

Hand Placement Mat and Tape Measure #
Hand placement mat on runway only for round-off or FHS entry on board; only Level 6 - 10
Hand placement mat may NOT be on vault board or as visual aid on runway
Sting mat or any other type of matting not allowed; only hand placement mat.
If hand mat slips, NOT an apparatus failure; gymnast may not repeat vault
Tape measure is a coach responsibility; may not repeat

Level 6/7 Vault Mats and Apparatus #
Table height any setting up to 135 cm
Base mat (min 4") must be up against table; top mat does not
Mat stack min 32" - max 60" including base mat
Any combination may be used (landing mat; skill cushion; prt-o-pit; inflatable)
Top mat must be min 4" or the port-o-pit
An additional 8" min mat required on floor at end of mat stack

Vault Tape or Chalk #
Tape or chalk not permitted on table:
Runway: chalk is Not permitted; tape or velcro ok
CJ warns first; if not removed, then -.20

Vault Fall Times #
If a gymnast falls on first attempt , fall time begins when the gymnast is standing on her feet.
If an injury occurs, fall time begins aftr medical assessment is complete.
Fall time (45")
If 45" exceed, second vault not allowed.
Chief Judge monitors the time (from time judgment is completed).

Vault without Signal from Judge #
Vault not scored even if both judges see it.
Gymnast may perform 2 more vaults
CJ takes .50 from average of next completed vault
Penalty may or may not affect final score depending on which vault the .50 is applied to

Vault Matting #
Any combination of skill cushions (sting; 4+ throw; 8" skill cushion 5 x 10) OK
Maximum of 9 inches on top of 9 inches of competition landing mats
-.3 CJ of other type of matting used

Vault Springboards #
Tramp-like, junior board, infatable device NOT allowed at any optional level.
VOID if used

Vault Numbers/Name
Levels 6 - 10: Vault numbers are required to be visually displayed an any sanctioned competition utiizing a 4-judge panel. Valut name OR number may be audibly communicated to judges at all other competitions (August 1,2023).

Bars: Dismounts #
Dsmount not from designated bar: No VP, SR, -3 no dsmt
Dsmt with no salto: No SR; -3. no dsmt
No value dsmnt (from feet, nic or restricted): No SR, -3 no dsmt, -50 if restricted
Terminates early (intentionally or due to fall): No SR, -50 for fall (even if no fall, -3 no dsmt; CJ -2.00 if <5 VPs
Salto never initiated, no feet: No VP, No SR, -3 no dsmt, -5 fall
Initates salto and no feet: No VP, No SR, -.5 fall, do NOT deduct -.30

Bar Change #
A fall from HB, performs VP on LB is a bar change.
Climbing onto the LB then jumping to HB : not a bar change
Free mounts over LB (no hand contact) are not a bar change.
Mounts with hand support to catch HB are a bar change.
Transfer from one bar to next does not have to be a VP to count for bar change

Balks: Bars and Beam
2 attempts to mount without penalty with no touch of board or apparatus
runs-balks; runs-mounts: no deduction
If gymnast attempts RO and stops, she may repeat and get VP credit for mount; deduct for first "fall" .50
runs-balks; runs balks; runs performs D award D & +.10; each judge deducts .5 for 3rd approach
runs-balks; runs-balks; runs-balks each judge deducts .50 for 3rd approach 4th approach not permitted
Run, touch board or runs under bar without mounting, -.50
Bar Deductions #
Hip/heel padding = .20 no warning needed if during routines; CJ warns if notices prior to routine
Broken grip: repeat from point of interruption; gymnast must show broken grip to CF
Loose bandage: no repeat allowed
Falls: 45" or routine terminates
Fall time begins when feet touch floor & ends when feet leave floor
Bar Falls #
Falls: 45" to remount or routine terminates
Fall time begins when feet touch floor & ends when feet leave floor
Fall time begins when the gymnast is standing on her feet. If an injury occurs, fall time begins after medical assessment is complete.
During 45", timer notifies 20 seconds remaining, 10 seconds remaining, time
Panel Review of Routine
State meet & Above: MR can allow judging panel to review a routine to verify that Special Requirements were fulfilled and restricted elements were not performed

Mounts with Wrong Setting #
May dismount bars, has 45 seconds to re-adjust bars and remount
Deduct .50 for a fall from apparatus
Bar Mats #
May stand on an additional up to 8" skill cushion on top of landing mat May not place board on 8" mat
Mount trainer mat may be used to mount
Board or folded panel mat may be placed on one 41/2" or 8" or 2 12 cm landing mats with or without 1 1/2 " base mat (unfolded panel mat) placed under or on top of competition ldg mat when setting bars for routine
Coach Spot #
Spot during element: No VP-SR-bonus; each judge -.50 for spot; -.5 if fall after spot
Spot upon landing: VP & SR ok; No bonus; -.50 spot (each judge); if falls, -.50
Inadvertent contact by coach: VP & SR ok; no bonus; -.50 contact (each judge)
No deduction if gymnast inadvertently contacts coach
Falling gymnast: Only .50 for fall; no spot deduction
Meet Referee and Video Viewing
MR may watch a video prior to submission of an inquiry to determine if that inquiry should move forward.

Short/Incomplete Exercise (Level 6 - 10) #
Deduct 2.00 from final average if: - Bar exercise contains less than 5 Value Parts Beam/Floor routine is less than 30 seconds Floor: may come back & finish up until squad moves to next event Exception: Level 6 Beam: CJ deducts .50 from average if it is less than 30" and completed and contains all required VP; 10.00 SV Deduct for missing VP from SV and execution Deduct for missing SR and no dismount if applicable Deduct 2.00 by CJ
Judge Misses Routine #
2 judge panel Coach/gymnast told score and may accept the 1 score or repeat .
4 judge panel Enter a score for the missing judge that is equal to the highest score given by the other 3 judges
In both cases, CJ consult with Meet Referee who informs coach of gymnast options
Judges Uses Wrong Rules #
Re-evaluation to include determination of correct SV and specific composition deductions based on judges' shorthand. Judging panel notify Meet Ref and scoring personnel that rescore is to occur Notify coach immediately of any score change Must occur prior to end of rotation within 5 minutes of the end of competition for that session (see R&P; COP incorrect)
Jury of Appeal #
Meet Referee: President of the Jury Meet Director (non-voting if his athlete) Chief Judge of all four events (or of event involved) USAG personal (SACC, RACC and/or DP Chair) Duties: Governs all technical and organization matters Makes final decision regarding unusual situationIf deduction taken from AA by Meet Ref is challenged, then Jury of Appeal convenes to make final decision Review improperly handled inquiries, i.e., administrative procedures not followed; coach may petition within 5 min. of end of rotation/competition or inquiry form return, whichever is later Conduct video review within 15 minutes of end of meet Jury discusses, votes, majority determines final decision
Gymnast Starts Before Signalled #

Equipment Failure/Repetition of Exercise #
Gymnast Options: 1 Stop and ask CJ to repeat from point of interruption; may rest first 2 Finish routine; decide to repeat in part or whole or accept score before score flashed; CJ and Meet Ref decide point at which routine will be resumed. If it's a music failure, don't deduct for no music Equipment failure does not include unfastening of grips/bandages; loss/partial loss of footwear; incorrect bar setting; failure to tighten cables or handles on bars/BB; phone interrupt on FL
Inquiry For Qualifying Score #
If after the last event, gymnast's AA score is .10 or less from qualifying:to State or Regionals, the coach may inquire the lowest scoring event regardless of order. Score change is official and affects placement. This process does not apply for mobility purposes or if qualification to state/regional is by percentage or by designated number per age group. ONLY applies to All Around athletes
Courtesy Score #
1.00 is score awarded to any compulsory or optional routine.
Retricted Elements #
If more than one restricted, 2nd receives No VP No SR Minus .50 from Start Value If dismount, also deduct minus .30 for no dismount
Spotting Bars and Beam #

<p>.5 deduction from repeated performance</p> <p>Ask her to stop and repeat the performance immediately</p> <p>On vault, take deduction from next vault</p>	<p>Coach assists during element: All judges take .50; No VP, No SR, No bonus If falls after spot, take additional .50 If spot occurs on dismt, don't deduct .30 from SV</p> <p>Spots upon landing dismount All judges take .50; Award VP and SR If then falls, deduct .50; don't deduct for spot & fall Award VP and SR; No bonus</p> <p>Coach inadvertently touches gymnast: . 50 spot; Award VP, SR, but no bonus</p> <p>Gymnast inadvertently touches coach: no deduction</p> <p>Coach catches falling gymnast: No spot deduction Deduct only .50 for fall</p>
<p align="center">Bleeding Wound & Termination #</p>	<p align="center">Video Review</p>
<p>Must cover bleeding wound before 45" fall time up or routine terminated</p> <p>Gymnast doesn't have right to repeat if exceeds fall time</p> <p>Blood on equipment must be removed prior to next gymnast</p> <p>Coach and gymnast have right to determine if gymnast will continue after a fall (within the fall time limitations)</p>	<p>No video review allowed during inquiry process unless:</p> <p>1. administrative procedures not followed for inquiry; coach may petition Jury of Appeal within 5 minutes of rotation/competition whichever is later; Jury decision must be within 15 min. of end of meet/before awards Conducted by MR and highest rated unaffiliated judge; if MR is affiliated, then review conducted by two highest unaffiliated judges or highest rated unaffiliated judge & USAG officer</p> <p>2. State meet & above for missed element that affects SV: Video review by Meet Ref and highest rated unaffiliated official, e.g., judge misses full turn on beam; judge records 2/1 twist instead of 3/1 twist; release element touching bar; if gymnast lands feet first on vault, UB, BB,saltos; feet finish on top of beam, spotting, OOB</p>
<p align="center">Dismounts of No Value or Restricted #</p>	<p align="center">Gymnast Terminates Early intentionally or with Fall #</p>
<p>Deduct .50 for missing SR Deduct .30 from SV for no dismount</p> <p>Also deduct .50 from SV if dismt is restricted or if it is an additional restricted element for level</p>	<p>Deduct .50 for missing SR Deduct .30 from SV for no dismount Deduct .50 for fall with or w/out actual fall to mat If under 30 seconds on BB or FL, CJ deducts 2.00 also If less than 5 elements on bars, CJ deducts 2.00</p>
<p align="center">Change of Score #</p>	<p align="center">Floor Warm-Ups/Touch</p>
<p>Change of Score CJ may change score if: forgot to deduct neutral deduction or data entry error or wrong rules used If data entry error, must change within 5 minutes of end of competition for that session If neutral deduction, must change prior to end of rotation Must notify coach of change Must flash change if possible If change needed because wrong rules, see card for this case</p>	<p>A gymnast is allowed to start warming up when there are only 6 more competitors ahead of her. There will be no more than 5 athletes warming up on the floor at any one point in time e.g., 8 gymnasts per squad: When the first squad in Flight A warms up on Floor, the first 6 athletes warm-up together (6 x 2 minutes=12 min.). Once competition begins, the 7th athlete warms-up while judges evaluate #1 gymnast; after each subsequent routine, another athlete will be added to warm-up.</p> <p>For Compulsory Levels 1-5, modified non-traditional format, athletes may warm-up between floor routines as a group. The group is not limited to 6 athletes. If the coach feels not enough warm-up time has been given, coach may ask the Chief Judge for a reasonable amount of additional time.</p>

<p align="center">Element Out of Bounds</p>	<p align="center">Floor Markings #</p>
<p>If take-off for VP is outside of boundary, then No VP No SR No CV or D/E bonus Does not apply to compulsories</p>	<p>A single line chalk arc in the corner of the floor is ok. No tape or velcro is allowed on floor. OK to mark corner lines with tape to delineate OB.-- inside corners</p>
<p align="center">Phone During Floor Music #</p>	<p align="center">Floor Mats #</p>
<p>Not a technical error if phone call comes in and music stops Athlete may not repeat No deduction for no music.</p>	<p>Up to 2 mats allowed placed separately Only 1 per tumbling pass May be used for take off or landing Sting may be on top or under up to 8" skill or throw mat Mark for OOB or -.10 Don't have to remove Additional mats = -.30</p>
<p align="center">Floor Exceeds Warm Up Time</p>	<p align="center">Salto Definition on Floor</p>
<p>Floor: Exceeds Warm Up Time If gymnast fails to leave floor after warm-up time over, Timer warns gymnast "Time Exceeded". If she continues, then timer reports to CJ who deducts .20 from average score If team competition or JO Nationals team, deduction is taken from team score on that event."</p>	<p>If a salto lands on two feet or lands on one foot and lowers with control to one knee, it will be considered a salto and may be used</p>
<p align="center">Coach/Team Mate Stop Gymnast OOB Floor</p>	<p align="center">Gymnasts Cheering Around Floor #</p>
<p>See also Coach on Mat If coach or team mate touches or pushes the gymnast to stop her momentum, deduct only one .50 deduction (each judge) Even if gymnast falls, deduct only one .50 deduction CJ take .10 for OOB if gymnast is OOB VP, SR ok; No bonus</p>	<p>Permitted to be around floor and cheer Must Not obstruct view of judges or spectators If obstruct, CJ warns first If continues, then CJ deduct -.2- from AA score of gymnast creating the obstruction OR team score of team in violation</p>

