Rules Reminder Cards

Print on cardstock and cut between the two grey boxes. Cards are color-coded by event to help with organization. Pull out the cards for the event you are judging and keep them on your table for quick reference when needed.

Please send corrections to cbatsche@tampabay.rr.com

Balks: Vault: Card 1 of 2
3 attempts allowed to successfully complete 1 or 2 vaults

runs-balks; runs-balks = 1st vault void
runs-vaults= 1 score for vault

runs-vaults = 1st vault scored
runs-balks; runs- vaults = 2nd vault scored

runs-balks; runs-balks = void 2nd vault
runs-touches board, doesn't go over = void

Hand plcmt mat/safety zone mat NOT part of apparatus
If touches mats, it is one of 3 attempts but not 0

Vault Voids Card 1 of 2

Not using safety mat or mat wrong direction for RO vault

No hand contact = VOID; 1 hand contact = - **1.00**

Not landing on feet first = 0 except Level 7 Tsuk & Yurchenko

No feet: video review allowed all sanctioned meets: If no video, then scores may be Out of Range

Lands standing, sitting, lying on top of horse

Balks: Vault Card 2 of 2

Balk: running approach that results in fall during run, stops mid-run, runs off runway, or makes contach with board/table without coming to rest or support on top of table.

Rebounds from board, has flight, places hands on top of table to **shift weight over hands in support** but does not drive heels overhead & finishes in squat stand on table or lands back down on board = **VOID**

Has flight from board to **near inverted handstand** & steps down = **VOID**

Belly slide is a VOID vault, not balk.

Vault Voids Card 2 of 2

Hands on top of table-shifts weight over hands in support but does not drive heels overhead & finishes in squat stand on table or lands back down on board

Flight to near inverted handstand & steps down
Belly slide

Use of alternative springboard at any level

Unknown vault (not on chart) (can get score if 1 of 2 vaults on chart)

Level 6-7-8-9: If either vault restricted, then 0 score for entire event

Spot on Vault

All judges take .50 if spot on landing
Spot during vault results in void except Level 8.
Level 8 ONLY: Coach spots (assists) gymnast during post-flight of SALTO vault, vault is scored & each judge takes 1.00; if falls after spot, then additional -.50

All judges take .50 if coach between board & table except for Round off entry

No deduction if coach touches safety mat or table in RO vault

No spot deduction if coach catches falling gymnast.

Hand Placement Mat Slips

Hand placement mat may be used for FHS onto board and Yurchenko only

Hand placement mat is NOT part of vault apparatus. If mats slips on the runway, it is NOT considered apparatus or personal equipment failure.

This is one of the 3 vault approaches.

Vault: Safety Zone Mats

RO vaults and FHS onto board: safety zone mat must fit snugly around the board so there is no space between the board & safety zone mat.

Forward Vaults: safety zone mat may be used but not required to fit snugly around the board

Void (0) if no safety mat used for RO vaults
Void (0) if safety mat facing wrong way for RO vaults
GRP 1,2,3 vaults: safety mat ok in either direction and space ok

Unallowable Vault

Restricted Vault: Level 6,7,8, 9: if either of two vaults are NOT allowed, gymnast receives 0 (void) for the EVENT because a restricted vault performed.

Unknown Vault: If gymnasts attempts vault on chart for her level but does not complete it, resulting in a vault that is not on the chart, the vault is 0 (void). However, the gymnast does not receive a 0 (void) for the event if the 2nd vault is legitimate.

Hand Placement Mat and Tape Measure

Hand placement mat on runway only for round-off or FHS entry on board; only Level 6 - 10

Hand placement mat may NOT be on vault board or as visual aid on runway

Sting mat or any other type of matting not allowed; only hand placement mat.

If hand mat slips, NOT an apparatus failure; gymnast may not repeat vault

Tape measure is a coach responsibility; may not repeat

Level 6/7 Vault Mats and Apparatus

Table height any setting up to 135 cm

Base mat (min 4") must be up against table; top mat does not

Mat stack min 32" - max 60" including base mat

Any combination may be used (landing mat; skill cushion; port-o-pit; inflatable)

Top mat must be min 4" or the port-o-pit must be height of table

An additional 8" min mat required on floor at end of mat stack

Vault Tape or Chalk

Tape or chalk not permitted on table:

Runway: chalk is Not permitted; tape or velcro ok

CJ warns first; if not removed, then -.20

Vault Fall Times

If a gymnast falls on first attempt , fall time begins when the gymnast is standing on her feet.

If an injury occurs, fall time begins after medical assessment is complete.

Fall time (45")
If 45" is exceeded, second vault not allowed.

Chief Judge monitors the time (from time judgment is completed).

Vault without Signal from Judge

Vault not scored even if both judges see it.
Gymnast may perform 2 more vaults
CJ takes .50 from average of next completed vault
Penalty may or may not affect final score depending on which vault the .50 is applied to

XCEL ONLY: do not apply the .50 CJ deduction for starting exercise before signal is given or vaults without signal from CJ

Vault Matting

Any combination of skill cushions (sting; 4+ throw; 8" skill cushion 5 x 10) OK
Maximum of 9 inches on top of 9 inches of competition landing mats

-.3 CJ of other type of matting used

Levvel 6/7: Sting ok on top of mat stack: matting must be equal to or higher than the underside of the top of vault table. Can use CLMs, skills cushions, port-0-pit or inflatables, sting; A softer foam mat doesn't count toward required mat stack height but would be an addition once the rrequired mat stack high achieved.

Vault Springboards

Tramp-like, junior board, infatable device NOT allowed at any optional level.

VOID if used

Vault Score Range: Unusual Occurrences

When 1.00 or greater deduction applied, the allowable score range does not apply:
one arm vault (all levels)
Not landing on feet first (Level 6)
Spotting deduction during vault (Level 8)

Bars: Dismounts

Dismount not from designated bar: No VP, SR
Dsmt with no salto: No SR
No value dsmnt (from feet, nic or restricted): No SR, -50 if restricted
Terminates early (intentionally or due to fall): No SR, -50 for fall (even if no fall, CJ -2.00 if <5 VPs
Salto never intiated, no feet: No VP, No SR, -5 fall
Initates salto and no feet: No VP, No SR, -.5 fall
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Balks: Bars and Beam

2 attempts to mount without penalty with no touch of board or

runs-balks; runs-mounts: no deduction

If gymnast attempts RO and stops, she may repeat and get VP credit for mount; deduct for first "fall" .50

runs-balks; runs balks; runs performs D
award D & +.10; each judge deducts .5 for 3rd approach

runs-balks; runs-balks; runs-balks
each judge deducts .50 for 3rd approach
4th approach not permitted

Run, touch board or runs under bar without mounting, -.50

Bar Deductions

Hip/heel padding = .20 no warning needed if during routines; CJ warns if notices prior to routine

Broken grip: repeat ok from point of interruption; gymnast must show broken grip to CJ

Loose bandage: no repeat allowed

Falls: 45" or routine terminates

Fall time begins when feet touch floor & ends when feet leave floor

Bar Falls

Falls: 45" to remount or routine terminates

Fall time begins when feet touch floor & ends when feet leave floor

Fall time begins when the gymnast is standing on her feet.
If an injury occurs, fall time begins after medical assessment is complete.

During 45", timer notifies 20 seconds remaining, 10 seconds remaining, time

Bar Change

A fall from HB, performs VP on LB is a bar change.

Climbing onto the LB then jumping to HB : not a bar change

Free mounts over LB (no hand contact) are not a bar change.

Mounts with hand support to catch HB are a bar change.

Transfer from one bar to next does not have to be a VP to count for bar change

Mounts with Wrong Setting

May dismount bars, has 45 sseconds to re-adjust bars and remount

Deduct .50 for a fall from apparatus

Bar Mats

May stand on an additional up to 8" skill cusion on top of landing mat
May not place board on 8" mat

Mount trainer mat may be used to mount

Board or folded panel mat may be placed on one 41/2" or 8" or 2 12 cm landing mats with or without 1 1/2 " base mat (unfolded panel mat) placed under or on top of competition ldg mat when setting bars for routine

Coach Spot

Spot during element: No VP-SR-bonus; each judge -.50 for spot; -.5 if fall after spot

Spot upon landing: VP & SR ok; No bonus; -.50 spot (each judge); if falls, -.50

Inadvertent contact by coach: VP & SR ok; no bonus; -.50 contact (each judge)

No deduction if gymnast inadvertently contacts coach

Falling gymnast: Only .50 for fall; no spot deduction

Coach Sprays Water/Adds Chalk to Bars

CJ deducts .20 if a coach sprays water or adds chalk to the bar once the exercise has begun. No warning will be given.

This does not apply if the athlete has fallen and is off the equipment.

Short/Incomplete Exercise (Level 6 - 10)

Deduct 2.00 from final average if:

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Bar exercise contains less than 5 Value Parts
Beam/Floor routine is less than 30 seconds

Exception: Level 6 Beam:
CJ deducts **.50 (not 2.00)** from average if it is less than 30", completed, and contains all required VP; 10.00 SV

Deduct for missing VP from SV and execution
Deduct for missing SR and no dismount if applicable
Deduct 2.00 by CJ

XCEL: Short exercise with three (3) attempted or spotted VPs = 2.00

Judge Misses Routine

2 judge panel
Coach/gymnast told score and may accept the 1 score or repeat .

4 judge panel
Enter a score for the missing judge that is equal to the highest score given by the other 3 judges

In both cases, CJ consult with Meet Referee who informs coach of gymnast options

Judges Uses Wrong Rules

Re-evaluation to include determination of correct SV and specific composition deductions based on judges' shorthand.

Judging panel notify Meet Ref and scoring personnel that rescoring is to occur
Notify coach immediantely of any score change

Must occur within 5 minutes of the end of competition for that session (see R&P; COP incorrect)

Apparel

Shorts or tights (cpari length or longer) that are black, match the leotard, or match the athlete's skin tone are allowed.

Shorts or tights may be worn under or over the leotard.

A small manufacturer's branding is allowed with no embellishments.

Unitards may have long legs to the ankle or short length and may be with or without sleeves.
Sports bra, with exposed straps, may be black, match the leotard, be the athlete's skin tone, or clear in color.

Equipment Failure/Repetition of Exercise

Equipment failure includes failure of competitive apparatus, personal equipment (broken or torn grips), music failure, occurring through no fault of gymnast/coach. Does NOT include: unfastening of bandages/grips; loss/partial loss of footwear, wrong bar setting, beam t-handles BB; camera flash. If bar cable tension slips while athlete is competing, it is considered equipment failure. The .50 Fall deduction would **NOT** apply. If BB end cap detaches while in process of DISMOUNT, it is equipment failure. The .50 Fall deduction would not apply. If cap comes off during routine, it is not equipment failure.

Gymnast Options:
1 Stop and ask CJ to repeat from from point of interruption; may rest first
2 Finish routine; decide to repeat or accept score before score flashed;

CJ and Meet Ref decide point at which routine will be resumed.
If it's a music failure, don't deduct for no music

Inquiry For Qualifying Score

If after the last event, gymnast's AA score is .10 or less from qualifying:to State or Regionals, the coach may inquire the lowest scoring event regardless or order.

Score change is official and affects placement. This process does not apply for mobility purposes or if qualification to state/regional is by percentage or by designated number per age group.

Courtesy Score

1.00 is score awarded to any compulsory or optional routine.

4.00 for XCEL

Jury of Appeal

Meet Referee: President of the Jury
Meet Director (non-voting if his athlete)
Chief Judge of all four events (or of event involved)
USAG personal (SACC, RACC and/or DP Chair)

Duties: Governs all technical and organization matters Makes final decision regarding unusual situationIf deduction taken from AA by Meet Ref is challenged, then Jury of Appeal convenes to make final decision
Review improperly handled inquiries, i.e., adminstrative procedures not followed; coach may petition within 5 min. of end of rotation/competition or inquiry form return, whichever is later
Conduct video review within 15 minutes of end of meet
Jury discusses, votes, majority determines final decision

Gymnast Starts Before Signalled

.5 deduction from repeated performance

Ask her to stop and repeat the performance immediately

On vault, take deduction from next vault

XCEL ONLY: do not apply the .50 CJ deduction for starting exercise before signal is given or vaults without signal from CJ

Video Review (not XCEL)

MR may watch a video prior to the submission of an inquiry to determine if an inquiry should move forward. At ALL sanctioned meets, coach may request VR by the MR and highest rated judge unaffiliated with that event **following an inquiry**. If the MR or highest rated judge is affiliated with the athlete in question, the VR is conducted by the next 2 highest rated judges unaffiliated w/ athlete or highest rated unaffiiated judge & USAG officer.

Video Review only allowed if possibility that judges missed an element that would affect the SV (VR may not be used to appeal judgement of degree assessment (cast degree, handstd, incomplete turn, connection of elements, leg separation in leaps, etc). MR must inform panel that VR will be initiated as well as final decision. Judging panel may review the video once the video review process has been finished.
VAULT: Immediate VR allowed when first vault awarded a 0 for failure to land on feet first. Review MUST be completed prior to 2nd attempt.

Dismounts of No Value or Restricted

Deduct .50 for missing SR

Also deduct .50 from SV if dismt is restricted
or if it is an additional restricted element for level

Retricted Elements

If more than one restricted, 2nd receives No VP
No SR
Minus .50 from Start Value

If dismount, also deduct minus .30 for no dismount

Spotting Bars and Beam

Coach assists during element:
All judges take .50; No VP, No SR, No bonus
If falls after spot, take additional .50

Spots upon landing dismount
All judges take .50; Award VP and SR
If then falls, deduct .50; don't deduct for spot & fall
Award VP and SR; No bonus

Coach inadvertently touches gymnast: .
50 spot; Award VP, SR, but no bonus

Gymnast inadvertently touches coach: no deduction

Coach catches falling gymnast:
No spot deduction Deduct only .50 for fall

Video Review XCEL

XCEL allows VR for any instance that would affect SV: e.g. degree angle assessment

XCEL: If VR results in awarding a SR or VP, the panel may apply deductions related ONLY to the reason for the video review; additional deductions are NOT allowed.

Gymnast Terminates Early intentionally or with Fall

Deduct .50 for missing SR
Deduct .50 for fall with or w/out actual fall to mat
If under 30 seconds on BB or FL, CJ also deducts 2.00
If less than 5 elements on bars, CJ also deducts 2.00

Change of Score

Change of Score
CJ may change score if: forgot to deduct neutral deducion or data entry error or wrong rules used
If data entry error, must change within 5 minutes of end of competition for that session
If neutral deduction, must change prior to end of rotation
Must notify coach of change
Must flash change if possible
If change needed because wrong rules, see card for this case

Floor Warm-Ups/Touch

Delay of Competition: Additional Warm Up

In any situation due to delay of competition (equipment failure, injury, unforeseen circumstances, etc), the Meet Director in conjunction with Meet Referee will make the appropriate call regarding additional warm-up time.

Bleeding Wounds

Must cover bleeding wound before 45" fall time up or routine terminated

Gymnast doesn't have right to repeat if exceeds fall time

Blood on equipment must be removed prior to next gymnast

Coach and gymnast have right to determine if gymnast will continue after a fall (within the fall time limitations)

Jury of Appeal

If admin procedures not properly follwed on submitted inquiry, coach may petitition Jury of Appeals for a review WITHIN 5 minutes of end of the rotation/competition or the return of the inquiry form whichever occurs later. At State Champs & above, VR may be used by Jury. All videos must be reviewed in regular time. SLO MO NOT allowed. Jury decision should occur within 15 minutes after the conclusion of meet and before awards are presented.

Proper Procedures for Inquiry (or else eligible for Jury of Appeal)

Properly written inquiry form by the coach
Submitted in timely manner to MR or Meet Director
Inquiry reviewe/answered by judging panel of the event
Inquiry returned to MR or Meet Director
MR or Meet Director returns inquiry to coach by hand or by a pre-determined inquiry -return procedure

Element Out of Bounds

If take-off for VP is outside of boundary, then
No VP
No SR
No CV or D/E bonus
Does not apply to compulsories

Floor Markings

A single line chalk arc in the corner of the floor is ok.
No tape or velcro is allowed on floor.
OK to mark corner lines with tape to delineate OOB-- inside corners

Phone During Floor Music

Not a technical error if phone call comes in and music stops
Athlete may not repeat
No deduction for no music.

Floor Mats

All matting must be in place PRIOR to the start of the routine and cannot be added once the routine has started. A .30 deduction applies if matting added after the exercise has begun. Mays may be removed during a routine only if taken from the nearest boundary line. Person removing mat should stay outside floor area as much as possible. Briefly steppping inside the border will not result in a deduction.

Up to 2 four inch mats are allowed placed separately (may be stacked)
May NOT use 2 mats end to end on any one tumbling pass (4"); Only 1 per tumbling pass
May be used for take off or landing

Floor Exceeds Warm Up Time

Floor: Exceeds Warm Up Time
If gymnast fails to leave floor after warm-up time over, Timer warns gymnast "Time Exceeded". If she continues, then timer reports to CJ who deducts .20 from average score

If team competition or JO Nationals team, deduction is taken from team score on that event."

Salto Definition on Floor

If a salto lands on two feet or lands on one foot and lowers with control to one knee, it will be considered a salto and may be used

Coach/Team Mate Stop Gymnast OOB Floor

See also Coach on Mat
If coach or team mate touches or pushes the gymnast to stop her momentum, deduct only one .50 deducation (each judge)

Even if gymnast falls, deduct only one .50 deduction

CJ take .10 for OOB if gymnast is OOB

VP, SR ok; No bonus

Gymnasts Cheering Around Floor

Permitted to be around floor and cheer
Must Not obstruct view of judgegs or spectators
If obstruct, CJ warns first
If continues, then CJ deduct -.2- from AA score of gymnast creating the obstruction OR team score of team in violation

Coach on Mat : Level 6 and Above

Coach on floor (inside border marking) with no assist:
.30 off average (CJ); applies only once even if coach on floor more than once

Coach on mat and assists:
- Each judge deduct .50; NO VP, SR, or bonus
- If falls after spot, each judge takes an additional .50
- CJ takes .30 from average; only taken one time

Coach on mat & **spots on landing** or coach
- Each judge deduct .50 for spot; If falls, each judge also takes -.50
- Award VP and SR; No bonus
- CJ takes .50 from average (also take .10 if OOB)
- Only take coach on floor deduction one time

No penalty if goes on floor to remove unsafe object or adjust mat plcmt
No penalty if coach steps onto mat to place, adjust, remove mat

Compulsory: No deduction for coach on mat

MUSIC on Floor

Absence of Music or Music with Words: .50 deduction

Balks: Bars and Beam
2 attempts to mount without penalty with no touch of board or apparatus
runs-balks; runs-mounts: no deduction
If gymnast attempts RO and stops, she may repeat and get VP credit for mount; deduct for first "fall" .50
runs-balks; runs balks; runs performs D award D & +.10; each judge deducts .5 for 3rd approach
runs-balks; runs-balks; runs-balks each judge deducts .50 for 3rd approach
Run, touch board or runs under bar without mounting, -.50

Medical Assessment Due to Injury
Gymnast may complete the routine and resume competition within the same session once medically cleared. A 30-second touch warm-up may be allowed upon return.

Beam: Extra Warm-Up
Deduct -.20 for additional warm-up; No warning required

Gymnast Leaves Floor During Routine
Deduct .50 This deductionshould not be taken in addition to a fall out of bounds or a fall immediately preceding the gymnast leaving the floor for medical evaluation.