| Vault: Level 1                           |                             |                             |                               |
|--|-----------------------------|-----------------------------|-------------------------------|
| Run & Board Contact                      | Stretch Jump                | Handstand                   | Landing                       |
| HZ running speed: ^0.3                   | Lack of height: ^0.5        | Extra Kick: <u>0.5</u> each | Fail land stlying position on |
| Excessive lean: ^0.3                     | Foot form: ^0.1             | Foot form: ^0.1             | back: ^1.0                    |
| Additional jumps: <u>0.3</u> each        | Legs Separated: ^0.2        | Legs Separated: ^0.2        | Lands on feet & steps off     |
| Run onto board to mat/ Not               | Legs Bent: ^0.3             | Legs Bent: ^0.3             | mat: <u>1.0</u>               |
| landing on feet: 5.0/Void                | Neutral Head Position: ^0.3 | Neutral Head Position: ^0.3 | Land on seat 90° hip angle &  |
| General Faults                           | Arch: ^0.3                  | Arch: ^0.3                  | steps off mat: <u>0.5</u>     |
| Dynamics: ^0.3                           | Pike: ^0.5                  | Pike: ^0.5                  | Lands in arch & bent legs &   |
| Spot Straight Jump: 2.0                  | Dev from straight dir: ^0.3 | Inc. Shoulder Align: ^0.3   | steps off mat: <u>0.5</u>     |
| Spot landing of St Jump: 0.5             | Fail land Demi-plie: ^0.5   | Arms Bent: ^0.5             |                               |
| Fall after spot: <u>0.5</u> (additional) | Fall: <u>0.5</u>            |                             |                               |
|  |                             |                             |                               |
| Gymnast#:                                | Stretch Jump (5.0)          | Handstand (5.0)             | Λ Landing                     |
| Hei                                      | ght                         | Extra Kick:                 | 1                             |
| Fee                                      | et                          | Foot form:                  | 14)                           |
| _  | s Sep:                      | Legs Sep:                   | ʻlf                           |
|  | s Bent:                     | Legs Bent:                  | λ                             |
| Lean Hea                                 |                             | Head:                       | General                       |
|  | :h/Pike                     | Arch/Pike                   | <u>'</u>                      |
|  | ection                      | Shoulder:                   | Dynamics:                     |
| Lan                                      | iding                       | Arms Bent:                  | Spot/fall:                    |
|  | 1/3                         |                             | <u></u>                       |
|  | U                           |                             |                               |
|  |                             |                             |                               |
| Gymnast#:                                | Stratch lump (F.0)          | Handstand (F.O)             | Landing                       |
| 1 '                                      | Stretch Jump (5.0)          | Handstand (5.0) Extra Kick: | Landing                       |
| Fee                                      | <u> </u>                    | Foot form:                  | (                             |
|  | s Sep:                      | Legs Sep:                   | )                             |
|  | is Bent:                    | Legs Bent:                  |                               |
| Lean Hea                                 | 1.7                         | Head:                       | General                       |
|  | h/Pike                      | Arch/Pike                   | General                       |
|  | ection                      | Shoulder:                   | Dynamics:                     |
|  | iding.                      | Arms Bent:                  | Spot/fall:                    |
| Lan                                      |                             | All III Belle.              | 3pot/14                       |
|  | V                           |                             |                               |
|  |                             |                             |                               |
|  |                             |                             |                               |
| Gymnast#:                                | Stretch Jump (5.0)          | Handstand (5.0)             | Landing                       |
| •  | ght                         | Extra Kick:                 | _                             |
| Fee                                      | 7                           | Foot form:                  | l .                           |
|  | s Sep:                      | Legs Sep:                   | (                             |
|  | s Bent:                     | Legs Bent:                  |                               |
| Lean Hea                                 | 1.7                         | Head:                       | General                       |
|  | h/Pike                      | Arch/Pike                   |                               |
|  | ection                      | Shoulder:                   | Dynamics:                     |
|  | iding                       | Arms Bent:                  | Spot/fall:                    |
|  | 1/                          |                             | <u></u>                       |
|  | ν                           |                             |                               |
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| Vault: Level 2            |                             |  |                              |
|---------------------------|-----------------------------|--|------------------------------|
| Run & Board Contact       | General (Each Phase)        | Support Phase  | Landing                      |
| Insuf Acceleration: ^0.3  | Foot form: ^0.1             | Inc. Shoulder Align: ^0.3  | Lands on feet & steps off    |
| HZ running speed: ^0.3    | Legs Separated: ^0.2        | Arms Bent: ^0.5 Bent Arms Head Cont: 2.0   | mat: <u>1.0</u>              |
| Excessive lean: ^0.3      | Legs Bent: ^0.3             | Bth Hands Beyond Tape: 0.5   | Land on seat 90° hip angle & |
| Additional jumps: 0.3 eac |                             | Staggered Hands: <u>0.2</u>  | steps off mat: <u>0.5</u>    |
| Run onto board to mat: \  |                             | Additional hand place: <u>0.1</u> ea   | Lands in arch & bent legs &  |
|                           | Pike: ^0.5                  | (max 0.3)<br>1 or no hand contact: 3.0   | steps off mat: <u>0.5</u>    |
|                           |                             | Fail to show vertical: ^2.0  |                              |
| General Faults            | First Flight                | Contact After Vertical:  |                              |
| Dynamics: ^0.3            | Dev from straight dir: ^0.3 | 0° - 45°: ^.5 46° - 89°: ^1.0  |                              |
| Spot After HS: 2.0        |                             |  |                              |
| Gymnast#:                 | General (Each Phase)        | Support Phase  | Landing                      |
|                           | Feet                        | Shoulder:  |                              |
|                           | Legs Sep:                   | Arms Bent:   |                              |
|                           | Legs Bent:                  | Hand Placement:  |                              |
|                           | Head:                       | Vertical:  | General                      |
|                           | Arch/Pike                   | Λ  | Dynamics:                    |
| Lean                      | Discolina                   | G G  |                              |
| Jumps                     | Direction                   | 1/4 1/3  | /}                           |
|                           |                             | P = P  | //                           |
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| Gymnast#:                 | General (Each Phase)        | Support Phase  | Landing                      |
| •                         | <b>-</b> .                  | Shoulder:  | Landing                      |
|                           | Feet<br>Legs Sep:           | Arms Bent:   |                              |
|                           | Legs Bent:                  | Hand Placement:  |                              |
|                           | Head:                       | Vertical:  | General                      |
|                           | Arch/Pike                   |  | Dynamics:                    |
| Lean                      |                             |  |                              |
|                           | Direction                   | 6  |                              |
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| Gymnast#:                 | General (Each Phase)        | Support Phase  | Landing                      |
|                           | Feet                        | Shoulder:  |                              |
|                           | Legs Sep:                   | Arms Bent:   |                              |
| Run & Board Contact       | Legs Bent:                  | Hand Placement:  |                              |
|                           | Head:                       | Vertical:  | General                      |
|                           | Arch/Pike                   |  | Dynamics:                    |
| Lean                      |                             | 0  |                              |
| Jumps                     | Direction                   | //   | A                            |
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| Vault: Level 3              |                             |   |   |
|-----------------------------|-----------------------------|---|---|
| General Faults              | General (Each Phase)        | Support Phase                                   | Landing                                 |
| Dev from straight dir: ^0.3 | Foot form: ^0.1             | Inc. Shoulder Align: ^0.2                       | Feet Apart (Hip width): 0.1(0.05)       |
| Dynamics: ^0.3              | Legs Separated: ^0.2        | Alt Repulsion: ^0.2                             | Hop/adjust/stag feet: ^0.1              |
| Assistance of Coach: 2.0    | Legs Bent: ^0.3             | Arms Bent: ^0.5                                 | Steps: <u>0.1</u> ea. (max <u>0.4</u> ) |
|                             | Neutral Head Position: ^0.3 | Bent Arms Head Cont: 2.0                        | Lg. Jump: <u>0.2</u> (max <u>0.4)</u>   |
| First Flight                | Arch: ^0.3                  | Too long in support: ^0.5 Staggered Hands: ^0.1 | Arm Swings: ^0.1<br>Inc Body Post: ^0.2 |
| See General Faults          | Pike: ^0.5                  | Additional hand place: 0.1 ea                   | Add Trunk Movement: ^0.2                |
| See General Faults          | 1 IKC. 0.5                  | (max 0.3)                                       | Squat on Landing: ^0.3                  |
|                             |                             | 1 hand touch: <u>1.0</u>                        | Assist on landing: <u>0.5</u>           |
|                             |                             | No hands touch: Void                            | Fall: <u>0.5</u>                        |
|                             |                             | Contact After Vertical:                         | Fail to land on feet: 2.0               |
| C                           | Constal (South Bloom)       | 0° - 45°: ^.5 46° - 89°: ^1.0                   | Land on mat stack: 2.5                  |
| Gymnast#:                   | General (Each Phase)        | Support Phase                                   | Landing                                 |
| Fee                         |                             | Shoulder:                                       |   |
|                             | s Sep:                      | Arms Bent:                                      |   |
| _                           | s Bent:                     | Hand Placement:                                 |   |
| Hea                         |                             | Support:  |   |
| Arc                         | h/Pike                      |   |   |
|                             |                             | S A   |   |
|                             |                             |   | Dynamics                                |
|                             | A 18 19 00                  | A A STANDED                                     | Direction                               |
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| Gymnast#:                   | General (Each Phase)        | Support Phase                                   | Landing                                 |
| Fee                         |                             | Shoulder:                                       |   |
|                             | s Sep:                      | Arms Bent:                                      |   |
| _                           | s Bent:                     | Hand Placement:                                 |   |
| Hea                         | •                           |   |   |
|                             |                             | Support:  |   |
| Arc                         | h/Pike                      | a   |   |
|                             |                             |   | D. sassina                              |
|                             |                             | N ()  | Dynamics                                |
| -                           |                             | M. O. S.    | Direction                               |
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|                             |                             | <i>}</i> / (/                                   |   |
|                             |                             | E E   |   |
| Gymnast#:                   | General (Each Phase)        | Support Phase                                   | Landing                                 |
| Fee                         | t                           | Shoulder:                                       |   |
| Leg                         | s Sep:                      | Arms Bent:                                      |   |
| Leg                         | s Bent:                     | Hand Placement:                                 |   |
| Hea                         |                             | Support:  |   |
|                             | h/Pike                      | · · · <u></u>                                   |   |
|                             |                             |   |   |
|                             |                             | s A   | Dynamics                                |
|                             |                             |   | Direction                               |
| <u> </u>                    | n 19 10 A                   | UH S MA   |   |
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| Vault: Level 4/5   |   |   |   |
|--|---|---|---|
| General Faults   | Support Phase   | Second Flight Phase   | Landing   |
| Dev from straight dir: ^0.3  Dynamics: ^0.3  Assistance of Coach:  -Level 4: 2.0 -Level 5: Void    | Inc. Shoulder Align: ^0.2 Alt Repulsion: ^0.2 Arms Bent: ^0.5 Head Contacting Table: <u>2.0</u> | Brush/hit body on table: <u>0.2</u><br>Insufficient Length: ^0.3<br>Insufficient Height: ^0.5 | Feet Apart (Hip width): 0.1(0.05) Hop/adjust/stag feet: ^0.1 Steps: 0.1 ea. (max 0.4) Lg. Jump: 0.2 (max 0.4)   |
| First Phase  General (Each Phase)  Foot form: ^0.1   | Too long in support: ^0.5  Staggered Hands: ^0.1  Add hand place: 0.1 ea (max 0.3)              | Angle of Repulsion  | Arm Swings: ^0.1 Inc Body Post: ^0.2 Add Trunk Movement: ^0.2   |
| Legs Separated: ^0.2<br>Legs Bent: ^0.3<br>Neutral Head Position: ^0.1<br>Arch: ^0.3<br>Pike: ^0.5 | 1 hand touch: <u>1.0</u><br>No hands touch: Void  | 45°<br>.55 – 1.00   | Squat on Landing: ^0.3 Brush/Touch hands on mat: ^0.3 Assist on landing: <u>0.5</u> Fall: <u>0.5</u> Fail to land on feet: <u>2.0</u> Land on table stack: <u>2.5</u> |
| Gymnast#:  |   |   |   |
| General (Each Phase) Feet. Legs Sep: Legs Bent: Head: Arch/Pike                                    | Support Phase  Shoulder: Arms Bent: Hand Placement: Support:                                    | Second Flight Height  Angle Length  | Landing  Legs Steps Trunk Arms Squat  |
|  |   | Dynamics<br>Direction   |   |
| Gymnast#:  |   |   |   |
| General (Each Phase) Feet.   | Support Phase Shoulder:   | Second Flight Height  | Landing   |
| Legs Sep:  | Arms Bent: Hand Placement: Support:   | Angle   | Legs<br>Steps<br>Trunk  |
| Head:<br>Arch/Pike   |   | Length  | Arms<br>Squat   |
|  |   | Dynamics  |   |
| <b>₹</b> 3   |   | Direction   |   |
| Gymnast#:  |   |   |   |
| General (Each Phase) Feet.   | Support Phase Shoulder:   | Second Flight Height  | Landing   |
| Legs Sep:  | Arms Bent:  |   | Legs  |
| Legs Bent:   | Hand Placement:<br>Support:   | Angle   | Steps<br>Trunk  |
| Head:  |   | Length  | Arms  |
| Arch/Pike  |   | Dynamics  | Squat   |
|  |   | Direction   |   |

| Vault: Level 6/7  |   |   |  |
|---|---|---|--|
| General Faults  | Support Phase   | Second Flight Phase   | Landing  |
| Dev from straight dir: ^0.3 Dynamics: ^0.3 General (Each Phase) Foot form: ^0.1 Legs Separated: ^0.2 Legs Bent: ^0.3 Neutral Head Position: ^0.1 First Phase Excessive Arch: ^0.2 Hip Angle: ^0.3 | Staggered Hands: ^0.1 Inc. Shoulder angle: ^0.2 Excessive Arch: ^0.2 Alt Repulsion: ^0.2 Add hand place: <u>0.1</u> ea (max 0.3) Hop both hands: <u>0.3</u> Fail to pass through Vert: ^0.3 Arms Bent: ^0.5 Head Contacting Table: <u>2.0</u> 1 hand touch: <u>1.0</u> No hands touch: Void | Brush/hit body on table: 0.2 Insufficient Length: ^0.2 Fail to create rotation: ^0.3 Fail to maintain body pos: ^0.5 Insufficient Height: ^0.5 Too Long in Support: ^0.5 Angle of Repulsion: ^1.0 | Inc. Body post on landing: ^0.5 Alt Feet Landing: 0.2 Hop/step toward table: 0.1 ea (max 0.4) Fail to land on mat stack: 1.0 Land on table: Void Fail to land on feet: - FHS: Void - Level 6: Void - Level 7: No Deduction |
| Gymnast#: General (Each Phase)  Feet. Legs Sep: Legs Bent: Arch. Pike.  | Support Phase Shoulder: Arms Bent: Long Support: Hand Placement: Vert:  | Second Flight  Height:  Angle:  Length:  Create Rotation:  Maintain Body Pos:   | Landing  |
| <b>**</b>   |   | Distance<br>Dynamics<br>Direction   | Start Value: 10.0  |
| Gymnast#: General (Each Phase)  Feet. Legs Sep: Legs Bent: Arch. Pike.  | Support Phase Shoulder: Arms Bent: Long Support: Hand Placement: Vert:  | Second Flight  Height:  Angle:  Length:  Create Rotation:  Maintain Body Pos:   | Landing  |
|   |   | Distance<br>Dynamics<br>Direction   | Start Value: 10.0  |
| Gymnast#: General (Each Phase)  Feet. Legs Sep: Legs Bent: Arch. Pike.  | Support Phase  Shoulder: Arms Bent: Long Support: Hand Placement: Vert:   | Second Flight  Height: Angle: Length: Create Rotation: Maintain Body Pos:   | Landing  |
|   |   | Distance<br>Dynamics<br>Direction   | Start Value: 10.0  |

| Vault: Level 8/9/10         |   |   |   |
|-----------------------------|---|---|---|
| General Faults              | Support Phase                           | Second Flight Phase                         | Landing                                   |
| Dev from straight dir: ^0.3 | Staggered Hands: ^0.1                   | Exactness of Body pos: ^0.3                 | LA turn incomplete: ^0.3                  |
| Dynamics: ^0.3              | Inc. Shoulder angle: ^0.2               | Fail maintain Stretch: ^0.3                 | Feet Apart (Hip width): 0.1( <u>0.05)</u> |
| •                           | Excessive Arch: ^0.2                    | Insuf extent (no ext): ^0.25 ( <u>0.3</u> ) | Hop/adjust/stag feet: ^0.1                |
| General (Each Phase)        | Alt Repulsion: ^0.2                     | Under Rotation: 0.1                         | Steps: <u>0.1</u> ea. (max <u>0.4</u> )   |
| Foot form: ^0.1             | · · · · · · · · · · · · · · · · · · ·   |   |   |
| Legs Separated: ^0.2        | Add hand place: <u>0.1</u> ea (max 0.3) | Insuf Exact LA turn: ^0.1                   | Lg. Jump: <u>0.2</u> (max <u>0.4)</u>     |
| Legs Bent: ^0.3             | Hop both hands: <u>0.3</u>              | Late completion of twist: ^0.3              | Arm Swings: ^0.1                          |
|                             | Fail to pass through Vert: ^0.3         | Brush/hit body on table: ^0.2               | Inc Body Post: ^0.2                       |
|                             | Arms Bent: ^0.5                         | Insufficient Length: ^0.3                   | Add Trunk Movement: ^0.2                  |
|                             | LA turn too early: ^0.5                 | Insufficient Height: ^0.5                   | Squat on Landing: ^0.3                    |
| First Phase                 | Head Contacting Table: 2.0              | Non-Salto Vaults                            | Brush/Touch hands on mat: ^0.3            |
| Excessive Arch: ^0.2        | 1 hand touch: <u>1.0</u>                | Too Long in   .05 – .50                     | Spot on landing: <u>0.5</u>               |
| Hip Angle: ^0.3             | No hands touch: Void                    | Support: ^0.5                               | Fall: <u>0.5</u> – Land on table: Void    |
|                             |   | Angle of                                    | Fail land on feet: Void                   |
|                             |   | Repulsion: ^1.0                             | Land Hands & Feet: 0.5                    |
| Gymnast#:                   |   |   | <del>-</del>                              |
| General (Each Phase)        | Support Phase                           | Second Flight                               | Landing                                   |
|                             | Shoulder:                               | Height                                      |   |
| Feet                        | Arms Bent:                              | Length:                                     |   |
| Legs Sep:                   |   |   |   |
| Legs Bent:                  | Hand Placement:                         | Exact Body pos:                             |   |
| Arch.                       | Vert:                                   | Stretch:                                    |   |
|                             | LA turn:                                | LA Turn/Twist:                              | Squat                                     |
| Pike                        |   | Extension:                                  |   |
|                             |   |   |   |
|                             |   | Angle                                       |   |
|                             |   | Too long Support:                           | Start Value:                              |
|                             |   |   |   |
|                             |   |   |   |
|                             |   | Distance                                    |   |
|                             |   | <br>Dynamics                                |   |
| 43                          |   | Direction                                   |   |
| Gymnast#:                   |   |   | L   |
| General (Each Phase)        | Support Phase                           | Second Flight                               | Landing                                   |
|                             | Shoulder:                               | Height                                      | Legs                                      |
| Feet                        | Arms Bent:                              | Length:                                     | Steps                                     |
| Legs Sep:                   | Hand Placement:                         | Exact Body pos:                             | Trunk                                     |
| Legs Bent:                  |   |   |   |
| Arch.                       | Vert:                                   | Stretch:                                    | Arms                                      |
|                             | LA turn:                                | LA Turn/Twist:                              | Squat                                     |
| Pike.                       |   | Extension:                                  |   |
|                             |   |   |   |
|                             |   | Angle                                       |   |
|                             |   | Too long Support:                           | Start Value:                              |
|                             |   |   |   |
|                             |   |   |   |
|                             |   | Distance                                    |   |
| 23                          |   | Dynamics                                    |   |
|                             |   | Direction                                   |   |
| Gymnast#:                   |   |   |   |
| General (Each Phase)        | Support Phase                           | Second Flight                               | Landing                                   |
| Feet                        | Shoulder:                               | Height                                      | Legs                                      |
|                             | Arms Bent:                              | Length:                                     | <br>Steps                                 |
| Legs Sep:                   | Hand Placement:                         | Exact Body pos:                             | <br>Trunk                                 |
| Legs Bent:                  | Vert:                                   | Stretch:                                    | Arms                                      |
| Arch                        | LA turn:                                | LA Turn/Twist:                              | <br>Squat                                 |
| <del></del>                 |   |   |   |
| Pike.                       |   | Fxtension:                                  |   |
| Pike.                       |   | Extension:                                  |   |
| Pike                        |   |   |   |
| Pike.                       |   | Angle                                       | Start Value                               |
| Pike.                       |   |   | Start Value:                              |
| Pike                        |   | Angle Too long Support:                     | Start Value:                              |
| Pike.                       |   | Angle Too long Support: Distance            |   |
| Pike.                       |   | Angle Too long Support:                     |   |