USAG – RULES & F	OLICIES (Chapter 10 – Apparatus Specifications)
Updated (9-06-20	23) – <u>Rules & Policies 2023-2024</u>
NTC Minutes, May 1	L6-17, 2022 – (Pages UPDATED Sept. 2023)
R&P Chapter # 1	Clarification regarding judges' use of electronic devices to record their scoring
Judges Resp.	worksheets. "Judges must turn off messages, email notifications, etc. by switching their
Page 20, D. 5.	device to airplane mode.
R&P Chapter # 1	Allow ankle length tights to be worn under OR over the leotard in competition.
Athletes' Rights	
Page 16, B.10.a.3)	
R&P Chapter #5	Clarification: a judge who critiques or coaches more than once a month on a regular
Affiliation	basis at a specific gymnastics club is considered affiliated with that gymnastics club.
Page 32, II, A.1.b	Judges must make assigners aware of their affiliation.
R&P Chapter # 5	Clarification regarding when a meet is considered complete. "End of the day is
Compensation	determined when all scores are final, and all score inquiries are settled."
Page 42, II.B.1. d.	Hadatad Cont. 2022. (Chartons and Barros Hadatad., Cont. 2022)
R&P 2022-2023	Updated Sept. 2022 – (Chapters and Pages Updated – Sept. 2023)
R&P Chapter # 5	Judges are <u>not</u> required to carpool.
CARPOOLS	
Pg 40, I.B.1. *	Charlet the IDC weeks a get a share a division the years the general will be greated with an
R&P Chapter # 5	Should the IRS make a rate change during the year, the new rate will be posted with an effective date.
MILEAGE RATE	effective date.
Pg 40, I.B.2. R&P Chapter # 5	The form of accommodation (double occupancy vs. single occupancy) must be specified
OCCUPANCY	in the judge's contract.
Pg 41, I.C,3.	in the judge's contract.
R&P Chapter # 5	If necessary to share the cost of the room with the Meet Director, the judge will pay no
COST of HOTEL	more than the difference between the actual cost of the room and the standard national
Pg 41, I.C.3.	IRS rate for overnight accommodation.
R&P Chapter # 5	Meet Directors are strongly recommended to provide single room accommodations
SINGLE ROOMS	when a hotel stay is required, at no additional cost to the judge.
Pg 40, I.C,2.	
R&P Chapter # 5	1) For a judge traveling by air, meals that occur while the judge is traveling to and from
TRAVEL-MEALS	the competition, a per meal per diem may be requested.
Pg 41 , II.D.3. b.	2) For a judge traveling by ground and travel time is more than 3 hours or 150 miles one
	way, a \$20.00 per diem may be requested.
	3) For a judge traveling less than 3 hours or under 150 miles one way, there is no per
	diem request.
R&P Chapter # 5	2. The daily number of paid hours is calculated from the report time to the end time of
PAID HOURS	the meet.
Pg <mark>42</mark> , II.A.	3. For meets with 3 or more sessions PER DAY, it is recommended that judges are to be
	provided a minimum of a 30-minute break time.

R&P 2022-2023	Updated Sept. 2022 (continued)
R&P Chapter # 5	A judge serving as Meet Referee OR Chief Judge shall receive \$10.00 per day at the
MR/CJ FEES	following USA Gymnastics competitions:
Pg 42, II.C.1.	d. Sanctioned local / sectional meets where the Meet Referee also serves as the Chief
	Judge.
	e. Dual compensation (total of \$20/day) is given if the Meet Referee also serves as a
	Chief Judge at all Regional and above meets and State meets with four-judge panels.
R&P Chapter # 5	Chief Judge OR Meet Referee payment (\$10) is NOT paid at:
Compensation	a. State meets with two-judge panels with a separate Meet Referee (non-judging).
Pg 42, II.C.2.	b. Local / sectional meets with a separate Meet Referee (non-judging).
	c. Local / sectional meets with one-judge panels, such as intrasquad meets, or meets
	with less than four events running concurrently
R&P Chapter # 5	e. For meets with multiple sessions PER DAY, it is recommended (not required) that
Meet Format	judges are to be provided a 30-minute break time.
Pg 49, B.4.	
R&P Chapter # 6	a. The gymnast may continue her routine. Upon completion of the routine, gymnast and
Music Regulations	coach must decide whether to resume from point of music failure or accept the score
Music Failure	that is given. The judges will post no score until that decision is made. No deduction
Pg 65, VI.M.2.	would be taken for the absence of music if the decision is to accept score.
R&P Chapter # 6	b. The gymnast may stop her performance immediately and request permission from the
Music Regulations	Chief Judge to continue from the point of interruption/music failure. Once permission
Music Failure	is granted, after a reasonable amount of rest time, the gymnast may perform from
Pg 65, VI.M.2.	point of interruption or the series / combination when music failure occurred. No
	score would be given for a partial routine, all deductions prior to the
	equipment/music failure will still be applied.
	er 1, 2022 – APPARATUS SPECIFICATIONS – <mark>(Chapters and Pages UPDATED)</mark>
R&P Chapter #11:	All apparatus requirements for both the Xcel and Development Programs will be joined
Apparatus	together in a new Women's Program Rules & Policies (R&P) chapter for the 2022-2023
(2022-2023)	season and beyond. Unless a specific deduction applies, apparatus requirements have
	been removed from the Dev Code of Points and will be reflected in this new chapter.
R&P Chapter #10	If an athlete falls due to equipment failure, judging will resume at the point of
GENERAL	interruption or the series / combination when equipment failure occurred.
Page 102, I.H.	
R&P Chapter # 10	Chalk markings are ALLOWED to be placed on landing mats as a visual cue. All markings
Matting	MUST be removed after the athlete completes competition on that even.t
Page 103, II.D.	
R&P Chapter 10	Beam matting : If available (not required): maximum of 9 inches using Sting mats, 4-inch
BALANCE BEAM	throw and / or 8-inch skill cushions may be placed on top of allowable CLM's in ALL
Page 110, XIII, F.	matted areas (under the Beam and / or dismount area.)
R&P Chapter #10	Clarification: 2 mats of the Floor Exercise area.
FLOOR	1. It is acceptable to have both mats on separate ends of a diagonal. Example: an
Page 113, XVI, F.	athlete begins her tumbling pass by running over a sting mat, then performs her
	tumbling pass and lands on a 4-inch throw mat on the opposite end of the diagonal.
	2. If sting mat is placed on TOP of the skill cushion/throw mat, it does <u>NOT</u> count as one
	of the 2 allowable mats on the Floor Exercise at any one point in time.

R&P Chapter #1	mber 3-6, 2022 (Chapters and Pages UPDATED – SEPT 2023) Update the "racerback" type of leotard will receive an additional year grace period to
Attire	allow clubs to establish compliance. All other leotards that meet the description of
Pg.16, III.B.10. b.2	backless will be subject to a 0.20 attire deduction
	Minutes, May 15, 2023 – (Chapters and Pages UPDATED – Sept 2023)
R&P Chapter #1	Shorts: must be solid black (small manufacturer's branding allowed) with no
ATTIRE	embellishments. Shorts must be worn over <u>or under</u> a leotard and the length must be
Pg 16, III.B.10.a.5)	above the knee or shorter.
R&P Chapter #1	Coaches and Judges shall NOT wear Earbuds / EarPods while on the field of play.
EARBUDS	Athletes may NOT wear Earbuds / EarPods while competing.
Page 16, III.B.10.h	
Page 18, VI.C.5.a	
Page 20, VII.D.6	
R&P Chapter #6	A Meet Referee may watch a video (if available) prior to the submission of an inquiry to
INQUIRES (Videos)	determine if that inquiry should move forward
Page 63, VI.H.3.	
R&P Chapter #10	Uneven Bars – chalk or water may <u>not</u> be added to the rails or mats once the exercise
UB – Chalk/Water	has begun / while on the competitive equipment.
Page 109, X.E.	
NDPC Minutes, May	/ 15, 2023 – (Chapters and Pages UPDATED – Sept 2023)
R&P Chapter #8	Allow Level 4 athletes the ability to move directly to Level 6 by obtaining a minimum All
Level 4 Mobility	Around score of 36.00 at two separate USA Gymnastics sanctioned Level 4 competitions.
Page 79 (Chart)	Scores may be used starting with the results from the 2022-2023 competition season.
	Tracking these results will be determined by each State Administrative Committee.
R&P Chapter # 10	Additional warm-up and spotting equipment may be brought to a USA Gymnastics
EQUIPMENT	sanctioned competition.
Page 102, I.B.*	• Exception : members may NOT bring their own alternate skill cushion or "pit pillow".
	Additional equipment is NOT required to remain at any specified event, and
	MUST be manufactured by a recognized equipment manufacturer.
R&P Chapter # 10	Remove the allowance of a small "junior board" / preschool type board
Vault	(35-5/8"x23-5/8"x9-1/2") for all Development Program levels, including removing all
Removed	instances of the word "junior board" from the Women's R&P and Women's Program
	Code of Points. Level 1 – 3 may use an alternative (trampoline-type) springboard
	(required at competitions).
R&P Chapter # 10	Levels 1, 2 and 3 athletes may use alternative springboard apparatus, provided they are
Vault Equipment	manufactured by a gymnastics equipment manufacturer. The apparatus should resemble
Page 103, V.A.	the shape of a Vault board, with a maximum of 38 cm (15 inches) at the high end and a
	maximum of 10 cm (4 inches) at the low end. The surface producing the "spring" may be
DOD Charter # 10	other than the traditional coil springs, such as an air bladder or small trampoline bed.
R&P Chapter # 10	Uneven Bars and Balance Beam apparatus set up over a loose foam pit is NOT ALLOWED
Uneven Bars	FOR COMPETITIONS:
Page 110, X.I.	Unless the entire area (mount / dismount) is covered by a stable (wooden or metal)
	surface.
Ralance Ream	Evention set up over a Decimit is allowable if the landing surface is decired fine.
Balance Beam	Exception – set up over a Resi pit is allowable if the landing surface is deemed firm by the Most Reference and Most Director prior to competition.
Balance Beam Page 111, XIII.G.	 Exception – set up over a Resi pit is allowable if the landing surface is deemed firm by the Meet Referee and Meet Director prior to competition. All competition matting specifications must be met, when utilizing either of these

R&P – Additional In	formation Added – Sept 2023)			
R&P Chapter # 4,5	The Meet Director is required to pay a contractor's fee of \$5.00 per contracted judge to			
ASSIGNING FEES	the NAWGJ contractor. A Request for Judges Form that is received by the Contractor			
Page 30, II.B.1.	within 30 days of the competition will be charged \$7.00 per judge.			
Page 31, 1.D.*				
R&P Chapter #5	If meal accommodations are required at the end of the competition, the Meet Director			
PER DIEM	should include that in pre-meet information.			
Page 41, I.D.1. d.	Judges are not expected to stay and eat a meal after the competition is over.			
R&P Chapter #5	Hourly Pay Rate Increased by \$1 – August 1, 2023			
COMPENSATION	Brevet \$37, National \$34, Lv. 10 \$31, Lv. 9 \$27, Lv. 4-8 \$23, Lv. 6-8 \$21, Lv. 4/5 \$19			
Page 44				
R&P Chapter #6	It is recommended that there be no less than 5 gymnasts per squad.			
BYE ROUNDS	At DEV State meets and above: Meet Directors are REQUIRED to utilize a bye rotation			
Page 48, III.A.3.e.	when there are 5 or less athletes per squad			
Page 54, IIIE.5.				
R&P Chapter #6	1) During competition, it is NOT considered additional warm-up time if a gymnast who			
VAULT WARMUPS	is next to compete runs or jumps on the Vault runway following the previous			
Page 58, V.A.2. g.	competitor's final vault.			
	2) The gymnast may NOT run or jump in front of the Vault judge's table.			
	 In this instance, a warning would be given for exceeding warm-up time 			

DEV COMPULSORY REPLACEMENT PAGES

USA Gymnastics | 2021-2029 Development Program Compulsory Program

eBook Tutorial – (1286) 2022-26 Development Program Code of Points eBook Tutorial - YouTube

Replacement Pages 06-17-2021 Revised Pages 6-17-2021

Replacement Pages 07-21-2021 Revised Pages 7-21-2021

Replacement Pages 07-31-2021 Revised Pages 7-31-2021

Replacement Pages 08-16-2021 Revised Pages 8-16-2021

Replacement Pages 08-31-2021 Revised Pages 8-31-2021

Replacement Pages 10-05-2021 Revised Pages 10-5-2021

Replacement Pages 11-12-2021 Revised Pages 11-12-2021

Replacement Pages 02-08-2023 Revised Pages 2-8-2023

Replacement Pages 07-23-23 Revised Pages 7-23-23

DEV Compulso	DEV Compulsory – General			
JOINT - NTC & NDF	JOINT – NTC & NDPC Minutes, May 16, 2022			
Compulsory Book Timing Falls PEN-16	TIMING PROCEDURE VAULT	Clarification on Fall Timing:	Fall time (45 seconds) begins when the gymnast is on her feet: IF an injury occurs, fall time begins once medical assessment is complete.	
Compulsory Book page??	VAULT ALL LEVELS	Chalk Markings On Landing Mats	Allow chalk markings to be placed on landing mats as a visual cue. Any markings must immediately be removed after the athlete completes competition on that event	
Compulsory Book Timing Falls PEN-17	TIMING PROCEDURE BARS & BEAM	Clarification on Fall Timing:	Fall time (45 seconds) begins when the gymnast is on her feet: IF an injury occurs, fall time begins once medical assessment is complete.	
Compulsory Book page??	BARS & BEAM ALL LEVELS	Chalk Marking On Landing Mats	Allow chalk markings to be placed on landing mats as a visual cue. Any markings must immediately be removed after the athlete completes competition on that event	
Compulsory Book page??	BARS & BEAM ALL LEVELS	Equipment Failure	If an athlete falls due to equipment failure, judging will resume at the point of interruption or the series/combination when equipment failure occurred.	
JOINT NTC & NDPC	Minutes, May 1	.5, 2023 (Pages UPD		
Compulsory Book Vault – Lv. 4 pg. Lv 5 pg. 5 UB/Bm/Fx – Pen pg. 13	Vault, UB/BB Dismounts and BB/FX Acro elements	Landing with Squat	Squat on landing (hips lower than knees – up to 0.30) for landing positions on Vault, UB/BB dismounts, and BB/FX Acro elements	
NTC Minutes, May	15-17, 2023 (Pa	ges UPDATED Sept.	2023)	
Compulsory Book Penalties-General Chief Judge-Attire Page 15	Allow shorts t	o be worn over OR ເ	under the leotard.	

DEV Compuls	DEV Compositions Visualty Company					
DEV Compulsory Vault – General						
JOINT – NTC & NDPC Minutes, May 16, 2022 Compulsory TIMING Clarification on Fall time (45 seconds) begins when the gymnast is on						
General Info	PROCEDURE:	Fall Timing:	her feet: IF an injury occurs, fall time begins once			
PEN-16	VAULT		medical assessment is complete.			
Compulsory	VAULT	Chalk Markings	Allow chalk markings to be placed on landing mats as			
General Info	ALL LEVELS	On Landing Mats	a visual cue. Any markings must immediately be			
page?			removed after the athlete completes competition on			
			that event			
JOINT NTC & NDI	PC Minutes, May	y 15, 2023 (Pages Up	dated Sept. 2023)			
Compulsory	Vault, UB/BB	Landing with	Squat on landing (hips lower than knees – up to 0.30)			
Book	Dismounts	Squat	for landing positions on Vault, UB/BB dismounts, and			
Vault – Lv. 4 pg.	and BB/FX		BB/FX Acro elements			
Lv 5 pg. 5	Acro					
UB/Bm/Fx –	elements					
Pen pg. 13						
DEV Compuls	ory Vault –	Loval 1				
DLV Compuis	ory vauit –	reaci T				
	T	T				
DEV Compulsory Vault – Level 2						
DEV Compuisory vauit – Level Z						
DEV Compuls	sory Vault –	Level 3				
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DEV Commission	DEV O L					
DEV Compulsory Vault – Level 4						
DEV Compulsory Vault – Level 5						
	1	<u> </u>				

DEV Compuls	DEV Compulsory Bars – General				
JOINT - NTC & N	DPC Minutes, M	lay 16, 2022			
Compulsory	TIMING	Clarification on	Fall time (45 seconds) begins when the gymnast is on		
BARS-GENERAL	PROCEDURE:	Fall Timing:	her feet: IF an injury occurs, fall time begins once		
PEN-17	BARS		medical assessment is complete.		
Compulsory	BARS	Chalk Marking	Allow chalk markings to be placed on landing mats as		
BARS-GENERAL	ALL LEVELS	On Landing Mats	a visual cue. Any markings must immediately be		
page?			removed after the athlete completes competition on		
			that event		
Compulsory	BARS	Equipment	If an athlete falls due to equipment failure, judging will		
BARS-GENERAL	ALL LEVELS	Failure	resume at the point of interruption or the		
page?			series/combination when equipment failure occurred.		
JOINT NTC & NDI	PC Minutes, Ma	y 15, 2023 (Pages UP	DATED SEPT. 2023)		
Compulsory	BARS	Chief Judge	No deduction for Coach		
BARS	ALL LEVELS	Deductions	standing between the Bars throughout exercise.		
Pen pg. 16					
Compulsory	Vault, UB/BB	Landing with	Squat on landing (hips lower than knees – up to 0.30)		
Book	Dismounts	Squat	for landing positions on Vault, UB/BB dismounts, and		
Vault – Lv. 4 pg.	and BB/FX		BB/FX Acro elements		
Lv 5 pg. 5	Acro				
UB/Bm/Fx –	elements				
Pen pg. 13					

DEV Compul	DEV Compulsory Bars – Level 1				
DEV Compul	sory Bars – L	evel 2			
DEV Compul	sory Bars– Le	evel 3			
JOINT - NTC & N	IDPC Minutes, M	ay 16, 2022 (Pages Updated Sept. 2023)			
L3 BARS	DISMOUNT	Revise the Level 3 dismount as a squat-on OR pike-on, jump off.			
L. 2 DADC De C	1				

DEV Compulsory Bars – Level 4			

DEV Compuls	DEV Compulsory Bars – Level 5			
NDPC Minutes, N	May 15, 2023 (Pa	iges Updated Sept. 20	023)	
Lv. 5 Bars Pg. 14-16	BARS Elements	Level 5 Dismount	Allow two (2) options for the Level 5 Uneven Bar dismount; an athlete can perform the current Level 5 dismount of a flyaway, allowing a 10.0 Start Value (SV), or they can perform the Level 4 dismount of TAP SWING FORWARD WITH ½ (180 degree) TURN, only allowing a 9.5 SV.	

NAWGJ - GOIDE TO CHANGES (GTC) TOT DE COMPOESONT JODGING (2021-2025)				
DEV Compulsory Beam – General				
JOINT - NTC & ND	OPC Minutes, May 10	6, 2022		
Compulsory	TIMING	Clarification on	Fall time (45 seconds) begins when the gymnast is	
BEAM-GENERAL	PROCEDURE:	Fall Timing:	on her feet: IF an injury occurs, fall time begins	
PEN-17	BEAM		once medical assessment is complete.	
Compulsory	BEAM	Chalk Marking	Allow chalk markings to be placed on landing	
BEAM-GENERAL	ALL LEVELS	On Landing Mats	mats as a visual cue. Any markings must	
page?			immediately be removed after the athlete	
			completes competition on that event	
Compulsory	BEAM	Equipment	If an athlete falls due to equipment failure,	
BEAM-GENERAL	ALL LEVELS	Failure	judging will resume at the point of interruption	
page?			or the series/combination when equipment	
			failure occurred.	
JOINT NTC & NDP	C Minutes, May 15,	2023 (Pages Update	d Sept. 2023)	
Compulsory	Vault, UB/BB	Landing with	Squat on landing (hips lower than knees – up to	
Book	Dismounts and	Squat	0.30) for landing positions on Vault, UB/BB	
Vault	BB/FX Acro	_	dismounts, and BB/FX Acro elements	
Lv. 3 Pg. 4, Lv. 4	elements			
Pg. 5, Lv. 5 pg. 5				
UB/Bm/Fx				
Pen pg. 13				
DEV Compulsory Beam – Level 2				
DEV Compulsory Beam – Level 3				
DEV Compulse	ory Beam – Lev	el 4		
DEV Compulsory Beam – Level 5				

DEV Compulsory Floor – General				
JOINT NTC & NE	JOINT NTC & NDPC Minutes, May 15, 2023 (Pages Updated Sept. 2023)			
Compulsory	Vault, UB/BB	Landing with	Squat on landing (hips lower than knees – up to 0.30)	
Book	Dismounts	Squat	for landing positions on Vault, UB/BB dismounts, and	
UB/Bm/Fx	and BB/FX		BB/FX Acro elements	
Pen pg. 13	Acro			
	elements			

DEV Compulsory Floor – Level 1				
JOINT NTC & NDPO	JOINT NTC & NDPC Minutes, May 15, 2023 (Pages Updated Sept. 2023)			
Compulsory Floor-Elements Lv.1 Floor – Pg. 3	Backward Roll	Added Pike Position	Allow either a tuck or pike entrance into the backward roll progressions in the Level 1-5 Compulsory Floor Exercises. Also, amend the text to describe the option of a pike entrance and change the wording for the 0.30 deduction for "hands placed on the floor during the squat phase prior to rolling backward" to "hands placed on floor during the "sit" phase prior to rolling backward."	

DEV Compulsory Floor – Level 2 JOINT NTC & NDPC Minutes, May 15, 2023 (Pages Updated Sept. 2023)			
Floor-Elements		Position	backward roll progressions in the Level 1-5
			Compulsory Floor Exercises. Also, amend the text to
Lv. 2 Floor – Pg. 3			describe the option of a pike entrance and change
			the wording for the 0.30 deduction for "hands
			placed on the floor during the squat phase prior to
			rolling backward" to "hands placed on floor during
			the "sit" phase prior to rolling backward."

DEV Compulsory Floor – Level 3			
JOINT NTC & NDPC Minutes, May 15, 2023 (Pages Updated Sept. 2023)			
Compulsory	Backward Roll	Added Pike	Allow either a tuck or pike entrance into the
Floor-Elements		Position	backward roll progressions in the Level 1-5
			Compulsory Floor Exercises. Also, amend the text to
Lv.3 Floor-Pg. 12			describe the option of a pike entrance and change
			the wording for the 0.30 deduction for "hands
			placed on the floor during the squat phase prior to
			rolling backward" to "hands placed on floor during
			the "sit" phase prior to rolling backward."

DEV Compulsory Floor – Level 4			
JOINT NTC & NDPC Minutes, May 15, 2023 (Pages Updated Sept. 2023)			
Compulsory	Backward Roll	Added Pike	Allow either a tuck or pike entrance into the
Floor-Elements		Position	backward roll progressions in the Level 1-5
			Compulsory Floor Exercises. Also, amend the text to
Lv. 4 Floor Pg. 8			describe the option of a pike entrance and change
			the wording for the 0.30 deduction for "hands
			placed on the floor during the squat phase prior to
			rolling backward" to "hands placed on floor during
			the "sit" phase prior to rolling backward."

DEV Compulsory Floor – Level 5 JOINT NTC & NDPC Minutes, May 15, 2023 (Pages Updated Sept. 2023)			
Floor-Elements		Position	backward roll progressions in the Level 1-5
			Compulsory Floor Exercises. Also, amend the text
Lv. 5 Floor Pg. 11			to describe the option of a pike entrance and
			change the wording for the 0.30 deduction for
			"hands placed on the floor during the squat phase
			prior to rolling backward" to "hands placed on
			floor during the "sit" phase prior to rolling
			backward."