

BEAM LEVEL 8 COMPOSITION

L8 ACRO not up to competitive level $\uparrow 0.2$

Includes acro mount & elements on the beam (not Dmt)

	Flight Series	Additional Acro	Additional Acro
0.0	B B <i>2 flight</i>	B	A
0.05	B B <i>2 flight</i>	A	A
	B B <i>2 flight</i>	B	
0.10	B B <i>2 flight</i>	A	
	A B <i>B flight</i>	B	
0.15	A B <i>B flight</i>	A	
	B B <i>2 flight</i>	<i>No other Acros</i>	
0.20	A B <i>or NO series</i>	<i>No other Acros</i>	

L8 DANCE not up to competitive level $\uparrow 0.20$

Expected	
0.0	B B A
0.05	B B
0.10	B A A
0.15	B A
0.20	Only A elements

L8 DISMOUNT not up to competitive level $\uparrow 0.1$

	Dismount	Acro Connect
Expected 0.0	B	B A <i>Acro connect</i>
0.05		A A <i>Acro connect</i>
0.10	A <i>Isolated</i>	<i>Any non VP Dismount</i>
A non-VP acro used for 3rd time may be considered for dismount connection in composition.		

0.10	Failure to perform Acros in 2 different directions: Backward & Forward/Sideward
0.05	Dismount is the only Fwd/ Swd or Bwd
0.10	Overuse of Dance elements with same shape <i>More than 2 ea: Wolf / Tuck or Straddle</i>
0.10	More than 1 pivot turn (<i>2-feet & straight legs</i>)
0.20	Lack of a Dance Series (<i>Min of 2 dance elements</i>)
$\uparrow 0.10$	Insufficient level changes throughout exercise
$\uparrow 0.10$	Spatial use: Entire length of beam
0.05 ea	Must show 2 of 3 Directions: Fwd/Bwd/Swd Movements in Non-VP/Choreo

BEAM LEVEL 9 COMPOSITION

L9 ACRO not up to competitive level ↑0.2

Includes acro mount & elements on beam (not Dmt)

	Flight Series	Additional Acro
Expected 0.0	B C 2 flight	C Salto or Aerial
	B C 2 flight	D hand support
	Acro series with salto or aerial	C hand support
0.05	B C 2 flight	C hand support
0.10	B C 2 flight	B or more B flight
0.15	B B 1-2 B flights	C Salto or Aerial
0.20	B B 1-2 B flights	No other B Acros
	Broken series No series	No other B Acros

L9 DANCE not up to competitive level ↑0.20

Expected 0.0	C C
0.05	C B
0.10	C
0.15	B B
0.20	B

L9 DISMOUNT not up to competitive level ↑0.1

	Dismount	Acro Connect	Dance Connect
Expected 0.0	C	B B Acro connect	C B Dance connect
0.05		A B Acro connect	B B Dance connect
0.10	B Isolated	A Any A dmt	
A non-VP acro used for 3rd time may be considered for dismount connection in composition.			

0.10 Failure to perform Acros in 2 different directions: Backward & Forward/Sideward

0.05 Dismount is the only Fwd/ Swd or Bwd

0.10 Overuse of Dance elements with same shape

More than 2 each: Wolf / Tuck or Straddle

0.10 More than 1 pivot turn (2-feet & straight legs)

0.20 Lack of a Dance Series (Min of 2 dance elements)

↑0.10 Insufficient level changes throughout exercise

↑0.10 Spatial use: Entire length of beam

0.05 ea Must show 2 of 3 Directions: Fwd/Bwd/Swd Movements in Non-VP/Choreo

BEAM LEVEL 10 COMPOSITION

ACRO elements not up to competitive level ↑0.2

Includes acro mount & elements on the beam (not Dmt)

	Flight Series	Additional Acro	Additional C Salto
Expected = NO Deduction	BC <i>1 C-salto</i>	D <i>Aerial/salto/hand</i>	C <i>or D/E Acro flight</i>
	BBC <i>Salto or hand OK</i>	D <i>Aerial/salto/hand</i>	C <i>or D/E Acro flight</i>
	CC <i>2 C-saltos or BCC</i>	D <i>Aerial/salto/hand</i>	
	BD <i>Min of 1 D/E flight</i>	D <i>Aerial/salto/hand</i>	
0.05	BC <i>1 C-salto</i>	D <i>Aerial/salto/hand</i>	
	BD <i>D/E flight</i>		C <i>Salto</i>
0.10	BC <i>1 C-salto</i>		C <i>Salto</i>
	BC <i>Hands, NO salto</i>	D <i>Aerial/salto/hand</i>	C <i>Salto</i>
	BD <i>D/E flight</i>	B or C <i>Flight on Hands</i>	
0.15	BC <i>1 C-salto</i>		
	BC <i>Hands, NO salto</i>	D <i>Aerial/salto/hand</i>	
	BD <i>D/E flight</i>		
	No Series	D <i>Aerial/salto/hand</i>	
0.20	No Series or Broken Series		C <i>only 1 Salto</i>
	BC <i>Hands only or less</i>		

DANCE elements not up to competitive level ↑0.20

Expected	CCC	or	DD	or	ED
0.0	CCC	or	DD	or	ED
0.05	CCB	or	DC	or	EC
0.10	CC	or	DB	or	EB
0.15	CB	or	D	or	E
0.20	C	or	BB	or less	

DISMOUNT not up to competitive level ↑0.1

	Dismount	Acro Connect	Dance Connect
Expected	D	BC	CC
0.0	D	<i>B-Acro to C-Dmt</i>	<i>C-Dance to C-Dmt</i>
0.05		AC <i>A-Acro to C-Dmt</i>	BC <i>B-Dance to C-Dmt</i>
		CBB <i>C in Acro series to B-Dmt</i>	
		DB or EB <i>D/E-Acro flight to B-Dmt</i>	
0.10	C	CB <i>C-Acro to B-Dmt</i>	CB <i>C-Dance to B-Dmt</i>
<i>A non-VP acro used for 3rd time may be considered for dismount connection in composition.</i>			

0.10 Failure to perform Acros in 2 different directions
Backward & Forward/Sideward

0.05 Dismount is the only Fwd/ Swd or Bwd

0.10 Overuse of Dance elements with same shape
More than 2 each: Wolf / Tuck or Straddle

0.10 More than 1 pivot turn (*2-feet & straight legs*)

0.20 Lack of a Dance Series (*Min of 2 dance elements*)
Leaps / hops / jumps / turns

↑**0.10** Insufficient level changes throughout exercise

↑**0.10** Spatial use: Entire length of beam

0.05 ea Must show 2 of 3 Directions:
Fwd/Bwd/Swd Movements in Non-VP/Choreo