



GYMNASTICS: Q&A

General Information

Q: Who is the NCAA Rules Interpreter?

A: Chrystal Chollet-Norton; rulesncaagym@embarqmail.com

Q: May I submit my rules questions by voice mail or text message?

A: No. Please submit rules questions by electronic mail only. Please provide your name, institution and if a judge your name and region to the email.

Q: Where can I locate the 2022 -2023 NCAA Rules Modification Document and Meet Procedures?

A: <https://www.ncaa.org/sports/2013/12/5/gymnastics-rules-of-the-game.aspx>

Q: Where can I locate the Video Review Form, Inquiry Form, Routine Summary Form and Meet Referee Checklist?

A: <https://www.ncaa.org/sports/2013/12/5/gymnastics-rules-of-the-game.aspx>

Q: Where can I purchase the USAG DEV Code of Points 2022-2026 First Edition?

A: <https://usagym.org> Click on Member Services, then click on left column; Technical materials.

Update:

Refer to the NCAA Website for the updates to the 2022-2023 Supplemental Procedures and Forms to the NCAA Rules Modifications Documents.

Uneven Bars

Q: Do non-salto “D” release moves meet the UTL and the +0.10 Bonus for single bar release?

A: Yes. Refer to the 2022-2023 NCAA Women’s Gymnastics Rules Modifications; Uneven Bars: 3.2. f.1. A single bar release with a minimum of “D” value and 3.4.

Q: What is the deduction for lack of amplitude on release elements on uneven bars?

A: Medium Faults: up 0.20. Refer to the 2022-2026 USAG DEV Code of Points; Section 3 – Uneven Bars – Execution & Amplitude – Chapter 3.

Balance Beam

Q: If a student-athlete performs a Front Aerial (# 7.402 “D” in the beginning of her routine then later in the routine performs a Front Aerial (#7.402 “D”) stops then standing Back Tuck (# 8.303 “C”) would you take the deduction for UTL?

A: No. Refer to the December 15, 2021, Newsletter Clarification: “UTL” Balance Beam: If a student-athlete’s acro series is completed but does not receive connective value (CV) due to a fall at the completion of the series the UTL deduction will not be taken. Refer to 2022 NCAA Women’s Gymnastics Rules Modifications; Balance Beam 4.2.d. If a student-athlete’s series is broken due to balance errors, extra steps or fall in the connection of the elements she would not receive connective value (CV) and loses Special Requirement. If there is not another D/E acro element or E dance element in her routine she would receive an UTL deduction. Again, refer to 2022 NCAA Women’s Gymnastics Rules Modifications 4.2.d.

Floor Exercise

Q: In the case of one judge giving credit for a Switch Ring Leap (#1. 311“C”) connected to a Tour Jete (#1.209 “B”) and the other judge giving credit for a Switch Ring Leap (#1.311”C”) connected to Tour Jete with additional 1/2 turn landing on one or both feet (Strug) (#1.309 “C”) does this fall under the Video Review Process; 7.1 d or 7.1 e for an inquiry?

A: It would fall under 7.1. d. Refer to 2022-2023 USAG DEV Code of Points; Section 5 – Floor Exercise General Information; Chapter 1 F. Specific Element Technique Clarification; #6; element # 1.309 and # 9.