

| Gymnast # | Handspring | Handspring |
|--|------------|------------|
| | Tsukahara | Tsukahara |
| | Roundoff | Roundoff |
| FIRST FLIGHT PHASE | | |
| > 0.1 Foot Form (flexed, sickled) | _____ | _____ |
| > 0.1 Legs - Crossed | _____ | _____ |
| > 0.2 Legs - Separated | _____ | _____ |
| > 0.3 Knees - Bent | _____ | _____ |
| > 0.1 Neutral Head Position | _____ | _____ |
| > 0.2 Body - Excessive Arch | _____ | _____ |
| > 0.3 Hips - Angle Poor | _____ | _____ |
| REPULSION PHASE | | |
| > 0.1 Hands - Staggered / Alt. except Tsuk. | _____ | _____ |
| > 0.1 Neutral Head Position | _____ | _____ |
| > 0.2 Shoulder - Angle Poor | _____ | _____ |
| > 0.2 Body - Excessive Arch | _____ | _____ |
| > 0.2 Hands - Alternate Repulsion, except Tsuk | _____ | _____ |
| > 0.3 Legs - Bent | _____ | _____ |
| > 0.3 Hands - Step(s) with hand(s) 0.1 each | _____ | _____ |
| > 0.3 Hops(s) with both hands simultaneously | _____ | _____ |
| > 0.3 Failure to Pass Through Vertical | _____ | _____ |
| > 0.5 Arms - Bent | _____ | _____ |
| > 0.5 Support - Too Long | _____ | _____ |
| ANGLE OF REPULSION | | |
| > 0.5 Past Vertical 1o - 45o | _____ | _____ |
| > 1.0 Past Vertical 46o - Horizontal | _____ | _____ |
| 2.0 Head contact in Support (inc. arms) | _____ | _____ |
| VOID - No Hand Contact | _____ | _____ |
| SECOND FLIGHT PHASE | | |
| > 0.1 Neutral Head Position | _____ | _____ |
| > 0.1 Foot Form (flexed, sickled) | _____ | _____ |
| > 0.1 Legs - Crossed | _____ | _____ |
| > 0.2 Legs - Separated (one foot landing) | _____ | _____ |
| > 0.3 Knees - Bent | _____ | _____ |
| > 0.2 Touch - Brush / Hit on far end of Table | _____ | _____ |
| > 0.3 Failure to Create Rotation | _____ | _____ |
| > 0.2 Length (center of mass on contact) | _____ | _____ |
| > 0.5 Maintain Body Position | _____ | _____ |
| > 0.5 Height | _____ | _____ |
| LANDING PHASE | | |
| > 0.5 Body - Incorrect Body Posture | _____ | _____ |
| > 0.2 Alternate Foot Placement | _____ | _____ |
| 0.5 Fall (to support, against table) | _____ | _____ |
| > 0.1 Slight Hop / Adjustment toward Table | _____ | _____ |
| ea 0.1 Steps toward Table (0.4 max) | _____ | _____ |
| ea 0.2 Large Step toward Table, (0.4 max) | _____ | _____ |
| GENERAL | | |
| > 0.3 Direction | _____ | _____ |
| > 0.3 Dynamics | _____ | _____ |
| 0.5 Spot Landing | _____ | _____ |
| 0.5 Coach - Between Board-Table ** RO | _____ | _____ |
| 1.0 Failure to Land of Top of the Mat Stack | _____ | _____ |
| START VALUE | 10.0 | 10.0 |
| DEDUCTIONS | _____ | _____ |
| JUDGE #1 | _____ | _____ |
| JUDGE #2 | _____ | _____ |
| CJ: | _____ | _____ |
| Tape on Table = 0.2 | _____ | _____ |
| Unauthorized Matting = 0.3 | 1st Vault | 2nd Vault |
| Vault with No Signal = 0.5 | _____ | _____ |
| Touch with Only 1-Arm = 1.0 | _____ | _____ |




| Gymnast # | Handspring | Handspring |
|--|------------|------------|
| | Tsukahara | Tsukahara |
| | Roundoff | Roundoff |
| FIRST FLIGHT PHASE | | |
| > 0.1 Foot Form (flexed, sickled) | _____ | _____ |
| > 0.1 Legs - Crossed | _____ | _____ |
| > 0.2 Legs - Separated | _____ | _____ |
| > 0.3 Knees - Bent | _____ | _____ |
| > 0.1 Neutral Head Position | _____ | _____ |
| > 0.2 Body - Excessive Arch | _____ | _____ |
| > 0.3 Hips - Angle Poor | _____ | _____ |
| REPULSION PHASE | | |
| > 0.1 Hands - Staggered / Alt. except Tsuk. | _____ | _____ |
| > 0.1 Neutral Head Position | _____ | _____ |
| > 0.2 Shoulder - Angle Poor | _____ | _____ |
| > 0.2 Body - Excessive Arch | _____ | _____ |
| > 0.2 Hands - Alternate Repulsion, except Tsuk | _____ | _____ |
| > 0.3 Legs - Bent | _____ | _____ |
| > 0.3 Hands - Step(s) with hand(s) 0.1 each | _____ | _____ |
| > 0.3 Hops(s) with both hands simultaneously | _____ | _____ |
| > 0.3 Failure to Pass Through Vertical | _____ | _____ |
| > 0.5 Arms - Bent | _____ | _____ |
| > 0.5 Support - Too Long | _____ | _____ |
| ANGLE OF REPULSION | | |
| > 0.5 Past Vertical 1o - 45o | _____ | _____ |
| > 1.0 Past Vertical 46o - Horizontal | _____ | _____ |
| 2.0 Head contact in Support (inc. arms) | _____ | _____ |
| VOID - No Hand Contact | _____ | _____ |
| SECOND FLIGHT PHASE | | |
| > 0.1 Neutral Head Position | _____ | _____ |
| > 0.1 Foot Form (flexed, sickled) | _____ | _____ |
| > 0.1 Legs - Crossed | _____ | _____ |
| > 0.2 Legs - Separated (one foot landing) | _____ | _____ |
| > 0.3 Knees - Bent | _____ | _____ |
| > 0.2 Touch - Brush / Hit on far end of Table | _____ | _____ |
| > 0.3 Failure to Create Rotation | _____ | _____ |
| > 0.2 Length (center of mass on contact) | _____ | _____ |
| > 0.5 Maintain Body Position | _____ | _____ |
| > 0.5 Height | _____ | _____ |
| LANDING PHASE | | |
| > 0.5 Body - Incorrect Body Posture | _____ | _____ |
| > 0.2 Alternate Foot Placement | _____ | _____ |
| 0.5 Fall (to support, against table) | _____ | _____ |
| > 0.1 Slight Hop / Adjustment toward Table | _____ | _____ |
| ea 0.1 Steps toward Table (0.4 max) | _____ | _____ |
| ea 0.2 Large Step toward Table, (0.4 max) | _____ | _____ |
| GENERAL | | |
| > 0.3 Direction | _____ | _____ |
| > 0.3 Dynamics | _____ | _____ |
| 0.5 Spot Landing | _____ | _____ |
| 0.5 Coach - Between Board-Table ** RO | _____ | _____ |
| 1.0 Failure to Land of Top of the Mat Stack | _____ | _____ |
| START VALUE | 10.0 | 10.0 |
| DEDUCTIONS | _____ | _____ |
| JUDGE #1 | _____ | _____ |
| JUDGE #2 | _____ | _____ |
| CJ: | _____ | _____ |
| Tape on Table = 0.2 | _____ | _____ |
| Unauthorized Matting = 0.3 | 1st Vault | 2nd Vault |
| Vault with No Signal = 0.5 | _____ | _____ |
| Touch with Only 1-Arm = 1.0 | _____ | _____ |

| Gymnast # | Handspring | Handspring |
|--|------------|------------|
| | Tsukahara | Tsukahara |
| | Roundoff | Roundoff |
| FIRST FLIGHT PHASE | | |
| > 0.1 Foot Form (flexed, sickled) | _____ | _____ |
| > 0.1 Legs - Crossed | _____ | _____ |
| > 0.2 Legs - Separated | _____ | _____ |
| > 0.3 Knees - Bent | _____ | _____ |
| > 0.1 Neutral Head Position | _____ | _____ |
| > 0.2 Body - Excessive Arch | _____ | _____ |
| > 0.3 Hips - Angle Poor | _____ | _____ |
| REPULSION PHASE | | |
| > 0.1 Hands - Staggered / Alt. except Tsuk. | _____ | _____ |
| > 0.1 Neutral Head Position | _____ | _____ |
| > 0.2 Shoulder - Angle Poor | _____ | _____ |
| > 0.2 Body - Excessive Arch | _____ | _____ |
| > 0.2 Hands - Alternate Repulsion, except Tsuk | _____ | _____ |
| > 0.3 Legs - Bent | _____ | _____ |
| > 0.3 Hands - Step(s) with hand(s) 0.1 each | _____ | _____ |
| > 0.3 Hops(s) with both hands simultaneously | _____ | _____ |
| > 0.3 Failure to Pass Through Vertical | _____ | _____ |
| > 0.5 Arms - Bent | _____ | _____ |
| > 0.5 Support - Too Long | _____ | _____ |
| ANGLE OF REPULSION | | |
| > 0.5 Past Vertical 1o - 45o | _____ | _____ |
| > 1.0 Past Vertical 46o - Horizontal | _____ | _____ |
| 2.0 Head contact in Support (inc. arms) | _____ | _____ |
| VOID - No Hand Contact | _____ | _____ |
| SECOND FLIGHT PHASE | | |
| > 0.1 Neutral Head Position | _____ | _____ |
| > 0.1 Foot Form (flexed, sickled) | _____ | _____ |
| > 0.1 Legs - Crossed | _____ | _____ |
| > 0.2 Legs - Separated (one foot landing) | _____ | _____ |
| > 0.3 Knees - Bent | _____ | _____ |
| > 0.2 Touch - Brush / Hit on far end of Table | _____ | _____ |
| > 0.3 Failure to Create Rotation | _____ | _____ |
| > 0.2 Length (center of mass on contact) | _____ | _____ |
| > 0.5 Maintain Body Position | _____ | _____ |
| > 0.5 Height | _____ | _____ |
| LANDING PHASE | | |
| > 0.5 Body - Incorrect Body Posture | _____ | _____ |
| > 0.2 Alternate Foot Placement | _____ | _____ |
| 0.5 Fall (to support, against table) | _____ | _____ |
| > 0.1 Slight Hop / Adjustment toward Table | _____ | _____ |
| ea 0.1 Steps toward Table (0.4 max) | _____ | _____ |
| ea 0.2 Large Step toward Table, (0.4 max) | _____ | _____ |
| GENERAL | | |
| > 0.3 Direction | _____ | _____ |
| > 0.3 Dynamics | _____ | _____ |
| 0.5 Spot Landing | _____ | _____ |
| 0.5 Coach - Between Board-Table ** RO | _____ | _____ |
| 1.0 Failure to Land of Top of the Mat Stack | _____ | _____ |
| START VALUE | 10.0 | 10.0 |
| DEDUCTIONS | _____ | _____ |
| JUDGE #1 | _____ | _____ |
| JUDGE #2 | _____ | _____ |
| CJ: | _____ | _____ |
| Tape on Table = 0.2 | _____ | _____ |
| Unauthorized Matting = 0.3 | 1st Vault | 2nd Vault |
| Vault with No Signal = 0.5 | _____ | _____ |
| Touch with Only 1-Arm = 1.0 | _____ | _____ |

| Gymnast # | Vault # | Vault # |
|--|----------------------|----------------------|
| FIRST FLIGHT PHASE | Symbol | Symbol |
| > 0.1 Foot Form (flexed, sickled) | _____ | _____ |
| > 0.1 Legs - Crossed | _____ | _____ |
| > 0.2 Legs - Separated | _____ | _____ |
| > 0.3 Legs - Bent | _____ | _____ |
| > 0.2 Body - Excessive Arch | _____ | _____ |
| > 0.3 Hips - Angle Poor | _____ | _____ |
| > 0.3 Turn - Incomplete | _____ | _____ |
| REPULSION PHASE | | |
| > 0.1 Hands - Staggered / Alternate | _____ | _____ |
| > 0.2 Hands - Alternate Repulsion | _____ | _____ |
| > 0.3 Hands - Step(s) with hand(s) 0.1 each | _____ | _____ |
| 0.3 Hop(s) with both hands simultaneously | _____ | _____ |
| > 0.5 Arms - Bent | _____ | _____ |
| 2.0 Head contact in Support (inc. arms) | _____ | _____ |
| > 0.2 Shoulder - Angle Poor | _____ | _____ |
| > 0.2 Body - Excessive Arch | _____ | _____ |
| > 0.5 Turn - Begun Too Early | _____ | _____ |
| > 0.3 Legs Bent or Early Tuck (Salto Vaults) | _____ | _____ |
| > 0.3 Failure to Pass Through Vertical | _____ | _____ |
| > 0.5 Too Long in Support (Non-Salto) | _____ | _____ |
| > 1.0 Angle of Repulsion (Non Salto) | _____ | _____ |
| SECOND FLIGHT PHASE | | |
| > 0.1 Foot Form (flexed, sickled) | _____ | _____ |
| 0.1 Legs - Crossed | _____ | _____ |
| 0.2 Legs - Separated | _____ | _____ |
| > 0.3 Legs - Bent | _____ | _____ |
| > 0.3 Insufficient Tuck / Pike | _____ | _____ |
| > 0.3 Insufficient Stretch (excessive arch / pike) | _____ | _____ |
| > 0.3 Pike Down of Stretch position | _____ | _____ |
| > 0.3 Insufficient Opening (tuck / pike) | _____ | _____ |
| 0.1 Salto - Under Rotation of Salto Vault | _____ | _____ |
| > 0.1 Turn - Insufficient Exactness | _____ | _____ |
| > 0.3 Turn - Late Completion (non-saltos) | _____ | _____ |
| > 0.5 Turn - Begun Too Late | _____ | _____ |
| > 0.2 Brush / Hit far end of table | _____ | _____ |
| > 0.3 Length - Distance | _____ | _____ |
| > 0.5 Height - Hip Rise | _____ | _____ |
| LANDING / GENERAL | | |
| > 0.1 Arms - Extra Swings | _____ | _____ |
| > 0.2 Body - Incorrect Body Posture | _____ | _____ |
| > 0.2 Trunk - Movement(s) | _____ | _____ |
| > 0.3 Turn - Incomplete | _____ | _____ |
| > 0.3 Direction (mat contact) | _____ | _____ |
| 0.05 Fail to Join Feet = < Hip Width | _____ | _____ |
| 0.1 Land feet > Hip-Width | _____ | _____ |
| > 0.1 Slight hop, small adjustment / staggered | _____ | _____ |
| > 0.4 Step (0.1) Large Step / Jump (0.2) | _____ | _____ |
| > 0.3 Squat on Landing | _____ | _____ |
| > 0.3 Brush / Touch Mat (no support) | _____ | _____ |
| 0.5 Fall (to support, against table) | _____ | _____ |
| 0.5 Coach - Between Board-Table | _____ | _____ |
| 0.5 Spot Landing | _____ | _____ |
| > 0.3 Dynamics (speed / power) | _____ | _____ |
| START VALUE | <input type="text"/> | <input type="text"/> |
| Level 10 Bonus + 0.1 ___ DEDUCTIONS | _____ | _____ |
| SCORE | <input type="text"/> | <input type="text"/> |

| Gymnast # | Vault # | Vault # |
|--|----------------------|----------------------|
| FIRST FLIGHT PHASE | Symbol | Symbol |
| > 0.1 Foot Form (flexed, sickled) | _____ | _____ |
| > 0.1 Legs - Crossed | _____ | _____ |
| > 0.2 Legs - Separated | _____ | _____ |
| > 0.3 Legs - Bent | _____ | _____ |
| > 0.2 Body - Excessive Arch | _____ | _____ |
| > 0.3 Hips - Angle Poor | _____ | _____ |
| > 0.3 Turn - Incomplete | _____ | _____ |
| REPULSION PHASE | | |
| > 0.1 Hands - Staggered / Alternate | _____ | _____ |
| > 0.2 Hands - Alternate Repulsion | _____ | _____ |
| > 0.3 Hands - Step(s) with hand(s) 0.1 each | _____ | _____ |
| 0.3 Hop(s) with both hands simultaneously | _____ | _____ |
| > 0.5 Arms - Bent | _____ | _____ |
| 2.0 Head contact in Support (inc. arms) | _____ | _____ |
| > 0.2 Shoulder - Angle Poor | _____ | _____ |
| > 0.2 Body - Excessive Arch | _____ | _____ |
| > 0.5 Turn - Begun Too Early | _____ | _____ |
| > 0.3 Legs Bent or Early Tuck (Salto Vaults) | _____ | _____ |
| > 0.3 Failure to Pass Through Vertical | _____ | _____ |
| > 0.5 Too Long in Support (Non-Salto) | _____ | _____ |
| > 1.0 Angle of Repulsion (Non Salto) | _____ | _____ |
| SECOND FLIGHT PHASE | | |
| > 0.1 Foot Form (flexed, sickled) | _____ | _____ |
| 0.1 Legs - Crossed | _____ | _____ |
| 0.2 Legs - Separated | _____ | _____ |
| > 0.3 Legs - Bent | _____ | _____ |
| > 0.3 Insufficient Tuck / Pike | _____ | _____ |
| > 0.3 Insufficient Stretch (excessive arch / pike) | _____ | _____ |
| > 0.3 Pike Down of Stretch position | _____ | _____ |
| > 0.3 Insufficient Opening (tuck / pike) | _____ | _____ |
| 0.1 Salto - Under Rotation of Salto Vault | _____ | _____ |
| > 0.1 Turn - Insufficient Exactness | _____ | _____ |
| > 0.3 Turn - Late Completion (non-saltos) | _____ | _____ |
| > 0.5 Turn - Begun Too Late | _____ | _____ |
| > 0.2 Brush / Hit far end of table | _____ | _____ |
| > 0.3 Length - Distance | _____ | _____ |
| > 0.5 Height - Hip Rise | _____ | _____ |
| LANDING / GENERAL | | |
| > 0.1 Arms - Extra Swings | _____ | _____ |
| > 0.2 Body - Incorrect Body Posture | _____ | _____ |
| > 0.2 Trunk - Movement(s) | _____ | _____ |
| > 0.3 Turn - Incomplete | _____ | _____ |
| > 0.3 Direction (mat contact) | _____ | _____ |
| 0.05 Fail to Join Feet = < Hip Width | _____ | _____ |
| 0.1 Land feet > Hip-Width | _____ | _____ |
| > 0.1 Slight hop, small adjustment / staggered | _____ | _____ |
| > 0.4 Step (0.1) Large Step / Jump (0.2) | _____ | _____ |
| > 0.3 Squat on Landing | _____ | _____ |
| > 0.3 Brush / Touch Mat (no support) | _____ | _____ |
| 0.5 Fall (to support, against table) | _____ | _____ |
| 0.5 Coach - Between Board-Table | _____ | _____ |
| 0.5 Spot Landing | _____ | _____ |
| > 0.3 Dynamics (speed / power) | _____ | _____ |
| START VALUE | <input type="text"/> | <input type="text"/> |
| Level 10 Bonus + 0.1 ___ DEDUCTIONS | _____ | _____ |
| SCORE | <input type="text"/> | <input type="text"/> |


| Gymnast # | Vault # | Vault # |
|--|----------------------|----------------------|
| FIRST FLIGHT PHASE | Symbol | Symbol |
| > 0.1 Foot Form (flexed, sickled) | _____ | _____ |
| > 0.1 Legs - Crossed | _____ | _____ |
| > 0.2 Legs - Separated | _____ | _____ |
| > 0.3 Legs - Bent | _____ | _____ |
| > 0.2 Body - Excessive Arch | _____ | _____ |
| > 0.3 Hips - Angle Poor | _____ | _____ |
| > 0.3 Turn - Incomplete | _____ | _____ |
| REPULSION PHASE | | |
| > 0.1 Hands - Staggered / Alternate | _____ | _____ |
| > 0.2 Hands - Alternate Repulsion | _____ | _____ |
| > 0.3 Hands - Step(s) with hand(s) 0.1 each | _____ | _____ |
| 0.3 Hop(s) with both hands simultaneously | _____ | _____ |
| > 0.5 Arms - Bent | _____ | _____ |
| 2.0 Head contact in Support (inc. arms) | _____ | _____ |
| > 0.2 Shoulder - Angle Poor | _____ | _____ |
| > 0.2 Body - Excessive Arch | _____ | _____ |
| > 0.5 Turn - Begun Too Early | _____ | _____ |
| > 0.3 Legs Bent or Early Tuck (Salto Vaults) | _____ | _____ |
| > 0.3 Failure to Pass Through Vertical | _____ | _____ |
| > 0.5 Too Long in Support (Non-Salto) | _____ | _____ |
| > 1.0 Angle of Repulsion (Non Salto) | _____ | _____ |
| SECOND FLIGHT PHASE | | |
| > 0.1 Foot Form (flexed, sickled) | _____ | _____ |
| 0.1 Legs - Crossed | _____ | _____ |
| 0.2 Legs - Separated | _____ | _____ |
| > 0.3 Legs - Bent | _____ | _____ |
| > 0.3 Insufficient Tuck / Pike | _____ | _____ |
| > 0.3 Insufficient Stretch (excessive arch / pike) | _____ | _____ |
| > 0.3 Pike Down of Stretch position | _____ | _____ |
| > 0.3 Insufficient Opening (tuck / pike) | _____ | _____ |
| 0.1 Salto - Under Rotation of Salto Vault | _____ | _____ |
| > 0.1 Turn - Insufficient Exactness | _____ | _____ |
| > 0.3 Turn - Late Completion (non-saltos) | _____ | _____ |
| > 0.5 Turn - Begun Too Late | _____ | _____ |
| > 0.2 Brush / Hit far end of table | _____ | _____ |
| > 0.3 Length - Distance | _____ | _____ |
| > 0.5 Height - Hip Rise | _____ | _____ |
| LANDING / GENERAL | | |
| > 0.1 Arms - Extra Swings | _____ | _____ |
| > 0.2 Body - Incorrect Body Posture | _____ | _____ |
| > 0.2 Trunk - Movement(s) | _____ | _____ |
| > 0.3 Turn - Incomplete | _____ | _____ |
| > 0.3 Direction (mat contact) | _____ | _____ |
| 0.05 Fail to Join Feet = < Hip Width | _____ | _____ |
| 0.1 Land feet > Hip-Width | _____ | _____ |
| > 0.1 Slight hop, small adjustment / staggered | _____ | _____ |
| > 0.4 Step (0.1) Large Step / Jump (0.2) | _____ | _____ |
| > 0.3 Squat on Landing | _____ | _____ |
| > 0.3 Brush / Touch Mat (no support) | _____ | _____ |
| 0.5 Fall (to support, against table) | _____ | _____ |
| 0.5 Coach - Between Board-Table | _____ | _____ |
| 0.5 Spot Landing | _____ | _____ |
| > 0.3 Dynamics (speed / power) | _____ | _____ |
| START VALUE | <input type="text"/> | <input type="text"/> |
| Level 10 Bonus + 0.1 ___ DEDUCTIONS | _____ | _____ |
| SCORE | <input type="text"/> | <input type="text"/> |


| Level 6 - Bars | Level 7 - Bars | Level 8 - Bars | Level 6 - Beam | Level 7 - Beam | Level 8 - Beam | Level 6 - Floor | Level 7 - Floor | Level 8 - Floor | | | L6 | L7 | L8 | |
|---|---|---|---|--|---|---|---|--|-------------------------------------|------------------------------|------|----------|-----|--|
| One Cast <i>Above Horizontal</i> | One Cast <i>45o from vertical</i> | One Bar Change <i>1-LB, 1-HB skill</i> | <i>One Acro Elem.</i> <i>Group 5,6,7</i> | <i>Acro Series (w/wo flt.)</i> <i>+ 1 Acro Flight</i> | <i>Acro Series</i> <i>with 1 Acro Flight</i> | <i>Acro Pass (3 elem.)</i> <i>w/wo hands</i> | <i>Acro Pass (3 elem.)</i> <i>with Back Layout-2 ft.</i> | <i>2 Salto Pass</i> <i>Direct or Indirect</i> | A = 0.1 | A | 5 | 5 | 4 | |
| One Bar Change <i>1-LB, 1-HB skill</i> | 360o Clear Circle <i>one "B" Circle</i> | "B" Element <i>Flight or Turn</i> | One Leap / Jump <i>180o Split</i> | One Leap / Jump <i>180o Split</i> | One Leap / Jump <i>180o Split</i> | 1 Salto / Aerial <i>Single or 2nd Series</i> | Front Acro Series <i>2 Direct - 1 Aerial / Salto</i> | 3 Different Saltos | B = 0.3 | B | 1 | 2 | 4 | |
| 360o Clear Circle <i>one Group 3,6,7</i> | 360o Clear Circle <i>one Group 3,6,7</i> | "B" Circle <i>Group 3,6,7</i> | Full Turn <i>Single or Series</i> | Full Turn <i>Single or Series</i> | Full Turn <i>Single or Series</i> | Dance Passage <i>Gr.1, 180° Split Leap</i> | Dance Passage <i>Gr.1, 180° Split Leap</i> | Dance Passage <i>Gr.1, 180° Split Leap</i> | | SR | 0.5 | 0.5 | 0.5 | |
| "A" - Element <i>Dismount</i> | A - Salto <i>Dismount</i> | A - Salto/Hecht <i>Dismount</i> | A - Dismount <i>w/wo hands</i> | A - Dismount <i>Aerial/Salto</i> | A - Dismount <i>Aerial/Salto</i> | Full Turn <i>Single or Series</i> | Full Turn <i>Single or Series</i> | A - Element <i>Last Salto</i> | Restricted elements - 0.5 SV | | | | | |
| | | | | | | | | | Only | * Clear Hip Handstand | | | | |
| | | | | | | | | | (1) UB | * Stalder Handstand | | | | |
| | | | | | | | | | "C" | * Pike Toe Handstand | | | | |
| | | | | | | | | | no | Flight HB->LB; LB->HB | | | | |
| | | | | | | | | | ANY C / D / E is Restricted | | | | | |
| | | | | | | | | | S. V. | 10.0 | S.V. | | | |
|  | | | | | | | | | VP - | | | Ded. - | | |
| ___ A | | | | | | | | | SR - | | | J1 Score | | |
| ___ B | | | | | | | | | RE - | | | J2 Score | | |
| ___ C | | | | | | | | | Average _____ | | | | | |
| | | | | | | | | | Off Ave. - _____ | | | | | |
| | | | | | | | | | Score _____ | | | | | |
| | | | | | | | | | S. V. | 10.0 | S.V. | | | |
|  | | | | | | | | | VP - | | | Ded. - | | |
| ___ A | | | | | | | | | SR - | | | J1 Score | | |
| ___ B | | | | | | | | | RE - | | | J2 Score | | |
| ___ C | | | | | | | | | Average _____ | | | | | |
| | | | | | | | | | Off Ave. - _____ | | | | | |
| | | | | | | | | | Score _____ | | | | | |
| | | | | | | | | | S. V. | 10.0 | S.V. | | | |
|  | | | | | | | | | VP - | | | Ded. - | | |
| ___ A | | | | | | | | | SR - | | | J1 Score | | |
| ___ B | | | | | | | | | RE - | | | J2 Score | | |
| ___ C | | | | | | | | | Average _____ | | | | | |
| | | | | | | | | | Off Ave. - _____ | | | | | |
| | | | | | | | | | Score _____ | | | | | |

| Level 6 - Bars | Level 7 - Bars | Level 8 - Bars | Level 6 - Beam | Level 7 - Beam | Level 8 - Beam | Level 6 - Floor | Level 7 - Floor | Level 8 - Floor | | | L6 | L7 | L8 |
|---|--|---|--|--|--|---|---|---|-------------------------------------|----------------------------------|------------|------------|-----|
| One Cast <i>Above Horizontal</i> | One Cast <i>45o from vertical</i> | One Bar Change <i>1-LB, 1-HB skill</i> | Acro Series w/o ft. OR <i>One (1) Acro Ft.</i> | Acro Series (w/wo ft.) <i>+ 1 Acro Flight</i> | Acro Series <i>with 1 Acro Flight</i> | Acro Pass (Gr 5,6,7,8) <i>(3) Direct with (2) Flight</i> | Acro Pass (3 elem.) <i>with Back Layout-2 ft.</i> | 2 Salto Pass <i>Direct or Indirect</i> | A = 0.1 | A | 5 | 5 | 4 |
| One Bar Change <i>1-LB, 1-HB skill</i> | 360o Clear Circle <i>one "B" Circle</i> | "B" Element <i>Flight or Turn</i> | One Leap / Jump <i>180o Split</i> | One Leap / Jump <i>180o Split</i> | One Leap / Jump <i>180o Split</i> | 1 Salto / Aerial <i>Single or 2nd Series</i> | Front Acro Series <i>2 Direct - 1 Aerial / Salto</i> | 3 Different Saltos | B = 0.3 | B | 1 | 2 | 4 |
| 360o Clear Circle <i>one Group 3,6,7</i> | 360o Clear Circle <i>one Group 3,6,7</i> | "B" Circle <i>Group 3,6,7</i> | Full Turn <i>Single or Series</i> | Full Turn <i>Single or Series</i> | Full Turn <i>Single or Series</i> | Dance Passage <i>Gr.1, 180° Split Leap</i> | Dance Passage <i>Gr.1, 180° Split Leap</i> | Dance Passage <i>Gr.1, 180° Split Leap</i> | | SR | 0.5 | 0.5 | 0.5 |
| "A" - Salto <i>Dismount</i> | "A" - Salto <i>Dismount</i> | "A" - Salto <i>Dismount</i> | A - Dismount <i>Aerial/Salto</i> | A - Dismount <i>Aerial/Salto</i> | A - Dismount <i>Aerial/Salto</i> | Full Turn <i>Single or Series</i> | Full Turn <i>Single or Series</i> | A - Element <i>Last Salto</i> | Restricted elements - 0.5 SV | | | | |
| | | | | | | | | | Any # | Cast Handst.1/2t. | | | |
| | | | | | | | | | UB | Clear Hip Handst. / 1/2t. | | | |
| | | | | | | | | | 7 | Stalder Handst. / 1/2t. | | | |
| | | | | | | | | | "C"s | Toe Handst. / 1/2t. | | | |
| | | | | | | | | | ONE | Restricted "C"Element | | | |
| | | | | | | | | | S. V. | 10.0 | S.V. _____ | | |
| | | | | | | | | | VP - _____ | Ded. - _____ | | | |
| | | | | | | | | | SR - _____ | J1 Score _____ | | | |
| | | | | | | | | | <u>RE - _____</u> | J2 Score _____ | | | |
| | | | | | | | | | Average _____ | | | | |
| | | | | | | | | | Off Ave. - _____ | | | | |
| | | | | | | | | | Score _____ | | | | |
| | | | | | | | | | S. V. | 10.0 | S.V. _____ | | |
| | | | | | | | | | VP - _____ | Ded. - _____ | | | |
| | | | | | | | | | SR - _____ | J1 Score _____ | | | |
| | | | | | | | | | <u>RE - _____</u> | J2 Score _____ | | | |
| | | | | | | | | | Average _____ | | | | |
| | | | | | | | | | Off Ave. - _____ | | | | |
| | | | | | | | | | Score _____ | | | | |
| | | | | | | | | | S. V. | 10.0 | S.V. _____ | | |
| | | | | | | | | | VP - _____ | Ded. - _____ | | | |
| | | | | | | | | | SR - _____ | J1 Score _____ | | | |
| | | | | | | | | | <u>RE - _____</u> | J2 Score _____ | | | |
| | | | | | | | | | Average _____ | | | | |
| | | | | | | | | | Off Ave. - _____ | | | | |
| | | | | | | | | | Score _____ | | | | |

| Level 6 - Bars | Level 7 - Bars | Level 8 - Bars | Level 6 - Beam | Level 7 - Beam | Level 8 - Beam | Level 6 - Floor | Level 7 - Floor | Level 8 - Floor | | | L6 | L7 | L8 |
|---|---|--|--|---|--|---|---|---|-------------------------------------|----------------------------------|-----|-----|----|
| One Cast <i>Above Horizontal</i> | One Cast <i>45o from vertical</i> | One Bar Change <i>1-LB, 1-HB skill</i> | Acro Series w/o ft. OR <i>One (1) Acro Ft.</i> | Acro Series (w/wo ft.) <i>+ 1 Acro Ft. Solo/Series</i> | Acro Series <i>with 1 Acro Flight</i> | Acro Paas (Gr 5,6,7,8) <i>(3) Direct with (2) Flight</i> | Acro Pass (3 elem.) <i>with Back Layout-2 ft.</i> | 2 Salto Pass <i>Direct or Indirect</i> | A = 0.1 A | 5 | 5 | 4 | |
| One Bar Change <i>1-LB, 1-HB skill</i> | 360o Clear Circle <i>one "B" Circle</i> | "B" Element <i>Flight or Turn</i> | One Leap / Jump <i>180o Split</i> | One Leap / Jump <i>180o Split</i> | One Leap / Jump <i>180o Split</i> | 1 Salto / Aerial <i>Single or 2nd Series</i> | Front Acro Series <i>2 Direct - 1 Aerial / Salto</i> | 3 Different Saltos | B = 0.3 B | 1 | 2 | 4 | |
| 360o Clear Circle <i>one Group 3,6,7</i> | 360o Clear Circle <i>one Group 3,6,7</i> | "B" Circle <i>Group 3,6,7</i> | Full Turn <i>Single or Series</i> | Full Turn <i>Single or Series</i> | Full Turn <i>Single or Series</i> | Dance Passage <i>Gr.1, 180° Split Leap</i> | Dance Passage <i>Gr.1, 180° Split Leap</i> | Dance Passage <i>Gr.1, 180° Split Leap</i> | SR | 0.5 | 0.5 | 0.5 | |
| A - Salto <i>Dismount</i> | A - Salto <i>Dismount</i> | A - Salto <i>Dismount</i> | A - Dismount <i>Aerial/Salto</i> | A - Dismount <i>Aerial/Salto</i> | A - Dismount <i>Aerial/Salto</i> | Full Turn <i>Single or Series</i> | Full Turn <i>Single or Series</i> | A - Element <i>Last Salto</i> | Restricted elements - 0.5 SV | | | | |
| | | | | | | | | | PLUS | Cast Handst. 1/2t. | | | |
| | | | | | | | | | One | Clear Hip Handst. / 1/2t. | | | |
| | | | | | | | | | Restricted | Stalder Handst. / 1/2t. | | | |
| | | | | | | | | | "C" | Toe Handst. / 1/2t. | | | |


| | | | |
|--|---|------------------|------------|
|  <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C | S. V. 10.0 | S.V. _____ | |
| | VP - _____ | Ded. - _____ | |
| | SR - _____ | J1 Score _____ | |
| | <u>RE - _____</u> | J2 Score _____ | |
| | Comp - _____ | Average _____ | |
| | Exec. - _____ | Off Ave. - _____ | |
| | Score _____ | | |
| | UTL Dismount (.1) _____ Thru Vertical (-->.1) _____ 3/4 Front Giant w/wo grip _____ Uncharacteristic (.1) _____ Rhythm _____ Dynamics _____ | | |
| | S. V. 10.0 | | S.V. _____ |
| | VP - _____ | Ded. - _____ | |
| SR - _____ | J1 Score _____ | | |
| <u>RE - _____</u> | J2 Score _____ | | |
| Comp - _____ | Average _____ | | |
| Exec. - _____ | Off Ave. - _____ | | |
| Score _____ | | | |
| UTL Dismount (.1) _____ Thru Vertical (-->.1) _____ 3/4 Front Giant w/wo grip _____ Uncharacteristic (.1) _____ Rhythm _____ Dynamics _____ | | | |


| | | | |
|--|---|------------------|------------|
|  <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C | S. V. 10.0 | S.V. _____ | |
| | VP - _____ | Ded. - _____ | |
| | SR - _____ | J1 Score _____ | |
| | <u>RE - _____</u> | J2 Score _____ | |
| | Comp - _____ | Average _____ | |
| | Exec. - _____ | Off Ave. - _____ | |
| | Score _____ | | |
| | UTL Dismount (.1) _____ Thru Vertical (-->.1) _____ 3/4 Front Giant w/wo grip _____ Uncharacteristic (.1) _____ Rhythm _____ Dynamics _____ | | |
| | S. V. 10.0 | | S.V. _____ |
| | VP - _____ | Ded. - _____ | |
| SR - _____ | J1 Score _____ | | |
| <u>RE - _____</u> | J2 Score _____ | | |
| Comp - _____ | Average _____ | | |
| Exec. - _____ | Off Ave. - _____ | | |
| Score _____ | | | |
| UTL Dismount (.1) _____ Thru Vertical (-->.1) _____ 3/4 Front Giant w/wo grip _____ Uncharacteristic (.1) _____ Rhythm _____ Dynamics _____ | | | |




| | | | |
|--|---|------------------|------------|
|  <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C | S. V. 10.0 | S.V. _____ | |
| | VP - _____ | Ded. - _____ | |
| | SR - _____ | J1 Score _____ | |
| | <u>RE - _____</u> | J2 Score _____ | |
| | Comp - _____ | Average _____ | |
| | Exec. - _____ | Off Ave. - _____ | |
| | Score _____ | | |
| | UTL Dismount (.1) _____ Thru Vertical (-->.1) _____ 3/4 Front Giant w/wo grip _____ Uncharacteristic (.1) _____ Rhythm _____ Dynamics _____ | | |
| | S. V. 10.0 | | S.V. _____ |
| | VP - _____ | Ded. - _____ | |
| SR - _____ | J1 Score _____ | | |
| <u>RE - _____</u> | J2 Score _____ | | |
| Comp - _____ | Average _____ | | |
| Exec. - _____ | Off Ave. - _____ | | |
| Score _____ | | | |
| UTL Dismount (.1) _____ Thru Vertical (-->.1) _____ 3/4 Front Giant w/wo grip _____ Uncharacteristic (.1) _____ Rhythm _____ Dynamics _____ | | | |

| BARS Composition Deductions | | BARS Execution Deductions | | BARS Execution Deductions | | BARS Connection Values | 0.1 | 0.2 | BARS Special Requirements | VP | Level 9 | Level 10 |
|--|-------------|--|-------|--|-------|----------------------------|-------------|-----|------------------------------|--------------------------|----------------------------|-------------|
| Lack of Handstands or Pass thru Hst. (Lv 8) | → 0.2 | 3rd Run to approach mount (each judge) | 0.5 | Insufficient Dynamics (thruout) | → 0.2 | Level 9 | | | 2 - Bar Changes | A = 0.1 | 3 | 3 |
| Uncharacteristic Elements | each 0.1 | Swing Forward / Backward Under Horizontal | → 0.1 | Trunk Movements to Control Landing | → 0.2 | One with Flight / Turn | C+C | | 1 - B Flight | B = 0.3 | 4 | 3 |
| 3/4 Front Giant w/wo grip change | each 0.1 | Under-Rotation of Release Elements | → 0.1 | Insufficient Amplitude of Elements (each) | → 0.2 | Both w/o Flight / Turn | C+C | | 1 - C Flight / B Turn | C = 0.5 | 1 | 2 |
| Dismount - Not up to Comp Level | → 0.1 | Precision of Handstand Positions (thruout) | → 0.1 | Insufficient Stretch (Arch or Pike) | → 0.2 | Both with Flight / Turn | (different) | | * different flight | SR | 0.5 | 0.5 |
| Facing Same Direction throughout (L9,10) | 0.1 | Insufficient Extension of Glide/Swing to Kip | → 0.1 | Insufficient Ext. (Open) prior to Landing | → 0.3 | Level 10 | | | 1 - B Flight | SV | 9.7 | 9.5 |
| Choice of Elements: Requirements (L9,10) | | Poor Rhythm in Elements | → 0.1 | Insufficient Height of Salto Dismounts | → 0.3 | Both with Turn / Flight | | C+C | B - Salto Dismount | Bonus | 0.3 | 0.5 |
| 1. Forward (Circle or Release), min. B | 0 / 3 = 0.2 | Hesitation in Jump, Swing to Handstand | → 0.1 | Insufficient Amplitude "B" Clear Hip Circles | → 0.4 | No Turn or Flight Required | C+C | | * Different Flight | Other Restricted Element | OK without fall / spot | |
| 2. Group 3 / 6 / 7, min. B | 1 / 3 = 0.1 | Landing Too Close to Bars Dismount | 0.1 | Grasp Apparatus to Avoid a Fall | 0.3 | w / without Flight / Turn | C+D | D+D | 1 - C Flight | No VP | Level 9 = +.1 D/E Bonus | |
| 3. Element, minimum 1/2 t., min C | 2 / 3 = 0.0 | Angle of Flight to LB Handstand (11° - 20°) | 0.05 | Intermediate (Extra) Swing (max. 0.6) | 0.3 | | | | 1 - C Turn | D/E = C | Maximum (1 Restricted) D/E | |
| ** after a fall allowed to squat on to resume ** | | Angle of Circle to Handstand | → 0.2 | Touch / Brush Foot on Apparatus or Mat | → 0.1 | | | | * No Mount / Dismount | 0.5 off SV | Other Restricted Element | |
| Squat on LB w/wo sole, more than 1 (L,10) ** | each 0.1 | Angle of Cast to Handstand | → 0.3 | Hit Foot on Apparatus | 0.2 | | | | C - Salto Dismount | | | |
| Releases - Not up to Comp. Level (L10) | → 0.2 | Angle of Turn Deviation (Healy + 1-1/2t.) | → 0.3 | Hit Foot on Mat | 0.3 | | | | | | | |
| Lack of 2 Bar Changes (L10) | 0.2 | Angle of Turn Deviation (1/2 t. - 1/1 t. IN) | → 0.3 | Full Support on foot/feet on mat in routine | 0.5 | | | | | | | |

| | | | |
|---|---|-------------------|------------------|
|  | Exec. - _____ | SV LV: 9.7 | S.V. _____ |
| | Comp. - _____ | VP - _____ | Ded. - _____ |
| | A - _____ | SR - _____ | J1 Score _____ |
| | B - _____ | RE - _____ | J2 Score _____ |
| | C - _____ | CV+ _____ | Average _____ |
| | D + _____ | DE+ _____ | Off Ave. - _____ |
| | E + _____ | | Score _____ |
| | *FWD _____ *3,6,7 _____ *C-Turn _____ Lv Dismount _____ Direction _____ Uncharacteristic _____ 3/4 Front Giant w/wo grip _____ Dynamics _____ | | |

| | | | |
|---|---|-------------------|------------------|
|  | Exec. - _____ | SV LV: 9.7 | S.V. _____ |
| | Comp. - _____ | VP - _____ | Ded. - _____ |
| | A - _____ | SR - _____ | J1 Score _____ |
| | B - _____ | RE - _____ | J2 Score _____ |
| | C - _____ | CV+ _____ | Average _____ |
| | D + _____ | DE+ _____ | Off Ave. - _____ |
| | E + _____ | | Score _____ |
| | *FWD _____ *3,6,7 _____ *C-Turn _____ Lv Dismount _____ Direction _____ Uncharacteristic _____ 3/4 Front Giant w/wo grip _____ Dynamics _____ | | |

| | | | |
|---|---|-------------------|------------------|
|  | Exec. - _____ | SV LV: 9.7 | S.V. _____ |
| | Comp. - _____ | VP - _____ | Ded. - _____ |
| | A - _____ | SR - _____ | J1 Score _____ |
| | B - _____ | RE - _____ | J2 Score _____ |
| | C - _____ | CV+ _____ | Average _____ |
| | D + _____ | DE+ _____ | Off Ave. - _____ |
| | E + _____ | | Score _____ |
| | *FWD _____ *3,6,7 _____ *C-Turn _____ Lv Dismount _____ Direction _____ Uncharacteristic _____ 3/4 Front Giant w/wo grip _____ Dynamics _____ | | |

| BARS | | BARS | | BARS | | BARS | | BARS | | VP | Level 9 | Level 10 |
|--|-------------|--|-------|--|-------|----------------------------|-----------------|--|-----------------------------|--------------------------|---------|----------|
| Composition Deductions | | Execution Deductions | | Execution Deductions | | Connection Values | | Special Requirements | | | | |
| Lack of Handstands or Pass thru Hst. (Lv 8) | → 0.2 | 3rd Run to approach mount (each judge) | 0.5 | Insufficient Dynamics (thruout) | → 0.2 | Level 9 | | 2 - Bar Changes | A = 0.1 | 3 | 3 | |
| Uncharacteristic Elements | each 0.1 | Swing Forward / Backward Under Horizontal | → 0.1 | Trunk Movements to Control Landing | → 0.2 | One with Flight / Turn | C+C | 1 - B Flight | B = 0.3 | 4 | 3 | |
| 3/4 Forward Giant w/wo grip change | each 0.1 | Under-Rotation of Release Elements | → 0.1 | Insufficient Amplitude of Elements (each) | → 0.2 | Both w/o Flight / Turn | C+C (different) | 1 - C Flight / B Turn * different flight | C = 0.5 | 1 | 2 | |
| Dismount - Not up to Comp Level | → 0.1 | Precision of Handstand Positions (thruout) | → 0.1 | Insufficient Stretch (Arch or Pike) | → 0.2 | Both with Flight / Turn | C+C | B - Dismount | SR | 0.5 | 0.5 | |
| Facing Same Direction throughout (L9.10) | 0.1 | Insufficient Extension of Glide/Swing to Kip | → 0.1 | Insufficient Ext. (Open) prior to Landing | → 0.3 | Level 10 | | 1 - C Flight | SV | 9.7 | 9.5 | |
| Choice of Elements: Requirements (L9.10) | | Poor Rhythm in Elements | → 0.1 | Insufficient Height of Salto Dismounts | → 0.3 | Both with Turn / Flight | C+C | * Different Flight | Bonus | 0.3 | 0.5 | |
| 1. Forward Element (Circle or Release) | 0 / 3 = 0.2 | Hesitation in Jump, Swing to Handstand | → 0.1 | Insufficient Amplitude "B" Clear Hip Circles | → 0.4 | No Turn or Flight Required | | 1 - C Turn | Additional Bonus - Level 10 | 0.1 Bonus with 0.6 and E | | |
| 2. Element from Groups 3 / 6 / 7 | 1 / 3 = 0.1 | Landing Too Close to Bars Dismount | 0.1 | Grasp Apparatus to Avoid a Fall | 0.3 | w / without Flight / Turn | C+D D+D | C - Dismount | Level 9 = +.1 D/E Bonus | | | |
| 3. Element minimum 1/2 t., min. C | 2 / 3 = 0.0 | Angle of Flight to LB Handstand (11° - 20°) | 0.05 | Intermediate (Extra) Swing (max. 0.6) | 0.3 | | | | Max (1 Restricted) D/E = C | | | |
| ** after a fall allowed to squat on to resume ** | | Angle of Circle to Handstand | → 0.2 | Touch / Brush Foot on Apparatus or Mat | → 0.1 | | | | Other Restricted Elements | | | |
| Squat on LB w/wo sole, more than 1 (L.10) ** | each 0.1 | Angle of Cast to Handstand | → 0.3 | Hit Foot on Apparatus | 0.2 | | | | No VP 0.5 off SV | | | |
| Releases - Not up to Comp. Level (L10) | → 0.2 | Angle of Turn Deviation (Healy + 1-1/2t.) | → 0.3 | Hit Foot on Mat | 0.3 | | | | Additional Bonus - Level 10 | | | |
| Lack of 2 Bar Changes (L10) | 0.2 | Angle of Turn Deviation (1/2 t. - 1/1 t. IN) | → 0.3 | Full Support on foot/feet on mat in routine | 0.5 | | | | 0.1 Bonus with 0.6 and E | | | |
| <div style="display: flex; justify-content: space-between;"> <div style="width: 30%;">  </div> <div style="width: 40%; text-align: right;"> Bonus + _____ Exec. - _____ Comp. - _____ A - _____ B - _____ C - _____ D + _____ E + _____ </div> <div style="width: 20%; text-align: center;"> SV Lv: 9.5 VP - _____ SR - _____ CV+ _____ DE+ _____ </div> <div style="width: 10%; text-align: center;"> S.V. _____ Ded. - _____ J1 Score _____ J2 Score _____ Average _____ Off Ave. - _____ Score _____ </div> </div> <p>*FWD _____ *3,6,7 _____ *C-Turn _____ Lv Releases _____ Lv Dismount _____ 2 Bar Changes _____ Squat on _____ Direction _____ Dynamics _____</p> | | | | | | | | | | | | |
| <div style="display: flex; justify-content: space-between;"> <div style="width: 30%;">  </div> <div style="width: 40%; text-align: right;"> Bonus + _____ Exec. - _____ Comp. - _____ A - _____ B - _____ C - _____ D + _____ E + _____ </div> <div style="width: 20%; text-align: center;"> SV Lv: 9.5 VP - _____ SR - _____ CV+ _____ DE+ _____ </div> <div style="width: 10%; text-align: center;"> S.V. _____ Ded. - _____ J1 Score _____ J2 Score _____ Average _____ Off Ave. - _____ Score _____ </div> </div> <p>*FWD _____ *3,6,7 _____ *C-Turn _____ Lv Releases _____ Lv Dismount _____ 2 Bar Changes _____ Squat on _____ Direction _____ Dynamics _____</p> | | | | | | | | | | | | |
| <div style="display: flex; justify-content: space-between;"> <div style="width: 30%;">  </div> <div style="width: 40%; text-align: right;"> Bonus + _____ Exec. - _____ Comp. - _____ A - _____ B - _____ C - _____ D + _____ E + _____ </div> <div style="width: 20%; text-align: center;"> SV Lv: 9.5 VP - _____ SR - _____ CV+ _____ DE+ _____ </div> <div style="width: 10%; text-align: center;"> S.V. _____ Ded. - _____ J1 Score _____ J2 Score _____ Average _____ Off Ave. - _____ Score _____ </div> </div> <p>*FWD _____ *3,6,7 _____ *C-Turn _____ Lv Releases _____ Lv Dismount _____ 2 Bar Changes _____ Squat on _____ Direction _____ Dynamics _____</p> | | | | | | | | | | | | |

| Level 6 - Bars | Level 7 - Bars | Level 8 - Bars | Level 6 - Beam | Level 7 - Beam | Level 8 - Beam | Level 6 - Floor | Level 7 - Floor | Level 8 - Floor | | | L6 | L7 | L8 |
|---|---|---|--|---|--|---|---|---|-------------------------------------|------------------------------|------------------|-----|-----|
| One Cast <i>Above Horizontal</i> | One Cast <i>45o from vertical</i> | One Bar Change <i>1-LB, 1-HB skill</i> | Acro Series w/o flt. OR <i>One (1) Acro Flt.</i> | Acro Series (w/wo flt.) <i>+ 1 Acro Flt. Solo/Series</i> | Acro Series <i>with 1 Acro Flight</i> | Acro Pass (Gr 5,6,7,8) <i>(3) Direct with (2) Flight</i> | Acro Pass (3 elem.) <i>with Back Layout-2 ft.</i> | 2 Salto Pass <i>Direct or Indirect</i> | A = 0.1 | A | 5 | 5 | 4 |
| One Bar Change <i>1-LB, 1-HB skill</i> | 360o Clear Circle <i>one "B" Circle</i> | "B" Element <i>Flight or Turn</i> | One Leap / Jump <i>180o Split</i> | One Leap / Jump <i>180o Split</i> | One Leap / Jump <i>180o Split</i> | 1 Salto / Aerial <i>Single or 2nd Series</i> | Front Acro Series <i>2 Direct - 1 Aerial / Salto</i> | 3 Different Saltos | B = 0.3 | B | 1 | 2 | 4 |
| 360o Clear Circle <i>one Group 3,6,7</i> | 360o Clear Circle <i>one Group 3,6,7</i> | "B" Circle <i>Group 3,6,7</i> | Full Turn <i>Single or Series</i> | Full Turn <i>Single or Series</i> | Full Turn <i>Single or Series</i> | Dance Passage <i>Gr.1, 180° Split Leap</i> | Dance Passage <i>Gr.1, 180° Split Leap</i> | Dance Passage <i>Gr.1, 180° Split Leap</i> | | SR | 0.5 | 0.5 | 0.5 |
| A - Salto <i>Dismount</i> | A - Salto <i>Dismount</i> | A - Salto/Hecht <i>Dismount</i> | A - Dismount <i>Aerial/Salto</i> | A - Dismount <i>Aerial/Salto</i> | A - Dismount <i>Aerial/Salto</i> | Full Turn <i>Single or Series</i> | Full Turn <i>Single or Series</i> | A - Element <i>Last Salto</i> | Restricted elements - 0.5 SV | | | | |
| | | | | | | | | | Lv 6 | Only "A" and "B" elements | | | |
| | | | | | | | | | Lv 6 | ONE "C" Dance allowed | | | |
| | | | | | | | | | Lv 6 | Any "C" Acro restricted | | | |
| | | | | | | | | | Lv 6 | NO VP, NO SR, - 0.5 SV | | | |
| | | | | | | | | | Time: _____ | | S.V. _____ | | |
| ___ A | | | | | | | | | S. V. 10.0 | | Ded. - _____ | | |
| ___ B | | | | | | | | | VP - _____ | | J1 Score _____ | | |
| ___ C | | | | | | | | | SR - _____ | | J2 Score _____ | | |
| | | | | | | | | | RE - _____ | | Average _____ | | |
| | | | | | | | | | Artistry - _____ | | Off Ave. - _____ | | |
| | | | | | | | | | Exec. - _____ | | Score _____ | | |
| | | | | | | | | | Time: _____ | | S.V. _____ | | |
| ___ A | | | | | | | | | S. V. 10.0 | | Ded. - _____ | | |
| ___ B | | | | | | | | | VP - _____ | | J1 Score _____ | | |
| ___ C | | | | | | | | | SR - _____ | | J2 Score _____ | | |
| | | | | | | | | | RE - _____ | | Average _____ | | |
| | | | | | | | | | Artistry - _____ | | Off Ave. - _____ | | |
| | | | | | | | | | Exec. - _____ | | Score _____ | | |
| | | | | | | | | | Time: _____ | | S.V. _____ | | |
| ___ A | | | | | | | | | S. V. 10.0 | | Ded. - _____ | | |
| ___ B | | | | | | | | | VP - _____ | | J1 Score _____ | | |
| ___ C | | | | | | | | | SR - _____ | | J2 Score _____ | | |
| | | | | | | | | | RE - _____ | | Average _____ | | |
| | | | | | | | | | Artistry - _____ | | Off Ave. - _____ | | |
| | | | | | | | | | Exec. - _____ | | Score _____ | | |

| Level 6 - Bars | Level 7 - Bars | Level 8 - Bars | Level 6 - Beam | Level 7 - Beam | Level 8 - Beam | Level 6 - Floor | Level 7 - Floor | Level 8 - Floor | | | L6 | L7 | L8 |
|---|---|---|---|---|--|---|---|---|-------------------------------------|----------------------------|------------------|------------|-----|
| One Cast <i>Above Horizontal</i> | One Cast <i>45o from vertical</i> | One Bar Change <i>1-LB, 1-HB skill</i> | Acro Series w/o ft. OR One (1) Acro Ft. | Acro Series (w/wo ft.) +1 Acro Ft. Solo/Series | Acro Series <i>with 1 Acro Flight</i> | Acro Pass (Gr 5,6,7,8) <i>(3) Direct with (2) Flight</i> | Acro Pass (3 elem.) <i>with Back Layout-2 ft.</i> | 2 Salto Pass <i>Direct or Indirect</i> | A = 0.1 | A | 5 | 5 | 4 |
| One Bar Change <i>1-LB, 1-HB skill</i> | 360o Clear Circle <i>one "B" Circle</i> | "B" Element <i>Flight or Turn</i> | One Leap / Jump <i>180o Split</i> | One Leap / Jump <i>180o Split</i> | One Leap / Jump <i>180o Split</i> | 1 Salto / Aerial <i>Single or 2nd Series</i> | Front Acro Series <i>2 Direct - 1 Aerial / Salto</i> | 3 Different Saltos | B = 0.3 | B | 1 | 2 | 4 |
| 360o Clear Circle <i>one Group 3,6,7</i> | 360o Clear Circle <i>one Group 3,6,7</i> | "B" Circle <i>Group 3,6,7</i> | Full Turn <i>Single or Series</i> | Full Turn <i>Single or Series</i> | Full Turn <i>Single or Series</i> | Dance Passage <i>Gr.1, 180° Split Leap</i> | Dance Passage <i>Gr.1, 180° Split Leap</i> | Dance Passage <i>Gr.1, 180° Split Leap</i> | | SR | 0.5 | 0.5 | 0.5 |
| A - Salto <i>Dismount</i> | A - Salto <i>Dismount</i> | A - Salto/Hecht <i>Dismount</i> | A - Dismount <i>Aerial/Salto</i> | "A" - Dismount <i>Aerial/Salto</i> | A - Dismount <i>Aerial/Salto</i> | Full Turn <i>Single or Series</i> | Full Turn <i>Single or Series</i> | A - Element <i>Last Salto</i> | Restricted elements - 0.5 SV | | | | |
| | | | | | | | | | Lv 7 | All "A/B" elements allowed | | | |
| | | | | | | | | | Lv 7 | Any "C" Dance allowed | | | |
| | | | | | | | | | Lv 7 | D/E Dance restricted | | | |
| | | | | | | | | | Lv 7 | C/D/E Acro restricted | | | |
| | | | | | | | | | Time: _____ | | S.V. _____ | | |
| ___ A | | | | | | | | | S. V. 10.0 | | Ded. - _____ | | |
| ___ B | | | | | | | | | VP - _____ | | J1 Score _____ | | |
| ___ C | | | | | | | | | SR - _____ | | J2 Score _____ | | |
| | | | | | | | | | RE - _____ | | Average _____ | | |
| | | | | | | | | | Artistry - _____ | | Off Ave. - _____ | | |
| | | | | | | | | | Exec. - _____ | | Score _____ | | |
| | | | | | | | | | Time: _____ | | S.V. _____ | | |
| ___ A | | | | | | | | | S. V. 10.0 | | Ded. - _____ | | |
| ___ B | | | | | | | | | VP - _____ | | J1 Score _____ | | |
| ___ C | | | | | | | | | SR - _____ | | J2 Score _____ | | |
| | | | | | | | | | RE - _____ | | Average _____ | | |
| | | | | | | | | | Artistry - _____ | | Off Ave. - _____ | | |
| | | | | | | | | | Exec. - _____ | | Score _____ | | |
| | | | | | | | | | Time: _____ | | S.V. _____ | | |
| ___ A | | | | | | | | | S. V. 10.0 | | Ded. - _____ | | |
| ___ B | | | | | | | | | VP - _____ | | J1 Score _____ | | |
| ___ C | | | | | | | | | SR - _____ | | J2 Score _____ | | |
| | | | | | | | | | RE - _____ | | Average _____ | | |
| | | | | | | | | | Artistry - _____ | | Off Ave. - _____ | | |
| | | | | | | | | | Exec. - _____ | | Score _____ | | |

| Level 6 - Bars | Level 7 - Bars | Level 8 - Bars | Level 6 - Beam | Level 7 - Beam | Level 8 - Beam | Level 6 - Floor | Level 7 - Floor | Level 8 - Floor | | | L6 | L7 | L8 |
|---|---|---|---|---|---|---|---|---|-------------------------------------|----------------------------|-----|-----|-----|
| One Cast <i>Above Horizontal</i> | One Cast <i>45o from vertical</i> | One Bar Change <i>1-LB, 1-HB skill</i> | Acro Series w/o ft. OR One (1) Acro Ft. | Acro Series (w/wo ft.) + 1 Acro Ft. Solo/Series | Acro Series <i>with 1 Acro Flight</i> | Acro Pass (Gr 5,6,7,8) <i>(3) Direct with (2) Flight</i> | Acro Pass (3 elem.) <i>with Back Layout-2 ft.</i> | 2 Salto Pass <i>Direct or Indirect</i> | A = 0.1 | A | 5 | 5 | 4 |
| One Bar Change <i>1-LB, 1-HB skill</i> | 360o Clear Circle <i>one "B" Circle</i> | "B" Element <i>Flight or Turn</i> | One Leap / Jump <i>180o Split</i> | One Leap / Jump <i>180o Split</i> | One Leap / Jump <i>180o Split</i> | 1 Salto / Aerial <i>Single or 2nd Series</i> | Front Acro Series <i>2 Direct - 1 Aerial / Salto</i> | 3 Different Saltos | B = 0.3 | B | 1 | 2 | 4 |
| 360o Clear Circle <i>one Group 3,6,7</i> | 360o Clear Circle <i>one Group 3,6,7</i> | "B" Circle <i>Group 3,6,7</i> | Full Turn <i>Single or Series</i> | Full Turn <i>Single or Series</i> | Full Turn <i>Single or Series</i> | Dance Passage <i>Gr.1, 180° Split Leap</i> | Dance Passage <i>Gr.1, 180° Split Leap</i> | Dance Passage <i>Gr.1, 180° Split Leap</i> | | SR | 0.5 | 0.5 | 0.5 |
| A - Salto <i>Dismount</i> | A - Salto <i>Dismount</i> | A - Salto/Hecht <i>Dismount</i> | A - Dismount <i>Aerial/Salto</i> | A - Dismount <i>Aerial/Salto</i> | A - Dismount <i>Aerial/Salto</i> | Full Turn <i>Single or Series</i> | Full Turn <i>Single or Series</i> | A - Element <i>Last Salto</i> | Restricted elements - 0.5 SV | | | | |
| | | | | | | | | | Lv 8 | All "A/B" elements allowed | | | |
| | | | | | | | | | Lv 8 | Any "C" Dance allowed | | | |
| | | | | | | | | | Lv 8 | ONE "C" Acro allowed | | | |
| | | | | | | | | | Lv 8 | D/E Restricted | | | |

Time: _____ S.V. _____

S. V. **10.0** Ded. - _____

VP - _____ J1 Score _____

SR - _____ J2 Score _____

RE - _____

Average _____

Comp - _____ Off Ave. - _____

Exec - _____ Score _____

Pivots _____ Shapes _____ Dance Lv _____ Acro Lv _____ Dism Lv _____ Levels _____ Space _____ F/B/S _____ Dance Ser _____ Acro B-F/S _____ Foot _____ BP _____ Rhy _____ Sure _____ Dyn _____ Art _____ CPE

Time: _____ S.V. _____

S. V. **10.0** Ded. - _____

VP - _____ J1 Score _____

SR - _____ J2 Score _____

RE - _____

Average _____

Comp - _____ Off Ave. - _____

Exec - _____ Score _____

Pivots _____ Shapes _____ Dance Lv _____ Acro Lv _____ Dism Lv _____ Levels _____ Space _____ F/B/S _____ Dance Ser _____ Acro B-F/S _____ Foot _____ BP _____ Rhy _____ Sure _____ Dyn _____ Art _____ CPE

Time: _____ S.V. _____

S. V. **10.0** Ded. - _____

VP - _____ J1 Score _____

SR - _____ J2 Score _____

RE - _____

Average _____

Comp - _____ Off Ave. - _____

Exec - _____ Score _____

Pivots _____ Shapes _____ Dance Lv _____ Acro Lv _____ Dism Lv _____ Levels _____ Space _____ F/B/S _____ Dance Ser _____ Acro B-F/S _____ Foot _____ BP _____ Rhy _____ Sure _____ Dyn _____ Art _____ CPE

| BEAM Composition Deductions | | BEAM Execution Deductions | | BEAM Execution Deductions | | BEAM Connection Values | | BEAM Special Requirements | | VP | Level 9 | Level 10 |
|---|-------------------------|--|----------------------------------|--|---|---|---|------------------------------|--|---|--------------------------|--------------------------|
| More than One (1) Straight Leg (Pivot 1/2t.) Turns More than 2 Wolf / Tuck or 2 Strad. Shapes | 0.1 ea 0.1 | Insufficient Variation - Rhythm/Tempo (thruout) Concentration Pause (2 seconds) | → 0.2 each 0.1 | Insuff. Sureness of Performance (thruout) Relaxed / Incorrect Footwork (non-VP thru) | → 0.2 → 0.3 | 2 - Acro. Flight including Mounts | B+C * C = Salto * | B+D C+C | 1 Acro Flight Series * Min 1-C Flight (L10) | A = 0.1 B = 0.3 C = 0.5 | 3 4 1 | 3 3 2 |
| Dance - Not up to Competitive Level Acro - Not up to Competitive Level Dismount - Not up to Competition Level | → 0.2 → 0.2 → 0.1 | Concentration Pause (more than 2 sec.) Rhythm during Acro Connections Lack of Tempo/Poor Rhythm between elements | each 0.2 ea → 0.2 → 0.2 | Incorrect Position / Posture (non-VP thru) Legs Not Parallel - Split or Straddle Pike Insuff. Height of Leaps - Jumps - Hops | → 0.3 ea → 0.2 ea → 0.2 | * No Mount / Dismount 3 - Acro. Flight including Mount / Dsmt. | Lv 9 - Aerial | B+B+C B+C+C | * A (non flight) + E (L10) 1 - One Leap / Jump * 180o split * Cross or Side | SR SV Bonus | 0.5 9.7 0.3 | 0.5 9.5 0.5 |
| Insufficient Level Changes Insufficient Use Entire Beam (Space) | → 0.1 → 0.1 | VP Turns not on High Releve Feet Apart on Side Landing of Leap/Jump | ea → 0.1 ea → 0.1 | Insuff. Height of Acro Flights-Aerials-Saltos Insuff. Height of Dismounts | ea → 0.2 → 0.3 | 3 - Acro. Flight excluding Dismounts | B + B + C (Salto) = + 0.1 B + B + D/E (Flt.) = + 0.1 | | | Bonus | 0.3 | 0.5 |
| (Forward) Choreography (Sideward) Choreography (must show 2 out of 3) (Backward) Choreography | 0.05 0.05 0.05 | Lack of Precision in Dance Elements Incorrect Posture / Alignment in Dance | ea → 0.1 ea → 0.1 | Landing Too Close to Beam on Dismount Touch / Brush Foot on Apparatus or Mat | 0.1 ea → 0.1 | 2 Dance / * Mixed * Acro Flight + Dance | A+D B+C | B+D | 1 - Full Turn on one foot | Level 9 = 1 Acro D/E Bonus Maximum (1 Restricted) D/E D/E = C | | |
| Lack of Dance Series (min. 2; Gr. 1, 2, 3) Lack of Acro Forward/Sideward & Backward (Groups: 1, 6, 7, 8) If only in Dismount | 0.2 ea 0.1 0.05 | Hesitation in Jump, Swing, Press Handstand Insufficient Split - Required (Dance / Acro) Insufficient Ext. (Open) prior to Landing Acro | ea → 0.1 ea → 0.1 ea → 0.3 | Support of 1 leg against side of Beam Grasp Beam to Avoid a Fall Trunk Movement - Control Dismount Landing Additional Movement - Balance on Beam | each 0.2 each 0.3 → 0.2 ea → 0.3 | including Mounts 2 Turns | C+C A+C | | C - Aerial/Salto Dmt. L9 C - Aerial/Salto Dmt. L10 C+B - Acro Series = OK C+B - Dance/Acro = OK | Other Restricted Element No VP 0.5 off SV | | |
| | | | | | | | | | | Exec. - _____ | Time: _____ | S.V. _____ |
| | | | | | | | | | | Artistry - _____ | SV LV: 9.7 | Ded. - _____ |
| | | | | | | | | | | Comp. - _____ | VP - _____ | J1 Score _____ |
| | | | | | | | | | | A - _____ | SR - _____ | J2 Score _____ |
| | | | | | | | | | | B - _____ | RE - _____ | Average _____ |
| | | | | | | | | | | C - _____ | CV+ _____ | Off Ave. - _____ |
| | | | | | | | | | | D+ _____ | DE+ _____ | Score _____ |
| | | | | | | | | | | E+ _____ | | |
| Pivots ___ Shapes ___ Dance Lv ___ Acro Lv ___ Dism Lv ___ Levels ___ Space ___ F/S/B ___ Dance Ser ___ Acro B-F/S ___ Foot ___ BP ___ Rhy ___ Sure ___ Dyn ___ Art ___ CPE | | | | | | | | | | | | |
| | | | | | | | | | | Exec. - _____ | Time: _____ | S.V. _____ |
| | | | | | | | | | | Artistry - _____ | SV LV: 9.7 | Ded. - _____ |
| | | | | | | | | | | Comp. - _____ | VP - _____ | J1 Score _____ |
| | | | | | | | | | | A - _____ | SR - _____ | J2 Score _____ |
| | | | | | | | | | | B - _____ | RE - _____ | Average _____ |
| | | | | | | | | | | C - _____ | CV+ _____ | Off Ave. - _____ |
| | | | | | | | | | | D+ _____ | DE+ _____ | Score _____ |
| | | | | | | | | | | E+ _____ | | |
| Pivots ___ Shapes ___ Dance Lv ___ Acro Lv ___ Dism Lv ___ Levels ___ Space ___ F/S/B ___ Dance Ser ___ Acro B-F/S ___ Foot ___ BP ___ Rhy ___ Sure ___ Dyn ___ Art ___ CPE | | | | | | | | | | | | |
| | | | | | | | | | | Exec. - _____ | Time: _____ | S.V. _____ |
| | | | | | | | | | | Artistry - _____ | SV LV: 9.7 | Ded. - _____ |
| | | | | | | | | | | Comp. - _____ | VP - _____ | J1 Score _____ |
| | | | | | | | | | | A - _____ | SR - _____ | J2 Score _____ |
| | | | | | | | | | | B - _____ | RE - _____ | Average _____ |
| | | | | | | | | | | C - _____ | CV+ _____ | Off Ave. - _____ |
| | | | | | | | | | | D+ _____ | DE+ _____ | Score _____ |
| | | | | | | | | | | E+ _____ | | |
| Pivots ___ Shapes ___ Dance Lv ___ Acro Lv ___ Dism Lv ___ Levels ___ Space ___ F/S/B ___ Dance Ser ___ Acro B-F/S ___ Foot ___ BP ___ Rhy ___ Sure ___ Dyn ___ Art ___ CPE | | | | | | | | | | | | |

| BEAM Composition Deductions | | BEAM Execution Deductions | | BEAM Execution Deductions | | BEAM Connection Values | | | BEAM Special Requirements | | | VP | Level 9 | Level 10 | | |
|--|--------|--|----------|---|----------|---------------------------|----------------------------|-----------|----------------------------------|-----------------------------------|----------------------------|--------------------------|------------------------|------------------|------------|-----|
| More than One (1) Straight Leg (Pivot 1/2L) Turns | ea 0.1 | Insufficient Variation - Rhythm/Tempo (thruout) | → 0.2 | Insuff. Sureness of Performance (thruout) | → 0.2 | 2 - Acro. Flight | 0.1 | 0.2 | 1 Acro Flight Series | A = 0.1 | 3 | 3 | A = 0.1 | 3 | 3 | |
| More than Two (2) Wolf / Tuck or 2 Strad. Shapes | ea 0.1 | Concentration Pause (2 seconds) | each 0.1 | Relaxed / Incorrect Footwork (non-VP thru) | → 0.3 | including Mounts | B+C * | B+D | * Min 1-C Flight (L10) | B = 0.3 | 4 | 3 | B = 0.3 | 4 | 3 | |
| Dance - Not up to Competitive Level | → 0.2 | Concentration Pause (more than 2 sec.) | each 0.2 | Incorrect Position / Posture (non-VP thru) | → 0.3 | * No Mount / Dismount | C = Salto * | C+C | * A (non flight) + E (L10) | C = 0.5 | 1 | 2 | C = 0.5 | 1 | 2 | |
| Acro - Not up to Competitive Level | → 0.2 | Rhythm during Acro Connections | ea → 0.2 | Legs Not Parallel - Split or Straddle Pike | ea → 0.2 | 3 - Acro. Flight | Lv 9 - Aerial | B+C+C | 1 - One Leap / Jump | SR | 0.5 | 0.5 | SR | 0.5 | 0.5 | |
| Dismount - Not up to Competition Level | → 0.1 | Lack of Tempo/Poor Rhythm between elements | → 0.2 | Insuff. Height of Leaps - Jumps - Hops | ea → 0.2 | including Mount / Dsmt. | | | * 180o split | SV | 9.7 | 9.5 | SV | 9.7 | 9.5 | |
| Insufficient Level Changes | → 0.1 | Legs extend/bend or Torso Deviation in line | | Insuff. Height of Acro Flights-Aerials-Saltos | ea → 0.2 | 3 - Acro. Flight | B + B + C (Salto) = + 0.1 | | * Cross or Side | Bonus | 0.3 | 0.5 | Bonus | 0.3 | 0.5 | |
| Insufficient Use Entire Beam (Space) | → 0.1 | VP Turns not on High Releve | ea → 0.1 | Insuff. Height of Dismounts | ea → 0.2 | excluding Dismounts | B + B + D/E (Fit.) = + 0.1 | | | Level 9 = 1 Acro D/E Bonus | Max (1 Restricted) D/E = C | | OK without fall / spot | | | |
| (Forward) Choreography | 0.05 | Feet Apart on Side Landing of Leap/Jump | ea → 0.1 | Landing Too Close to Beam on Dismount | 0.1 | 2 Dance / * Mixed | A+D | B+D | 1 - Full Turn | Other Restricted Elements | | No VP 0.5 off SV | | | | |
| (Sideward) Choreography (must show 2 out of 3) | 0.05 | Lack of Precision in Dance Elements | ea → 0.1 | Touch / Brush Foot on Apparatus or Mat | ea → 0.1 | * Acro Flight + Dance | B+C | | on one foot | Additional Bonus - Level 10 | | 0.1 Bonus with 0.6 and E | | | | |
| (Backward) Choreography | 0.05 | Incorrect Posture / Alignment in Dance | ea → 0.1 | Support of 1 leg against side of Beam | each 0.2 | including Mounts | | C+C | B - Aerial/Salto Dmt. L9 | C+B - Acro Series = OK | | C+B - Dance/Acro = OK | | | | |
| Lack of Dance Series (min. 2; Gr. 1, 2, 3) | 0.2 | Hesitation in Jump, Swing, Press Handstand | ea → 0.1 | Grasp Beam to Avoid a Fall | each 0.3 | | | | C - Aerial/Salto Dmt. L10 | | | | | | | |
| Lack of Acro Forward/Sideward & Backward | ea 0.1 | Insufficient Split - Required (Dance / Acro) | ea → 0.2 | Trunk Movement - Control Dismount Landing | → 0.2 | | | | C+B - Acro Series = OK | | | | | | | |
| (Groups: 1, 6, 7, 8) If only in Dismount | 0.05 | Insufficient Ext. (Open) prior to Landing Acro | ea → 0.3 | Additional Movement - Balance on Beam | ea → 0.3 | 2 Turns | A+C | | C+B - Dance/Acro = OK | | | | | | | |
| | | | | | | | | | | | | Bonus + _____ | Time: _____ | S.V. _____ | | |
| | | | | | | | | | | | | Exec. - _____ | | Ded. - _____ | | |
| | | | | | | | | | | | | Art./Comp. - _____ | Lv: 9.5 | J1 Score _____ | | |
| | | | | | | | | | | | | A - _____ | VP - _____ | J2 Score _____ | | |
| | | | | | | | | | | | | B - _____ | SR - _____ | Average _____ | | |
| | | | | | | | | | | | | C - _____ | CV+ _____ | Off Ave. - _____ | | |
| | | | | | | | | | | | | D + _____ | DE+ _____ | Score _____ | | |
| | | | | | | | | | | | | E + _____ | | | | |
| Pivots | Shapes | Dance Lv | Acro Lv | Dism Lv | Levels | Space | F/S/B | Dance Ser | Acro B-F/S | Foot | BP | Rhy | Sure | Dyn | Art | CPE |
| | | | | | | | | | | | | Bonus + _____ | Time: _____ | S.V. _____ | | |
| | | | | | | | | | | | | Exec. - _____ | SV | Ded. - _____ | | |
| | | | | | | | | | | | | Art./Comp. - _____ | Lv: 9.5 | J1 Score _____ | | |
| | | | | | | | | | | | | A - _____ | VP - _____ | J2 Score _____ | | |
| | | | | | | | | | | | | B - _____ | SR - _____ | Average _____ | | |
| | | | | | | | | | | | | C - _____ | CV+ _____ | Off Ave. - _____ | | |
| | | | | | | | | | | | | D + _____ | DE+ _____ | Score _____ | | |
| | | | | | | | | | | | | E + _____ | | | | |
| Pivots | Shapes | Dance Lv | Acro Lv | Dism Lv | Levels | Space | F/S/B | Dance Ser | Acro B-F/S | Foot | BP | Rhy | Sure | Dyn | Art | CPE |
| | | | | | | | | | | | | Bonus + _____ | Time: _____ | S.V. _____ | | |
| | | | | | | | | | | | | Exec. - _____ | SV | Ded. - _____ | | |
| | | | | | | | | | | | | Art./Comp. - _____ | Lv: 9.5 | J1 Score _____ | | |
| | | | | | | | | | | | | A - _____ | VP - _____ | J2 Score _____ | | |
| | | | | | | | | | | | | B - _____ | SR - _____ | Average _____ | | |
| | | | | | | | | | | | | C - _____ | CV+ _____ | Off Ave. - _____ | | |
| | | | | | | | | | | | | D + _____ | DE+ _____ | Score _____ | | |
| | | | | | | | | | | | | E + _____ | | | | |
| Pivots | Shapes | Dance Lv | Acro Lv | Dism Lv | Levels | Space | F/S/B | Dance Ser | Acro B-F/S | Foot | BP | Rhy | Sure | Dyn | Art | CPE |

| Level 6 - Bars | Level 7 - Bars | Level 8 - Bars | Level 6 - Beam | Level 7 - Beam | Level 8 - Beam | 1:15 Level 6 - Floor | 1:30 Level 7 - Floor | 1:30 Level 8 - Floor | | | L6 | L7 | L8 |
|---|---|---|---|---|--|---|---|---|-------------------------------------|------------------------------|-----|-----|-----|
| One Cast <i>Above Horizontal</i> | One Cast <i>45o from vertical</i> | One Bar Change <i>1-LB, 1-HB skill</i> | Acro Series w/o flt. <i>OR One (1) Acro Flt.</i> | Acro Series (w/wo flt.) <i>+ 1 Acro Flight</i> | Acro Series <i>with 1 Acro Flight</i> | Acro Pass (Gr 5,6,7,8) <i>(3) Direct with (2) Flight</i> | Acro Pass (3 elem.) <i>with Back Layout-2 ft.</i> | 2 Salto Pass <i>Direct or Indirect</i> | A = 0.1 | A | 5 | 5 | 4 |
| One Bar Change <i>1-LB, 1-HB skill</i> | 360o Clear Circle <i>one "B" Circle</i> | "B" Element <i>Flight or Turn</i> | One Leap / Jump <i>180o Split</i> | One Leap / Jump <i>180o Split</i> | One Leap / Jump <i>180o Split</i> | 1 Salto / Aerial <i>Single or 2nd Series</i> | Front Acro Pass <i>2 Direct - 1 Aerial / Salto</i> | 3 Different Saltos | B = 0.3 | B | 1 | 2 | 4 |
| 360o Clear Circle <i>one Group 3,6,7</i> | 360o Clear Circle <i>one Group 3,6,7</i> | "B" Circle <i>Group 3,6,7</i> | Full Turn <i>Single or Series</i> | Full Turn <i>Single or Series</i> | Full Turn <i>Single or Series</i> | Dance Passage <i>Gr.1, 180° Split Leap</i> | Dance Passage <i>Gr.1, 180° Split Leap</i> | Dance Passage <i>Gr.1, 180° Split Leap</i> | | SR | 0.5 | 0.5 | 0.5 |
| A - Salto <i>Dismount</i> | A - Salto <i>Dismount</i> | A - Salto <i>Dismount</i> | A - Dismount <i>Aerial/Salto</i> | A - Dismount <i>Aerial/Salto</i> | A - Dismount <i>Aerial/Salto</i> | Full Turn <i>Single or Series</i> | Full Turn <i>Single or Series</i> | A - Element <i>Last Salto</i> | Restricted elements - 0.5 SV | | | | |
| | | | | | | | | | Lv 6 | Only "A" and "B" elements | | | |
| | | | | | | | | | Lv 6 | ONE "C" Dance allowed | | | |
| | | | | | | | | | Lv 6 | Any "C" Acro restricted | | | |
| | | | | | | | | | Lv 6 | NO VP, NO SR, - 0.5 SV | | | |
| | | | | | | | | | Time: _____ | S.V. _____ | | | |
| ___ A | | | | | | | | | S. V. 10.0 | Ded. - _____ | | | |
| ___ B | | | | | | | | | VP - _____ | J1 Score _____ | | | |
| ___ C | | | | | | | | | SR - _____ | J2 Score _____ | | | |
| | | | | | | | | | RE - _____ | Average _____ | | | |
| | | | | | | | | | Artistry - _____ | Off Ave. - _____ | | | |
| | | | | | | | | | Exec. - _____ | Score _____ | | | |
| | | | | | | | | | Time: _____ | S.V. _____ | | | |
| ___ A | | | | | | | | | S. V. 10.0 | Ded. - _____ | | | |
| ___ B | | | | | | | | | VP - _____ | J1 Score _____ | | | |
| ___ C | | | | | | | | | SR - _____ | J2 Score _____ | | | |
| | | | | | | | | | RE - _____ | Average _____ | | | |
| | | | | | | | | | Artistry - _____ | Off Ave. - _____ | | | |
| | | | | | | | | | Exec. - _____ | Score _____ | | | |
| | | | | | | | | | Time: _____ | S.V. _____ | | | |
| ___ A | | | | | | | | | S. V. 10.0 | Ded. - _____ | | | |
| ___ B | | | | | | | | | VP - _____ | J1 Score _____ | | | |
| ___ C | | | | | | | | | SR - _____ | J2 Score _____ | | | |
| | | | | | | | | | RE - _____ | Average _____ | | | |
| | | | | | | | | | Artistry - _____ | Off Ave. - _____ | | | |
| | | | | | | | | | Exec. - _____ | Score _____ | | | |

| Level 6 - Bars | Level 7 - Bars | Level 8 - Bars | Level 6 - Beam | Level 7 - Beam | Level 8 - Beam | 1:15 Level 6 - Floor | 1:30 Level 7 - Floor | 1:30 Level 8 - Floor | | | L6 | L7 | L8 |
|---|---|---|---|---|--|---|---|---|-------------------------------------|---------------------------|-----|-----|-----|
| One Cast <i>Above Horizontal</i> | One Cast <i>45o from vertical</i> | One Bar Change <i>1-LB, 1-HB skill</i> | Acro Series w/o ft. OR <i>One (1) Acro Flt.</i> | Acro Series (w/w/o ft.) <i>+ 1 Acro Flight</i> | Acro Series <i>with 1 Acro Flight</i> | Acro Pass (Gr 5,6,7,8) <i>(3) Direct with (2) Flight</i> | Acro Pass (3 elem.) <i>with Back Layout-2 ft.</i> | 2 Salto Pass <i>Direct or Indirect</i> | A = 0.1 | A | 5 | 5 | 4 |
| One Bar Change <i>1-LB, 1-HB skill</i> | 360o Clear Circle <i>one "B" Circle</i> | "B" Element <i>Flight or Turn</i> | One Leap / Jump <i>180o Split</i> | One Leap / Jump <i>180o Split</i> | One Leap / Jump <i>180o Split</i> | 1 Salto / Aerial <i>Single or 2nd Series</i> | Front Acro Pass <i>2 Direct - 1 Aerial / Salto</i> | 3 Different <i>Saltos</i> | B = 0.3 | B | 1 | 2 | 4 |
| One Element <i>Group 3,6,7</i> | 360o Clear Circle <i>one Group 3,6,7</i> | "B" Circle <i>Group 3,6,7</i> | Full Turn <i>Single or Series</i> | Full Turn <i>Single or Series</i> | Full Turn <i>Single or Series</i> | Dance Passage <i>Gr.1, 180° Split Leap</i> | Dance Passage <i>Gr.1, 180° Split Leap</i> | Dance Passage <i>Gr.1, 180° Split Leap</i> | | SR | 0.5 | 0.5 | 0.5 |
| A - Salto <i>Dismount</i> | A - Salto <i>Dismount</i> | A - Salto/Hecht <i>Dismount</i> | A - Dismount <i>Aerial/Salto</i> | A - Dismount <i>Aerial/Salto</i> | A - Dismount <i>Aerial/Salto</i> | Full Turn <i>Single or Series</i> | Full Turn <i>Single or Series</i> | A - Element <i>Last Salto</i> | Restricted elements - 0.5 SV | | | | |
| | | | | | | | | | Lv 7 | Only "A" and "B" elements | | | |
| | | | | | | | | | Lv 7 | ANY "C" Dance allowed | | | |
| | | | | | | | | | Lv 7 | "C" Acro Restricted | | | |
| | | | | | | | | | Lv 7 | NO VP, NO SR, - 0.5 SV | | | |

| | | |
|--------------|-------------------|------------------|
| | Time: _____ | S.V. _____ |
| ___ A | S. V. 10.0 | Ded. - _____ |
| ___ B | VP - _____ | J1 Score _____ |
| ___ C | SR - _____ | J2 Score _____ |
| | RE - _____ | Average _____ |
| | Artistry - _____ | Off Ave. - _____ |
| | Exec. - _____ | Score _____ |

| | | |
|--------------|-------------------|------------------|
| | Time: _____ | S.V. _____ |
| ___ A | S. V. 10.0 | Ded. - _____ |
| ___ B | VP - _____ | J1 Score _____ |
| ___ C | SR - _____ | J2 Score _____ |
| | RE - _____ | Average _____ |
| | Artistry - _____ | Off Ave. - _____ |
| | Exec. - _____ | Score _____ |

| | | |
|--------------|-------------------|------------------|
| | Time: _____ | S.V. _____ |
| ___ A | S. V. 10.0 | Ded. - _____ |
| ___ B | VP - _____ | J1 Score _____ |
| ___ C | SR - _____ | J2 Score _____ |
| | RE - _____ | Average _____ |
| | Artistry - _____ | Off Ave. - _____ |
| | Exec. - _____ | Score _____ |

| Level 6 - Bars | Level 7 - Bars | Level 8 - Bars | Level 6 - Beam | Level 7 - Beam | Level 8 - Beam | 1:15 - Level 6 - Floor | 1:30 - Level 7 - Floor | 1:30 - Level 8 - Floor | | | L6 | L7 | L8 |
|---|---|---|---|---|--|---|---|--|-------------------------------------|----------------------------|----|----|----|
| One Cast <i>Above Horizontal</i> | One Cast <i>45o from vertical</i> | One Bar Change <i>1-LB, 1-HB skill</i> | Acro Series w/o flt <i>OR One (1) Acro Flt</i> | Acro Series (w/wo flt.) <i>+ 1 Acro Flight</i> | Acro Series <i>with 1 Acro Flight</i> | Acro Pass (Gr 5,6,7,8) <i>(3) Direct with (2) Flight</i> | Acro Pass (3 elem.) <i>with Back Layout-2 ft.</i> | 2 Salto Pass <i>Direct or Indirect</i> | A = 0.1 | A | 5 | 5 | 4 |
| One Bar Change <i>1-LB, 1-HB skill</i> | 360o Clear Circle <i>one "B" Circle</i> | "B" Element <i>Flight or Turn</i> | One Leap / Jump <i>180o Split</i> | One Leap / Jump <i>180o Split</i> | One Leap / Jump <i>180o Split</i> | 1 Salto / Aerial <i>Single or 2nd Series</i> | Front Acro Pass <i>2 Direct - 1 Aerial / Salto</i> | 3 Different Saltos | B = 0.3 | B | 1 | 2 | 4 |
| 360o Clear Circle <i>one Group 3,6,7</i> | 360o Clear Circle <i>one Group 3,6,7</i> | "B" Circle <i>Group 3,6,7</i> | Full Turn <i>Single or Series</i> | Full Turn <i>Single or Series</i> | Full Turn <i>Single or Series</i> | Dance Passage <i>Gr.1, 180° Split Leap</i> | Dance Passage <i>Gr.1, 180° Split Leap</i> | Dance Passage <i>Gr.1, 180° Split Leap</i> | Restricted elements - 0.5 SV | | | | |
| A - Salto <i>Dismount</i> | A - Salto <i>Dismount</i> | A - Salto <i>Dismount</i> | A - Dismount <i>Aerial/Salto</i> | A - Dismount <i>Aerial/Salto</i> | A - Dismount <i>Aerial/Salto</i> | Full Turn <i>Single or Series</i> | Full Turn <i>Single or Series</i> | A - Element Last Salto | Lv 8 | All "A/B" elements allowed | | | |
| | | | | | | | | | Lv 8 | Any "C" Dance allowed | | | |
| | | | | | | | | | Lv 8 | ONE "C" Acro allowed | | | |
| | | | | | | | | | Lv 8 | D/E Restricted | | | |

Time: _____ S.V. _____

S. V. **10.0** Ded. - _____

VP - _____ J1 Score _____

SR - _____ J2 Score _____

RE - _____

Average _____

Comp. - _____

Off Ave. - _____

Exec. - _____

Score _____

Shapes _____ B-turn _____ Dance Lv _____ Acro Lv _____ Last Salto Lv _____ Fwd/Side _____ 3 Saltos ("A") _____ Use of FX _____ Foot _____ Dyn _____ Rhy _____ Music _____ Artistry _____

Time: _____ S.V. _____

S. V. **10.0** Ded. - _____

VP - _____ J1 Score _____

SR - _____ J2 Score _____

RE - _____

Average _____

Comp. - _____

Off Ave. - _____

Exec. - _____

Score _____

Shapes _____ B-turn _____ Dance Lv _____ Acro Lv _____ Last Salto Lv _____ Fwd/Side _____ 3 Saltos ("A") _____ Use of FX _____ Foot _____ Dyn _____ Rhy _____ Music _____ Artistry _____

Time: _____ S.V. _____

S. V. **10.0** Ded. - _____

VP - _____ J1 Score _____

SR - _____ J2 Score _____

RE - _____

Average _____

Comp. - _____

Off Ave. - _____

Exec. - _____

Score _____

Shapes _____ B-turn _____ Dance Lv _____ Acro Lv _____ Last Salto Lv _____ Fwd/Side _____ 3 Saltos ("A") _____ Use of FX _____ Foot _____ Dyn _____ Rhy _____ Music _____ Artistry _____

| FLOOR Composition Deductions | | FLOOR Execution Deductions | | FLOOR Execution Deductions | | FLOOR Connection Values | | | FLOOR Special Requirements | | VP | Level 9 | Level 10 |
|--|-------|---|----------|--|----------|--------------------------------------|--------------|------------------------------------|---|---------|------------------------|------------|-------------|
| Insufficient Use of Space (floor pattern) | → 0.1 | Insufficient Dynamics (thruout) | →0.2 | Insuff. Height of Leaps, Jumps, Hops & Acro Fit. | ea →0.2 | Acro. Indirect (Aerials / Saltos) | 0.1 B+C | 0.2 B+D | 2 Salto Pass or 2 Direct Saltos | A = 0.1 | 3 | 3 | |
| More than 2 Wolf / Tuck Shapes | 0.1 | Insufficient Variation - Rhythm/Tempo (thruout) | →0.2 | Insuff. Height of Acrobatic Saltos | ea →0.3 | A/B+A/B+C A+D | A+A+D A+E | 2 Different Saltos | | B = 0.3 | 4 | 3 | |
| More than 2 Straddle Jump Shapes | 0.1 | Relaxed / Incorrect Footwork (non-VP thru) | → 0.3 | Legs Not Parallel to FX - Split or Straddle Pike | ea →0.2 | | | Acro. Direct (Aerials / Saltos) | A+C | B+C | 3 Different Saltos | C = 0.5 | 1 |
| Lack of ("B") Turn on One Foot | 0.2 | Incorrect Body position, posture (non-VP thru) | → 0.3 | Insufficient Split on Elements | ea →0.2 | B+B | C+C | | Dance Pass 2 Different Elements Group 1 only Direct or Indirect One - 180o Split LEAP | SR | 0.5 | 0.5 | 0.5 |
| Dance - Not up to Comp Level | → 0.2 | Artistry: Lack Variety (poses, connect, steps) | →0.1 | Trunk Movements to Control Acro Landings | ea →0.2 | A+A+C | A+A+D | SV | | SV | 9.7 | 9.5 | |
| Acro Saltos - Not up to Comp Level | → 0.2 | Artistry: Reflects Personal Style (thruout) | →0.1 | Insufficient Ext (Open) prior to Landings | ea →0.3 | * Dance / Mixed | | B+D | Last Salto B - Salto (L9) C - Salto (L10) | Bonus | 0.3 | 0.5 | |
| Last Salto - Not up to Comp Level | → 0.1 | Artistry: Quality of Expression (thruout) | →0.1 | Music & Movement Poor Relationship (thruout) | →0.2 | * No CV = Turn + Jump | C+C | C+D | | Bonus | OK without fall / spot | | |
| Lack Forw / Side & Back Salto | 0.1 | Concentration Pause (2 sec. +) into Acro | each 0.1 | Poor relationship of Music and Moves (thru) | →0.3 | (same / different) | | | Level 9 = 1 Acro D/E Bonus Maximum (1 Restricted) D/E D/E = C | | | | |
| Lack of Minimum 3 ("A") Saltos (L 8) | 0.3 | Incorrect Rhythm during Direct Connections | ea →0.1 | • Fail to hold ending pose for one (1) sec. | each .05 | Salto D+A Jump | | | Other Restricted Element No VP 0.5 off SV | | | | |
| Lack of ("B") Salto - not Last Salto (L 9) | 0.3 | Feet apart on landing of leap/jump/hops | ea →0.1 | • Fail to Synch Music and Ending pose | 0.1 | | | | | | | | |
| Lack of ("C") Salto - not Last Salto (L10) | 0.3 | Turn VP not on High Releve | ea →0.1 | Coach on the Floor | (CJ) 0.5 | | | | | | | | |
| | | Lack of Precision in Dance Elements | ea →0.1 | Music with Words or Absence of Music | (CJ) 1.0 | | | | | | | | |
| | | Incorrect Body Position / Alignment in Dance Elements | ea →0.1 | Exercise Less Than 30 Seconds | (CJ) 2.0 | | | | | | | | |

| | | | | | | | | | | | | | |
|--------------|--------------|----------------|---------------|---------------------|----------------|---------------|------------|----------|-----------|------------|------------------|----------------------|------------------|
| | | | | | | | | | | | Artistry - _____ | Time: _____ | S.V. _____ |
| | | | | | | | | | | | Exec. - _____ | SV Lv: 9.7 | Ded. - _____ |
| | | | | | | | | | | | Comp. - _____ | VP - _____ | J1 Score _____ |
| | | | | | | | | | | | A - _____ | SR - _____ | J2 Score _____ |
| | | | | | | | | | | | B - _____ | RE - _____ | Average _____ |
| | | | | | | | | | | | C - _____ | CV+ _____ | Off Ave. - _____ |
| | | | | | | | | | | | D + _____ | DE+ _____ | Score _____ |
| | | | | | | | | | | | E + _____ | | |
| Shapes _____ | B-Turn _____ | Dance Lv _____ | Acro Lv _____ | Last Salto Lv _____ | Fwd/Side _____ | B-Salto _____ | Foot _____ | BP _____ | Dyn _____ | Rhym _____ | Music _____ | | |

| | | | | | | | | | | | | | |
|--------------|--------------|----------------|---------------|---------------------|----------------|---------------|------------|----------|-----------|------------|------------------|----------------------|------------------|
| | | | | | | | | | | | Artistry - _____ | Time: _____ | S.V. _____ |
| | | | | | | | | | | | Exec. - _____ | SV Lv: 9.7 | Ded. - _____ |
| | | | | | | | | | | | Comp. - _____ | VP - _____ | J1 Score _____ |
| | | | | | | | | | | | A - _____ | SR - _____ | J2 Score _____ |
| | | | | | | | | | | | B - _____ | RE - _____ | Average _____ |
| | | | | | | | | | | | C - _____ | CV+ _____ | Off Ave. - _____ |
| | | | | | | | | | | | D + _____ | DE+ _____ | Score _____ |
| | | | | | | | | | | | E + _____ | | |
| Shapes _____ | B-Turn _____ | Dance Lv _____ | Acro Lv _____ | Last Salto Lv _____ | Fwd/Side _____ | B-Salto _____ | Foot _____ | BP _____ | Dyn _____ | Rhym _____ | Music _____ | | |

| | | | | | | | | | | | | | |
|--------------|--------------|----------------|---------------|---------------------|----------------|---------------|------------|----------|-----------|------------|------------------|----------------------|------------------|
| | | | | | | | | | | | Artistry - _____ | Time: _____ | S.V. _____ |
| | | | | | | | | | | | Exec. - _____ | SV Lv: 9.7 | Ded. - _____ |
| | | | | | | | | | | | Comp. - _____ | VP - _____ | J1 Score _____ |
| | | | | | | | | | | | A - _____ | SR - _____ | J2 Score _____ |
| | | | | | | | | | | | B - _____ | RE - _____ | Average _____ |
| | | | | | | | | | | | C - _____ | CV+ _____ | Off Ave. - _____ |
| | | | | | | | | | | | D + _____ | DE+ _____ | Score _____ |
| | | | | | | | | | | | E + _____ | | |
| Shapes _____ | B-Turn _____ | Dance Lv _____ | Acro Lv _____ | Last Salto Lv _____ | Fwd/Side _____ | B-Salto _____ | Foot _____ | BP _____ | Dyn _____ | Rhym _____ | Music _____ | | |

| FLOOR | | FLOOR | | FLOOR | | FLOOR | | FLOOR | | FLOOR | | VP | Level | Level | |
|--|--------|---|----------|--|----------|-----------------------------------|--------------------|----------------------|---------------------------------|-----------------------------|------------------------|------------------|-------|-----------|--|
| Composition Deductions | | Execution Deductions | | Execution Deductions | | Connection Values | | Special Requirements | | Special Requirements | | VP | Level | Level | |
| Insufficient Use of Space (floor pattern) | → 0.1 | Insufficient Dynamics (thruout) | →0.2 | Insuff. Height of Leaps, Jumps, Hops & Acro Flt. | ea →0.2 | Acro. Indirect (Aerials / Saltos) | 0.1 B+C | 0.2 B+D | 2 Salto Pass or 2 Direct Saltos | A = 0.1 | 3 | 3 | | | |
| More than 2 Wolf / Tuck Shapes | 0.1 | Insufficient Variation - Rhythm/Tempo (thruout) | →0.2 | Insuff. Height of Acrobatic Saltos | ea →0.3 | | A/B+A/B+C | C+C | 3 Different Saltos | B = 0.3 | 4 | 3 | | | |
| More than 2 Straddle Jump Shapes | 0.1 | Relaxed / Incorrect Footwork (non-VP thru) | → 0.3 | Legs Not Parallel to FX - Split or Straddle Pike | ea →0.2 | | A+D | A+E | | C = 0.5 | 1 | 2 | | | |
| Lack of ("B") Turn on One Foot | 0.2 | Incorrect Body position, posture (non-VP thru) | → 0.3 | Insufficient Split on Elements | ea →0.2 | | | | | SR | 0.5 | 0.5 | | | |
| | | Artistry: Lack Variety (poses, connect, steps) | →0.1 | Trunk Movements to Control Acro Landings | ea →0.2 | Acro. Direct (Aerials / Saltos) | A+C | B+C | Dance Pass | SV | 9.7 | 9.5 | | | |
| Dance - Not up to Comp Level | → 0.2 | Artistry: Reflects Personal Style (thruout) | →0.1 | Insufficient Ext (Open) prior to Landings | ea →0.3 | | B+B | C+C | 2 Different Elements | Bonus | 0.3 | 0.5 | | | |
| Acro Saltos - Not up to Comp Level | → 0.2 | Artistry: Quality of Expression (thruout) | →0.1 | Music & Movement Poor Relationship (thruout) | →0.2 | | A+A+C | A/B+D | Group 1 only | Bonus | OK without fall / spot | | | | |
| Last Salto - Not up to Comp Level | → 0.1 | Concentration Pause (2 sec. +) into Acro | each 0.1 | Poor relationship of Music and Moves (thru) | →0.3 | | | A+A+D | Direct or Indirect | Level 9 = 1 Acro D/E Bonus | | | | | |
| | | Incorrect Rhythm during Direct Connections | ea →0.1 | • Fail to hold ending pose for one (1) sec. | each .05 | * Dance / Mixed | B+D | C+D | One - 180o Split LEAP | Max (1 Restricted) D/E = C | | | | | |
| Lack Forw / Side & Back Salto | 0.1 | Feet apart on landing of leap/jump/hops | ea →0.1 | • Fail to Synch Music and Ending pose | 0.1 | * No CV = Turn + Jump | C+C | C+D | Last Salto | Other Restricted Elements | No VP | 0.5 off SV | | | |
| Lack of Minimum 3 ("A") Saltos (L 8) | 0.3 | Turn VP not on High Releve | ea →0.1 | Coach on the Floor | (CJ) 0.5 | | (same / different) | | B - Salto (L9) | Additional Bonus - Level 10 | | | | | |
| Lack of ("B") Salto - not Last Salto (L 9) | 0.3 | Lack of Precision in Dance Elements | ea →0.1 | Music with Words or Absence of Music | (CJ) 1.0 | | | | C - Salto (L10) | 0.1 Bonus with 0.6 and E | | | | | |
| Lack of ("C") Salto - not Last Salto (L10) | 0.3 | Incorrect Body Position / Alignment in Dance Elem | ea →0.1 | Exercise Less Than 30 Seconds | (CJ) 2.0 | Mixed | Salto D+A Jump | | | | | | | | |
| | | | | | | | | | | Bonus + _____ | Time: _____ | S.V. _____ | | | |
| | | | | | | | | | | Exec. - _____ | SV Lv: 9.5 | Ded. - _____ | | | |
| | | | | | | | | | | Art./Comp. - _____ | VP - _____ | J1 Score _____ | | | |
| | | | | | | | | | | A - _____ | SR - _____ | J2 Score _____ | | | |
| | | | | | | | | | | B - _____ | | Average _____ | | | |
| | | | | | | | | | | C - _____ | CV+ _____ | Off Ave. - _____ | | | |
| | | | | | | | | | | D + _____ | DE+ _____ | Score _____ | | | |
| Shapes | B-Turn | Dance Lv | Acro Lv | Last Salto Lv | Fwd/Side | C-Salto | Foot | BP | Dyn | Rhym | Music | Art | CPE | E + _____ | |
| | | | | | | | | | | Bonus + _____ | Time: _____ | S.V. _____ | | | |
| | | | | | | | | | | Exec. - _____ | SV Lv: 9.5 | Ded. - _____ | | | |
| | | | | | | | | | | Art./Comp. - _____ | VP - _____ | J1 Score _____ | | | |
| | | | | | | | | | | A - _____ | SR - _____ | J2 Score _____ | | | |
| | | | | | | | | | | B - _____ | | Average _____ | | | |
| | | | | | | | | | | C - _____ | CV+ _____ | Off Ave. - _____ | | | |
| | | | | | | | | | | D + _____ | DE+ _____ | Score _____ | | | |
| Shapes | B-Turn | Dance Lv | Acro Lv | Last Salto Lv | Fwd/Side | C-Salto | Foot | BP | Dyn | Rhym | Music | Art | CPE | E + _____ | |
| | | | | | | | | | | Bonus + _____ | Time: _____ | S.V. _____ | | | |
| | | | | | | | | | | Exec. - _____ | SV Lv: 9.5 | Ded. - _____ | | | |
| | | | | | | | | | | Art./Comp. - _____ | VP - _____ | J1 Score _____ | | | |
| | | | | | | | | | | A - _____ | SR - _____ | J2 Score _____ | | | |
| | | | | | | | | | | B - _____ | | Average _____ | | | |
| | | | | | | | | | | C - _____ | CV+ _____ | Off Ave. - _____ | | | |
| | | | | | | | | | | D + _____ | DE+ _____ | Score _____ | | | |
| Shapes | B-Turn | Dance Lv | Acro Lv | Last Salto Lv | Fwd/Side | C-Salto | Foot | BP | Dyn | Rhym | Music | Art | CPE | E + _____ | |