

# NCAA – Judging Assistant Procedures – P Hickey, Editor

Updated: *October 17, 2025*

## Timing FLOOR ROUTINE

**Timer** (With stopwatch #1):

**Start:** with the gymnast's first movement with the music.

**Stop:** with the gymnast's final movement or FALL (NCAA only)

**Restart:** after 2 min. injury assessment, gymnast stands up on her feet.

**Report the Time:** to the Chief Judge; for example: 1:15

**OVERTIME 1:30+** show Chief Judge, before clearing the stopwatch.

## Line Judges for FLOOR ROUTINE

2 Line Judges:

- Yellow Flag
- Post-it Notes
- Pencil / Pen
- Seated in Opposite corners
- Responsible to 2 Lines and 2 Corners

Landing Mat: Mat must be clearly marked with TAPE line.  
If the mat covers the line, the line must be marked.  
If needed, ask coach to re-mark the mat for clarity.  
Inform Chief Judge, if the mat was not marked.

Out of Bounds: (White Line Border) gymnast touches area outside the line.  
(Two Color Carpet) gymnast touches outside colored carpet.  
It is possible to step backward out of bounds in the corner.

Raise the Flag: When gymnast is “Out of Bounds”.  
Judges will also raise their hands to confirm “out of bounds”.

Post-it Notes: Draw a Square and Mark the location of Chief Judge Table.

Record OB: Record “Out of Bounds” with an “X” at the location.  
Take Post-it note to the Chief Judge.

Timer / Line Judge: Line Judge can also serve as Floor Timer.

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## Timing BEAM ROUTINE

**Timer #1** (With stopwatch #1):

Start: when the gymnast's feet leave the board or mat.

Stop with fall: each fall off the BEAM onto the mat.

Restart: after 2 min. injury assessment / gymnast remounts and ready to continue.

“**WARNING**”: called or signaled at **1:20**.

Stop at end: when the gymnast dismounts and arrives on the mat.

“**TIME**”: called or signaled at **1:30**.

## Timing BEAM FALLS - 45 second period

**Timer #2** (With stopwatch #2)

Start: (after 2 min. injury assessment) / gymnast stands up on her feet.

**Warning:** say “**20 SECONDS REMAINING**” at 25 seconds

“**10 SECONDS REMAINING**” at 35 seconds

“**TIME**” at 45 seconds

Stop: when the gymnast leaves the mat to remount the beam

(time lapse between fall time and restart of the exercise time)

## Timing BAR FALLS - 45 second period

**Timer** (with one stopwatch)

Start: (after 2 min. injury assessment) / gymnast stands up on her feet.

**Warning:** say “**20 SECONDS REMAINING**” at 25 seconds

“**10 SECONDS REMAINING**” at 35 seconds

“**TIME**” at 45 seconds

Stop: when the gymnast leaves the mat to remount the BARS.