 2021 8:00 pm			
XCOP Page2	Bronze Vault	Run, Landing Zone, Line	<u>Add Note:</u> Xcel will <u>NOT</u> have any run/board contact deductions for Bronze Vault and Will continue to <u>NOT</u> have a deduction for hands outside of the “landing zone”. Bronze vault mats are <u>NOT</u> required to have a line.

Xcel COP – VAULT – SILVER			
Joint XC/WTC May 11, 2020, 12:00			
XCOP Page 5	BRONZE & SILVER Divisions Only	Tape or Chalk Mark on Mat Stack	Add to General Deductions: No Deduction – Tape or Chalk Mark placed on Mat Stack

NAWGJ – GUIDE TO CHANGES (GTC) for XCEL JUDGING

Xcel COP – VAULT – SILVER (continued)			
Joint XC/WTC May 18, 2021, 8:00 pm			
XCOP PAGES 4-5	Silver Division	Level 3 deductions “adopted” for Silver Vault	<ol style="list-style-type: none"> 1. Xcel adopts the following Level 3 Vault deductions for the 2021-2022 Season: <ol style="list-style-type: none"> a. Pike deduction (each phase) up to 0.50 b. Arch deduction (each phase) up to 0.30 c. Landing in a sitting, lying, or standing position on top of the mat stack after passing through the vertical plane (Fall on the apparatus) 2.00 + 0.50 Fall=2.50 d. Failure to land on any part of the bottom of the feet first. 2.00 (includes the fall) 2. Xcel DOES NOT adopt the following Level 3 Vault deduction: <ul style="list-style-type: none"> • Too long in support up to 0.50 Xcel deduction will remain up to 0.30

Xcel COP – VAULT – Gold			
Joint XC/WTC May 11, 2020, 12:00			
XCOP Page 8	GOLD,	Under-Rotation	Second Flight Phase Deduction Chart: “Under-rotation of Salto vaults” <u>0.10</u>

Xcel COP – VAULT – PLATINUM			
Joint XC/WTC May 11, 2020, 12:00			
XCOP Page 8	PLATINUM	Under-Rotation	Second Flight Phase Deduction Chart: “Under-rotation of Salto vaults” <u>0.10</u>

Xcel COP – VAULT – DIAMOND			
Joint XC/WTC May 11, 2020, 12:00			
XCOP Page 8	DIAMOND	Under-Rotation	Second Flight Phase Deduction Chart: “Under-rotation of Salto vaults” <u>0.10</u>

NAWGJ – GUIDE TO CHANGES (GTC) for XCEL JUDGING

Xcel COP – UNEVEN BARS – GENERAL			
XCEL Committee May 5, 2020, 12:05 PM			
XCOP Page 4.I.A.	Skill Chart	Value Parts Root Skill Add new #1 and renumber accordingly	1. If an element is performed that cannot be found in the Xcel Bar Skill Chart or in the Xcel Code of Points, the Judge may award comparable Value-Part credit if they can recognize the “root” element.
Joint Xcel/WTC May 18, 2021, 8:00 pm			
XCOP Page 1	All Divisions	Special Requirements	<u>Add:</u> One element may fulfill more than one Special Requirement if <u>not</u> specifically prohibited in the Special Requirement description
XCOP PAGE 1	All Divisions	Cast + Skill	Changing wording on Bars Rules Chart, <u>Clarifications</u> a. Change to: “When a skill is preceded by a cast, both the cast and the skill MAY receive separate VP credit if the cast achieves the Division angle requirement.” b. All the “Exceptions:” listed remain applicable.

Xcel COP – UNEVEN BARS – Bronze			

Xcel COP – UNEVEN BARS – SILVER			

Xcel COP – UNEVEN BARS – GOLD			

Xcel COP – UNEVEN BARS – PLATINUM			

Xcel COP – UNEVEN BARS – DIAMOND			

NAWGJ – GUIDE TO CHANGES (GTC) for XCEL JUDGING

XCEL COP – BALANCE BEAM – GENERAL			
Joint XC/WTC May 11, 2020, 12:00			
XCOP Page 5 III.A.1.	Tempo & Rhythm	Acro Series	<u>Change to read:</u> Backward Acro Series and Sideward to Backward Acro Series with one (1) or more Flight Elements is considered broken whenever there is a delay in the IMMEDIATE take-off of the second element. Deduct .50 for missing the SR , if applicable
XCOP Page 18	Tempo & Rhythm	Specific Execution Deduction Chart	Specific Execution Deductions chart: Lack of Tempo/Poor Rhythm between Elements, change to: EXCEPTION Backward Acro Series OR Sideward to Backward Acro Series with one (1) or more Flight Elements is Connected or not Connected ; Tempo Deduction does not apply
Joint XC/WTC May 18, 2021, 8:00 pm			
XCOP Page 8.B.2.f.	Value Parts	Same Number – Different Skills	f. The Acrobatic elements (with OR without flight) take off or land on one or both legs. <u>Additional EXAMPLES:</u> <ul style="list-style-type: none"> • Cross Handstand step-down to lunge and Side handstand straddle down are two different elements. • Cross Handstand step-down to lunge and Cross Handstand pike down to 2 feet are two different elements. • Cross Handstand step-down to lunge and Side Handstand step-down are the same element
Xcel COP – BALANCE BEAM – Bronze			
Xcel COP – BALANCE BEAM – SILVER			
Xcel COP – BALANCE BEAM – GOLD			
Xcel COP – BALANCE BEAM – PLATINUM			
Xcel COP – BALANCE BEAM – DIAMOND			

NAWGJ – GUIDE TO CHANGES (GTC) for XCEL JUDGING

XCEL COP – FLOOR EXERCISE – General			
Joint XC/WTC May 11, 2020, 12:00			
XCOP Page 19	Execution & Artistry Faults	Concentration Pauses	Remove “prior to elements or connections” Add “or more” after 2 seconds on the Concentration Pauses deduction. CONCENTRATION PAUSES each 0.10 (2 seconds or more prior to elements or connections)
XCEL Committee May 18, 2021, 1:00 PM			
XCOP Page 1 + More	ACRO PASS	New Definition	“An approach (usually, but not required, to be initiated by a step, hurdle or run) resulting in the performance of One or more Acro elements (with or without hand support). An Acro Pass with two or more Non-Salto elements must be directly connected. An Acro Pass with two or more Saltos may be directly or indirectly connected with hand- support elements.”
XCOP Page 10 B.2.d.	ACRO PASS + DANCE	Different Acro Pass	The addition/deletion of a Dance value part element following and directly connected to the Last Element in an Acro Pass will make the Acro Pass different .

Xcel COP – FLOOR EXERCISE – Bronze			

Xcel COP – FLOOR EXERCISE – SILVER			

Xcel COP – FLOOR EXERCISE – GOLD			

Xcel COP – FLOOR EXERCISE – PLATINUM			

Xcel COP – FLOOR EXERCISE – DIAMOND			