

SPECIAL REQUIREMENTS (0.2 EACH)

UNEVEN BARS	BALANCE BEAM	FLOOR EXERCISE
a) Minimum of two bar changes. b) Two different flight elements, minimum of a D and a C (not to include dismount). c) One element with longitudinal axis (LA) turn, minimum of a C (not to include mount or dismount). d) C dismount preceded by a minimum of a C element, OR a D/E dismount. One element may fulfill more than one SR.	a) Acro series - Minimum of 2 flight elements, one element must be minimum of C with or without hand support (may include mount) <u>OR</u> an "A" non-flight element from group 7 (walkovers/cartwheels) connected to an E acro element. <u>This SR may not be connected to the dismount and must stop on the beam.</u> b) Dance or Dance/Acro series with a minimum of two elements, the dance element must be C or higher. Series may not connect to dismnt. c) A leap or jump requiring 180° split. (may be part of dance or mix series) d) Minimum of 360° turn from Group 3. No hand support permitted. e) Minimum of C dismount.	a) One Acrobatic pass* with two saltos, same or different, directly or indirectly connected. (Aerials are not considered saltos) b) Three different saltos within the exercise. c) Salto performed as the last isolated salto or within the last salto connection must be minimum C and it must be an acro pass*. d) Dance passage with a minimum of two different Group 1 elements, directly or indirectly connected, one of which is a leap (one foot take-off) requiring a 180° cross or side split position. e) Minimum of 2 acro passes performed on 2 different diagonals. *Acro Pass defined as 1 or more acro elements, 1 must be a C (minimum) salto

COMPOSITION

UNEVEN BARS	BALANCE BEAM	FLOOR EXERCISE
a) Lack of variety in choice of elements and/or connections <u>0.05 flat</u> b) Insufficient distribution <u>0.05 flat</u> c) More than one <i>planned</i> squat/stoop on LB with or w/o sole circle to grasp HB <u>0.10 ea.</u> (Exc: A squat/stoop on following a fall is permitted wo deduction) d) Uncharacteristic elements <u>0.10 ea.</u> e) ¾ giant circle forward w/ or w/o grip change <u>0.10 ea.</u> f) Choice of elements not up to the competitive level (UTL) <u>0.10 flat</u> 1. A single bar release with a minimum of D value <u>OR</u> an E release element <u>OR</u> minimum of two D releases <u>OR</u> minimum two E level elements (<i>excluding dismount</i>) 2. Exercise must have minimum of D dismount OR C dismount with CV.	a) Lack of variety in choice of Acro elements 1. Missing backward Acro element-minimum A value <u>0.10 flat</u> Missing forward/sideward Acro element-min. A value <u>0.10 flat</u> b) Insufficient distribution <u>0.05 flat</u> Consider: Level of difficulty not maintained throughout the exercise. Most difficult elements placed in the same section of the exercise. c) Insufficient use of entire beam apparatus 1. Insufficient level changes throughout the exercise <u>0.05 flat</u> 2. Spatially (use the entire length of the beam) <u>0.05 flat</u> 3. Movement/Choreography fwd, bkwd, sdwd <u>0.05 flat</u> d) Choice of elements not up to the competitive level (UTL) <u>0.10 flat</u> If a flight series is performed on the beam WITHOUT Connection Value (consider only those elements performed on the beam), then an additional D/E Acro element including mounts/dismounts <u>OR</u> an E dance element including mounts is required. <i>D/E Acro directly connected to dismount CANNOT fulfill the UTL requirement.</i> <i>Note: If an Acro Series is completed but not awarded CV due to a FALL, the UTL deduction will NOT be applied.</i> If an acro series is broken due to balance, extra step or stop in connection, there is no CV & SR is not awarded. If there is not another D/E acro or E dance element then the UTL deduction is also applied.	a) Lack of variety in choice of elements: 1. Lack of Dance Bonus from Groups 1 or 2 (minimum of +0.1 CV OR +0.1 D/E Bonus is required) <u>0.10 flat</u> 2. Missing backward salto with a minimum of A value <u>0.10 flat</u> Missing forward/sideward salto with a minimum of A value <u>0.10 flat</u> b) Insufficient distribution <u>0.05 flat</u> c) Insufficient use of the floor area – Spatially (Floor Pattern) <u>0.05 flat</u> d) Choice of elements not up to the competitive level (UTL) <u>0.10 flat</u> 1. <i>For ALL routines:</i> - One E valued element (acro or dance) - <u>OR</u> two different D elements (one of which must be an Acro element) - An Acro dismount (last acro pass) with minimum C salto in bonus combination <u>OR</u> minimum D Salto. 2. <i>In addition</i> , a two (2) Acro Pass routine must include a minimum of a D element in one pass and a minimum of a D or +.2 CV in the other pass to meet UTL (may be in any order.)

Element Value Different from USAG

Uprise Handstand with ½ = D
 1-1/2 turn IN HS = E
 Backward STALDER to HS also with ½ = D
 All 1/1 turn on 1 arm after HS (HEALY) = D
Shaposhnikova 3.401 = E
Chow 6.405 = E

Dismounts:

from HB, Clear Support Front Tuck ½ = D
 Flyaway 2/1 twist = D
 Front Flyaway: 1 ½ twist = D 2/1 twist = E
 Double Tuck Flyaway ½ Twist = E

Element Values Different from USAG

Straddle Pike/Split Jump ¼ = C Ring or Stag-Ring Leap/Jump = D
 Tour Jete ¼ = E Switch Side Leap ¼ = E
 2/1 Turn on 1 foot = E 2/1 Wolf Turn = E
 Forward Salto one or two leg takeoff to sit = D
 Backward Layout Step-out = D
 Backward layout thru vertical to pike down, legs together = D

Dismounts:

Gainer Salto Bkwd tucked/stretched w 1½ off side = D 2/1 (+) stretched = E
 Gainer Salto backward tucked with 1/1 at end = D
 Rudi tucked or stretched = D Forward Salto stretched off 2 ft with 2/1 = E
 Double Full = D

Element Values Different from USAG

Front salto piked = A
 Ring jump or stag-ring jump with 1/1 turn = D
 Switch Side ½ or ¾ = D

New UB/BB/FX elements not found in the USAG Code of Points may be evaluated for Value-Part Credit using the USAG process (submission to respective RTC Chair & RDPC Chair). Copy of evaluation must be presented to Meet Referee or Chief Judge prior to each meet; copy must also be sent electronically to NCAA Rules Interpreter.

(1.4)

BONUS			9.4 START VALUE on UB, BB & FX (+.6 Bnus: minimum +0.10 "D/E" & minimum +0.10 CV; remaining .4 may be DV or CV for maximum SV of 10.0)																																																																								
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<p>*Both C elements must have flight or turn but if C connected to D/E then C not required to have flight/turn</p> <p>*If 2 C 3/6/7 skills connected then do not need turn/flight to receive CV but both C 3/6/7 skills must be different</p> <p>**Exceptions:</p> <ul style="list-style-type: none"> Maloney + Pac Salto D + D = +.1 CV Maloney + Underswing 1/2 w/ flight to HS on LB D + D = +.1CV (both receive +.2 DV) 			<p>EXCEPTIONS: 1) B + C Acro Flight = No Bonus 2) B+D Acro Flight: BHS+Layout Pike down w Ft together = +.1CV (not .2) 3) Back HS Series w: Back Salto Layout Step-out (D) OR Aerial Walkover (D) - - Receives 'D' Bonus but considered 'C' for purposes of Connection Value - Inc. BHS Step-out or 2 Ft, Gainer BHS, BHS Swing-down. In any order Examples: BHS + LO Step-out, B+D, receives +.1D & NO CV (B+C) - Aerial WO + BHS, D+B, receives +.1D & NO CV (C+B) - BHS+BHS+LO Step-out, B+B+D, receives +.1D, +.1CV, + Additional .1 - RO+LO Step-out, B+D, receives +.1 D, +.2 CV (B+D, not a BHS Series) - BHS+LO+LO, B+D+D, receives +.1D, +.2CV (D+D), + Additional .1 **Dsmnt Examples: RO + 1 1/2; Valdez + GainerLO 1/1; SwitchLeap + GainerLO 1/1</p>																																																																								
<p>*Turn followed by Jump MAY receive CV if directly connected</p> <p>**Acro elements in mixed series must be salto or flight elements w or wo hands</p> <p>***In a 2 PASS routine the double flipping salto must be in a direct or indirect acro connection to receive the last pass additional +.1 DV.</p>																																																																											

UNEVEN BARS			BALANCE BEAM			FLOOR EXERCISE			
Swing forward or backward under horizontal	each	→0.1	Feet apart on side position landing of leap/jumps	each	→ 0.1	Failure to hold ending pose for one second		.05	
Under-rotation of release/flight elements		→ 0.1	Hesitation in jump, press, swing to HS	each	→ 0.1	Failure to show synchronization of music w/ ending pose		0.10	
Precision of handstand positions throughout		→ 0.1	Incorrect body position/alignment in Dance VPs	each	→ 0.1	Feet apart on landing of leap/jump/hops	each	→ 0.1	
Insufficient extension of glides/swing into kips		→0.1	Lack of precision in Dance elements	each	→ 0.1	Incorrect Rhythm during execution of direct connection	each	→ 0.1	
Poor rhythm in elements/connections	each	→0.1	Group 3 Turns not performed in high relevé	each	→ 0.1	Incorrect body position/alignment in dance VPs	each	→ 0.1	
Hesitation in jump or swing to HS	each	→ 0.1	Landing too close to beam on dismount		0.1	Lack of precision in Dance elements	each	→ 0.1	
Touch, brush of foot/feet on apparatus/mat	each	→ 0.1	Concentration pause - 2 sec. each	0.10	More than 2 sec. each	0.2	Failure to perform Group 2 Turns in high relevé	each	→ 0.1
Landing too close to bars on dismount		0.1	Rhythm of connection-dance/mixed/acro (not bkwd flight)	each	→ 0.2	Concentration pause (2 sec. or more)	each	0.1	
Insufficient Amplitude of elements (exc *below)	ea	→0.2	Insufficient split when required (dance/acro/non-flight walkover-type VP)		→ 0.2	Legs not parallel to floor in split or straddle pike position		→ 0.2	
Insufficient Dynamics		→ 0.2	Legs not parallel to beam in split or straddle pike		→ 0.2	Insufficient height of leaps/jumps/hops	each	→ 0.2	
Hit of foot/feet on apparatus		0.2	Insufficient Dynamics		→ 0.2	Insufficient height of Acro flights w hand support & Aerials	each	→ 0.2	
Incorrect padding (heel/hip)	CJ	0.2	Insufficient height of leaps/jumps/hops	each	→ 0.2	Insufficient split when required (Dance/Acro/Non-flight walkover-type VP)		→ 0.2	
Insufficient height of salto dismount *		→ 0.3	Insufficient height of Acro Flights, Aerials & Saltos	each	→ 0.2	Insufficient Dynamics		→ 0.2	
Insufficient extension (open) of tuck/pike prior to landing dismount		→ 0.3	Insufficient Sureness of performance – throughout		→ 0.2	Insufficient variation in Rhythm/Tempo throughout		→ 0.2	
Insufficient Amplitude of casts *		→ 0.3	Insufficient variation in Rhythm/Tempo – throughout		→ 0.2	Relaxed/incorrect footwork in non-VPs throughout		→ 0.3	
Insufficient Angle of turn completion		→ 0.3	Support of 1 leg against side of BB	each	0.2	Poor relationship of music & movement throughout		→ 0.3	
Hit of foot/feet on mat		0.3	Relaxed/incorrect footwork in non-VPs throughout		→ 0.3	Insufficient height of saltos	each	→ 0.3	
Grasp on apparatus to avoid a fall		0.3	Insufficient height of salto dismount		→ 0.3	Insufficient extension (open) of tuck/pike prior to landing Acro elements		→ 0.3	
Extra swing/cast (Max 0.5 per element)		0.3	Additional movements to maintain balance on the beam		→ 0.3	Incorrect body alignment/position/posture in non-VPs throughout		→ 0.3	
Insufficient Amplitude of B Clear hip circles *		→ 0.4	Direction on gainer dismount off end of beam		→ 0.3	Artistry/Presentation (Choreography, quality of movement, expression)		→ 0.3	
Full support on foot/feet on mat during routine		0.5	Insufficient extension/open of tuck/pike prior to landing acro elem/dismount		→0.3	Music with words/lyrics	CJ	1.00	
FAILURE TO HOLD FINISH POSITION FOR 1SEC		0.05	Incorrect body alignment/position/posture in non-VPs - throughout		→0.3	Absence of music	CJ	1.00	
(1.5.c)			Grasp of beam to avoid a fall	0.3	Use of supplemental support	0.3			
			Artistry/Presentation (Choreography, quality of movement, expression)		→ 0.3				
			FAILURE TO HOLD FINISH POSITION FOR 1 SECOND	(1.5.c)		0.05			

GENERAL

Elements: 3A, 3B, 2C **START VALUE (SV) :9.4**
Bonus: minimum +.10 D/E & +.10 CV; +.40 DV or CV

SCORING (1.9)

-Open scoring will be used at all meets.
 -Judges are to sit apart. (Exc. 6 judge panel on V & UB)
 -All scores will be flashed and rotated, but only the average score will be raised and rotated.
 -Each judge shall give final score to flasher. Judges shall then flash SV, final scores (& UTL card) simultaneously.

SCORING RANGE (1.9.f & g)

The range of scores is determined by the two or four counting scores. If the average score is between those listed below then the two counting scores must be within the range of:

9.8 – 10.0	0.1
9.5 – 9.775	0.2
9.0 – 9.475	0.3
8.0 – 8.975	0.5
Below 8.0	1.0

Conferences should only occur when counting scores are out of range, if impossible SV, or UTL that can impact score, OR if inquiry submitted.

TIMING BB/FX routines, & falls on UB/BB must be timed. There will be a 45 sec. FALL Time for UB & BB.

Injury Assessment: Additional time (up to 2 min.) may be added to assess an injury if deemed necessary. If an athlete is deemed able to resume their routine, the 45 sec. fall time will begin after the injury assessment has concluded. (1.7 & 8.2.g)

UNSPORTSMANLIKE CONDUCT (1.12)

Any Panel Judge, Chief Judge or Meet Referee (MR) can issue a yellow card for an instance of unsportsmanlike conduct using the following procedure:

- A. The yellow card is a warning that can be issued to any coach, student-athlete or staff member (Head Coach will be notified of issuance).
- B. If a 2nd yellow card is issued to the same or different team member, this will result in a .10 neutral deduction from team score. (Ex: If 2 different staff members receive 1st yellow card, the .10 team deduction is incurred.)
- C. A coach receiving 1st & 2nd yellow card may remain on the competition floor for safety purposes only (ie spotting, equipment adjustment).
- D. MR will submit a Yellow Card Incident Report to document both warnings & infractions (refer to Supplemental Procedures/Forms).

EQUIPMENT SPECIFICATIONS (See 6.1 for additional specifications)

- Allowable entry pad is the TAC-10 RO pad which may be used only for RO or Front HS onto board entry vaults.
- Athletic tape or Velcro strips (NO CHALK) may be placed on the vault runway, provided that such markings are removed no later than the end of the rotation. The tape measure is to be used to determine where to begin the approach for vault. Chalk only may be used on the student-athlete as needed (e.g., hands, feet, legs).
- If a gymnast has a broken/torn grip it is considered equipment failure & she may repeat her routine as the last team competitor or after the AA competitor (specialist). Judging will begin at the point of interruption with no fall penalty applied. If this does not allow sufficient time to change grips or to prepare, the gymnast will repeat the routine as soon as it is safe to do so. However, the time should not exceed 5 min.
- If a gymnast knocks off beam end cap during dismount, this is NOT considered equipment failure. All performance deductions will be taken. She may repeat dismount (series) & would be eligible for VP credit & Bonus, as with any fall.
- If a plywood board is used under the springboard for mounting bars and beam, then it must be a 1/2" plywood board with a non-skid surface on both sides.
- A chalk arc line may be placed on the corners of the floor exercise mat.
- It is allowable to mount off a 4 inch mat on top of a sting on Uneven Bars and Balance Beam.
- A total of 2 alternate skill cushions are permitted (but not required) for regular season. If available, they may be used on any event during warm-up & touch. During competition, only allowed for UB releases, not for dismounts.

EQUIPMENT PENALTIES (6.2)

- All equipment must be used as intended by manufacturer. A .20 deduction may be incurred for improper use (ex: scratching marks onto BB, using improperly folded mats, improper use that damages equipment).
- Foreign substances may NOT be placed on the hands &/or feet of the gymnasts or any piece of equipment (e.g.: honey & sugar, tuff skin, etc.). Water, Chalk, AAI solutions & AAI hand Tac10 towels are the only acceptable substances. Use of foreign substances will incur a one-time .2 Team deduction.
- Tape may not be placed in center of FX mat.
- If a mat used on FX exceeds the boundary lines, it must be clearly marked with tape (not chalk) to indicate actual boundary lines. Failure to correctly mark will result in a .20 Team deduction for each occurrence.
- No more than 2 supplemental mats are permitted on the FX at once. Only 1 sting mat OR 4" mat may be used per tumbling pass/leap combination (may not punch off 1 mat & land on another). However a sting may be placed on top/under a 4" mat, counting as the 2 mats permitted on the FX at once. 2 Sting mats cannot be stacked. Incorrect use of mats on FX will incur a .2 Team deduction each time. (Rules Newsletter #5, Dec.15, 2024.)
- The following will incur a .2 Team deduction for each occurrence on the applicable event:
 - incorrect use of chalk/tape, to include: Chalk on Vault runway, Tape on Beam, Tape or Velcro within boundary lines on FX, tape on RO pad.
 - Use of unauthorized supplemental mats. Maximum 10" of matting on top of the competition landing mat (V/UB/BB) is permitted (ex: 2 4" landing mats + 2" sting, OR 8" skill cushion + a 2" sting)
 - Use of RO mat for traditional forward approach vaults.
 - Use of springboard on unauthorized surface.
 - Failure to remove board after mount, or authorized spotting device after use.
 - Using incorrect apparatus specs (including springboard configuration).

ADDITIONAL GENERAL

2-minute Transitions prior to and during Competition: gymnasts are allowed to use matting around the apparatus to stretch, invert & prepare as needed for the 4-min. touch, however the apparatus must not be mounted or used for gymnastics skills during this time. On FX jumping, bouncing, running, stretching type of warm-up activity is allowed however gymnastics skills are not allowed on the FX apparatus. Gymnasts may use the Vault runway to prepare for the 4-min. touch warm-up on Vault. (8.3.a.3)

Incomplete Routines: Judges calculate SV and submit scores as usual. If SV's are impossible or scores are out of range, Chief Judge may postpone calling the conference until end of rotation. CJ posts "Delayed Conference" red card so that participants know that scoring for this routine will be delayed; CJ then signals next athlete. Panel convenes at end of rotation to conduct delayed conference and then posts score. (1.9.h)

Dual Meet Protocol when missing a judge – see 8.7

UNIFORMS (1.10)

An institution's official uniform and all other items of apparel (i.e., tights, t-shirts, warm-ups, tennis shoes) must be identical if worn on either practice or competition day. During the march in and awards ceremony, team members must be in identical warmup apparel. In addition, for NCAA competition, a gymnast will be considered "in uniform" if she has a name and/or number on her warm-up apparel and leotard as long as all team members use a similar font type and color. Names will include only the first initial of the first name and the full last name. Nicknames not permitted. If two or more gymnasts have the same first initials and last names, the first name may be spelled out.

- A. A student-athlete must wear a one-piece leotard (long sleeve or sleeveless) & is allowed to wear any undergarments that are the same color as leotard or are skin tone color. No bathing suits.
- B. Athletes permitted to wear spandex shorts or long tights. Any combination of shorts/tights/leo are acceptable as long as it conforms to school's official uniform. If 1+ athlete is wearing spandex shorts/tights, they must match.
- C. The meet referee will instruct gymnast who does not meet uniform policies that she is "out of uniform." The gymnast must comply with the uniform rules or a .30 team deduction will be taken during team competition or off the individual's score during individual competition.

JEWELRY (1.11)

Gymnasts are only permitted to wear stud piercings. No other jewelry is permitted. After warning, a .20 deduction will be taken from gymnast's score for each occurrence.

VERBAL CUES (1.6)

Technical Verbal cues by coach to own gymnast (applied after one warning is given) will incur a .20 deduction.

OUT OF ORDER (1.8)

-There will be a .10 deduction for competing out of order (taken from team score).
 -Coaches may change their line-up order prior to the event beginning (flag raised by Chief Judge for 1st competitor in competition line-up) by notifying score table and Chief Judge.
 -Once the event has started, coaches may remove and substitute an athlete in the identical line-up position by notifying the Chief Judge at the event.
 -Once a student-athlete signals the Chief Judge to begin her routine on any event, she MAY NOT be substituted with another student-athlete regardless of what occurs following the signal.

ROUTINE INQUIRY PROCESS (7.)

The Inquiry, Video Inquiry and Routine Summary Forms are now consolidated into one **IRS (Inquiry and Routine Summary) Form** found in Supplemental Procedures and Forms.

- **Routine Inquiries (7.1)** Written or video inquiries are allowed based on SV, UTL, Specific (flat) compositional deductions & Neutral deductions or unusual performance occurrences/fall.
- Must be submitted in writing before beginning of next event. There is no limit to the number of inquiries submitted during a meet. Coach must complete all information, including whether IRS is written OR video Inquiry, routine summary or video routine summary, and may consult with Meet Referee.
- Judging panel evaluates routine only pertaining to category in question on IRS. The element or connection under review may be subject to additional deductions for incompleteness or rhythm if an inquiry results in a changed SV. Inquiries may result in a score being raised, lowered or staying the same.
- Video may be viewed in **regular speed** or in **slow motion** to the advantage of the gymnast; it may be viewed **multiple times**.
- Must be processed prior to start of next event. Meet Ref may offer counsel to panel & will make final decision in case of split decision. Meet Ref returns completed response of IRS to Coach; notifies score table of any score change.
- **Video Review (7.2)** If a failed inquiry (no score change) is unsatisfactory to the Coach, a Video Review may be submitted at the end of the meet. Each team is allowed one review per meet. The NCAA Video Review Form is a separate form, NOT part of the IRS, and can be found in Supplemental Procedures and Forms.
- If equipment failure has occurred, Meet Ref may use video (both real time or slow motion) to determine if, and when, the failure occurred and how to proceed.
- An institutional team video or television production footage must be used for the review. The video may be taken from any vantage point.
- All reviews must be specific to the **performance or nonperformance of a particular Special Requirement, VALUE PART**, combination of elements, UTL or neutral deductions (i.e., out of bounds).
- Reviews may not be used to evaluate a question of execution deductions, or composition. These requests will result in a **.10 Team deduction**.
- Reviews should be viewed in the speed that is to the advantage of the student-athlete. If necessary, video should be viewed in multiple speeds. Judges may use the zoom function if needed.
- The review must be submitted to the meet director or host institution designee within five (5) minutes following the conclusion of the meet (as determined by the final score posted OR the return of the final inquiry, whichever is later). During this time, the scores are being verified by the judging panel and the head scorer's table.
- The coach requesting the review must provide a signed Video Review Form (VRF), cued video and team camera to the Meet Director (or host institution designee). The Meet Director (or host institution designee) will be responsible for delivering this information to the Meet Referee and event panel (the judges who judged the particular event) for their review on the competition floor. The coaches may not be present during the review.
- Reviews must be conducted in the presence of the meet referee and the event panel ONLY. If the meet referee is on the panel, the next highest rated official must participate. **A simple majority of the review panel will determine success or failure of the review.** If the review is successful, the INDIVIDUAL'S score will be adjusted accordingly and TEAM score if it is a counting score.
- The results of the review will be noted on the VRF by the meet referee and returned to the meet director (or host institution designee) who will take the VRF to the score table. The official score will be adjusted (up or down). Then the judges will sign the official score sheet and the meet director will deliver the VRF to the coach.
- If a score is changed during an inquiry or video review, the skill or connection under review is subject to additional deductions for incompleteness or rhythm.
- Decisions rendered by the judges' review panel are final and cannot be overturned.
- **Routine Summaries (7.3)** This is a method for a coach to obtain information from the officials in order to clearly understand the deductions applied. It is intended as an educational tool for the student-athlete and coaching staff. Regardless of comments written by the judge, no scores will change as a result of the Routine Summary.
- Each institution is permitted to request up to 6 (total) Routine Summaries per meet, with the option of providing a video to accompany ONE request. The Routine Summary Request is part of the IRS.
- It is the responsibility of the coach to provide all **element information** and 2 copies of the IRS for EACH routine (or 4 copies for 4 judge panels).
- Routine Summaries are distributed by the Meet Ref after judges have signed the official scoresheets. Each panel judge should complete the Summary independently; do not use judging shorthand.
- Meet Ref may communicate general feedback to coaches of any areas of uncertainty in routines based upon observations of panels or as observed by Meet Ref.

MISC

- **The NCAA Rules Modifications document lists the NCAA Special Requirements and Compositional Deductions in total. No other Special Requirements or Compositional Deductions are applicable to collegiate competition unless listed in this document. Please note that the NCAA rules modifications are in effect for both regular and post season competition unless otherwise noted. (1.1)**
- **All NCAA competitions are conducted according to USAG Level 10 rules as of November 1. The Rules Modifications take precedence over the USAG Dev Program Level 10 rules, when different. If the value of a USAG element on events other than vaulting is raised after November 1, the value will be effective immediately. If an element value is lowered after November 1, it will remain at the higher value for NCAA competition until the change is reviewed by the NCAA women's gymnastics committee. (1.2)**

This document is a **reference sheet** only. Please refer back to the NCAA Women's Gymnastics Rules Modification Document and the USAG Developmental Code of Points, as well as the NCAA Women's Gymnastics Rules Newsletters for **official** language, updates, and clarifications. (Any typos/errors in this document are mine; please contact Deb Yohman at dyohman@me.com.) The NCAA Rules Interpreter is Janette Doucette; submit questions by email only, provide name & institution/judging state when writing to wqym.ncaa.rules@outlook.com

VAULTING (2.1-8)

The USAG Vault Bonus Rule IS NOT IN EFFECT for NCAA competition.

Vault numbers will be flashed (see **Appendix I, Vault Value Chart**)

Failure to hold finishing position for 1 second - .05 **(1.5.c)**

The gymnast will perform one vault, the score of which will count. A gymnast is allowed three attempts to complete one vault.

If a gymnast touches the board and/or vault apparatus or inverts on the approach or vault table **without going over the vault apparatus**, then this counts as one of her three attempts. It is not considered a vault.

If a gymnast hits the board and goes over the vault apparatus, then this would be considered an executed vault and must be scored.

1.00 deduction for touching the vault table with only one or with no hands taken by each judge.

1.00 deduction for failure to land on the soles of feet first (includes fall) taken by each judge.

1.00 deduction for spotting assistance during the vault taken by each judge.

→ The 1.00 deduction is taken by each judge. If not in range, then a conference is called.

• If a gymnast vaults prior to the judge's hand or flag signal, the gymnast must repeat the vault for score and would receive a 0.50 deduction.

• White lines shall be added in a funnel shape on the landing mat and act as a visual guide for officials regarding the direction deduction (up to 0.3). Lines should be screened or taped onto the landing mat; any accessory matting placed on top of the landing mat must have replicated marked lines (chalk or tape) centered with vault table. Failure to apply Vault landing lines on top landing mat surface = **.20 Team deduction, each occurrence. (6.2.c)**

Vaults not listed on the NCAA Vault Chart may receive a start value from the WCGA (Women's Collegiate Gymnastics Association) Board of Directors. Vault must be submitted with video and description. (1.3)

