

Rules Reminder Cards

Print on cardstock and cut between the two grey boxes. Cards are color-coded by event to help with organization. Pull out the cards for the event you are judging and keep them on your table for quick reference when needed.

Please send corrections to cbatsche@tampabay.rr.com

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| <p align="center">Balks: Vault: Card 1 of 2 # 3 attempts allowed to successfully complete 1 or 2 vaults</p> | <p align="center">Vault Voids Card 1 of 2 #</p> |
| <p>runs-balks; runs-balks = 1st vault void runs-vaults= 1 score for vault</p> | <p>Not using safety mat or mat wrong direction for RO vault</p> |
| <p>runs-vaults = 1st vault scored runs-balks; runs- vaults = 2nd vault scored</p> | <p>No hand contact; 1 hand contact = - 1.00 CJ if half panel saw only 1 hand</p> |
| <p>runs-balks; runs-balks = void 2nd vault runs-touches board, doesn't go over = void</p> | <p>Not landing on feet first = 0 except Level 7 Psuk & Yurchenko</p> |
| <p>Hand plcmt mat/safety zone mat NOT part of apparatus If touches mats, it is one of 3 attempts but not 0</p> | <p>No feet: video review allowed all sanctioned meets: If no video, then Out of Range is ok</p> |
| | <p>Lands standing, sitting, lying on top of horse</p> |
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| <p align="center">Balks: Vault Card 2 of 2 #</p> | <p align="center">Vault Voids Card 2 of 2 #</p> |
| <p>Balk: running approach that results in fall during run, stops mid-run, runs off runway, or makes contact with board/table without coming to rest or support on top of table.</p> <p>Rebounds from board, has flight, places hands on top of table to shift weight over hands in support but does not drive heels overhead & finishes in squat stand on table or lands back down on board = VOID</p> <p>Has flight from board to near inverted handstand & steps down = VOID</p> <p>Belly slide is a VOID vault, not balk.</p> | <p>Hands on top of table-shifts weight over hands in support but does not drive heels overhead & finishes in squat stand on table or lands back down on board</p> |
| | <p>Flight to near inverted handstand & steps down Belly slide</p> |
| | <p>Use of alternative springboard at any level</p> |
| | <p>Unknown vault (not on chart) (can get score if 1 of 2 vaults on chart)</p> |
| | <p>Level 6-7-8-9: If either vault restricted, then 0 score for entire event</p> |
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| <p align="center">Spot on Vault #</p> | <p align="center">Hand Placement Mat Slips #</p> |
| <p>All judges take .50 if spot on landing Spot during vault results in void except Level 8. Level 8 ONLY: Coach spots (assists) gymnast during post-flight of SALTO vault, vault is scored & each judge takes 1.00; if falls after spot, then additional -.50</p> <p>All judges take .50 if coach between board & table except for Round off entry</p> <p>No deduction if coach touches safety mat or table in RO vault</p> <p>No spot deduction if coach catches falling gymnast.</p> | <p>Hand placement mat may be used for FHS onto board and Yurchenko only</p> <p>Hand placement mat is NOT part of vault apparatus. If mats slips on the runway, it is NOT considered apparatus or personal equipment failure.</p> <p>This is one of the 3 vault approaches.</p> |
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| <p align="center">Vault: Safety Zone Mats #</p> | <p align="center">Unallowable Vault #</p> |
| <p>RO vaults and FHS onto board: safety zone mat must fit snugly around the board so there is no space between the board & safety zone mat.</p> <p>Forward Vaults: safety zone mat may be used but not required to fit snugly around the board</p> <p>Void (0) if no safety mat used for RO vaults Void (0) if safety mat facing wrong way for RO vaults GRP 1,2,3 vaults: safety mat ok in either direction and space ok</p> | <p>Restricted Vault: Level 6,7,8, 9: if either of two vaults are NOT allowed, gymnast receives 0 (void) for the EVENT because a restricted vault performed.</p> <p>Unknown Vault: If gymnast attempts vault on chart for her level but does not complete it, resulting in a vault that is not on the chart, the vault is 0 (void). However, the gymnast does not receive a 0 (void) for the event if the 2nd vault is legitimate.</p> |
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| Hand Placement Mat and Tape Measure # |
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| Hand placement mat on runway only for round-off or FHS entry on board; only Level 6 - 10 |
| Hand placement mat may NOT be on vault board or as visual aid on runway |
| Sting mat or any other type of matting not allowed; only hand placement mat. |
| If hand mat slips, NOT an apparatus failure; gymnast may not repeat vault |
| Tape measure is a coach responsibility; may not repeat |

| Level 6/7 Vault Mats and Apparatus # |
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| Table height any setting up to 135 cm |
| Base mat (min 4") must be up against table; top mat does not |
| Mat stack min 32" - max 60" including base mat |
| Any combination may be used (landing mat; skill cushion; prt-o-pit; inflatable) |
| Top mat must be min 4" or the port-o-pit |
| An additional 8" min mat required on floor at end of mat stack |

| Vault Tape or Chalk # |
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| Tape or chalk not permitted on table: |
| Runway: chalk is Not permitted; tape or velcro ok |
| CJ warns first; if not removed, then -.20 |

| Vault Fall Times # |
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| If a gymnast falls on first attempt , fall time begins when the gymnast is standing on her feet. |
| If an injury occurs, fall time begins aftr medical assessment is complete. |
| Fall time (45") |
| If 45" exceed, second vault not allowed. |
| Chief Judge monitors the time (from time judgment is completed). |

| Vault without Signal from Judge # |
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| Vault not scored even if both judges see it. |
| Gymnast may perform 2 more vaults |
| CJ takes .50 from average of next completed vault |
| Penalty may or may not affect final score depending on which vault the .50 is applied to |

| Vault Matting # |
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| Any combination of skill cushions (sting; 4+ throw; 8" skill cushion 5 x 10) OK |
| Maximum of 9 inches on top of 9 inches of competition landing mats |
| -.3 CJ of other type of matting used |

| Vault Springboards # |
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| Tramp-like, junior board, infatable device NOT allowed at any optional level. |
| VOID if used |

| Vault Matting # |
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| Bars: Dismounts # |
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| Dsmount not from designated bar: No VP, SR, -3 no dsmt |
| Dsmt with no salto: No SR; -3. no dsmt |
| No value dsmt (from feet, nic or restricted): No SR, -3 no dsmt, -50 if restricted |
| Terminates early (intentionally or due to fall): No SR, -50 for fall (even if no fall, -3 no dsmt; CJ -2.00 if <5 VPs |
| Salto never initiated, no feet: No VP, No SR, -3 no dsmt, -5 fall |
| Initates salto and no feet: No VP, No SR, -.5 fall, do NOT deduct -.30 |

| Bar Change # |
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| A fall from HB, performs VP on LB is a bar change. |
| Climbing onto the LB then jumping to HB : not a bar change |
| Free mounts over LB (no hand contact) are not a bar change. |
| Mounts with hand support to catch HB are a bar change. |
| Transfer from one bar to next does not have to be a VP to count for bar change |

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| Balks: Bars and Beam |
| 2 attempts to mount without penalty with no touch of board or apparatus |
| runs-balks; runs-mounts: no deduction |
| If gymnast attempts RO and stops, she may repeat and get VP credit for mount; deduct for first "fall" .50 |
| runs-balks; runs balks; runs performs D award D & +.10; each judge deducts .5 for 3rd approach |
| runs-balks; runs-balks; runs-balks each judge deducts .50 for 3rd approach 4th approach not permitted |
| Run, touch board or runs under bar without mounting, -.50 |
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| Bar Deductions # |
| Hip/heel padding = .20 no warning needed if during routines; CJ warns if notices prior to routine |
| Broken grip: repeat ok from beginning (???) or point of interruption; gymnast must show broken grip to CF |
| Loose bandage: no repeat allowed |
| Falls: 45" or routine terminates |
| Fall time begins when feet touch floor & ends when feet leave floor |
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| Bar Falls # |
| Falls: 45" to remount or routine terminates |
| Fall time begins when feet touch floor & ends when feet leave floor |
| Fall time begins when the gymnast is standing on her feet. If an injury occurs, fall time begins after medical assessment is complete. |
| During 45", timer notifies 20 seconds remaining, 10 seconds remaining, time |
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| Short/Incomplete Exercise (Level 6 - 10) # |
| Deduct 2.00 from final average if: - Bar exercise contains less than 5 Value Parts Beam/Floor routine is less than 30 seconds |
| Exception: Level 6 Beam: CJ deducts .50 from average if it is less than 30" and completed and contains all required VP; 10.00 SV |
| Deduct for missing VP from SV and execution Deduct for missing SR and no dismount if applicable Deduct 2.00 by CJ |
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| Mounts with Wrong Setting # |
| May dismount bars, has 45 seconds to re-adjust bars and remount |
| Deduct .50 for a fall from apparatus |
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| Bar Mats # |
| May stand on an additional up to 8" skill cushion on top of landing mat May not place board on 8" mat |
| Mount trainer mat may be used to mount |
| Board or folded panel mat may be placed on one 41/2" or 8" or 2 12 cm landing mats with or without 1 1/2 " base mat (unfolded panel mat) placed under or on top of competition ldg mat when setting bars for routine |
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| Coach Spot # |
| Spot during element: No VP-SR-bonus; each judge -.50 for spot; -.5 if fall after spot |
| Spot upon landing: VP & SR ok; No bonus; -.50 spot (each judge); if falls, -.50 |
| Inadvertent contact by coach: VP & SR ok; no bonus; -.50 contact (each judge) |
| No deduction if gymnast inadvertently contacts coach |
| Falling gymnast: Only .50 for fall; no spot deduction |
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| Equipment Failure/Repetition of Exercise # |
| Gymnast Options: 1 Stop and ask CJ to repeat from from point of interruption; may rest first 2 Finish routine; decide to repeat in part or whole or accept score before score flashed; |
| CJ and Meet Ref decide point at which routine will be resumed. If it's a music failure, don't deduct for no music |
| Equipment failure does not include unfastening of grips/bandages; loss/partial loss of footwear; incorrect bar setting; failure to tighten cables or handles on bars/BB; phone interrupt on FL |
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| Judge Misses Routine # |
| 2 judge panel Coach/gymnast told score and may accept the 1 score or repeat . |
| 4 judge panel Enter a score for the missing judge that is equal to the highest score given by the other 3 judges |
| In both cases, CJ consult with Meet Referee who informs coach of gymnast options |
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| Judges Uses Wrong Rules # |
| Revaluation to include determination of correct SV and specific composition deductions based on judges' shorthand. |
| Judging panel notify Meet Ref and scoring personnel that rescoreing is to occur Notify coach immediately of any score change |
| Must occur prior to end of rotation |
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| Jury of Appeal # |
| Meet Referee: President of the Jury Meet Director (non-voting if his athlete) Chief Judge of all four events (or of event involved) USAG personal (SACC, RACC and/or DP Chair) |
| Duties: Governs all technical and organization matters Makes final decision regarding unusual situation If deduction taken from AA by Meet Ref is challenged, then Jury of Appeal convenes to make final decision Review improperly handled inquiries, i.e., administrative procedures not followed; coach may petition within 5 min. of end of rotation/competition or inquiry form return, whichever is later Conduct video review within 15 minutes of end of meet Jury discusses, votes, majority determines final decision |
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| Gymnast Starts Before Signalled # |
| .5 deduction from repeated performance |
| Ask her to stop and repeat the performance immediately |
| On vault, take deduction from next vault |
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| Inquiry For Qualifying Score # |
| If after the last event, gymnast's AA score is .10 or less from qualifying: to State or Regionals, the coach may inquire the lowest scoring event regardless of order. |
| Score change is official and affects placement. This process does not apply for mobility purposes or if qualification to state/regional is by percentage or by designated number per age group. |
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| Courtesy Score # |
| 1.00 is score awarded to any compulsory or optional routine. |
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| Restricted Elements # |
| If more than one restricted, 2nd receives No VP No SR Minus .50 from Start Value |
| If dismount, also deduct minus .30 for no dismount |
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| Spotting Bars and Beam # |
| Coach assists during element: All judges take .50; No VP, No SR, No bonus If falls after spot, take additional .50 If spot occurs on dismt, don't deduct .30 from SV |
| Spots upon landing dismount All judges take .50; Award VP and SR If then falls, deduct .50; don't deduct for spot & fall Award VP and SR; No bonus |
| Coach inadvertently touches gymnast: . 50 spot; Award VP, SR, but no bonus |
| Gymnast inadvertently touches coach: no deduction |
| Coach catches falling gymnast: No spot deduction Deduct only .50 for fall |
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| Bleeding Wound & Termination # | Video Review |
| <p>Must cover bleeding wound before 45" fall time up or routine terminated</p> <p>Gymnast doesn't have right to repeat if exceeds fall time</p> <p>Blood on equipment must be removed prior to next gymnast</p> <p>Coach and gymnast have right to determine if gymnast will continue after a fall (within the fall time limitations)</p> | <p>No video review allowed during inquiry process unless:</p> <p>1. administrative procedures not followed for inquiry; coach may petition Jury of Appeal within 5 minutes of rotation/competition whichever is later; Jury decision must be within 15 min. of end of meet/before awards Conducted by MR and highest rated unaffiliated judge; if MR is affiliated, then review conducted by two highest unaffiliated judges or highest rated unaffiliated judge & USAG officer</p> <p>2. State meet & above for missed element that affects SV: Video review by Meet Ref and highest rated unaffiliated official, e.g., judge misses full turn on beam; judge records 2/1 twist instead of 3/1 twist; release element touching bar; if gymnast lands feet first on vault, UB, BB, saltos; feet finish on top of beam, spotting, OOB</p> |
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| Dismounts of No Value or Restricted # | Gymnast Terminates Early intentionally or with Fall # |
| <p>Deduct .50 for missing SR Deduct .30 from SV for no dismount</p> <p>Also deduct .50 from SV if dismt is restricted or if it is an additional restricted element for level</p> | <p>Deduct .50 for missing SR Deduct .30 from SV for no dismount Deduct .50 for fall with or w/out actual fall to mat If under 30 seconds on BB or FL, CJ deducts 2.00 also If less than 5 elements on bars, CJ deducts 2.00</p> |
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| Change of Score # | |
| <p>Change of Score CJ may change score if: forgot to deduct neutral deduction or data entry error or wrong rules used If data entry error, must change within 5 minutes of end of competition for that session If neutral deduction, must change prior to end of rotation Must notify coach of change Must flash change if possible If change needed because wrong rules, see card for this case</p> | |
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| Element Out of Bounds | Floor Markings # |
| <p>If take-off for VP is outside of boundary, then No VP No SR No CV or D/E bonus Does not apply to compulsories</p> | <p>A single line chalk arc in the corner of the floor is ok. No tape or velcro is allowed on floor. OK to mark corner lines with tape to delineate OB.-- inside corners</p> |
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| Phone During Floor Music # | Floor Mats # |
| Not a technical error if phone call comes in and music stops Athlete may not repeat No deduction for no music. | Up to 2 mats allowed placed separately Only 1 per tumbling pass May be used for take off or landing Sting may be on top or under up to 8" skill or throw mat Mark for OOB or -.10 Don't have to remove Additional mats = -.30 |
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| Floor Exceeds Warm Up Time | Salto Definition on Floor |
| Floor: Exceeds Warm Up Time If gymnast fails to leave floor after warm-up time over, Timer warns gymnast "Time Exceeded". If she continues, then timer reports to CJ who deducts .20 from average score If team competition or JO Nationals team, deduction is taken from team score on that event." | If a salto lands on two feet or lands on one foot and lowers with control to one knee, it will be considered a salto and may be used |
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| Coach/Team Mate Stop Gymnast OOB Floor | Gymnasts Cheering Around Floor # |
| See also Coach on Mat If coach or team mate touches or pushes the gymnast to stop her momentum, deduct only one .50 deduction (each judge) Even if gymnast falls, deduct only one .50 deduction CJ take .10 for OOB if gymnast is OOB VP, SR ok; No bonus | Permitted to be around floor and cheer Must Not obstruct view of judges or spectators If obstruct, CJ warns first If continues, then CJ deduct -.2- from AA score of gymnast creating the obstruction OR team score of team in violation |
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| Coach on Mat : Level 6 and Above | Absence of Music or Music with Words |
| Coach on floor (inside border marking) with no assist: .50 off average (CJ); applies only once | 1.00 deduction |
| Coach on mat and assists: Each judge deduct .50; NO VP, SR, or bonus If falls after spot, each judge takes an additional .50 CJ takes .50 from average; only taken one time | |
| Coach on mat & spots on landing or coach Each judge deduct .50 for spot; If falls, each judge also takes -.50 Award VP and SR; No bonus CJ takes .50 from average (also take .10 if OOB) Only take coach on floor deduction one time | |
| No penalty if goes on floor to remove unsafe object or adjust mat plcmt No penalty if coach steps onto mat to place, adjust, remove mat | |
| Compulsory: No deduction for coach on mat | |
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| Balks: Bars and Beam |
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| 2 attempts to mount without penalty with no touch of board or apparatus |
| runs-balks; runs-mounts: no deduction |
| If gymnast attempts RO and stops, she may repeat and get VP credit for mount; deduct for first "fall" .50 |
| runs-balks; runs balks; runs performs D award D & +.10; each judge deducts .5 for 3rd approach |
| runs-balks; runs-balks; runs-balks each judge deducts .50 for 3rd approach |
| Run, touch board or runs under bar without mounting, -.50 |
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| Beam: Extra Warm-Up |
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| Deduct -.20 for additional warm-up; No warning required |