



## **GYMNASTICS: Q&A**

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### **General Information**

**Q: Who is the NCAA Rules Interpreter?**

**A:** Chrystal Chollet-Norton; [rulesncaagym@embarqmail.com](mailto:rulesncaagym@embarqmail.com)

**Q: May I submit my rules questions by voice mail or text message?**

**A:** No. Please submit rules questions by electronic mail only. Please provide your name, institution and if a judge your name and region to the email.

**Q: Where can I locate the 2020 & 2021 NCAA Rules Modification Document and Meet Procedures?**

**A:** <http://www.ncaa.org/championships/national-collegiate-womens-gymnastics>

**Q: Where can I purchase the USAG Code of Points 2018-2022 First Edition?**

**A:** [usagym.org](http://usagym.org) Click on Member Services, then click on left column; Technical materials.

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### **Clarification**

#### **Uneven Bars**

**Q: Does an element preceding a "C" dismount have to have flight for connective value bonus?**

**A:** It doesn't have to have flight but if it is a C element it has to have turn or flight. Refer to USAG Code of Points; Section 3-Uneven Bars-Chapter 4.II. A. Level 10-Direct connections of at least two (2) elements "C" + "C" +0.10. Both elements must have either flight or long axis (LA) turn of at least 180 degrees.

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### **General**

**Q: Is it permissible for a student-athlete to be granted an opportunity to repeat an exercise on any apparatus due to a phone/camera clash?**

**A:** No. Refer to the USAG Code of Points; Section 1. General Unusual Judging Situations Chapter 4. A.

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#### **Uneven Bars**

**Q: A student-athlete mounts the uneven bars with back to low bar, jumps to High Bar, Long Hang Kip (#1.106-"A"); Cast to Handstand (#2.201 -"B") connected to a Back Giant Half Turn (#4.303-"B") connected to Pike Jaeger (#5.505-"E") falls touching the bar. Coach lifts gymnast to high bar and she precedes to perform the exact combinations of skill; Long Hang Kip (#1.106-"A"); Cast to Handstand (#2.201 -"B") connected to a Back Giant Half Turn (#4.303-"B") connected to Pike Jaeger (#5.505-**

**“E”) connected to Overshoot Half Turn to low bar (#3.203-“C”). She dismounts with +0.10 dismount bonus. How would you count the repeated value parts?**

- A:** On the first combination she would receive Jump to High bar, Long Hang Kip “A” Cast Handstand “B” + Back Giant ½ turn “C” Pike Jaeger “E” fall. When she remounts she would receive Long Hang Kip “A” Cast to Handstand “B” Back Giant ½ “C” Piked Jaeger “E” to Overshoot ½ Turn to low bar “C”. Since the Back Giant ½ turn “C” is performed a second time in the exact same connection value part credit is not awarded, no special requirement credit awarded and no connection value bonus (CV) awarded. Because the Pike Jaeger “E” is different with “C” Overshoot ½ “C” turn she would receive +0.10 CV (“E” + “C”), +0.10 D/E single bar release and +0.20 D/E/ bonus. Refer to the USAG Code of Points; Section 1- General Information – Evaluation of Optional Exercises - Chapter 3. A. and C.

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## Balance Beam

**Q: What is the value of a standing switch leap jump off two feet and landing on two feet?**

- A:** C. Refer to the USAG Code of Points; Balance Beam elements; Group 2 –Leaps, Jumps and Hops; #2.301-“C”; Split Jump with change of legs (minimum of 30 degrees leg separation) prior to split position.

**Q: If a student-athlete competes switch leap (#2.305-“C”) connected to another switch leap (#2.305-“C”) what connection value would she receive?**

- A:** +0.20. Refer to the USAG Code of Points; Section 4 –Balance Beam-Bonus-Chapter 4 elements; D. 1.

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## Floor Exercise

**Q: If a student –athlete does a Front tuck (#6.101- “A”) Round-off (#5.105–“A”) Back Handspring (#5.106- “A”) Double Salto in tuck position (#8.403-“D”) in her first pass in her floor routine, falls and injures herself and unable to continue, what would the start value be?**

- A:** 7.4. Missing 3 “B” and 1 “C” total 1.4. Missing Special requirements; 3 different saltos; dance passage and no “C” in last pass total 0.6. Refer to the USAG Code of Points; Section 1- General Information Evaluation of Optional Exercises Chapter 3.1. A. Also refer to the 2022 NCAA Women’s Gymnastics Rules Modification; Floor Exercise; 5.1.

**Q: Would this 2-Acro Pass floor routine with 9 Value Parts receive a 10.0 Start Value? If no, what is the correct Start Value? Pass # 1. Round-off (#5.105–“A”) Whip Salto (#8.102-”A”) Back Handspring (#5.106- “A”) Double Salto in tuck position (#8.403”D”). Dance Pass: Switch Ring Leap (#1.311-”C”) TourJete 1/1 turn (#1.409”D”) and finale Pass # 2: Front Handspring (# 5.102- A”) Front 1 ½ (#6.401-”D”) connected to a Back Layout (#8.101-”A”).**

- A:** No. SV 9.7 missing a B value part worth 0.30. Refer to the USAG Code of Points; Section 1- General Information Evaluation of Optional Exercises Chapter 3. A. and D. “Note: Judges and Coaches should check the two pass routine that it fulfills all requirements for designated value part elements.