

SPECIAL REQUIREMENTS (0.2 EACH)

UNEVEN BARS	BALANCE BEAM	FLOOR EXERCISE
a) Minimum of two bar changes. b) Two flight elements, minimum of two different C's OR a D and B (not to include dismount). c) One element with longitudinal axis (LA) turn, minimum of a C (not to include mount or dismount). d) C dismount. If C dismount immediately preceded by same two A or B elements = 0.10 deduction (not .20) taken from Start Value.	a) Acro series - Minimum of 2 flight elements, one element must be minimum of C with or without hand support (may include mount) OR an "A" non-flight element from group 7 (walkovers/cartwheels) connected to an E acro element. Acro series may not be connected to the dismount and must stop on the beam. b) Dance or Dance/Acro series with a minimum of two elements, the dance element must be C or higher. Series may not connect to dismnt. c) A leap or jump requiring 180° split. (may be part of dance or mix series) d) Minimum of 360° turn from Group 3. No hand support permitted. e) Minimum of C dismount.	a) One Acrobatic pass* with two saltos, same or different, directly or indirectly connected. b) Three different saltos within the exercise. c) The salto performed as the last isolated salto or within the last salto connection must be minimum C and it must be an acro pass*. d) Dance passage with a minimum of two different Group 1 elements, directly or indirectly connected, one of which is a leap (one foot take-off) requiring a 180° cross or side split position. An indirect connection would allow for running steps, small leaps, hops, chassés, assemblés, or any kind of turn on 1 or 2 feet between the two dance VPs. *Acro Pass defined as 1 or more acro elements, 1 must be a C (minimum) salto

COMPOSITION

UNEVEN BARS	BALANCE BEAM	FLOOR EXERCISE
a) Lack of variety in choice of elements and/or connections <u>0.05 flat</u> b) Insufficient distribution <u>0.05 flat</u> c) More than one <i>planned</i> squat/stoop on LB with or w/o sole circle to grasp HB (Following a fall a squat/stoop on is permitted w/ deduction) <u>0.10 ea.</u> d) Uncharacteristic elements <u>0.10 ea.</u> e) ¾ giant circle forward w/ or w/o grip change <u>0.10 ea.</u> f) Choice of elements not up to the competitive level (UTL) <u>0.10 flat</u> 1. A single bar release with a minimum of D value OR an E release element OR minimum of two D releases OR minimum two E level elements (<i>excluding dismount</i>) 2. Exercise must have minimum of D dismount OR C dismount with CV.	a) Lack of variety in choice of Acro elements 1. Missing backward Acro element-minimum A value <u>0.10 flat</u> Missing forward/sideward Acro element-min. A value <u>0.10 flat</u> b) Insufficient distribution <u>0.05 flat</u> Consider: Level of difficulty not maintained throughout the exercise. Most difficult elements placed in the same section of the exercise. c) Insufficient use of entire beam apparatus 1. Insufficient level changes throughout the exercise <u>0.05 flat</u> 2. Spatially (use the entire length of the beam) <u>0.05 flat</u> 3. Movement/Choreography fwd, bkwd, sdwd <u>0.05 flat</u> d) Choice of elements not up to the competitive level (UTL) <u>0.10 flat</u> If a flight series is performed on the beam WITHOUT Connection Value (consider only those elements performed on the beam), then an additional D/E Acro element including mounts/dismounts OR an E dance element including mounts is required. <i>D/E Acro directly connected to dismount CANNOT fulfill the UTL requirement.</i> <i>Note: If an Acro Series is completed but not awarded CV due to a FALL, the UTL deduction will NOT be applied.</i>	a) Lack of variety in choice of elements: 1. Lack of Dance Bonus from Groups 1 or 2 (minimum of +0.1 CV OR +0.1 D/E Bonus is required) <u>0.10 flat</u> 2. Missing backward salto with a minimum of A value <u>0.10 flat</u> Missing forward/sideward salto with a minimum of A value <u>0.10 flat</u> b) Insufficient distribution <u>0.05 flat</u> c) Insufficient use of the floor area – Spatially (Foor Pattern) <u>0.05 flat</u> d) Choice of elements not up to the competitive level <u>0.10 flat</u> 1. <i>For ALL routines:</i> - One E valued element (acro or dance) - OR two different D elements (one of which must be an Acro element) - An Acro dismount with C (minimum) salto in bonus combination OR D (minimum) salto 2. <i>In addition</i> , a two (2) Acro Pass routine must include a minimum of a D element in one pass and a minimum of a D or +.2 CV in the other pass to meet UTL (may be in any order.) 3. A one (1) Acro Pass routine would not meet UTL.

Element Value Exceptions	Element Value Exceptions	Element Value Exceptions
Uprise Handstand with ½ = D 1-1/2 turn IN HS = E Fwd/bkwd STALDER to HS also with ½ = D Fwd/bkwd STALDER to HS with 1/1 turn = E All 1/1 turn on 1 arm after HS (HEALY) = D Dismounts: from HB, Toe on Front Pike ½ Twist = D from HB, Back Stalder Front Tuck/Pike ½ Tw = D from HB, Clear Support Front Tuck/Pike ½ = D Flyaway 2/1 twist = D Front Flyaway: 1 ½ twist = D 2/1 twist = E Double Tuck Flyaway ½ Twist = E	Straddle Jump ¼ = C Ring or Stag-Ring Leap/Jump = D Tour Jete ¼ = E Switch Side Leap ¼ = E 2/1 Turn on 1 foot = E 2/1 Wolf Turn = E Forward Salto one or two leg takeoff to sit = D Backward Layout Stepout = D Backward layout thru vertical to pike down, legs together = D Dismounts: Swing leg to Fwd Salto stretched with 1/1 off end/side = C Tucked = B Gainer Salto Bkwd tucked/stretched w 1½ off side = D 2/1 (+) stretched = E Gainer Salto backward tucked with 1/1 at end = D Rudi tucked or stretched = D Forward Salto stretched off 2 ft with 2/1 = E Double Full = D	Front salto piked = A Ring jump or stag-ring jump with 1/1 turn = D Switch Side ½ or ¾ = D <div style="border: 1px solid black; padding: 5px;"> <p><i>New UB/BB/FX elements not found in the USAG Code of Points may be evaluated for Value-Part Credit using the USAG process (submission to respective RTC Chair & RDPC Chair)</i></p> </div>

BONUS			9.4 START VALUE on UB, BB & FX (+6 Bonus: minimum +0.10 "D/E" & minimum +0.10 CV; remaining .4 may be DV or CV for maximum SV of 10.0)																																																														
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<p>*Both C elements must have flight or turn but if C connected to D/E then C not required to have flight/turn</p> <p>*If 2 C 3/6/7 skills connected then do not need turn/flight to receive CV but both C 3/6/7 skills must be different</p>																																																																	
<p>EXCEPTIONS: 1) B + C Acro Flight = No Bonus 2) B+D Acro Flight: BHS+Layout Pike down w Ft together = +.1CV (not .2) 3) Back HS Series w: Back Salto Layout Step-out (D) OR Aerial Walkover (D) - - Receives 'D' Bonus but considered 'C' for purposes of Connection Value - Inc. BHS Step-out or 2 Ft, Gainer BHS, BHS Swing-down. In any order Examples: BHS + LO Step-out, B+D, receives +.1D & NO CV (B+C) - Aerial WO + BHS, D+B, receives +.1D & NO CV (C+B) - BHS+BHS+LO Step-out, B+B+D, receives +.1D, +.1CV, + Additional .1 - RO+LO Step-out, B+D, receives +.1 D, +.2 CV (B+D, not a BHS Series) - BHS+LO+LO, B+D+D, receives +.1D, +.2CV (D+D), + Additional .1 **Dsmnt Examples: RO + 1 ½; Valdez + GainerLO 1/1; SwitchLeap + GainerLO 1/1</p>																																																																	
EXECUTION																																																																	

UNEVEN BARS	BALANCE BEAM	FLOOR EXERCISE
Insuff angle of arrival - Flight to HS on LB .05	Feet apart on side position landing of leap/jumps each → 0.1	Failure to hold ending pose for one second .05
Swing forward or backward under horizontal each → 0.1	Hesitation in jump, press, swing to HS each → 0.1	Failure to show synchronization of music w/ ending pose 0.10
Under-rotation of release/flight elements → 0.1	Incorrect body position/alignment in Dance VPs each → 0.1	Feet apart on landing of leap/jump/hops each → 0.1
Precision of handstand positions throughout → 0.1	Lack of precision in Dance elements each → 0.1	Incorrect Rhythm during execution of direct connection each → 0.1
Insufficient extension of glides/swing into kips → 0.1	Group 3 Turns not performed in high relevé each → 0.1	Incorrect body position/alignment in dance VPs each → 0.1
Poor rhythm in elements/connections → 0.1	Landing too close to beam on dismount 0.1	Lack of precision in Dance elements each → 0.1
Hesitation in jump or swing to HS → 0.1	Concentration pause - 2 sec. each 0.10 More than 2 sec. each 0.2	Failure to perform Group 2 Turns in high relevé each → 0.1
Touch, brush of foot/feet on apparatus/mat → 0.1	Rhythm of connection-dance/mixed/acro (not bkwd flight) each → 0.2	Concentration pause (2 sec. or more) each 0.1
Landing too close to bars on dismount 0.1	Insufficient split when required (Dance/Acro/Non-flight walkover-type VP) → 0.2	Legs not parallel to floor in split or straddle pike position → 0.2
Insufficient amplitude of elements each → 0.2	Legs not parallel to beam in split or straddle pike → 0.2	Insufficient height of leaps/jumps/hops each → 0.2
Insufficient dynamics → 0.2	Insufficient dynamics → 0.2	Insufficient height of Acro flights w hand support & Aerials each → 0.2
Hit of foot/feet on apparatus 0.2	Insufficient height of leaps/jumps/hops each → 0.2	Insufficient split when required (Dance/Acro/Non-flight walkover-type VP) → 0.2
Incorrect padding (heel/hip) CJ 0.2	Insufficient height of Acro Flights, Aerials & Saltos each → 0.2	Insufficient dynamics → 0.2
Insufficient height of salto dismount → 0.3	Insufficient sureness of performance – throughout → 0.2	Insufficient variation in rhythm/tempo throughout → 0.2
Insufficient extension (open) of tuck/pike prior to landing dismount → 0.3	Insufficient variation in rhythm/tempo – throughout → 0.2	Relaxed/incorrect footwork in non-VPs throughout → 0.3
Insufficient Amplitude of casts → 0.3	Support of 1 leg against side of BB each 0.2	Poor relationship of music & movement throughout → 0.3
Insufficient Angle of turn completion → 0.3	Relaxed/incorrect footwork in non-VPs throughout → 0.3	Insufficient height of saltos each → 0.3
Hit of foot/feet on mat 0.3	Insufficient height of salto dismount → 0.3	Insufficient extension (open) of tuck/pike prior to landing Acro elements → 0.3
Grasp on apparatus to avoid a fall 0.3	Additional movements to maintain balance on the beam → 0.3	Incorrect body alignment/position/posture in non-VPs throughout → 0.3
Extra swing/cast (Max 0.5 per element) 0.3	Direction on gainer dismount off end of beam → 0.3	Artistry/Presentation (Choreography, quality of movement, expression) → 0.3
Insufficient amplitude of B Clear hip circles → 0.4	Insufficient extension/open of tuck/pike prior to landing acro elem/dismount → 0.3	Music with words/lyrics CJ 1.00
Full support on foot/feet on mat during routine 0.5	Incorrect body alignment/position/posture in non-VPs - throughout → 0.3	Absence of music CJ 1.00
Failure to hold finish position for 1 second .05	Grasp of beam to avoid a fall 0.3 Use of supplemental support 0.3	
	Artistry/Presentation (Choreography, quality of movement, expression) → 0.3	
	Failure to hold finish position for 1 second .05	

GENERAL

Elements Required: 3A, 3B, 2C / **START VALUE(SV):9.4**

SCORING

-Open scoring required at all meets.
 -Judges are to sit apart. (Exc. 6 judge panel on V & UB)
 -All scores will be flashed and rotated, but only the average score will be raised and rotated.
 -Both the SV & the score will be flashed simultaneously.
 -First judge shall give final score to flasher. Judges shall then simultaneously flash his/her SV while final scores and average score are being displayed.
 -Judges will indicate when an "up to the level deduction" has been taken on UB, BB, and FX by displaying an ORANGE card after (but as soon as) the SV and score are flashed.

SCORE RANGE

The range of scores is determined by the two or four counting scores. If the average score is between those listed below then the two counting scores must be within the range of:

9.5 – 10.0	0.2
9.0 – 9.475	0.3
8.0 – 8.975	0.5
Below 8.0	1.0

Conferences should only occur when counting scores are out of range, if impossible SV or UTL that can impact score, or if inquiry submitted.

TIMING: BB/FX routines, & falls on UB/BB must be timed. There will be a 45 sec. FALL Time for UB & BB.
When an injury occurs, additional time (up to 2 min.) may be added to assess the injury if deemed necessary. If an athlete is deemed able to resume their routine, the 45 sec. fall time will begin after the injury assessment has concluded.

CONDUCT-

The following procedures may be executed by any panel judge, chief judge or the meet referee (MR) and will appear as a neutral deduction on the score sheet

A. Coaches, student-athletes & staff (includes all staff) will use the same yellow card procedure. The yellow card is a warning (information provided to head coach). If a 2nd yellow card is issued, this will result in a .10 neutral deduction from team score. If 2 different staff members receive a yellow card, the .10 deduction is incurred.

B. The coach in violation may remain on the competition floor for safety purposes only (ie spotting, equipment adjustment).

If Yellow Card is issued, please complete Incident Report found in back of Supplemental Procedures/Forms.

EQUIPMENT SPECIFICATIONS

- A. The only allowable entry pads are the TAC-10 RO pads.
- B. The RO pad may be used only for RO Vaults or Front handspring onto the board entry vaults.
- C. Athletic tape or Velcro strips (NO CHALK) may be placed on the vault runway, provided that such markings are removed no later than the end of the rotation. The tape measure is to be used to determine where to begin the approach for vault. Chalk only may be used on the student-athlete as needed (e.g., hands, feet, legs).
- D. 1 ¾" padded vault runway is required for all competitions and must extend a minimum of 82 feet from the base of the apparatus. The gymnast may use the entire length of a manufactured runway (beyond 82 feet if available). Exceptions to the minimum requirement will be made in cases where a host institution cannot provide 82 feet of runway due to venue limitations. In such cases, the host institution must notify visiting team(s) in writing, of the distance that will be provided, before meet contracts are signed. No deduction will be taken if a gymnast starts off the runway to begin her approach.
- E. Low bar must be adjustable to 165 centimeters (AAI 155cm-185cm from floor to top of rail +/- 1cm) and the high bar adjustable to 245 centimeters (AAI 235-265cm from floor to top of the rail +/-1cm) without the bar height adapters.
- F. The uneven bars should be set so that the low bar and the high bar lean at the same angle when the bars are set at the maximum width according to AAI specifications (192 cm+/- 1cm).
- G. If a gymnast has a broken/torn grip, she may repeat her routine as the last team competitor or after the all-around competitor (specialist). If this does not allow for a sufficient amount of time to change grips or enough time to prepare, the gymnast will repeat the routine as soon as it is safe to do so. However, the time should not exceed five minutes. [Note: Common sense and safety must always prevail.]
- H. If a plywood board is used under the springboard for mounting bars and beam, then it must be a ½" plywood board with a non-skid surface on both sides.
- I. A chalk arc line may be placed on the corners of the floor exercise mat.
- J. Floor Exercise Field of Play: 12m x 12m. +/-3cm. If tape line outside of line: (39.4 ½ "x 39.4 ½ ").
- K. Beam and Vault Table measures from top of the beam and vault to floor. (125cm +/-1 /1/4 ").
- L. A minimum of 15 ½' matting must be available on the dismount end of the beam.
- M. It is allowable to mount off a 4 inch mat on top of a sting on Uneven Bars and Balance Beam

EQUIPMENT PENALTIES

- A. All equipment must be used as intended by manufacturer. A .20 deduction may be incurred for improper use of equipment.
- B. Foreign substances may NOT be placed on the hands &/or feet of the gymnasts or any piece of equipment (e.g.: honey & sugar, tuff skin, etc.). Water, Chalk, AAI solutions & AAI hand Tac10 towels are the only Acceptable substances.
- C. Failure to correctly apply the Vault landing lines on the top landing mat surface per 2.8 on Pg.5 of the Rules Modifications will incur a .20 Team deduction.
- D. If a mat used on floor exercise exceeds the boundary lines, the mat must be clearly marked with tape (not chalk) to indicate the actual boundary lines. Failure to correctly mark the mat will result in a .20 deduction taken off the team score. Tape may not be placed in the center of the floor exercise mat.
- E. Only one of the following mats: Sting mat, 4" Throw mat may be used per tumbling pass/leap combination (i.e., a gymnast may not punch off one mat and land on another). EXCEPTION: Sting mat on floor are allowed, but they count as two mats if stacked. There shall be no more than two mats on the floor.
- F. The minimum run distance that must be provided for mounts on uneven bars and balance beam during competition is 27 ½' from the base or leg of the respective apparatus. If more than 27 ½' of matting exists, the maximum run distance may be used. [Note: the host institution need not provide more than the minimum which will be provided at NCAA regional and national competition]. Exceeding the length of the provided manufactured matting will result in a .20 deduction from the gymnast's score.

Prior to and during Competition: during 2-minute Transitions, gymnasts are allowed to use matting around the apparatus to stretch, invert & prepare as needed for the 4-min. touch, however the apparatus must not be mounted or used for gymnastics skills during this time. On FX jumping, bouncing, running, stretching type of warm-up activity is allowed however gymnastics skills are not allowed on the FX apparatus. Gymnasts may use the Vault runway to prepare for the 4-min. touch warm-up on Vault. (See NCAA Modifications, Regular Season Meet Procedures)

UNIFORMS

An institution's official uniform and all other items of apparel (i.e., tights, t-shirts, warm-ups, tennis shoes) must be identical if worn on either practice or competition day. During the march in and awards ceremony, team members must be in identical warmup apparel. In addition, for NCAA competition, a gymnast will be considered "in uniform" if she has a name and/or number on her warm-up apparel and leotard as long as all team members use a similar font type and color. Names will include only the first initial of the first name and the full last name. Nicknames not permitted. If two or more gymnasts have the same first initials and last names, the first name may be spelled out.

- A. A student-athlete must wear a one-piece leotard and is allowed to wear any undergarments that are the same color of the leotard or are skin tone in color.
- B. The meet referee will instruct a gymnast who does not meet the uniform policies that she is "out of uniform." The gymnast must comply with the uniform rules or a .30 team deduction will be taken during team competition or off the individual's score during individual competition.

JEWELRY

Gymnasts are only permitted to wear stud piercings. No other jewelry is permitted. After a warning, a .20 deduction will be taken from the gymnast's score for each occurrence.

VERBAL CUES: Technical Verbal cues by coach to own gymnast (applied after one warning is given) will incur a .20 deduction.

OUT OF ORDER

-There will be a .10 deduction for competing out of order (taken from team score).
 -Coaches may change their line-up order prior to the event beginning (flag raised by Head Judge for first competitor in the competition line-up) by notifying score table and Head Judge
 -Once the event has started, coaches may remove and substitute an athlete in the identical line-up position by notifying the Head Judge at the event.
 -Once a student-athlete signals the Head Judge to begin her routine on any event, she MAY NOT be substituted with another student-athlete regardless of what occurs following the signal.

VAULTING

For all NCAA competition, the USAG Bonus Rule WILL NOT BE IN EFFECT.

Vault numbers will be flashed (see Appendix I, Vault Value Chart)

The gymnast will perform one vault, the score of which will count. A gymnast is allowed three attempts to complete one vault.

If a gymnast touches the board and/or vault apparatus or inverts on the approach or vault table without going over the vault apparatus, then this counts as one of her three attempts. It is not considered a vault.

If a gymnast inverts on the approach and/or the table and goes over the vault apparatus, then this would be considered an executed vault and must be scored.

1.00 deduction for touching the vault table with only one or with no hands taken by each judge

1.00 deduction for failure to land on the soles of feet first (includes fall) taken by each judge.

1.00 deduction for spotting assistance during the vault taken by each judge.

→ The 1.00 deduction is taken by each judge. If not in range, then a conference is called.

Failure to hold finishing position for 1 second - .05

If a gymnast vaults prior to the judges hand or flag signal, the gymnast must repeat the vault for score and would receive a 0.50 deduction.

Lines shall be added in a funnel shape (FIG) on the landing mat and act as a visual guide for officials regarding the deduction for "Direction". Lines should be screened or taped onto the landing mat; any accessory matting placed on top of the landing mat are marked with a chalk line. **Failure to apply Vault landing lines (as per 2.8 on Pg.5 of rules Modifications) on top landing mat surface = .20 Team deduction.**

Vaults not listed on the NCAA Vault Chart may receive a temporary start value from the WCGA (Women's Collegiate Gymnastics Association) Board of Directors. Vault must be submitted with video and description.

INQUIRY/VIDEO INQUIRY PROCEDURE – compiled from Meet Referee Meet Duties & JAS Clarification

The Inquiry, Video Inquiry and Routine Summary Forms are now consolidated into one IRS (Inquiry and Routine Summary) Form. Coaches complete all information and submit to Meet Referee.

- *Video Inquiry is treated same as a written inquiry – no limit on number submitted, and any failed inquiry (video or written) may be appealed through the Video Review Process (Rules Newsletter #8, 2/1/23 Clarification)*
- Must be made in writing before beginning of next event and pertain strictly to SV (VP, SR, Bonus), Compositional Requirements and clarification of Neutral Deductions or unusual performance occurrences/falls.
- Coach may consult with Meet Ref to decide whether to submit a regular inquiry or video inquiry. Meet Ref checks IRS for accuracy and completeness, and may independently view video (regular speed, once) if did not watch routine.
- Meet Ref conducts inquiry meeting with panel if able; may question, counsel and give personal opinion to panel, as well as ensuring panel completes notes on SV, score, UTL & composition.
- *Judging panel may view Video in regular speed or in slow motion to the advantage of the gymnast, and may view multiple times.*
- After inquiry has been conducted, Meet Ref may require score change due to SV, VP, UTL, composition, combinations or neutral deductions; and make final decision for split panel.
- Meet Ref may require score change for clearly observable errors (ie. out-of-bounds); may NOT require score change for execution judgement calls (ie. amplitude, degree of error).
- Meet Ref will ensure any score change is made at score table, and then return form to coach

VIDEO REVIEW PROCESS

The following video review process will be used during all NCAA competitions. In the event that an inquiry response is unsatisfactory to the coach, a video may be used for the purpose of review under the following conditions:

- Each team is allowed one review per meet.
- When an equipment failure may have occurred, the Meet Referee may use video (both real time or slow motion) to determine if and when the failure occurred and how to proceed.
- An institutional team video or television production footage must be used for the review. The video may be taken from any vantage point.
- All reviews must be specific to the performance or nonperformance of a particular Special Requirement, VALUE PART, combination of elements, UTL or neutral deductions (i.e., out of bounds).
- Reviews may not be used to evaluate a question of execution deductions, or composition. These requests will result in a .10 deduction.
- Reviews should be viewed in the speed that is to the advantage of the student-athlete. If necessary, video should be viewed in multiple speeds. Judges may use the zoom function if needed.
- The review must be submitted to the meet director or host institution designee within five (5) minutes following the conclusion of the meet (as determined by the final score posted OR the return of the final inquiry, whichever is later). During this time, the scores are being verified by the judging panel and the head scorer's table.
- The coach requesting the review must provide a signed Video Review Form (VRF), cued video and team camera to the meet director (or host institution designee). The meet director (or host institution designee) will be responsible for delivering this information to the meet referee and event panel (the judges who judged the particular event) for their review on the competition floor. The coaches may not be present during the review.
- Reviews must be conducted in the presence of the meet referee and the event panel ONLY. If the meet referee is on the panel, the next highest rated official must participate. A simple majority of the review panel will determine success or failure of the review. If the review is successful, the INDIVIDUAL'S score will be adjusted accordingly and TEAM score if it is a counting score.
- The results of the review will be noted on the VRF by the meet referee and returned to the meet director (or host institution designee) who will take the VRF to the score table. The official score will be adjusted (up or down). Then the judges will sign the official score sheet and the meet director will deliver the VRF to the coach.
- If a score is changed during an inquiry or video review, the skill or connection under review is subject to additional deductions for incompleteness or rhythm.
- Decisions rendered by the judges' review panel are final and cannot be overturned.

MISC

- **The NCAA Rules Modifications document lists the NCAA Special Requirements and Compositional Deductions in total. No other Special Requirements or Compositional Deductions are applicable to collegiate competition unless listed in this document. Please note that the NCAA rules modifications are in effect for both regular and post season competition unless otherwise noted.**
- **All NCAA competitions are conducted according to USAG Level 10 rules as of November 1. If the value of a USAG element on events other than vaulting is raised after November 1, the value will be effective immediately. If an element value is lowered after November 1, it will remain at the higher value for NCAA competition until the change is reviewed by the NCAA women's gymnastics committee.**

This document is a reference sheet only. Please refer back to the NCAA Women's Gymnastics Rules Modification Document and the USAG Developmental Code of Points, as well as the NCAA Women's Gymnastics Rules Newsletters for **official** language, updates, and clarifications. (Any typos/errors in this document are mine; please contact Deb Yohman at dyohman@me.com.) **The NCAA Rules Interpreter is Janette Doucette, submit questions by email only, provide name & institution/judging region to wgyim.ncaa.rules@outlook.com**