



GYMNASTICS: Q&A

General Information

Q: Who is the NCAA Rules Interpreter?

A: Chrystal Chollet-Norton; rulesncaagym@embarqmail.com

Q: May I submit my rules questions by voice mail or text message?

A: No. Please submit rules questions by electronic mail only. Please provide your name, institution and if a judge your name and region to the email.

Q: Where can I locate the 2022 -2023 NCAA Rules Modification Document and Meet Procedures?

A: <https://www.ncaa.org/sports/2013/12/5/gymnastics-rules-of-the-game.aspx>

Q: Where can I locate the Video Review Form, Inquiry Form, Routine Summary Form and Meet Referee Checklist?

A: <https://www.ncaa.org/sports/2013/12/5/gymnastics-rules-of-the-game.aspx>

Q: Where can I purchase the USAG DEV Code of Points 2022-2026 First Edition?

A: <https://usagym.org> Click on Member Services, then click on left column; Technical materials.

UPDATE: 2022-2023 Women's Gymnastics Rules Modifications Document.

Appendix I – NCAA Vault Chart has been reformatted and updated on the NCAA web site.

In Addition: Floor Exercise; 5.2. a. should read: One acrobatic **pass** with two (2) saltos (same or different), OR one acrobatic **pass** with two (2) directly connected saltos. An acrobatic **pass** is defined as above in 5.1. Aerials are NOT considered saltos.

General

Q: Where can I locate the USAG Gymnastics New Element Evaluation Form which is required when submitting a new element for a value?

A: <https://usagym.org/PDFs/Forms/Women/NewElementEval.pdf>

Q: Where can I locate the USAG RTCC and RDPC Chairs email information that we need to send the Gymnastics New Element Evaluation form to?

A: https://usagym.org/PDFs/Women/Rules/Rules%20and%20Policies/2022/2022_2023_w_rulespolicies.pdf

Vaulting

Q: What type of tape needs to be used for the vault lines? Are the measurements from inside or outside the tape line?

A: Refer to AAI Equipment Supplier Specs: #1. Tape size - 2" white tape; the same product is used on floor exercise. #2. Measurements are for the outside of the tape lines, which is consistent with floor exercise (white tape is inbounds on a single color carpet). #3. The 140.8 is the spread distance at 15'6" (landing mat length) and the 138 cm is the spread distance at 15' (4" bi-folding throw mat). Add tape to a 4" throw or sting mat, in line with the landing mat lines that are permanent on the base landing mat.