

NCAA Women's Gymnastics Rules News #19

February 15, 2022



GYMNASTICS: Q&A

General Information

Q: Who is the NCAA Rules Interpreter?

A: Chrystal Chollet-Norton; rulesncaagym@embarqmail.com

Q: May I submit my rules questions by voice mail or text message?

A: No. Please submit rules questions by electronic mail only. Please provide your name, institution and if a judge your name and region to the email.

Q: Where can I locate the 2020 & 2021 NCAA Rules Modification Document and Meet Procedures?

A: <http://www.ncaa.org/championships/national-collegiate-womens-gymnastics>

Q: Where can I purchase the USAG Code of Points 2018-2022 First Edition?

A: usagym.org Click on Member Services, then click on left column; Technical materials.

Clarification

Meet Referee Check List. Video Review; Meet Referees who did not see the routine may watch the video in regular motion. Refer to the 2022 NCAA Women's Gymnastics Rules Modifications; Appendix VII-Meet Referee Check List; During Meet: Judge Video of inquiry routine (if you did not judge the routine in question).

Uneven Bars

Q: Does an element preceding a "C" dismount have to have flight for connective value bonus?

A: The element requires turn or flight. Refer to USAG Code of Points; Section 3-Uneven Bars-Chapter 4.II. A. Level 10-Direct connections of at least two (2) elements "C" + "C" +0.10. Both elements must have either flight or long axis (LA) turn of at least 180 degrees.

Q: Is hitting the foot on uneven bars an execution deduction?

A: Yes. Refer to USAG Code of Points; Section 3-Uneven Bars- Execution & Amplitude; IV. Medium Faults: 0.20. Hit on Apparatus with Foot/Feet.

Balance Beam

Q: If a student-athlete does a dive cartwheel (#7.203-B) connected to a salto forward take off from one or two legs to extended tuck sit hand support (#8.301 –D) how much bonus would she receive?

A: +0.30. Refer to the USAG Code of Points; Section 4-Balance Beam – Bonus - Chapter 4. II. B. Connections-Two Acro Flights (excluding dismount) “B” + “D” = +0.20 and III. D/E Bonus; C.

Q: What is the deduction for not showing movement or choreography in different directions?

A: Flat .05. Refer to the 2022 NCAA Rules Modifications; Balance Beam; 4.2. Beam Specific Compositional Deductions; c. Insufficient use of entire beam apparatus; 3.

Q: If the student-athlete does a back hand spring (#7.208-B) connected to a back layout step out (#8.304 -D) back layout step out (#8.304 - D) with her feet hitting the beam and falls off. What bonus would she receive for this triple series?

A: +0.10-“D”. Refer to the USAG Code of Points; Section 4-Balance Beam – Bonus-Chapter 4. I. L. and III. C. 1. Also refer to the 2022 NCAA Rules Modifications; Balance Beam; 4.3. 8.304.

Q: If the student-athlete does a side aerial (#7.403- D) connected to a beat jump (#2.108-A) then on her last pass performs a cat leap (#2.109-A) side aerial (#7.403-D) with her feet hitting the beam and falls off. She remounts the beam and performs a cat leap (#2.109-A) side aerial (#7.403-D) into a back full dismount (#9.206-B). Would you give her credit to fulfill the special requirement of D acro + B salto?

A: No. Refer to the USAG Code of Points; Section 4-Balance Beam – General Information; V Recognition of Value Parts: A. Any Balance Beam Element listed in the USAG Code of Points; or USAG Updates May receive Value-Part Credit Two times: provided the element occurs in Different Connection.

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