

## NCAA JUDGES MENTOR PROGRAM

The NCAA Judges Mentor Program was initiated in the 2023-2024 judging season.

**Definition of a Mentee:** A mentee is an individual who receives guidance and support from a more experienced and/or knowledgeable person, known as a mentor. The mentee benefits from the mentor's guidance in a specific area.

### **Mentee Requirements and Qualifications:**

- \* You should have been a collegiate judge for only five years or less
- \* If you have judged college in the past, and are returning, you qualify for this program
- \* You must be current and in good standing
- \* You should have adequate knowledge in the Developmental rules at level 10 as well as the college modifications their personal and professional goals to the mentor

### **You should be willing to:**

- \* Actively listen to the mentor's advice and feedback and implement it
- \* Demonstrate reliability and preparedness for interactions with the mentor
- \* Apply the mentor's guidance to judging situations for growth
- \* Show respect for the mentor's time and expertise
- \* Seek additional learning opportunities and challenge yourself
- \* Be open to feedback, including constructive criticism
- \* Maintain a positive attitude and willingness to learn
- \* Offer constructive feedback to the mentor
- \* Above all else, it is the mentee's responsibility to gain as much knowledge and seek as much advice as they can to make the most out of their time with their mentor

### **Time Requirements**

- \* The time is minimal, there are no specific requirements
- \* Most mentors/mentees spent about 1-2 hours per week or month depending on the amount of meets the new judge was assigned
- \* The amount of time that you spend with mentor will vary by the needs and number of meets assigned

### **Benefits of being a Mentee**

- Gain personalized knowledge, advice and guidance from an experienced mentor
- Network: Mentors introduce mentees to other judges and opportunities. This will strengthen your professional network
- Enhance confidence to help your future judging
- Receive emotional support and encouragement. The journey through judging can be challenging, and having a mentor who provides support and believes in a mentee's potential can be incredibly motivating

*"A mentee is an active partner who guides the mentoring relationship, receiving advice, coaching, assistance and feedback from a more experienced person, resulting in the enhancement of the mentee's professional career and personal growth."*