



GYMNASTICS

Rules Modification Document

**2024-25
Updated August 2024**

Contents

GENERAL INFORMATION

Section 1 - Rules Overview.....	<u>1</u>
---------------------------------	----------

EVENT SPECIFIC MODIFICATIONS

Section 2 - Vault	<u>5</u>
Section 3 - Uneven Bars.....	<u>6</u>
Section 4 - Balance Beam	<u>8</u>
Section 5 - Floor Exercise.....	<u>12</u>

COMPETITION PROCEDURES

Section 6 - Equipment Specifications and Penalties	<u>14</u>
Section 7 - Routine Inquiry Process.....	<u>17</u>
Section 8 - Regular Season Meet Procedures.....	<u>20</u>

APPENDIXES

I – Vault Value Chart, Vault Mat Lines Diagram.....	<u>26</u>
II – Code of Ethics for Coaches.....	<u>28</u>
III – Standards/Duties of Judges.....	<u>29</u>

Official NCAA Women's Gymnastics Rules Modifications

Questions regarding interpretations of NCAA Rules Modifications shall be submitted in writing to:

NCAA Women's Gymnastics, Rules Interpreter
Janette Doucette
Email: wgym.ncaa.rules@outlook.com

Reminder: The USAG Women's Development Program Code of Points can be purchased at www.usagym.org

NCAA Women's Gymnastics Committee, chair

Shaun Richard
Executive Associate Athletics Director for Sport Administration
The Ohio State University

NCAA Championships Administrator

Jennifer Mervar
Assistant Director of Championships
Work Phone: 317-917-6238
Email: jdmervar@ncaa.org

NCAA Playing Rules Administrator

Rachel Seewald
Director of Championships
Work Phone: 317-917-6141
Email: rseewald@ncaa.org

2024 - 2025 NCAA RULES MODIFICATIONS

* CHANGES ARE IN **BOLD AND HIGHLIGHTED** *

** CLARIFICATIONS ARE IN BOLD **

GENERAL INFORMATION

1 – RULES OVERVIEW

- 1.1 *This document lists the NCAA Special Requirements and Compositional Deductions in total. No other Special Requirements or Compositional Deductions are applicable to collegiate competition unless listed in this document.* Please note that the NCAA rules modifications are in effect for both regular and post season competition unless otherwise noted.
- 1.2 The National Collegiate Women's Gymnastics Championships and all competition used to qualify for the championships will be conducted according to USAG level 10 rules as of November 1, 2024. The rules written in this Rules Modifications document take precedence over the USAG Development Program Level 10 rules, when different.
 Note: If the value of a USAG element on events other than vaulting is raised after November 1, 2024 (11/1/24), the value will be effective immediately. In contrast, if an element value is lowered after November 1, 2024 (11/1/24), then it will remain at the higher value for collegiate competition until the change is reviewed by the NCAA Women's Gymnastics Committee.
- 1.3 For vaults not listed on the NCAA Vault Chart, institutions must submit the vault(s) with a video and description of the vault(s) to the WCGA Board of Directors to receive a start value.
- 1.4 If an element is not found in the USAG Code of Points, the official USAG New Element Evaluation form must be submitted to the respective USAG Regional Technical Committee Chairperson and Regional Development Program Committee Chairperson in order to be evaluated for Value-Part Credit.
 - a. The RTCC will return the signed element evaluation form to the coach indicating final decision as to the value to be awarded.
 - b. A copy of this evaluation must be presented to the Meet Referee or Chief Judge prior to competition to ensure proper awarding of difficulty.
 - c. A copy of this evaluation must be sent electronically to the Rules Interpreter.
 - d. The link to this form is:
<https://static.usagym.org/PDFs/Forms/Women/NewElementEval.pdf>
- 1.5 All rules and guidelines for execution deductions as applied to the USAG Level 10 rules will be used with the following collegiate modifications:
 - a. 9.4 Start Value on Uneven Bars, Balance Beam and Floor Exercise.
 NCAA is eligible to earn bonus points for both Connection Value (CV) and "D/E" Bonus, with a minimum of +0.10 "D/E" and a minimum of +0.10 for CV. The

remaining +0.40 may be earned by “D/E” Bonus or CV. The maximum Start Value is 10.00.

- b. Choice of elements “up to the competitive level” (UTL) is defined for each event. The UTL deduction is standardized at a flat .10.
- c. On Vault, Uneven Bars and Balance Beam - Failure to hold finishing position (legs straight, arms up) for 1 second at completion of exercise = -0.05.
 1. The finish position must be held facing the direction in which the gymnast landed the vault/dismount.
 2. If the gymnast falls upon landing, the hold deduction is NOT taken.
 3. All applicable landing deductions will be taken until the gymnast shows a controlled finish position. Closing of heels is considered a separate landing deduction, not part of the finish position. The gymnast may close their heels either before or during the transition from landing to finish position.
 4. The finish position is held without movement (i.e., no active arm gestures, arms above the shoulders).

1.6 Technical Verbal cues by a coach to their own gymnast (Applied after one warning is given) will incur a -.20 deduction.

1.7 INJURY ASSESSMENT.

When an injury occurs, the judges, coaches and athletic trainer may add additional time (up to two (2) minutes) to assess the injury if deemed necessary. If an athlete is deemed able to resume their routine, the 45 second fall time for that routine will begin after the injury assessment has concluded.

1.8 COMPETING OUT OF ORDER.

There will be a .10 deduction for competing out of order, taken from team score.

- a. Coaches may change their line-up order prior to the event beginning (flag raised by Chief Judge for first competitor in the competition line-up). The coach must notify the scorer's table and the event Chief Judge.
- b. Once the event has started, coaches may remove and substitute an athlete in the identical line-up position by notifying the Chief Judge.
- c. Once a student-athlete signals the Chief Judge to begin her routine on any event, she MAY NOT be substituted with another student-athlete regardless of what occurs following the signal.

1.9 OPEN SCORING AND SCORING RANGE.

- a. Open scoring will be used during the regular season, regional competition, and the national championship.
- b. Judges are to sit apart. When using a six (6) judge panel on Uneven Bars and Vault, the judges shall not sit apart.
- c. All scores will be flashed and rotated, but only the average score will be raised and rotated.
- d. Each judge will give their final score to the flasher. Then both judges will flash their start value, final score and UTL card (if applicable) simultaneously.
- e. Score verification procedures will be in place at regionals and for each session at nationals.

- f. The range of scores is determined by the average of the two (or four) counting scores. If the average score is between those listed below, then the two (or four) counting scores must be within the range of:

9.8 – 10.0	regular season 0.1 (0.2 in post season)
9.5 – 9.775	0.2
9.0 – 9.475	0.3
8.0 – 8.775	0.5
Below 8.0	1.0

Example: Judge 1's score is 9.5 and Judge 2's score is 9.8, the average is 9.65. Since the average (9.65) falls in the 9.5 – 9.775 range, the two scores must be no more than .20 apart. Since they are .30 apart, a conference between the judges is warranted.

- g. Conferences should only occur when the counting scores are out of range, if there is an impossible Start Value or an UTL that can have an impact on the average score, OR if there is an inquiry submitted.
- h. When a gymnast has performed an incomplete routine, the judges calculate their Start Values and submit their scores to the Chief Judge (CJ), as usual. However, if the SVs are impossible or the counting scores are out of range and the CJ determines that the resulting conference may take a considerable amount of time, the CJ may postpone calling the conference for the routine until all remaining athletes in the rotation have completed their performances.
1. The CJ posts a "Delayed Conference" red card on their table so that judges, coaches, and announcers would know that the scoring for this routine is being put aside until the end of the rotation. The CJ will then signal the next athlete.
 2. The judging panel will convene at the end of the rotation to conduct the conference for the partial routine and post the score when the conference has completed. The transition period and warm-up periods would provide 5-7 minutes, depending on the competition, for judges to complete their conference.

1.10 UNIFORMS.

- a. An institution's official uniform and all other items of apparel (i.e., tights, t-shirts, warm-ups, tennis shoes) must be identical if worn on either practice or competition day. During the march-in and awards ceremony, team members must be in identical warmup apparel. In addition, for NCAA competition, a gymnast will be considered "in uniform" if she has a name and/or number on her warm-up apparel and leotard as long as all team members use a similar font type and color. Names will include only the first initial of the first name and the full last name. Nicknames are not permitted. If two or more gymnasts have the same first initials and last names, the first name may be spelled out.
- b. The student-athletes must wear a one-piece leotard (long sleeve or a sleeveless tank leotard), and are allowed to wear any undergarments that are the same color of the leotard or are skin tone in color. No bathing suits are permitted.
- c. Athletes are permitted to wear spandex shorts or long leggings/tights during competition. Any combination of shorts, tights, and leotard are acceptable under this ruling, as long as it conforms to the school's official uniform. If more than one athlete is wearing spandex shorts or tights, they must match. For example: 2

athletes wearing spandex shorts, 3 athletes wearing long leggings, and 12 athletes wearing leotards only.

- d. The Meet Referee will instruct a gymnast who does not meet the uniform policies that she is “out of uniform.” The gymnast must comply with the uniform rules, or a .30 team deduction will be applied during team competition, or a .30 deduction applied to the individual’s score during individual competition.

1.11 JEWELRY.

Gymnasts are only permitted to wear stud piercings. No other jewelry is permitted. After a warning, a .20 deduction will be taken from the gymnast’s score for each occurrence.

1.12 UNSPORTSMANLIKE CONDUCT.

Any Panel Judge, Chief Judge or the Meet Referee (MR) can issue a yellow card for an instance of unsportsmanlike conduct using the following procedures:

- a. The yellow card is a warning that can be issued to any coach, student-athlete or staff member, and the team’s Head Coach will be informed of the issuance of the yellow card.
- b. If a second yellow card is issued to **the same or different** member of the team, this will result in a 0.1 deduction from the team score as a neutral deduction. For example, if two different staff members receive a **first** yellow card, the 0.1 team deduction is incurred.
- c. A coach **that receives a first and second yellow card** may remain on the competition floor for safety purposes only (i.e. spotting, equipment adjustment).
- d. The MR will submit a Yellow Card Incident Report to document all yellow card **warnings**/infractions to the National Assigner and the Chairperson of the WCGA Ethics Committee (refer to the “Supplemental Procedures and Forms” document for the reporting form).

EVENT SPECIFIC MODIFICATIONS

2 – VAULT

- 2.1 The USAG Vault Bonus Rule IS NOT in effect for NCAA competition.
- 2.2 Vault numbers will be flashed. (See Appendix I, Vault Value Chart)
- 2.3 The gymnast will perform one vault, the score of which will count. A gymnast is allowed three attempts to complete one vault.
- If a gymnast touches the board and/or vault apparatus or inverts on the approach or vault table without going over the vault apparatus, then this counts as one of her three attempts. It is not considered a vault.
 - If a gymnast hits the board and goes over the vault apparatus, then this would be considered an executed vault and must be scored.**
- 2.4 1.00 deduction for touching the vault table with only one or with no hands is taken by each judge.
- 2.5 1.00 deduction for failure to land on the soles of feet first (includes fall) is taken by each judge.
- 2.6 1.00 deduction for spotting assistance during the vault is taken by each judge.
- Note: For items 2.4, 2.5 and 2.6, if the scores are not in range, then a conference is called.*
- 2.7 If a gymnast vaults prior to the judge's hand or flag signal, the gymnast must repeat the vault for a score and would receive a .50 deduction.
- 2.8 **White lines (taped or screened) shall be applied in a funnel shape on the vault landing mat, whether a 20 cm competition landing mat (CLM) or a 4-inch bi-fold mat (reference diagram in Appendix I). These lines act as a visual guide for officials regarding the direction deduction (up to 0.3).**
- The lines are 2 inches wide, using the same tape product as used for the floor exercise boundary lines (per AAI equipment supplier specifications).**
 - The lines are measured and applied in the following manner:**
 - Identify the mat center point at the table edge and the far edge of the landing mat.**
 - The width of the landing corridor at the table end of the mat is 38 inches +/- 1 inch, measured as 19 inches from the center point to the outside of the white line in each direction. This corridor is centered with the vault table.**
 - For the 20 cm CLM (15' 6" length): the width of the landing corridor at the far end of the CLM is 58 inches +/- 1 inch, measured as 29 inches from the center point to the outside of the white line in each direction.**
 - For the 4-inch bi-fold mat (15' length): the width of the landing corridor at the far end of the mat is 56 inches +/- 1 inch, measured as 28 inches from the centerline to the outside of the white line in each direction.**
 - Any accessory mats placed on top of the marked vault landing mat (sting, second 4-inch, or an 8" mat) must have replicated marked lines on its landing surface (may use chalk or tape), centered with the vault table.**

3 – UNEVEN BARS

3.1 UNEVEN BAR SPECIAL REQUIREMENTS (.20 each, taken off Start Value).

One element may fulfill more than one Special Requirement, unless specified.

- a. Minimum of two (2) bar changes.
- b. **Two (2) different fight elements, one valued a minimum of a D and the second a minimum of a C (not to include dismount).**
- c. One (1) element with longitudinal axis (LA) turn, minimum of C (not to include mount and dismount).

Note: The USAG compositional deduction of “insufficient change of direction” DOES NOT apply to NCAA.

- d. **C dismount preceded by a minimum of a C element, OR a D/E dismount.**

3.2 UNEVEN BAR SPECIFIC COMPOSITIONAL DEDUCTIONS.

- a. Lack of variety in choice of elements and/or connection. flat .05

Consider:

- 1. Overuse of one group of elements.
- 2. Overuse of specific element or variation of that element.
- 3. Overuse of same element for connections.
- 4. Elements of highest value connected primarily to elements of lowest value.

- b. Insufficient distribution of elements flat .05

Consider:

- 1. Level of difficulty not maintained throughout the exercise.
- 2. Most difficult elements placed in the same section of the exercise.

- c. More than one squat/stoop on LB with/without sole circle to grasp high bar each .10

- 1. EXCEPTION: Following fall from UB, gymnast is allowed to perform cast squat/pike-on to resume the routine without receiving 0.10 deduction.
- 2. Once a gymnast has performed a planned squat/stoop-on, only additional planned squat/stoop ons would be subject to the 0.10 each deduction.

- d. Uncharacteristic elements. each .10

Examples:

- 1. Squat on LB bar and ½ turn on feet to grasp high bar.
- 2. Swing forward on HB, place feet on LB to stand with or without ½ turn unless followed by a circling move.

- e. ¾ giant circle forward with/without grip change each flat .10

Note: This is not considered an element and will break a connection.

- f. Choice of elements not up to the competitive level (UTL) flat .10

UTL is defined by the following basic standards:

- 1. A single bar release with a minimum of D value
 - OR a release element valued as an E
 - OR minimum of two (2) D releases
 - OR minimum of two (2) E level elements (excluding dismounts).
- 2. Exercise must have minimum of a D dismount or C dismount with Connection Value (CV) Bonus.

3.3 ELEMENT VALUES DIFFERENT FROM LEVEL 10.

Number	Element Description	Value
2.303	Uprise backward to handstand on HB with ½ turn	D
	1 ½ pirouette (turn is in handstand, not a Healy)	E
All elements that include a 1/1 (360 degree) turn completed on one arm after handstand phase in the descent phase (Healy technique)		
2.301	Cast Healy	D
2.303	Uprise Healy	D
3.305	Clear Hip Healy	D
4.303	Back Giant Healy	D
5.302	Front Giant Healy	D
7.308	Front Sole Circle Healy	D
7.309	Back Sole Circle Healy	D
3.401	From LB facing outward, Clear Hip Circle through HS with flight to HB (Shaposhnikova).	E
6.405	From LB facing outward, Stalder backward through HS with flight to HB (Chow).	E
8.301	From HB, Toe on Front Pike ½ Twist	D
8.301	From HB, Back Stalder Front Tuck or Pike ½ Twist	D
8.301	From HB, Clear Support Front Tuck or Pike ½ Twist	D
8.303	Flyaway Double Full Twist	D
8.307	Front Flyaway 1 ½ Twist	D
8.407	Front Flyaway 2/1 Twist	E
8.404	Double Tuck Flyaway ½ Twist	E
Value of the Stalder		
	– Stalder (forward or backward), straddled, to handstand with or without a ½ turn	D
	– Stalder (forward), straddled, to handstand with a 1/1 turn	E

3.4 CONNECTION VALUE (CV) BONUS EXCEPTIONS.

- a. #7.410 Maloney (from LB facing outward, Pike sole circle backward thru HS with flight to HB) connected to #4.406 Pak salto = D + D, receives +0.1 CV & +0.2 "D/E" Bonus.
- b. #7.410 Maloney connected to #4.404 Underswing ½ turn and flight to HS on LB (Overshoot HS) = D + D, receives +0.1 CV & +0.2 "D/E" Bonus.

3.5 ADDITIONAL DIFFICULTY "D/E" BONUS.

Any E release element or Single Bar D release element will receive an additional +0.10 "D/E" Bonus.

4 – BALANCE BEAM

4.1 BEAM SPECIAL REQUIREMENTS (.20 each taken off the Start Value).

- a. Acro series:
 - 1. Minimum of two (2) flight elements, one (1) element must be a minimum of C with/without hand support (this may include mount)
 - OR - an “A” non-flight element from Group 7 (walkovers/cartwheels) connected to an E acro element (example: back walkover + back tucked full twisting salto).
 - 2. The acro series requirement may not be connected to the dismount and must stop on the beam.
- b. Dance/Dance OR Dance/Acro series with a minimum of two (2) elements. The dance element must be valued a C or higher and the series may not be connected to the dismount.
- c. A leap or jump requiring 180° split (this may be part of the dance series or acro/dance series).
- d. Minimum of 360° turn from Group 3 (no hand support permitted).
- e. Minimum of C dismount.

4.2 BEAM SPECIFIC COMPOSITIONAL DEDUCTIONS.

- a. Lack of variety in choice of Acro elements
 - 1. Missing a backward Acro element with a minimum of “A” value..... flat .10
 - 2. Missing a forward/sideward Acro element with a minimum of “A” value..... flat .10
 - 3. The following notes apply to both backward and forward/sideward Acro requirements:
 - Must be from Group 1-Mounts, 6-Rolls, 7-Walkovers/cartwheels or 8-Saltos.
 - A round-off is considered a sideward element.
 - A BHS ¼ or ¾ to handstand is considered a backward element.
 - A jump backward BHS with ½ twist to walkover forward (Arabian walkover or salto) is considered a forward element.
 - A tic-toc can be considered either a forward or backward element (to the advantage of the gymnast).
 - b. Insufficient distribution of the elements flat .05
- Consider:
- Level of difficulty not maintained throughout the exercise.
 - Most difficult elements placed in the same section of the exercise.

- c. Insufficient use of entire beam apparatus
 - 1. Insufficient level of changes throughout the exercise flat .05
 Consider:
 - Level changes by the performance of elements and/or connections [look for movements that are high off the beam, standing, semi-low and low (kneel, squat, sit, lying)].
 - The gymnast is not required to touch the beam with a part of the torso and/or head.
 - 2. Spatially (use the entire length of the beam)..... flat .05
 - 3. Failure to show movement/choreography in different directions (fwd/bwd/swd) flat .05
- d. Choice of element not “up to the competitive level” (UTL) flat .10
 UTL is defined by the following basic standards:
 - 1. If a flight series is performed on the beam WITHOUT CV Bonus (consider only those elements performed and stopped on the beam), then an additional D/E Acro element (including mounts and dismounts) OR E dance element (including mounts) is required.
 - 2. D/E Acro element directly connected to the dismount CANNOT fulfill the up to the level requirement.
 - 3. If an Acro Series is completed but not awarded CV due to a FALL, the UTL deduction will not be applied.
 - 4. **If a gymnast breaks an acro series on beam due to a balance error, extra steps, or stop in the connection of the elements, she would not receive CV and loses acro series Special Requirement. If there is not another D/E acro element or E dance element in her routine, she would receive a UTL deduction.**

4.3 ELEMENT VALUES DIFFERENT FROM LEVEL 10.

Number	Element Description	Value
2.202	Straddle pike or straddle split jump performed with a ¼ turn	C
2.307	Ring or Stag-ring leap or jump (rear leg at head height)	D
2.404	Tourjete with ¼ turn	E
2.405	Switch side Leap with ¼ turn	E
3.401	Double turn on one foot	E
3.406	Double Wolf turn (Humphrey/Swartzentruber)	E
8.301	Salto forward take off from one or two legs to a sit (Puloin/Portocarrero)	D
8.304	Salto backward stretched with step-out	D
8.304	Salto backward stretched through vertical and then pike down with legs together	D
9.304	Salto forward tucked or stretched with a 1 ½ twist (off two feet) (Rudi)	D
9.306	Double Full Dismount	D

Number	Element Description	Value
9.308	Gainer salto tucked or stretched with 1 ½ twist to side of beam	D
9.309	Gainer salto tucked with 1/1 twist off end of beam	D
9.404	Salto forward stretched with 2/1 twist (off two feet)	E
9.408	Gainer salto backward stretched with 2/1 or 2 ½ (Khorkina) twist to side of beam	E

4.4 CONNECTION VALUE (CV) BONUS EXCEPTIONS.

- NO BONUS: 2-Acro Flight Element connection B+C Salto WILL NOT receive CV BONUS.
- B+D Acro Flight: BHS + Layout, stretched then pike down with feet together = +0.1 CV (not +0.2 CV)
- Back Salto layout Step-out AND Aerial Walkover will receive "D/E" Bonus but will be considered as C value for purposes of awarding Connection Value in Back Handspring Series only (Step-out BHS, BHS to 2 Feet, Gainer BHS, or BHS Swing down to cross straddle sit; in any order).

Examples:

- BHS + Layout Step-out = B+D, receives +0.1 "D/E" & no CV (B+C)
- Split Jump + Layout Step-out = B+D, receives +0.1 "D/E" & +0.2 CV (B+D, not a BHS Series)
- Round-off + Layout Step-out = B+D, receives +0.1 "D/E" & +0.2 CV (B+D, not a BHS Series)
- Aerial Walkover + BHS = D+B, receives +0.1 "D/E" & no CV (B+C)
- Aerial Walkover + Back Tuck = D+C, receives +0.1 "D/E" & + 0.2 CV

4.5 ADDITIONAL CONNECTION VALUE (CV) BONUS

- Connection of at least 3 acro flight elements (excluding dismount connections) that includes a minimum of one C element will receive an additional +.1 CV.

Examples:

- BHS + BHS + Layout-Step-out = B+B+D receives +0.1 "D/E", +0.1 CV, & +0.1 additional CV
- RO BHS Mount + BHS + Layout-Step-out = D+B+D, +0.2 "D/E", +0.2 CV & +0.1 additional CV
- BHS + Layout Step-out + Layout Step-out = B+D+D, +0.1 "D/E", +0.2 CV & +0.1 additional CV
- Aerial Walkover + BHS + BHS = D+B+B, +0.1 "D/E", +0.1 CV, & +0.1 additional CV
- Aerial Walkover+ BHS + Layout Step-out = D+B+D, +0.2 "D/E", +0.2 CV & +0.1 additional CV

- b. B or higher acro element + C or higher valued dismount = additional + 0.1 CV.

Examples:

1. Back handspring + back layout salto 1½ twist dismount = B + C, +0.1 CV
2. Roundoff + double back dismount = B + E, +0.1 CV & +0.2 "D/E"
3. Front handspring + gainer front layout salto full twist dismount off the side = B + C, +0.1 CV

- c. C or higher dance element + C or higher valued dismount = additional + 0.1 CV.

Examples:

1. Switch leap + gainer back salto full *off the end* of the beam = C + D, +0.1 CV, +0.1 "D/E"
2. Full turn w/leg at horizontal + gainer back layout salto full twist off the side of the beam = C + C, +0.1 CV
3. Straddle ½ + back layout salto 1½ twist Dismount = D + C, +0.1 CV, +0.1 "D/E"

5 – FLOOR EXERCISE

5.1 An Acro Pass is defined as one or more acro elements, one element must be a salto valued at a C or higher.

5.2 FLOOR EXERCISE SPECIAL REQUIREMENTS (.20 each taken off Start Value).

- a. One acrobatic pass with two (2) saltos (same or different), OR one acrobatic pass with two (2) directly connected saltos. An acrobatic pass is defined as above in 5.1. Aerials are NOT considered saltos.
- b. Three (3) different saltos within the exercise.
- c. The salto performed as the last isolated salto or within the last salto connection must be minimum “C” and must be an acro pass.
- d. Dance passage with a minimum of two (2) different Group 1 elements, directly or indirectly connected, one of which is a leap (one-foot take-off) requiring a 180° cross or side split position. An indirect connection would allow for running steps, small leaps, hops, chassés, assemblés, or any kind of turn on 1 or 2 feet between the two dance Value Part elements.
- e. **A minimum of two (2) acro passes performed on two (2) different diagonals.**

5.3 FLOOR SPECIFIC COMPOSITIONAL DEDUCTIONS.

- a. Lack of variety in choice of elements:
 - 1. Lack of variety in dance elements:
 - Lack of Dance Bonus from Groups 1 or 2 (minimum of +0.1 Dance CV Bonus - OR - + 0.1 "D/E" Dance Bonus is required)..... flat .10
 - 2. Lack of variety in choice of Acro elements.
 - Missing backward salto with a minimum of “A” value..... flat .10
 - Missing forward/sideward salto with a minimum of “A” value..... flat .10
- b. Insufficient distribution of elements flat .05
 Consider:
 - 1. Level of difficulty not maintained throughout the exercise.
 - 2. Most difficult elements placed in the same section of the exercise.
- c. Insufficient use of the floor area Spatially (floor pattern)..... flat .05
- d. Choice of elements not “up to the competitive level.” (UTL) flat .10
 UTL is defined by the following basic standards:
 - 1. One (1) E valued element (Acro or Dance).
 - OR - Two (2) different D elements (one of which must be an Acro element).
 - 2. An acro dismount (**last acro pass**) with a minimum C salto in bonus combination or a **minimum D** salto.
 - 3. In addition to the above, a two (2)-acro pass routine must include a minimum of a D element in one pass and a minimum of a D or +.20 CV in the other pass (may be in any order).

5.4 ELEMENT VALUES DIFFERENT FROM LEVEL 10.

#6.201 Front salto piked = A

#1.310 Ring jump or stag-ring jump with 1/1 turn (360) = D

#1.305 Switch Side 1/2 or 3/4 turn = D

5.5 ADDITIONAL CONNECTION VALUE (CV) BONUS**a. Turn + Jump:**

- A turn on one (1) foot followed by a jump with a two-foot take-off WILL be eligible for CV Bonus (if directly connected with no stop, extra steps, hops, or repositioning of the foot).

Example: 2/1 turn + Popa, C + C = + 0.1 CV.

b. Bonus combination B+B must be two (2) different elements to receive +0.1.

Example: Front layout + front layout receives no connection bonus.

Example: Front layout + front layout 1/2 receives + 0.1 connection bonus.

c. C + C directly connected Acro elements = +0.3 Connection Value.**5.6 ADDITIONAL DIFFICULTY "D/E" BONUS.**

a. A double flipping salto in a direct or indirect acro connection -OR- an E acro in the last pass of a two (2) acro pass routine will receive an additional +0.1 "D/E" Bonus.

b. A double flipping salto -OR- an E acro in the last pass of a three (3) or more acro pass routine will receive an additional +0.1 "D/E" Bonus.

COMPETITION PROCEDURES

6 - EQUIPMENT SPECIFICATIONS AND PENALTIES

6.1 EQUIPMENT SPECIFICATIONS.

- a. The only allowable hand placement mats are the TAC-10 RO pads. The RO pad may be used only for RO entry vaults or front handspring onto the board entry vaults.
- b. Athletic tape or Velcro strips (NO CHALK) may be placed on the vault runway, provided that such markings are removed no later than the end of the rotation. The tape measure is to be used to determine where to begin the approach for vault. Chalk may be used only on the student-athlete as needed (e.g., hands, feet, legs).
- c. 1 3/8" padded vault runway is required for all competitions and must extend a minimum of 82 feet from the base of the apparatus. The gymnast may use the entire length of a manufactured runway (beyond 82 feet if available). Exceptions to the minimum requirement will be made in cases where a host institution cannot provide 82 feet of runway due to venue limitations. In such cases, the host institution must notify visiting team(s) in writing of the distance that will be provided before meet contracts are signed. No deduction will be taken if a gymnast starts off the runway to begin her approach.
- d. Low bar must be adjustable to 165 cm (AAI 155cm-185cm from floor to top of rail +/- 1cm) and the high bar adjustable to 245 cm (AAI 235-265cm from floor to top of the rail +/-1cm) without the bar height adapters.
- e. The uneven bars should be set so that the low bar and the high bar lean at the same angle when the bars are set at the maximum width according to AAI specifications (192 cm +/- 1cm).
- f. The minimum run distance must be provided for mounts on uneven bars and balance beam during competition is 27'-6" from the base or leg of the respective apparatus. If more than 27'-6" of matting exists, the maximum run distance may be used.
 1. A minimum of 15'-6" length of matting must be available on the dismount end of the beam.
 2. The host institution need not provide more than the minimum allowable length of matting provided at NCAA regional and national competition.
- g. **If a gymnast has a broken/torn grip, it is considered equipment failure. The gymnast may repeat all or a portion of her routine as the last team competitor or after the all-around competitor (specialist). Judging will begin at the point of interruption, with no fall penalty applied. If this does not allow for enough time to change grips or to prepare, the gymnast will repeat the routine as soon as it is safe to do so. However, the time should not exceed five minutes.**
- h. **If a gymnast knocks off the beam end cap with her foot during her dismount, this is NOT considered as equipment failure. All performance deductions will be taken. If she falls, the gymnast may repeat her dismount (series) and would be eligible for value part credit and bonus, as would occur with any fall off the beam.**
- i. If a plywood board is used under the springboard for mounting bars and beam, then it must be a 1/2" plywood board with a non-skid surface on both sides.
- j. A chalk arc line may be placed on the corners of the floor exercise mat.

- k. Floor Exercise Field of Play: 12m x 12m +/- 3cm (39' 4.5" x 39' 4.5" +/- 1 in). The diagonals are measured at a minimum of 16.97 m (55' 8"). These measurements are made from the outside of the tape lines, or on the border where a two-tone carpet changes color.
- l. The Balance Beam and Vault Table are measured from the top of the beam and vault table to the floor. The Balance Beam measures 125cm +/- 1 cm. The Vault table height may be adjusted up to 135cm +/- 1 cm.
- m. It is allowable to mount off of a 4" mat on top of a sting mat on Uneven Bars and Balance Beam.
- n. A total of two (2) alternate skill cushions (pit pillow-style throw mats, 4' x 6' x 8") are on the required list of provided post-season matting, and are permitted (but not required) for regular season competitions. If available, the alternate skill cushions may be used on any event during the warm-up and touch periods. During competition, use of this mat will be allowable only for bar releases, not for dismounts.

6.2 EQUIPMENT PENALTIES

- a. All equipment must be used as intended by the manufacturer. An institution that does not adhere to the policies and procedures during NCAA championships competition may be subject to further disciplinary action and/or a financial penalty up to a maximum of \$600 per offense by the NCAA Women's Gymnastics Committee. Note: A 0.2 Team deduction may be incurred for improper use of equipment per manufacturing specifications. Examples include placing springboard on top of the vault table, scratching marks into the beam, using mats while folded improperly, or other improper use that may damage the equipment.
- b. Foreign substances may NOT be placed on the hands and/or feet of the gymnasts or any piece of equipment (e.g., honey and sugar, tuff skin, etc.). Water, Chalk, AAI solutions and AAI hand Tac/10 towels are the only acceptable substances. Use of foreign substances will incur a one time 0.2 Team deduction.
- c. Failure to correctly apply the Vault landing lines on the top landing mat surface per 2.8 on page 5 of the Rules Modifications will incur a .2 Team deduction for each occurrence.
- d. If a mat used on floor exercise exceeds the boundary lines, the mat must be clearly marked with tape (not chalk) to indicate the actual boundary lines. Failure to correctly mark the mat will result in a .2 deduction taken off the team score for each occurrence. Tape may not be placed in the center of the floor exercise mat.
- e. Only one sting mat or 4-inch supplemental mat may be used per tumbling pass/leap combination (i.e., a gymnast may not punch off one mat and land on another). There shall be no more than two supplemental mats on the floor exercise at one time, or a penalty of 0.2 deduction off the team score will be taken for each occurrence.
- f. The following equipment deductions will incur a 0.2 Team deduction for each occurrence on the applicable event:
 - 1. Incorrect use of tape/chalk on equipment, to include:
 - a. using chalk on Vault runway (tape/velcro allowed).
 - b. use of tape on BB.
 - c. using tape or velcro within the boundary lines on FX.
 - d. tape on the hand placement mat (RO pad).

2. Use of unauthorized supplemental mats. On Vault, Balance Beam and Uneven Bars, no more than 10" total matting stack on top of competition landing mat is permitted. This total means a maximum stack of two 4-inch landing mats with a 1-2 inch sting mat, OR an 8-inch skill cushion with a 1-2 inch sting mat.
3. Use of hand placement mat for traditional forward approach vaults.
4. Use of a springboard on an unauthorized surface (such as an 8-inch skill cushion).
5. Failure to remove the board/mounting apparatus after a mount.
6. Failure to remove an authorized spotting device after use.
7. Using incorrect apparatus specifications (includes springboard configuration).

7 – ROUTINE INQUIRY PROCESS

7.1 ROUTINE INQUIRIES.

- a. Routine inquiries (written or video) are allowed throughout regular and post season competition based on the following criteria:
 - Start value - special requirements, value parts, bonus
 - UTL
 - Specific (flat) compositional deductions
 - Neutral deductions or unusual performance occurrences/fall

When all Start Values are 10.0, only inquiries about UTL, compositional requirements and clarification of neutral deductions or unusual performance occurrences/falls are permissible.

- b. Inquiries (written or video) must be submitted in writing before the beginning of the next event. There is no limit to the number of inquiries submitted during a meet.
- c. A video may accompany the written inquiry form, and must be indicated on the form as a video inquiry. A coach may not submit both a video inquiry and a written inquiry for the same routine. The coach considering submitting an inquiry may consult with the Meet Referee.
- d. If the Meet Referee had not previously observed the routine, they may view the video as a replay, only one time and in regular speed, and refrain from commenting to the Coach.
- e. The judging panel may evaluate the routine only pertaining to the categories in question on the inquiry form. The element or connection under review may be subject to additional deductions for incompleteness or rhythm if an inquiry results in a changed Start Value. An inquiry may result in a score that is raised, stays the same, or is lowered.
- f. While processing a video inquiry, the video may be viewed by the judging panel in regular speed or in slow motion to the advantage of the gymnast, and it may be viewed multiple times.
- g. Judges must process all inquiries prior to the start of the next event. The Meet Referee may offer counsel to the judging panel. If there is a split decision, the Meet Referee will make the final decision.
- h. The Meet Referee returns the completed response of the inquiry to the Coach. If the failed inquiry (no score change) is unsatisfactory to the Coach, they may submit a Video Review at the end of the competition. If the score was changed, the inquiry may NOT be submitted for a Video Review.

7.2 VIDEO REVIEW.

The following video review process will be used during all NCAA competition.

In the event that an inquiry response is unsatisfactory to the coach, a video may be used for the purpose of review under the following conditions:

- a. Each team is allowed one review per meet.
- b. When an equipment failure may have occurred, the Meet Referee may use video (both real time or slow motion) to determine if, and when, the failure occurred and how to proceed.

- c. An institutional team video or television production footage must be used for the review. The video may be taken from any vantage point.
- d. All reviews must be specific to the performance or nonperformance of a particular Special Requirement VALUE PART, combination of elements, UTL or neutral deductions (i.e., out of bounds).
- e. Reviews may not be used to evaluate a question of execution deductions or composition. These requests will result in a .10 deduction.
- f. Reviews should be viewed in the speed that is to the advantage of the student-athlete. If necessary, the video may be viewed in multiple speeds. Judges may use the zoom function if needed to see the video presented for review.
- g. The review must be submitted to the Meet Director or host institution designee within five (5) minutes following the conclusion of the meet (as determined by the final score posted OR the return of the final inquiry, whichever is later). During this time, the scores are being verified by the judging panel and the head scorer's table.
- h. The coach requesting the review must provide a signed Video Review Form (VRF), cued video and team camera to the Meet Director (or host institution designee). The Meet Director (or host institution designee) will be responsible for delivering this information to the Meet Referee and event panel (the judges who judged the particular event) for their review on the competition floor following the conclusion of the meet. The coaches may not be present during the review.
- i. Reviews must be conducted in the presence of the Meet Referee and the event panel ONLY. If the Meet Referee is on the panel, the next highest rated official must participate. A simple majority of the review panel will determine success or failure of the review. If the review is successful, the individual's score will be adjusted accordingly and team score if it is a counting score.
- j. The results of the review will be noted on the VRF by the Meet Referee and returned to the Meet Director (or host institution designee) who will take the VRF to the score table. The official score will be adjusted (up or down). Then the judges will sign the official score sheet and the Meet Director will deliver the VRF to the coach.
- k. If a score is changed during an inquiry or video review, the skill or connection under review may be subject to additional deductions for incompleteness or rhythm.
- l. Decisions rendered by the judges' review panel are final and cannot be overturned.

7.3 ROUTINE SUMMARIES.

- a. The Routine Summary is a method for a coach to obtain information from the judges in order to clearly understand the deductions applied. It is intended as an educational tool for the student-athlete and coaching staff. Regardless of the comments written by the judge, no scores will change as a result of the Routine Summary.
- b. Each institution is permitted to submit up to a total of six (6) Routine Summary forms per competition. **The coach has the option to provide a video to accompany only one (1) Routine Summary request.**
- c. It is the responsibility of the coach to provide the element information and two copies of the Routine Summary form for each routine (or four copies for four-judge panels).
- d. The Routine Summaries are distributed by the Meet Referee to the judges after they have signed the official score sheets. All judges in the panel should complete the Routine Summary independently while sitting apart, and not use element shorthand.

- e. The Meet Referee may communicate general feedback to coaches of any areas of uncertainty in the routines based on the observations of either the judging panels or as observed by the Meet Referee.

Refer to the "Supplemental Procedures and Forms" document for the Inquiry and Routine Summary Form and the Video Review Form.

8 – REGULAR SEASON MEET PROCEDURES

The NCAA Women's Gymnastics Committee has accepted the following procedures for regular-season competition. Coaches may agree, in writing, to alter the warm-up and competition format. If coaches do not agree, then the established format outlined below will be followed. *Note: For further meet procedures, please refer to the current USAG Women's Artistic Rules and Policies.*

- 8.1. **JUDGING.** A minimum of two judges per event must be used, and all must have a minimum Level 10 rating. No present coaching staff member or parent of a gymnast may judge a meet involving the institution with which he or she has such an affiliation.
- Judges may be on the competition floor preparing for the meet during team introductions and four-minute touch.
 - Coaches are permitted to formally acknowledge and greet judges in a cordial manner prior to the start of the competition. Conversations with a Chief Judge or Meet Referee for purposes of changing a lineup or discussing an inquiry, after initiated by the judge, are permissible.
 - Judges must be seated separately on the competition floor.
 - One judge on each event must be designated as the Chief Judge.
 - One judge must be designated as the Meet Referee to respond to inquiries during the meet.
 - Open scoring must be used. All scores and start values will be flashed simultaneously and rotated, but only the average score will be raised and rotated. First, the judge will give his or her final score to the flasher. When all scores are posted to their respective score flash unit, judges will simultaneously display their start values, scores **and UTL card (when applicable)**. The runner will pick up all judges' score slips and present them to the Chief Judge only AFTER the scores have been displayed. The Chief Judge will tally the average score and it will be raised and rotated.
 - Judges are required to leave the floor immediately after the processing of inquiries on the final event and sign score sheets off the competition floor in a neutral area.
- 8.2. **MEET PREPARATIONS.** The following preparations apply to all meets, regardless of the number of participating teams:
- The host team must let the visiting team know what spring boards are available and the length of the vault runway. There should be a sufficient number of landing mats and boards for warm-ups and competition, according to the number of teams and events occurring simultaneously (regular season).
 - Institutions shall require a system (not necessarily a scoreboard) to post each team's running score updated after each routine during every competition.
 - Computing scores:
 - Two judges — by averaging the two scores.
 - Four judges — by dropping the highest and lowest scores and averaging the other two judges' scores.
 - Six judges — by dropping the highest and lowest scores and averaging the other four judges' scores.
 - Event scores are computed by totaling the five highest individual scores for each team.

- All-around scores are computed by totaling an individual competitor's score from all four events.
 - Team scores are computed by totaling all four event scores.
 - d. Squad size is limited to a maximum of six gymnasts per event per team.
 - e. Lineups must be handed in to the scorer's table at least 1½ hours before the start of the competition. Changes may be made before the start of the event by notifying the scorer's table and chief judge.
 - f. Substitution(s) may be made after an event begins (i.e., flag raised for team's first competitor on that event) by notifying the Chief Judge at that event. The substitute must replace the teammate in the same lineup position.
 - g. **Timing devices and volunteers are provided by the host institution to manage the following event timing requirements:**
 - Beam routines and falls on beam and bars must be timed. There will be a 45-second fall time for beam and a 45-second fall time for bars.
 - Floor routines must be timed.
 - Sounding devices may be voice, bell or whistle.
 - Injury timing – refer to page 2, Rules Overview Section 1.7.
 - h. **To manage open scoring requirements, the host institution provides start value and score flashing devices and "UTL" cards at each judging table, with a "Delayed Conference" card at each CJ table.**
 - i. **The vault numbers must be flashed during regular season meets. A mechanism for coaches/athletes to display the vault numbers is provided by the host institution.**
 - j. **A maximum of six routine summary forms may be requested per competition per team. The coach has the option to provide a video to accompany only one (1) Routine Summary request.**
 - k. A maximum of two exhibitions per event will be permitted after the official lineup has completed competition on that event. It shall be the responsibility of the host institution to inform visiting team(s) not later than one week before competition whether or not exhibitions will be permitted and, if so, how many.
 - l. **The host institution will provide audio connection options for the playing of floor exercise music.**
 - m. One athletic trainer per competing institution will be permitted in a designated area in close proximity to the vault landing area in instances where the vault corral is located at the beginning of the vault runway. The athletic trainer is there to observe and must refrain from engaging in any communication and/or cheering with the student-athlete, coach or other team personnel while in the vault landing area.
- 8.3. **REGULAR SEASON MEET PROCEDURES.** *The following governs only from the time the athletic training room opens for all teams at the competition venue the day of the competition to the conclusion of that competition.*
- All teams must make an effort to ensure the integrity of the competition by respecting the rules below and allowing all aspects of the warm-up and competition to move at a consistent and steady pace.*
- a. **Prior to Competition:** Visualization and/or stretching activities are allowed when the athletic training room opens for the event and may occur on the competition area by any gymnast prior to the **20**-minute open stretch & warm-up period listed

in a.1. Matting surrounding each event (including FX itself & VT runway only) may be used for visualization, provided the equipment itself is not mounted or used for gymnastics-specific or inverted skills. Any event not used by a team during the allowable periods listed in a.1 and a.2 below may be used by any gymnast.

The following periods must start at the same time and be provided for all teams prior to the start of competition:

1. A 20-minute open stretch & warm-up followed immediately by a 2-minute transition period.
 2. A 15-minute event warm-up on each event in each team's competitive order, to be followed immediately by a 2-minute transition period for the first 3 event warm-up rotations.
 3. A 2-minute transition as listed in a.1. and a.2., during which gymnasts are allowed to use matting around the apparatus to stretch, invert and prepare as needed; however, the apparatus must not be mounted or used for gymnastics skills during this time. On floor exercise, jumping, bouncing, running, stretching type of warm up activity is allowed; however, gymnastics skills are not allowed on the floor exercise apparatus. Gymnasts may use the vault runway to prepare for the warm up on vault.
 4. **A minimum of 15 minutes and a maximum of 20 minutes is required between the completion of the event warm-up and the march-in ceremony.** At the conclusion of the march-in ceremony, a 2-minute transition will begin when teams arrive at their corrals or seating area.
 5. A 4-minute touch warm-up immediately after the march-in ceremony and 2-minute transition, as specified in a.4 above, and prior to each team's initial competitive event.
- b. **During Competition:** The following periods must start at the same time and be provided for all teams during competition:
1. A 2-minute transition at the conclusion of each remaining competitive event, to begin when the final competitor's initial score is flashed (to include exhibition competitors) or when teams arrive at the corral for podium style competition. Teams must transition immediately to their next event after the last score is flashed and allowable activity may be performed only at the next competitive event.
 2. During the 2-minute transition, gymnasts are allowed to use matting around the apparatus to stretch, invert and prepare as needed for the 4-minute touch; however, the apparatus must not be mounted or used for gymnastics skills during this time. On floor exercise, jumping, bouncing, running, stretching type of warm up activity is allowed; however, gymnastics skills are not allowed on the floor exercise apparatus. Gymnasts may use the vault runway to prepare for the 4-minute touch warm up on vault.
 3. A 4-minute touch warm-up immediately after the 2-minute transitions provided in b.1 above and prior to the start of competition on each remaining competitive event.
 4. The start of time periods designated in a.1, a.2, a.4, a.5, b.1 and b.3 above must be announced by the competition's PA announcer.

- c. **After Competition:** Once competition is completed, the official score sheets are to be signed by the officiating judges and attending head coaches.
 1. While in their judges' room off the competition floor, judges review the official scores listed on the score sheet, make any corrections, and each judge signs the official copy.
 2. It is the responsibility of the host institution to issue two formal announcements, both over loudspeaker, indicating that score sheets have been signed by judges and are ready to be signed by head coaches. There will be 5 minutes between the first and second announcement.
 3. From the second formal notice, head coaches have 20 minutes to verify and sign the official score sheet.
 - a. If a discrepancy occurs between the scores on the official score sheet and what the Head Coach has recorded, the Head Coach should notify the Meet Director. The Meet Director will then check the score in question. The official score sheets may need to be corrected and re-certified by the judges before the Head Coach signs the score sheet. This process may take longer than the designated 20 minutes; however, the coach/Meet Director should make every effort to resolve the discrepancy within a reasonable time to allow the competition to be concluded as soon as feasible.
 4. If the scoresheet is not signed in the allotted time, the coach will be referred to the Ethics Committee and the scoresheet will be officially verified and e-signed by the host institution's scorer's table personnel. The team has forfeited the right to verify and sign the scoresheet.
 5. The names of the officiating judges must be removed from any publicly available material published in relation to NCAA competitions, either institutionally or as individuals associated with the universities, in order to avoid dissemination of their names wherever possible. The judges' names may, however, be included in documents behind the administration wall on the Road to Nationals website.

8.4. DUAL-MEET FORMAT.

- a. Either one or two events should be conducted at a time, at the host institution's preference.
 1. If one event is conducted at a time, Olympic order must be followed (vault, bars, beam, and floor). Gymnasts from opposing teams should alternate on each event. The home team should begin vault and beam, and finish with bars and floor. The visiting team should begin bars and floor, and finish with vault and beam. If an institution is competing with fewer than six gymnasts in each event, competitors should alternate from the end of the lineup toward the beginning, interrupting the alternating order near the beginning of the event only to allow the proper team to begin the event.
 2. If two events are conducted simultaneously, the home team should begin vault and the visiting team should begin bars, in the first half of the competition. The home team should begin beam and the visiting team should begin floor, in the second half of the competition.
- b. Warm-ups before the competition should be as follows:

1. 20-minute open stretch and warm-up. Gymnasts may stretch and use equipment as desired.
2. 15-minute warm-up on each event in competition order.
3. Any event not used by an institution during the 15-minute/event warm-up period may be used by any gymnast.

8.5. TRIANGULAR-MEET FORMAT.

- a. Two events should be run simultaneously in the following order:

Vault	Bars	Bye	Beam	Floor	Bye
Home team	Visitor 1	Visitor 2	Home team	Visitor 2	Visitor 1
Visitor 2	Home team	Visitor 1	Visitor 2	Visitor 1	Home team
Visitor 1	Visitor 2	Home team	Visitor 1	Home team	Visitor 2

Bars and vault competition should be conducted in the first half of competition; beam and floor in the second half.

- b. Warm-ups should be as follows:
 1. 20-minute open stretch and warm-up. Gymnast may stretch and use equipment as desired.
 2. 15-minute timed warm-up on each event rotating in Olympic order.
 3. The event not used by an institution during this 15-minute/event warm-up period may be used by any gymnast.

8.6. QUADRANGULAR-MEET STRUCTURE.

- a. Four events should be run simultaneously, with each team beginning and anchoring one event in the following order:

Vault	Bars	Beam	Floor
Home team	Visitor 3	Visitor 2	Visitor 1
Visitor 1	Home team	Visitor 3	Visitor 2
Visitor 2	Visitor 1	Home team	Visitor 3
Visitor 3	Visitor 2	Visitor 1	Home team

- b. Warm-ups should be as follows:
 1. 20-minute open stretch and warm-up. Gymnast may stretch and use equipment as desired.
 2. 5-minute timed warm-up on each event rotating in Olympic order.

8.7 DUAL MEET PROTOCOL WHEN MISSING A JUDGE. When a dual meet does not have enough judges due to flight delays or a last-minute emergency, the following competition format will be used:

- a. The Walking Meet Referee will become a Sitting MR and acting judge in the vacant position, and the competition proceeds as usual.
- b. If the competition does not have a Walking Meet Referee (3 officials present), the dual-meet competition format is adjusted to allow one official, designated by the Meet Referee, to be a “traveling judge” to judge in place of the absent official.

1. After Team #1 completes their 4-minute touch warm-up on Vault, the two judges (one is the traveling judge) judge all vaults for Team #1. In the meantime, Team #2 begins their 4-minute touch warm-up on Uneven Bars at their discretion, keeping in mind the timing of the competition.
2. When Vault is complete for Team #1, the traveling judge will move to Uneven Bars to join the other official, and they judge Team #2 on bars.
3. The traveling judge remains at Uneven Bars while Team #1 rotates to Uneven Bars, holds their 4-minute touch warm-up, and competes. While Team #1 is competing on Uneven Bars, Team #2 begins their 4-minute touch warm-up on Vault at their discretion, keeping in mind the timing of the competition.
4. Once the Uneven Bars competition is complete, the traveling judge will go back to Vault to judge Team #2.
5. This process repeats for Balance Beam and Floor Exercise in the same manner.

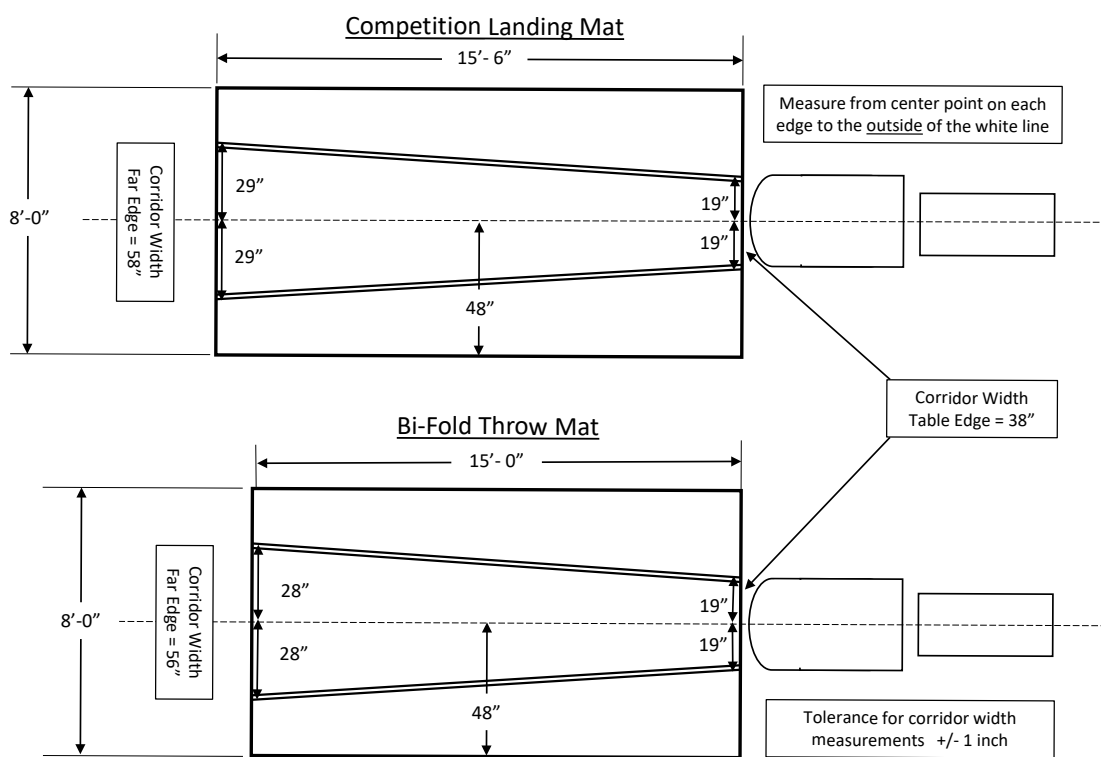
APPENDIX I - VAULT CHARTS

1. NCAA Vault Value Chart

Group 1 – Handsprings			
1.01	Handspring		8.80
1.02	Handspring	1/1 Twist off	9.20
1.03	Handspring	1 ½ Twist off	9.50
1.04	Handspring	2/1 Twist off	10.00
1.05	Handspring	2 ½ Twist off	10.00
1.06	Handspring	3/1 Twist off	10.00
1.07	Handspring	Tuck Salto	9.80
1.08	Handspring	Tuck Salto ½	9.95
1.09	Handspring	Tuck Salto 1/1	10.00
1.10	Handspring	Tuck Salto 1 ½	10.00
1.11	Handspring	Pike Salto	9.90
1.12	Handspring	Pike Salto ½	10.00
1.13	Handspring	Layout Salto	10.00
1.14	Handspring	Layout Salto ½	10.00
1.15	Handspring	Layout Salto 1/1	10.00
1.16	Handspring	Layout Salto 1 ½	10.00
1.17	Handspring	Layout Salto 2/1	10.00
1.18	Handspring	Double Salto - Tuck or Pike	10.00
1.19	½ on	1 ½ Twist off	9.50
1.20	½ on	2/1 Twist off	9.90
1.21	½ on	2 ½ Twist off	10.00
1.22	1/1 on	Handspring	9.60
1.23	1/1 on	½ Twist off	9.60
1.24	1/1 on	1/1 Twist off	9.80
1.25	1/1 on	1 ½ Twist off	10.00
1.26	1/1 on	2/1 Twist off	10.00
1.27	1/1 on	Tuck Salto	10.00
1.28	1/1 on	Pike Salto	10.00
1.29	1/1 on	Layout Salto	10.00
Group 2 – Tsukaharas (¼ to ½ on)			
2.01	Tsukahara	Repulsion off	8.80
2.02	Tsukahara	Tuck Salto	9.50
2.03	Tsukahara	Tuck Salto ½	9.80
2.04	Tsukahara	Tuck Salto 1/1	9.90
2.05	Tsukahara	Tuck Salto 1 ½	10.00
2.06	Tsukahara	Tuck Salto 2/1	10.00
2.07	Tsukahara	Pike Salto	9.60
2.08	Tsukahara	Pike Salto ½	9.90
2.09	Tsukahara	Layout Salto	9.80
2.10	Tsukahara	Layout Salto ½	10.00
2.11	Tsukahara	Layout Salto 1/1	10.00
2.12	Tsukahara	Layout Salto 1 ½	10.00
2.13	Tsukahara	Layout Salto 2/1	10.00
2.14	Tsukahara	Layout Salto 2 ½	10.00
2.15	Tsukahara	Double Salto - Tuck or Pike	10.00
Group 3 – Front Handspring onto Board Entry			
3.01	FHS (to board) Handspring	Handspring	8.80
3.02	FHS (to board) Handspring	Tuck Salto	9.90
3.03	FHS (to board) Handspring	Tuck Salto ½	10.00
3.04	FHS (to board) Handspring	Pike Salto	10.00
3.05	FHS (to board) Handspring	Pike Salto ½	10.00
3.06	FHS (to board) Handspring	1/1 Twist off	9.30
3.07	FHS (to board) Handspring	1 ½ Twist off	9.60
3.08	FHS (to board) Handspring	2/1 Twist off	10.00
3.09	FHS (to board) Tsukahara	Repulsion off	8.90
3.10	FHS (to board) Tsukahara	Tuck Salto	9.60
3.11	FHS (to board) Tsukahara	Tuck Salto ½	9.90

3.12	FHS (to board) Tsukahara	Tuck Salto 1/1	10.00
3.13	FHS (to board) Tsukahara	Tuck Salto 1 ½	10.00
3.14	FHS (to board) Tsukahara	Pike Salto	9.70
3.15	FHS (to board) Tsukahara	Layout Salto	9.90
3.16	FHS (to board) Tsukahara	Layout Salto ½	10.00
3.17	FHS (to board) Tsukahara	Layout Salto 1/1	10.00
3.18	FHS (to board) Tsukahara	Layout Salto 1 ½	10.00
3.19	FHS (to board) Tsukahara	Layout Salto 2/1	10.00
3.20	FHS (to board) Tsukahara	Layout Salto 2 ½	10.00
3.21	FHS (to board) Tsukahara	Double Salto - Tuck or Pike	10.00
Group 4 – Round-Off Entry			
4.01	RO, FF	Repulsion off	8.80
4.02	RO, FF	1/1 Twist off	9.20
4.03	RO, FF	1 ½ Twist off	9.50
4.04	RO, FF	2/1 Twist off	9.90
4.05	RO, FF	Tuck Salto	9.50
4.06	RO, FF	Tuck Salto ½	9.80
4.07	RO, FF	Tuck Salto 1/1	9.90
4.08	RO, FF	Tuck Salto 1 ½	10.00
4.09	RO, FF	Tuck Salto 2/1	10.00
4.10	RO, FF	Pike Salto	9.60
4.11	RO, FF	Pike Salto ½	9.90
4.12	RO, FF	Layout Salto	9.75
4.13	RO, FF	Layout Salto ½	9.95
4.14	RO, FF	Layout Salto 1/1	9.95
4.15	RO, FF	Layout Salto 1 ½	10.00
4.16	RO, FF	Layout Salto 2/1	10.00
4.17	RO, FF	Layout Salto 2 ½	10.00
4.18	RO, FF	Double Salto - Tuck or Pike	10.00
4.19	RO, FF ½	Repulsion off	8.80
4.20	RO, FF ½	1/1 Twist off	9.30
4.21	RO, FF ½	1 ½ Twist off	9.50
4.22	RO, FF ½	2/1 Twist off	10.00
4.23	RO, FF ½	Tuck Salto	9.95
4.24	RO, FF ½	Tuck Salto ½	10.00
4.25	RO, FF ½	Tuck Salto 1 ½	10.00
4.26	RO, FF ½	Pike Salto	10.00
4.27	RO, FF ½	Pike Salto ½	10.00
4.28	RO, FF ½	Layout Salto	10.00
4.29	RO, FF ½	Layout Salto ½	10.00
4.30	RO, FF 1/1 on	Repulsion off	8.80
4.31	RO, FF 1/1 on	1/1 Twist off	9.70
4.32	RO, FF 1/1 on	1 ½ Twist off	9.90
4.33	RO, FF 1/1 on	2/1 Twist off	9.90
4.34	RO, FF 1/1 on	Tuck Salto	9.95
4.35	RO, FF 1/1 on	Tuck Salto ½	10.00
4.36	RO, FF 1/1 on	Pike Salto	10.00
4.37	RO, FF 1/1 on	Layout Salto	10.00
4.38	RO, FF 1 ½ on	1/1 Twist off	10.00

2. Vault Mat Lines Diagram



7/24

APPENDIX II

Code of Ethics for Coaches

1. It is the responsibility of each coach to ensure that all competition is conducted according to USA Gymnastics Women's Developmental Program Code of Points (Level 10 Rules) as of November 1, and NCAA Women's Gymnastics Collegiate Rules Modifications. Coaches are required to act in a sportsmanlike, positive, polite, respectful and disciplined manner, with complete integrity. It is their responsibility to see that their teams handle themselves in a sportsmanlike manner.
2. Judges may be greeted by a representative of the host institution before the start of competition. In addition, coaches are permitted to formally acknowledge and greet judges in a cordial manner prior to the start of the competition.
3. Conversations with a Chief Judge or Meet Referee for purposes of discussing an inquiry after it has been filed and decision rendered are permissible.
4. Conversations with a Chief Judge or Meet Referee for purposes of checking and changing a lineup are permissible.
5. Coaches shall avoid even the appearance of soliciting partisanship from the judges. Discussions (other than those involving meet administration) with judges should include the opposing coach(es).
6. It is the responsibility of each coach to see that every meet is conducted with full regard for the safety of and most fair competition for all gymnasts.
7. Areas should be designated for the teams and coaches separate from the spectators. Coaches and gymnasts shall remain within their designated areas, except when adjusting equipment or spotting. The competition floor shall be clear of all extraneous personnel.
8. No coach or competitor shall participate in a judges' conference or be within hearing distance of such conferences.
9. Each coach should assist actively in promoting positive relations among all participants, who are striving to achieve athletics excellence.
10. Coaches shall ensure that competitors exhibit dignity in manner and dress when representing their institution.
11. All NCAA policies regarding sporting conduct shall be enforced. In addition to attending all required media news conferences and interviews, all coaches are expected to cooperate with all reasonable media requests in the best interest of the sport.
12. Coaches are expected to sign the official scoresheet within the designated time allotted at the end of each competition (reference Section 8.3.c.4).

APPENDIX III

Standards/Duties of Judges

It is imperative to the dignity and growth of women's gymnastics that judges be well educated in the details of gymnastics and the current rules, thoroughly prepared for each assignment and able to cover all possible circumstances. Toward that end, the NCAA Women's Gymnastics Committee has adopted the following code of ethics for judges. All meets should be regarded as part of the national qualifying system for teams and individual competitors. Judges should strive for consistency in scoring at all collegiate meets, regardless of division, location or type of meet (i.e., dual, triangular or quadrangular). USA Gymnastics Women's Developmental Program Code of Points (Level 10 Rules), as of November 1 each year, and NCAA Women's Collegiate Rules Modifications shall be followed to the letter for all collegiate competition.

1. **Qualifications.** It is the duty of all judges to prepare themselves thoroughly and constantly update their preparation by being appropriately recertified. They should not accept any collegiate assignment for which they are not well qualified. NCAA regional and national championships require a Level 10 or higher rating. In addition, judges assigned to the regional and national championships competitions should not accept such assignment unless they have judged a minimum of four regular-season collegiate meets during that year.
2. **Affiliation.** No judge with an affiliation with an NCAA institution that sponsors women's gymnastics will be assigned to the national championships; however, a judge may be assigned to a regional competition where he or she is not affiliated. Examples of affiliation would be, but are not limited to: coaching-staff member, works for spouse or relative of a coach, former team member, relative of a gymnast or parent of a team member, an athletics-related booster club member, gymnastics alumni and/or coach that has been away from the program for less than five years. Any individual with a current financial interest in a coach or team is not eligible to serve as a judge.
3. **Appearance.** Each judge should enter the competition site in uniform at least 45 minutes before the start of the competition.
4. **Duties and responsibilities.** Judges shall be greeted by a representative of the host institution before the start of competition. In addition, coaches are permitted to formally acknowledge and greet judges in a cordial manner before the start of the competition. Conversations with a Chief Judge or Meet Referee for purposes of changing a lineup or discussing an inquiry, after initiated by the judge, remain permissible.
 - a. Discussions with student-athletes, parents, alumni and/or recruits, should not occur at the competition site.
 - b. Judges should avoid any appearance of particular friendship or fraternization with any coaches or competitors.
 - c. At regular conference championships and post season competitions, judges are prohibited from entering the competition floor until the floor is cleared after warm ups.
 - d. Event standards should be strictly enforced in all meets (e.g., timing of falls and routines, boundary deductions) and be noted on the official score sheet.

- e. Judges must be seated separately on the competition floor.
- f. Individual judges' scores and start value must be flashed. Reminder: NCAA allowable range of scores is to be followed for collegiate meets.
- g. Judges will be responsible to indicate when they take an "up to the level" deduction on bars, beam, and floor. An ORANGE card, 4" by 6" with "UTL" in large letters, will be displayed when the start value and score are flashed. The home team is responsible for providing this card and holder.
- h. Inquiries should be handled by the Meet Referee/Chief Judge. In the event that an inquiry response is unsatisfactory to the coach, a videotape may be used for the purpose of review following the conclusion of the meet (see Section 7.2 for Video Review Process).
- i. Judges must process all inquiries before the start of the next event.
- j. Only a spotter(s) or persons moving boards or mats should be within the judges' area during the competition.
- k. All judges must check the score sheet at the end of the competition and verify by signatures the accuracy of the scores.
- l. Judges are encouraged to report any infractions to the respective Regional Assignor and NCAA Women's Gymnastics Committee chair.



Women's Gymnastics Modifications

NCAA is a trademark of the National Collegiate Athletic Association.