From: "National Association of Womens' Gymnastics Judges" < NAOW3GJ@wildapricot.org >

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Subject: 2024 October Newsletter

Happy 2024 Fall to all NAWGJ Members

Welcome to our National Newsletter.

My hope is to keep you updated quarterly on events in our Regions and what is happening in our NAWGJ Committees through out the

There is so much happening in the gymnastics judging community, this newsletter should answer a few questions about where to go for answers, who can help you along the way and how to become more involved if you so desire.

I look forward to a great fall season. Getting ready for Winter Invitationals, the National Judges Cup, College Judging and all the different Championship meets that our athletes get to be a part of during the coming season.

Please remember this season to take care of yourself:

- by getting plenty of rest,
- staying hydrated
- taking bathroom breaks (when needed)referring to our wellness section on our website.

Best Regards, Teresa Barnard

NAWGJ President

CPEs at Sea

Unfortunately NAWGJ will NOT be moving forward with this

Thank you all for filling out the form and showing interest in additional educational experiences. However, we were given important information that made this idea not feasible for NAWGJ to sponsor.

2024/2025 Important Information

If you are assigned by NAWGJ you are covered by NAWGJ Professional Liability Insurance (only NAWGJ offers you individual coverage).

You may enter meets in to your PAR (in gymjas), if you are not assigned directly through gymjas.

If you would like more information on our insurance you may

Please remember USAG RTCCs should answer any questions concerning Catagories for National/Brevet ratings and credits for leadership.

Please help them by being on time with all paperwork and

Make sure you have printed or downloaded the newest R&P and updated all codes and charts for the season.

The Guide to Changes will be up on the NAWGJ website soon.

Outreach, Mentoring & Recruitment Committee

Spotlight on Minnesota

Minnesota SJD, Kylie Fortunato snapped this photo as inspiration for "Recruitment of New Judges". Minnesota has 8 new judges (the photo shows 5 new judges practice judging at their Judge's Cup and 3 more practiced in the morning). The experienced judge, Kim (former new judges coordinator), is overseeing and helping them.

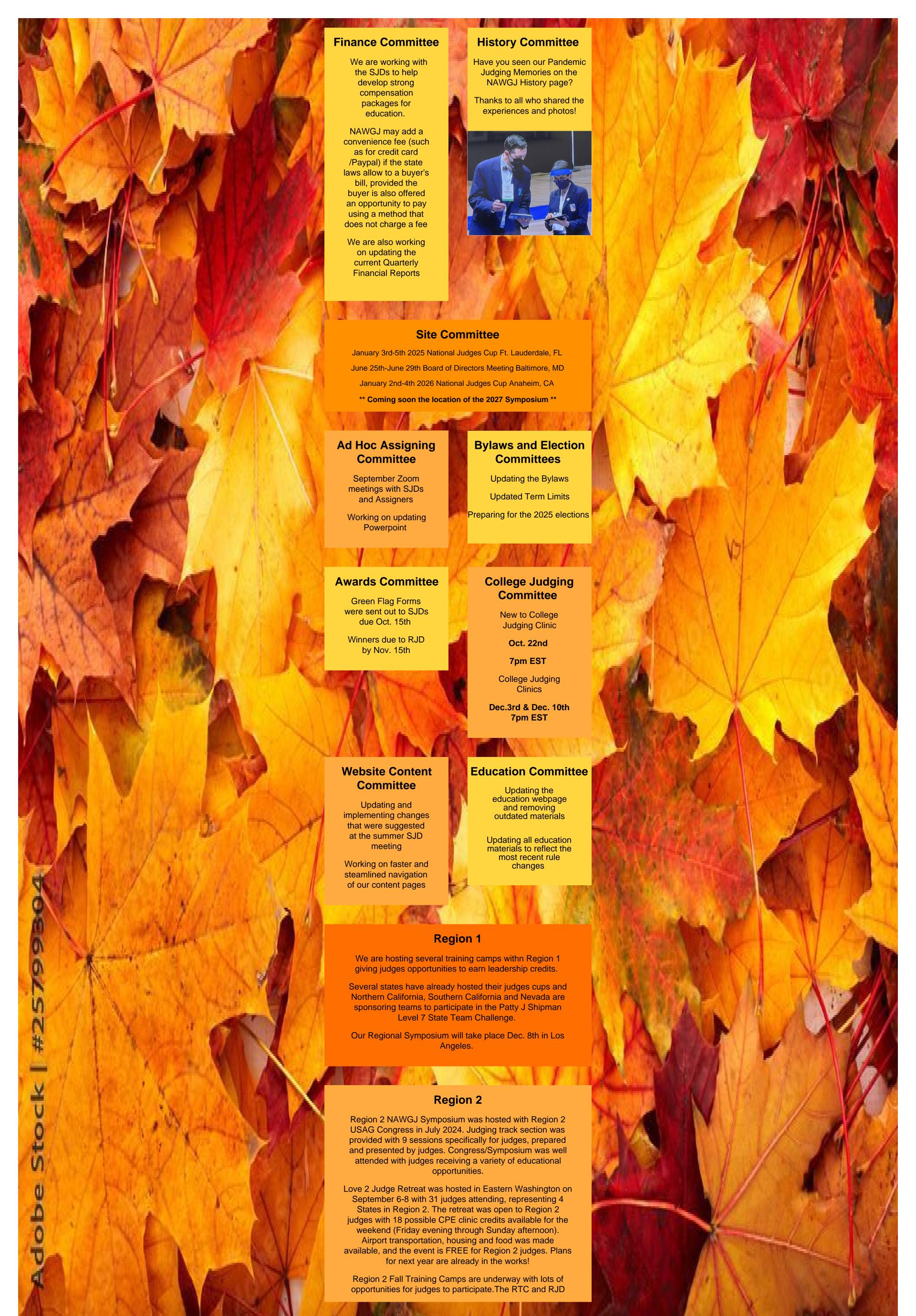
An 18-year-old college freshman in her second year of judging worked at the Judges Cup. She did great and even has shorthand down already. She's a gymnast at Gustavus, will also be on the golf team, is taking 17 credits and aiming for premed. Bright, capable, fun!

Karin Ederer is our New Judges Coordinator on the state NAWGJ committee. Karin is gentle, encouraging and builds people up.

Minnesota and Region 4 are having fun watching these new judges who are still competing themselves, including an Xcel gymnast (16-18-year-olds with a few a bit older). One of the new judges passed her Level 9! (she just graduated from college and is in law school-and sharp).











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