



# USAG DEVELOPMENT PROGRAM SCORE SHEET 2022-26

## LEVEL 9 BALANCE BEAM

VALUE PARTS (VP)	SPECIAL REQUIREMENTS (SR)	CONNECTION VALUE (CV)	COMPOSITION																																																																																												
			ACRO UP TO LEVEL		DANCE UP TO LEVEL		MISCELLANEOUS																																																																																								
_____ <b>3 A (0.1)</b> _____ <b>4 B (0.3)</b> _____ <b>1 C (0.5)</b>  _____ <b>D/E (+0.1)</b>  <b>Allowable:</b> • Any D/E dance • One D/E acro • Count D/E as C for CV • First D/E acro = +0.1	<b>(0.5 each)</b> <input type="checkbox"/> Acro series (2 flight) <input type="checkbox"/> Leap/Jump (requiring 180° split) <input type="checkbox"/> 360° turn on one foot <input type="checkbox"/> B dismount (aerial/salto) <input type="checkbox"/> No dismount <b>(0.3)</b> <input type="checkbox"/> >1 Restricted element w or w/o VP cred <b>(0.5 ea)</b>	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td></td> <td style="text-align: center;">0.1</td> <td style="text-align: center;">0.2</td> </tr> <tr> <td>2 Acro Flight (no dismount)</td> <td style="text-align: center;">B+C (C=salto/aerial)</td> <td style="text-align: center;">C+C B+D</td> </tr> <tr> <td>3 Acro Flight</td> <td style="text-align: center;">B+B+C</td> <td style="text-align: center;">B+C+C B+B+D</td> </tr> <tr> <td colspan="3" style="text-align: center; font-size: small;">Additional +0.1 for 3 acro flight w/ min C salto/aerial or D/E flight, excluding dismount</td> </tr> <tr> <td>Dance/Mix (no dismount)</td> <td style="text-align: center;">B+C A+D</td> <td style="text-align: center;">B+D C+C</td> </tr> <tr> <td>Turns</td> <td style="text-align: center;">A+C (or reverse)</td> <td></td> </tr> <tr> <td colspan="3" style="text-align: center; font-size: x-small;">All acro used for CV must have flight</td> </tr> </table>		0.1	0.2	2 Acro Flight (no dismount)	B+C (C=salto/aerial)	C+C B+D	3 Acro Flight	B+B+C	B+C+C B+B+D	Additional +0.1 for 3 acro flight w/ min C salto/aerial or D/E flight, excluding dismount			Dance/Mix (no dismount)	B+C A+D	B+D C+C	Turns	A+C (or reverse)		All acro used for CV must have flight			<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td></td> <td>Flight Series</td> <td>Additional Acro</td> </tr> <tr> <td rowspan="2" style="writing-mode: vertical-rl; transform: rotate(180deg);">expected</td> <td>B C 2 flight</td> <td>C (salto/aerial) or D (hand support)</td> </tr> <tr> <td>series w/ salto/aerial</td> <td>C hand support</td> </tr> <tr> <td>0.05</td> <td>B C 2 flight</td> <td>C hand support</td> </tr> <tr> <td>0.10</td> <td>B C 2 flight</td> <td>B</td> </tr> <tr> <td>0.15</td> <td>B B 1-2 flight</td> <td>C salto/aerial</td> </tr> <tr> <td rowspan="2">0.20</td> <td>B B</td> <td>no other B</td> </tr> <tr> <td>broken/no series</td> <td>no other B</td> </tr> </table>		Flight Series	Additional Acro	expected	B C 2 flight	C (salto/aerial) or D (hand support)	series w/ salto/aerial	C hand support	0.05	B C 2 flight	C hand support	0.10	B C 2 flight	B	0.15	B B 1-2 flight	C salto/aerial	0.20	B B	no other B	broken/no series	no other B	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td>expected</td> <td>C C</td> </tr> <tr> <td>0.05</td> <td>C B</td> </tr> <tr> <td>0.10</td> <td>C</td> </tr> <tr> <td>0.15</td> <td>B B</td> </tr> <tr> <td>0.20</td> <td>B</td> </tr> </table>	expected	C C	0.05	C B	0.10	C	0.15	B B	0.20	B	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td colspan="4" style="text-align: center;"><b>DISMOUNT UP TO LEVEL</b></td> </tr> <tr> <td></td> <td>Dsmt</td> <td>Acro Connect</td> <td>Dance Connect</td> </tr> <tr> <td>0.00</td> <td>C</td> <td>B B</td> <td>C B</td> </tr> <tr> <td>0.05</td> <td></td> <td>A B</td> <td>B B</td> </tr> <tr> <td>0.10</td> <td>B</td> <td></td> <td></td> </tr> </table>	<b>DISMOUNT UP TO LEVEL</b>					Dsmt	Acro Connect	Dance Connect	0.00	C	B B	C B	0.05		A B	B B	0.10	B			<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td>No dance series</td> <td style="text-align: right;">0.2</td> </tr> <tr> <td>&gt; 1pivot turn</td> <td style="text-align: right;">0.1</td> </tr> <tr> <td>Acro direction (bwd &amp; fwd/swd) (0.05 - dismount only)</td> <td style="text-align: right;">0.1</td> </tr> <tr> <td>&gt;2 dance with same shape (wolf/tuck or straddle)</td> <td style="text-align: right;">0.1 each</td> </tr> <tr> <td>Insufficient level changes</td> <td style="text-align: right;">↑0.1</td> </tr> <tr> <td>Insufficient use length of beam</td> <td style="text-align: right;">↑0.1</td> </tr> <tr> <td>Fwd/swd/bwd chorography (2)</td> <td style="text-align: right;">0.05</td> </tr> <tr> <td>Short exercise (&lt;30 sec) — CJ</td> <td style="text-align: right;">2.0</td> </tr> </table>	No dance series	0.2	> 1pivot turn	0.1	Acro direction (bwd & fwd/swd) (0.05 - dismount only)	0.1	>2 dance with same shape (wolf/tuck or straddle)	0.1 each	Insufficient level changes	↑0.1	Insufficient use length of beam	↑0.1	Fwd/swd/bwd chorography (2)	0.05	Short exercise (<30 sec) — CJ	2.0
	0.1	0.2																																																																																													
2 Acro Flight (no dismount)	B+C (C=salto/aerial)	C+C B+D																																																																																													
3 Acro Flight	B+B+C	B+C+C B+B+D																																																																																													
Additional +0.1 for 3 acro flight w/ min C salto/aerial or D/E flight, excluding dismount																																																																																															
Dance/Mix (no dismount)	B+C A+D	B+D C+C																																																																																													
Turns	A+C (or reverse)																																																																																														
All acro used for CV must have flight																																																																																															
	Flight Series	Additional Acro																																																																																													
expected	B C 2 flight	C (salto/aerial) or D (hand support)																																																																																													
	series w/ salto/aerial	C hand support																																																																																													
0.05	B C 2 flight	C hand support																																																																																													
0.10	B C 2 flight	B																																																																																													
0.15	B B 1-2 flight	C salto/aerial																																																																																													
0.20	B B	no other B																																																																																													
	broken/no series	no other B																																																																																													
expected	C C																																																																																														
0.05	C B																																																																																														
0.10	C																																																																																														
0.15	B B																																																																																														
0.20	B																																																																																														
<b>DISMOUNT UP TO LEVEL</b>																																																																																															
	Dsmt	Acro Connect	Dance Connect																																																																																												
0.00	C	B B	C B																																																																																												
0.05		A B	B B																																																																																												
0.10	B																																																																																														
No dance series	0.2																																																																																														
> 1pivot turn	0.1																																																																																														
Acro direction (bwd & fwd/swd) (0.05 - dismount only)	0.1																																																																																														
>2 dance with same shape (wolf/tuck or straddle)	0.1 each																																																																																														
Insufficient level changes	↑0.1																																																																																														
Insufficient use length of beam	↑0.1																																																																																														
Fwd/swd/bwd chorography (2)	0.05																																																																																														
Short exercise (<30 sec) — CJ	2.0																																																																																														

#

	9.7
VP (-)	
SR (-)	
CV (+)	
D/E (+) (0.1 max)	
<b>SV</b>	
execution	
composition	
score	
_____ Artistry ↑0.3    _____ Footwork ↑0.3    _____ Dynamics ↑0.2    _____ Sureness ↑0.2    _____ Posture ↑0.3    _____ Rhythm ↑0.2	<input type="checkbox"/> OT (0.1)
<b>AVERAGE</b>	