

If C in series --

ACRO LEVEL (up to .2)

| | |
|--------|---------------------------------------------------------------------------------------------------------------------------|
| no ded | 2 elem w/ C salto or 3 w/ C w/wo hands + D/E acro + add'l C salto or D/E acro |
| .05 | 2 element w/ C salto + D/E acro |
| .1 | 2 element w/ C salto + add'l C salto or series w/o C salto + C salto + D/E acro |
| .15 | 2 element w/ C salto or series w/o C salto + D/E acro |
| .2 | no series or series w/o salto + no add'l C salto or no series or series w/o salto + isolated C salto |

If D/E in series --

| | |
|--------|-------------------------------------------------------------------------------------------------------------|
| no ded | series w/ D/E + add'l D/E acro |
| .05 | series w/ D/E + add'l C salto |
| .1 | series w/ D/E + add'l B or C flight |
| .15 | series w/ D/E + no add'l acro flight or no series + D/E acro |
| .2 | no series or w/o salto + no add'l C salto or no series or w/o salto + isolated C salto |

DANCE LEVEL (up to .2)

| | |
|--------|-------------------------|
| no ded | C C C or D/E D/E |
| .05 | C C B or C D/E |
| .1 | C C or B D/E |
| .15 | C B or D/E |
| .2 | C or B B |

.2 no dance series
 .1 no fwd/swd or no bwd acro
 - .05 if only dismount
 .1 > 2 same shape dance
 .1 > 1 180° pivot (straight legs)
 → .1 level changes
 → .1 space - entire beam
 ea .05 direction - 2/3 fwd/bwd/swd

BEAM

Adkins 8/25

DISMOUNT LEVEL (up to .1)

| | |
|--------|----------------------------------------------------------------------------------------|
| no ded | B acro flight + C or C dance + C or D/E |
| .05 | A acro + C or B dance + C or acro series w/ C + B or D/E acro + B |
| .1 | isolated C or C (acro flight or dance) + B |

- .2 no "B" turn on one foot
- .3 no "C" salto
- .1 no fwd/swd or no bwd (salto)
- .1 use of floor area
- .1 > 2 same shape dance

FLOOR

ACRO LEVEL (up to .2)

| | |
|--------|--------------------------------------------|
| no ded | D - D - D - A or D - D - C - B |
| .05 | D - D - C - A or D - D - D |
| .1 | D - C - C - B or D - D - C |
| .15 | D - C - C - A or D - D - B |
| .2 | no D or E saltos or less than above |

Acro level -
 Acro may be direct or indirect, isolated or within a series, in any order.
 Additional 0.05 deduction for each salto missing.

DANCE LEVEL (up to .2)

| | |
|--------|-------------------------|
| no ded | C C C or D/E D/E |
| .05 | C C B or C D/E |
| .1 | C C or B D/E |
| .15 | C B or D/E |
| .2 | C or B B |

DISMOUNT LEVEL (up to .1)

| | |
|--------|------------------------------------------------|
| no ded | D/E or C+B (dir) or C+C (ind) |
| .05 | C+B (ind) or C+A (dir) |
| .1 | C+A (ind or less) or isolated C or less |

- .1 facing same direction thru-out
- .1 ea fail to perform 2 of 4, min B - fwd circle or fwd release - C w/180° - 3,6,7 element - single bar release
- .2 lack of 2 bar changes
- .1 ea > 1 squat (2nd OK after fall)
- .1 ea ¾ giant fwd w/wo grip chg
- .1 ea uncharacteristic element

RELEASES (up to .2)

| | |
|--------|------------------------------------------------|
| no ded | 2 D/E |
| .05 | C + D connected |
| .1 | C and D (isolated) |
| .15 | C + C connected or B and D (isolated) |
| .2 | C and C (isolated) or B and C (or less) |

DISMOUNT LEVEL (up to .1)

| | |
|--------|-------------------------------|
| no ded | D/E + C or D/E |
| .05 | C + C + C or D + C + C |
| .1 | C (or less) + C (or less) |

BARS

BEAM

- .2 no dance series
- .1 no fwd/swd or no bwd acro
- .05 if only dismount
- .1 > 2 same shape dance
- .1 > 1 180° pivot (straight legs)
- .1 level changes
- .1 space - entire beam
- ea .05 direction - 2/3 fwd/bwd/swd

ACRO LEVEL (up to .2)

| | |
|--------|---------------------------------------------------------------------------------------------------------------------|
| no ded | series w/ 2 flights, one a C + 1 salto/aerial or D/E flight (if series w/salto, add'l flight can be C) |
| .05 | series w/ 2 flights, one a C + C flight w/hands |
| .1 | series w/ 2 flights, one a C + 1 or more B flights |
| .15 | series w/ 1 or 2 B flights + C salto/aerial |
| .2 | no series or series w/ 1 or 2 B flights + no other B or more acro |

DANCE LEVEL (up to .2)

| | |
|--------|-----------|
| no ded | C C (min) |
| .05 | C B |
| .1 | C |
| .15 | B B |
| .2 | B |

DISMOUNT LEVEL (up to .1)

| | |
|--------|------------------------------------------------------------|
| no ded | C or B flight + B or C dance + B |
| .05 | A acro + B or B dance + B |
| .1 | A or isolated B |

Adkins
8/25

FLOOR

- .2 no "B" turn on one foot
- .3 no "B" salto
- .1 no fwd/swd or no bwd (salto)
- .1 use of floor area
- .1 > 2 same shape dance

Acro level -

Acro may be direct or indirect, isolated or within a series, in any order.
Additional 0.05 deduction for each salto missing.

DANCE LEVEL (up to .2)

| | |
|--------|-----------|
| no ded | C C (min) |
| .05 | C B |
| .1 | C |
| .15 | B B |
| .2 | B |

ACRO LEVEL (up to .2)

| | |
|-----|---------------------------------------|
| .0 | C - C - C - A |
| .05 | C - C - B - B or C - C - C |
| .1 | C - C - B - A |
| .15 | C - B - B - B or C - C - B |
| .2 | no C saltos or less than above |

DISMOUNT LEVEL (up to .1)

| | |
|--------|------------------------------------------------------|
| no ded | C or B+B (dir) |
| .05 | B+B (ind) or B+A (dir) |
| .1 | B+A (ind or less) or isolated B or less |

BARS

- .1 facing same direction thru-out
- .1 ea fail to perform 2 of 4, min B
 - fwd circle or fwd release
 - 3,6,7 element
 - C w/180° LA turn (w/wo flight)
 - single bar release
- .1 ea ¾ giant fwd w/wo grip chg
· (+ → .1 amp)
- .1 ea uncharacteristic element

DISMOUNT LEVEL (up to .1)

| | |
|--------|---------------------------|
| no ded | any C |
| .05 | C + B |
| .1 | B (or less) + B (or less) |

BEAM

- .2 no dance series
- .1 no fwd/swd or no bwd acro
- .05 if only dismount
- .1 > 2 same shape dance
- .1 > 1 180° pivot (straight legs)
- .1 level changes
- .1 space - entire beam
- ea .05 direction - 2/3 fwd/bwd/swd

ACRO LEVEL (up to .2)

| | |
|--------|------------------------------------------------------------------------|
| no ded | series w/ 2 B flights + 2 add'l acro, one a B |
| .05 | series w/ 2 B flights + 2 A's or 1 B |
| .1 | series w/ 2 B flights + 1 A or series w/ 1 B flight + 1 B |
| .15 | series w/ 1 B flight + 1 A or series w/ 2 B flights |
| .2 | no series or series w/ 1 B flight + no other acro |

DANCE LEVEL (up to .2)

| | |
|--------|----------|
| no ded | B B A |
| .05 | B B |
| .1 | B A A |
| .15 | B A |
| .2 | only A's |

DISMOUNT LEVEL (up to .1)

| | |
|--------|-----------------------------------|
| no ded | B or B acro + A |
| .05 | A acro + A |
| .1 | non-VP or isolated A |

Adkins
8/25

FLOOR

- .2 no "B" turn on one foot
- .3 not 3 saltos
- .1 no fwd/swd or no bwd (salto)
- .1 use of floor area
- .1 > 2 same shape dance

Acro level -

A.cro may be direct or indirect, isolated or within a series, in any order
Additional 0.05 deduction for each salto missing.

ACRO LEVEL (up to .2)

| | |
|-----|---------------------------------------|
| .0 | B - B - B - A |
| .05 | B - B - A - A or B - B - B |
| .1 | B - A - A - A or B - B - A |
| .15 | B - A - A |
| .2 | no B saltos or less than above |

DANCE LEVEL (up to .2)

| | |
|--------|----------|
| no ded | B B A |
| .05 | B B |
| .1 | B A A |
| .15 | B A |
| .2 | only A's |

DISMOUNT LEVEL (up to .1)

| | |
|--------|-----------------|
| no ded | B |
| .05 | A+A (dir / ind) |
| .1 | isolated A |

BARS

- .2 lack of elements thru vertical
- .1 ea $\frac{3}{4}$ giant fwd w/wo grip chg
(+ → .1 amp)
- .1 ea uncharacteristic element

DISMOUNT LEVEL (up to .1)

| | |
|--------|-----------------------------|
| no ded | any B or B + A |
| .1 | A + A or less |