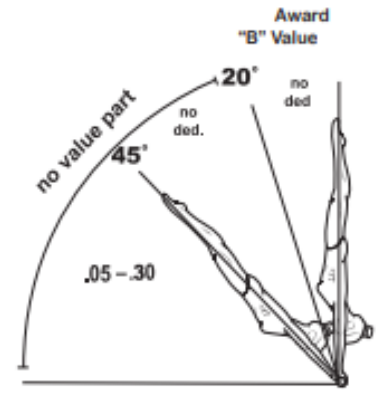


# USAG DEVELOPMENT PROGRAM SCORE SHEET 2022-26

## LEVEL 6 UNEVEN BARS

VALUE PARTS (VP)	SPECIAL REQUIREMENTS (SR)		NO COMPOSITIONAL REQUIREMENTS
_____ <b>5</b> A <b>(0.1)</b> _____ <b>1</b> B <b>(0.3)</b> _____ <b>0</b> C <b>(0.5)</b> <hr/> <b>Allowable:</b> • One allowable C • Count C as B VP	<b>(0.5 each)</b> <input type="checkbox"/> Cast to 45° above horizontal <input type="checkbox"/> One bar change (minimum) <input type="checkbox"/> One 360° clear circle element from groups 3/6/7 <input type="checkbox"/> A salto dismount <input type="checkbox"/> No dismount <b>(0.3)</b> <input type="checkbox"/> Restricted elements - no VP credit & <b>(0.5 each)</b>	<ul style="list-style-type: none"> <li>▪ Allowable C's:               <ul style="list-style-type: none"> <li>▪ Clear hip HS</li> <li>▪ Stalder HS</li> <li>▪ Toe-on HS</li> </ul> </li> <li>▪ Restricted:               <ul style="list-style-type: none"> <li>▪ Any other C elements</li> <li>▪ All D/E elements</li> <li>▪ Any flight/release elements from LB to HB or HB to LB</li> </ul> </li> <li>▪ Short exercise (&lt; 5 VPs): CJ deducts <b>2.0</b> from average</li> </ul>	<ul style="list-style-type: none"> <li>▪ Cast to 45° SR awarded when angle is above horizontal. No amplitude deductions if 45° or above.</li> <li>▪ This is exception to rule that SRs must be fulfilled w/ VPs.</li> <li>▪ Cast at horizontal or below: No SR credit and deduct <u>0.3</u> for amplitude.</li> </ul>



#		<b>10.0</b>
	VP (-)	
	SR (-)	
	<b>SV</b>	
	execution	
	dynamics	
	score	
	<b>AVERAGE</b>	