Rules Reminder Cards

Print on cardstock and cut between the two grey boxes. Cards are color-coded by event to help with organization. Pull out the cards for the event you are judging and keep them on your table for quick reference when needed.

Source: USA Gymnastics Code of Points Developmental Program

Please send corrections to cbatsche@tampabay.rr.com

Balks: Vault: Card 1 of 2 # 3 attempts allowed to successfully complete 1 or 2 vaults

runs-balks; runs-balks = 1st vault void runs-vaults= 1 score for vault

runs-vaults = 1st vault scored

runs-balks; runs- vaults = 2nd vault scored

runs-balks; runs-balks = void 2nd vault runs-touches board, doesn't go over = void

Hand plcmt mat/safety zone mat NOT part of apparatus If touches mats, it is one of 3 attempts but not 0

Balks: Vault Card 2 of 2

Balk: running approach that results in fall during run, stops mid-run, runs off runway, or makes contach with board/table without coming to rest or support on top of table.

Rebounds from board, has flight, places hands on top of table to **shift** weight over hands in support but does not drive heels overhead & finishes in squat stand on table or lands back down on board = **VOID**

Has flight from board to near inverted handstand & steps down = VOID

Belly slide is a VOID vault, not balk.

Vault Voids Card 1 of 2

Not using safety mat or mat wrong direction for RO vault

No hand contact; 1 hand contact = - 1.00 CJ if half panel saw only 1 hand

Not landing on feet first = 0 except Level 7 Psuk & Yurchenko

No feet: video review allowed all sanctioned meets: If no video, then Out of Range is ok

Lands standing, sitting, lying on top of horse

Vault Voids Card 2 of 2

Hands on top of table-shifts weight over hands in support but does not drive heels overhead & finishes in squat stand on table or lands back down on board

Flight to near inverted handstand & steps down Belly slide

Use of alternative springboard at any level

Unknown vault (not on chart) (can get score if 1 of 2 vaults on chart)

Level 6-7-8-9: If either vault restricted, then 0 score for entire event

Spot on Vault

All judges take .50 if spot on landing

Spot during vault results in void except Level 8.

Level 8 ONLY: Coach spots (assists) gymnast during post-flight of SALTO vault, vault is scored & each judge takes 1.00; if falls after spot, then additional -.50

All judges take .50 if coach between board & table except for Round off entry

No deduction if coach touches safety mat or table in RO vault

No spot deduction if coach catches falling gymnast.

Hand Placement Mat Slips

Hand placement mat may be used for FHS onto board and Yurchenko only

Hand placement mat is NOT part of vault apparatus. If mats slips on the runway, it is NOT considered apparatus or personal equipment failure.

This is one of the 3 vault approaches.

Vault: Safety Zone Mats

RO vaults and FHS onto board: safety zone mat must fit snugly around the board so there is no space between the board & safety zone mat.

Forward Vaults: safety zone mat may be used but not required to fit snugly around the board

Void (0) if no safety mat used for RO vaults Void (0) if safety mat facing wrong way for RO vaults GRP 1,2,3 vaults: safety mat ok in either direction and space ok

Unallowable Vault

Restricted Vault: Level 6,7,8, 9: if either of two vaults are NOT allowed, gymnast receives 0 (void) for the EVENT because a restricted vault performed.

Unknown Vault: If gymnasts attempts vault on chart for her level but does not complete it, resulting in a vault that is not on the chart, the vault is 0 (void). However, the gymnast does not receive a 0 (void) for the event if the 2nd vault is legitimate.

Hand Placement Mat and Tape Measure

Hand placement mat on runway only for round-off or FHS entry on board; only Level 6 - 10

Hand placement mat may NOT be on vault board or as visual aid on runway

Sting mat or any other type of matting not allowed; only hand placement

If hand mat slips, NOT an apparatus failure; gymnast may not repeat vault

Tape measure is a coach responsibility; may not repeat

Level 6/7 Vault Mats and Apparatus

Table height any setting up to 135 cm

Base mat (min 4") must be up against table; top mat does not

Mat stack min 32" - max 60" including base mat

Any combination may be used (landing mat; skill cushion; prt-o-pit; inflatable)

Top mat must be min 4" or the port-o-pit

An additional 8" min mat requried on floor at end of mat stack

Vault Tape or Chalk

Tape or chalk not permitted on table:

Runway: chalk is Not permitted; tape or velcro ok

CJ warns first; if not removed, then -.20

Vault Fall Times

If a gymnast falls on first attempt , fall time begins when the gymnast is standing on her feet.

If an injury occurs, fall time begins aftr medical assessment is complete.

Fall time (45")

If 45" exceed, second vault not allowed.

Chief Judge monitors the time (from time judgment is completed).

Vault without Signal from Judge

Vault not scored even if both judges see it.

Gymnast may perform 2 more vaults

CJ takes .50 from average of next completed vault

Penalty may or may not affect final score depending on which vault the .50 is applied to

Vault Matting

Any combination of skill cushions (sting; 4+ throw; 8" skill cushion $5 \times 10)$ OK Maximum of 9 inches on top of 9 inches of competition landing mats

-.3 CJ of other type of matting used

Vault Springboards

Tramp-like, junior board, infatable device NOT allowed at any optional

VOID if used

Vault Numbers/Name

Levels 6 - 10: Vault numbers are required to be visually displayed an any sanctioned competition utilizing a 4-judge panel. Valut name OR number may be audibly communicated to judges at all other competitions (August 1,2023).

Bars: Dismounts

Dsmount not from designated bar: No VP, SR, -3 no dsmt
Dsmt with no salto: No SR; -3. no dsmt
No value dsmnt (from feet, nic or restricted): No SR, -3 no dsmt, -50 if
restricted

Terminates early (intentionally or due to fall): No SR, -50 for fall (even if no fall, -3 no dsmt; CJ -2.00 if <5 VPs

Salto never intiated, no feet: No VP, No SR, -3 no dsmt, -5 fall Initates salto and no feet: No VP, No SR, -.5 fall, do $\bf NOT$ deduct -.30

Bar Change

A fall from HB, performs VP on LB is a bar change.

Climbing onto the LB then jumping to HB: not a bar change

Free mounts over LB (no hand contact) are not a bar change.

Mounts with hand support to catch HB are a bar change.

Transfer from one bar to next does not have to be a VP to count for bar change

Dellas Demon LD	Manufacturity W. C. of the second
Balks: Bars and Beam	Mounts with Wrong Setting #
2 attempts to mount without penalty with no touch of board or apparatus runs-balks; runs-mounts: no deduction	May dismount bars, has 45 sseconds to re-adjust bars and remount
If gymnast attempts RO and stops, she may repeat and get VP credit for	inay dismodific surs, has 45 seconds to re adjust surs and remodific
mount; deduct for first "fall" .50	Deduct .50 for a fall from apparatus
runs-balks; runs balks; runs performs D award D & +.10; each judge deducts .5 for 3rd approach	
runs-balks; runs-balks; runs-balks	
each judge deducts .50 for 3rd approach 4th approach not permitted	
Run, touch board or runs under bar without mounting,50	
Bar Deductions #	Bar Mats #
Hip/heel padding = .20 no warning needed if during routines; CJ warns if	
notices prior to routine	May stand on an additional up to 8" skill cusion on top of landing mat May not place board on 8" mat
Broken grip: repeat from point of interruption; gymnast must show broken grip to CF	Mount trainer mat may be used to mount
Loose bandage: no repeat allowed	Board or folded panel mat may be placed on one 41/2" or 8" or 2 12 cm landing
Falls: 45" or routine terminates	mats with or without 1 1/2 " base mat (unfolded panel mat) placed under or on top of competition ldg mat when setting bars for routine
Fall time begins when feet touch floor & ends when feet leave floor	
Bar Falls #	Coach Spot #
Falls: 45" to remount or routine terminates	Spot during element: No VP-SR-bonus; each judge50 for spot;5 if fall after spot
Fall time begins when feet touch floor & ends when feet leave floor	Spot upon landing: VP & SR ok; No bonus;50 spot (each judge); if falls,50
Fall time begins when the gymnast is standing on her feet. If an injury occurs, fall time begins after medical assessment is complete.	Inadvertent contact by coach: VP & SR ok; no bonus;50 contact (each judge)
2	No deduction if gymnast inadvertently contacts coach
During 45", timer notifies 20 seconds remaining, 10 seconds remaining, time	Falling gymnast: Only .50 for fall; no spot deduction
Panel Review of Routine	Meet Referee and Video Viewing
State meet & Above: MR can allow judging panel to review a routine to verify that Special Requirements were fulfilled and restricted elements	MR may watch a video prior to submission of an inquiry to determine if that inquiry should move forward.
were not performed	

Short/Incomplete Exercise (Level 6 - 10) # **Equipment Failure/Repetition of Exercise #** Deduct 2.00 from final average if: Gymnast Options: Stop and ask CJ to repeat from from point of interruption; may rest first Bar exercise contains less than 5 Value Parts Finish routine; decide to repeat in part or whole or accept score before score flashed: Beam/Floor routine is less than 30 seconds Floor: may come back & finish up until squad moves to next event Exception: Level 6 Beam: CJ and Meet Ref decide point at which routine will be resumed. CJ deducts .50 from average if it is less than 30" and completed and If it's a music failure, don't deduct for no music contains all required VP; 10.00 SV Equipment failure does not include unfastening of grips/bandages; loss/partial Deduct for missing VP from SV and execution loss of footwear; incorrect bar setting; failure to tighten cables or handles on Deduct for missing SR and no dismount if applicable bars/BB; phone interrupt on FL Deduct 2.00 by CJ Judge Misses Routine # Inquiry For Qualifying Score # 2 judge panel If after the last event, gymnast's AA score is .10 or less from qualifying:to State Coach/gymnast told score and may accept the 1 score or repeat . or Regionals, the coach may inquire the lowest scoring event regardless or order. Score change is official and affects placement. This process does not apply for Enter a score for the missing judge that is equal to the highest score given mobility purposes or if qualification to state/regional is by percentage or by by the other 3 judges designated number per age group. In both cases, CJ consult with Meet Referee who informs coach of gymnast ONLY applies to All Around athletes options Judges Uses Wrong Rules # Courtesy Score # 1.00 is score awarded to any compulsory or optional routine. Re-evaluation to include determination of correct SV and specific composition deductions based on judges' shorthand. Judging panel notify Meet Ref and scoring personnel that rescoring is to occur Notify coach immediantely of any score change Must occur pr to end or rotation within 5 minutes of the end of competition for that session (see R&P; COP incorrect) Retricted Elements # Jury of Appeal # Meet Referee: President of the Jury Meet Director (non-voting if his athlete) If more than one restricted, 2nd receives No VP Chief Judge of all four events (or of event involved) USAG personal (SACC, RACC and/or DP Chair) Minus .50 from Start Value Duties: Governs all technical and organization matters Makes final If dismount, also deduct minus .30 for no dismount decision regarding unusual situationIf deduction taken from AA by Meet Ref is challenged, then Jury of Appeal convenes to make final decision Review improperly handled inquiries, i.e., adminstrative procedures not followed; coach may petition within 5 min. of end of rotation/competition or inquiry form return, whichever is later Conduct video review within 15 minutes of end of meet Jury discusses, votes, majority determines final decision **Gymnast Starts Before Signalled #** Spotting Bars and Beam

Coach assists during element: .5 deduction from repeated performance All judges take .50; No VP, No SR, No bonus If falls after spot, take additional .50 Ask her to stop and repeat the performance immediately If spot occurs on dismt, don't deduct .30 from SV Spots upon landing dismount On vault, take deduction from next vault All judges take .50; Award VP and SR If then falls, deduct .50; don't deduct for spot & fall Award VP and SR; No bonus Coach inadvertently touches gymnast: . 50 spot; Award VP, SR, but no bonus Gymnast inadvertently touches coach: no deduction Coach catches falling gymnast: No spot deduction Deduct only .50 for fall Bleeding Wound & Termination # Video Review Must cover bleeding wound before 45" fall time up or routine terminated No video review allowed during inquiry process unless: 1. administrative procedures not followed for inquiry; coach may petition Jury of Gymnast doesn't have right to repeat if exceeds fall time Appeal within 5 minutes of rotation/competition whichever is later; Jury decision must be within 15 min. of end of meet/before awards Conducted by MR and highest rated unaffiliated judge; if MR is affiliated, then Blood on equipment must be removed prior to next gymnast review conducted by two highest unaffiliated judges or highest rated unaffiliated Coach and gymnast have right to determine if gymnast will continue after a judge & USAG officer fall (within the fall time limitations) 2. State meet & above for missed element that affects SV: Video review by Meet Ref and highest rated unaffiliated official, e.g., judge misses full turn on beam; judge records 2/1 twist instead of 3/1 twist; release element touching bar; if gymnast lands feet first on vault, UB, BB,saltos; feet finish on top of beam, spotting, OOB Dismounts of No Value or Restricted # Gymnast Terminates Early intentionally or with Fall # Deduct .50 for missing SR Deduct .50 for missing SR Deduct .30 from SV for no dismount Deduct .30 from SV for no dismount Deduct .50 for fall with or w/out actual fall to mat Also deduct 50 from SV if dismt is restricted If under 30 seconds on BB or FL. CJ deducts 2.00 also or if it is an additional restricted element for level If less than 5 elements on bars, CJ deducts 2.00 Floor Warm-Ups/Touch Change of Score # Change of Score A gymnast is allowed to start warming up when there are only 6 more CJ may change score if: forgot to deduct neutral deducion or data entry competitors ahead of her. There will be no more than 5 athletes warming up on error or wrong rules used the floor at any one point in time e.g., 8 gymnasts per squad: When the first If data entry error, must change within 5 minutes of end of competition for squad in Flight A warms up on Floor, the first 6 athletes warm-up together (6 x 2 that session minutes=12 min.). Once competition begins, the 7th athlete warms-up while If neutral deduction, must change prior to end of rotation judges evaluate #1 gymnast; after each subsequent routine, another athlete will Must notify coach of change be added to warm-up. Must flash change if possible For Compulsory Levels 1-5, modified non-traditional format, athletes may If change needed because wrong rules, see card for this case warm-up between floor routines as a group. The group is not limited to 6 athletes. If the coach feels not enough warm-up time has been given, coach may ask the Chief Judge for a reasonable amount of additional time.

Element Out of Bounds	Floor Markings #
If take-off for VP is outside of boundary, then No VP No SR No CV or D/E bonus Does not apply to compulsories	A single line chalk arc in the corner of the floor is ok. No tape or velcro is allowed on floor. OK to mark corner lines with tape to delineate OB inside corners
Phone During Floor Music #	Floor Mats #
Not a technical error if phone call comes in and music stops Athlete may not repeat No deduction for no music.	Up to 2 mats allowed placed separately Only 1 per tumbling pass May be used for take off or landing Sting may be on top or under up to 8" skilll or throw mat Mark for OOB or10 Don't have to remove Additional mats =30
Floor Exceeds Warm Up Time	Salto Definition on Floor
Floor: Exceeds Warm Up Time If gymnast fails to leave floor after warm-up time over, Timer warns gymnast "Time Exceeded". If she continues, then timer reports to CJ who deducts .20 from average score If team competition or JO Nationals team, deduction is taken from team score on that event."	If a salto lands on two feet or lands on one foot and lowers with control to or knee, it will be considered a salto and may be used
Coach/Team Mate Stop Gymnast OOB Floor	Gymnasts Cheering Around Floor #
See also Coach on Mat If coach or team mate touches or pushes the gymnast to stop her momentum, deduct only one .50 deduction (each judge) Even if gymnast falls, deduct only one .50 deduction	Permitted to be around floor and cheer Must Not obstruct view of judgegs or spectators If obstruct, CJ warns first If continues, then CJ deduct2- from AA score of gymnast creating the obstruction OR team score of team in violation
CJ take .10 for OOB if gymnast is OOB VP, SR ok; No bonus	

Coach on Mat: Level 6 and Above Coach on floor (inside border marking) with no assist: .30 off average (CJ); applies only once Coach on mat and assists: Each judge deduct .50; NO VP, SR, or bonus If falls after spot, each judge takes an additional .50 CJ takes .30 from average; only taken one time for coach on floor Coach on mat & spots on landing or coach Each judge deduct .50 for spot; If falls, each judge also takes -.50 Award VP and SR; No bonus CJ takes .30 from average (also take .10 if OOB) Only take coach on floor deduction one time No penalty if goes on floor to remove unsafe object or adjust mat plcmt No penalty if coach steps onto mat to place, adjust, remove mat Compulsory:No deduction for coach on mat No Dismount Deduction (NERD) Take -3 for no dismount if: No dismount attempted (No VP) Early termination of routine (No VP) Restricted element for level (No VP) Fall on salto dismount without initiating salto (NoVP) Balks: Bars and Beam 2 attempts to mount without penalty with no touch of board or apparatus runs-balks; runs-mounts: no deduction If gymnast attempts RO and stops, she may repeat and get VP credit for mount; deduct for first "fall" .50 runs-balks; runs balks; runs performs D award D & +.10; each judge deducts .5 for 3rd approach runs-balks; runs-balks; runs-balks each judge deducts .50 for 3rd approach Run, touch board or runs under bar without mounting, -.50

Absence of Music or Music with Words 1.00 deduction Do not take No Dismount Deduction Failure to land on bottom of feet first (No VP) Dismount with a spot (No VP) BB Dismount without salto or aerial (VP but no SR) FLOOR: If last salto does not receive VP credit, no deduction of .30 will be taken from SV for no attempt to perform last salto with VP credit Beam: Extra Warm-Up Deduct -. 20 for additional warm-up; No warning required