

## ***NCAA Women's Gymnastics Rules News #14***

***November 1, 2021***



# **GYMNASTICS: Q&A**

---

## **General Information**

**Q: Who is the NCAA Rules Interpreter?**

A: Chrystal Chollet-Norton; [rulesncaagym@embarqmail.com](mailto:rulesncaagym@embarqmail.com)

**Q: May I submit my rules questions by voice mail or text message?**

A: No. Please submit rules questions by electronic mail only. Please provide your name, institution and if a judge your name and region to the email.

**Q: Where can I locate the 2020 & 2021 NCAA Rules Modification Document and Meet Procedures?**

A: <http://www.ncaa.org/championships/national-collegiate-womens-gymnastics>

**Q: Where can I purchase the USAG Code of Points 2018-2022 First Edition?**

A: [usagym.org](http://usagym.org) Click on Member Services, then click on left column; Technical materials.

**Clarification for Appendix VII – Meet Referee Checklist.** To clarify the third item regarding confirming measurements for all equipment and address any equipment issues per NCAA Rules Modification 6. The intent of this pre-meet checklist items is to confirm with the meet director and or host institution's facility staff that all competition equipment has been set up in accordance with Rules Modification 6. During the regular season, meet referees are not directed or asked to measure each apparatus prior to the competition. If any equipment issue is raised by the competing institutions prior to or during the competition, the meet referee will work with the meet director and host to rectify the issue.

---

## **Uneven Bars**

**Q: Does the cast 1/2 pirouette meet the special requirement of one longitudinal axis turn minimum of a C?**

**A:** Yes. Refer to the USAG Code of Points; Uneven Bars Elements' Group 2 – Cast/Counterswings # 2.301 Cast to Handstand with ½ turn in handstand phase – “C”. Also refer to 2022 Women’s Gymnastics Rules Modifications; Uneven bars 3. 3.1. c.

---

## **Balance Beam**

**Q: What is a switch leap half worth on beam?**

**A:** A switch leap half on beam is an E. Refer to USAG Code of Points; Balance Beam Elements; # 2.505 "E".

**Q: What is a standing split half worth when done facing the end of the beam?**

**A:** A standing split half on beam when done facing the end of the beam is a C. Refer to USAG Code of Points; Balance Beam Elements; # 2.301 -"C".

**Q: What is the bonus of a front handspring (B) connected to an aerial walkover with 1 ½ twist off beam?**

**A:** +0.10 CV. Refer to the USAG Code of Points; Balance Beam Elements; Dismounts #9.302. Also refer to the 2022 Women’s Gymnastics Rules Modifications; Balance beam; 4.4; f.

**Q: What is bonus of a Front handspring (B) connected to rudi off of two feet (D) off the end of beam?**

**A:** +0.10 CV + 0.10 D. Refer to the 2022 Women’s Gymnastics Rules Modifications Balance Beam; 4.3; Elements Value different from Level 10; 9.304 on chart (D) and 4.4.f.

**Chrystal Chollet-Norton**  
**NCAA Rules Interpreter - Women's Gymnastics**  
[rulesncaagym@embarqmail.com](mailto:rulesncaagym@embarqmail.com)