USAG DEVELOPMENT PROGRAM SCORE SHEET 2022-26

LEVEL 10 BALANCE BEAM

VALUE PARTS (VP)

_____ 3 A (0.1)

_____ 3 B (0.3)

_____ 2 C (0.5)

_____ D (+ 0.1)

_____ E (+ 0.2)

Extra +0.1 bonus if 10.0 SV and minimum 0.6 bonus + E acro element

SPECIAL REQUIREMENTS (SR)

(0.5 each)

- ☐ Acro series, either:
  - 2 flight w/ min C
  - E (flight) + A
- ☐ Leap/Jump 180° split
- ☐ 360° turn on one foot
- ☐ C dismount or B connected to:
  - acro series w/ C
  - C acro flight/dance

CONNECTION VALUE (CV)

	0.1	0.2
2 Acro Flight (no dismount)	B+C (C=salto/aerial)	C+C B+D
3 Acro Flight	B+B+C	B+C+C B+B+D
Additional +0.1 for 3 acro flight w/ min C salto/ aerial or D/E flight, excluding dismount		
Dance/ Mix (no dismount)	B+C A+D	B+D C+C
Turns	A+C (or reverse)	
All acro used for CV must have flight		

COMPOSITION

ACRO UP TO LEVEL

	Series	+ Acro	+ Salto
expected	BC or BBC C salto / no salto	D	C
expected	CC or BD 2 C saltos / D flight	D	
0.05	BC (C salto)	D	
0.05	BD (D flight)		C
0.10	BC (C salto)		C
0.10	BC (NO salto)	D	C
0.10	BD (D flight)	B or C	
0.15	BC or BD C salto / D flight		
0.15	BC (NO salto) or NO series	D	
0.20	NO series		C
0.20	BC (NO salto)		

DANCE UP TO LEVEL

expected	C C C	D D
0.05	C C B	D C
0.10	C C	D B
0.15	C B	D
0.20	C	B B

DISMOUNT UP TO LEVEL

	Dsmt	Acro Connect	Dance Connect
0.00	D	BC	CC
0.05		AC, CBB DB	BC
0.10	C	CB	CB

MISCELLANEOUS

No dance series	0.2
> 1pivot turn	0.1
Acro direction (bwd & fwd/swd) (0.05 - dismount only)	0.1
>2 dance with same shape (wolf/tuck or straddle)	0.1 each
Insufficient level changes	↑0.1
Insufficient use length of beam	↑0.1
Fwd/swd/bwd chorography (2)	0.05
Short exercise (<30 sec) — CJ	2.0

#

	9.5
VP (-)	
SR (-)	
CV (+)	
D/E (+)	
SV	☐+0.1
execution	
composition	
score	
AVERAGE	

☐ OT (0.1)

_____ Artistry ↑0.3 _____ Footwork ↑0.3 _____ Dynamics ↑0.2 _____ Sureness ↑0.2 _____ Posture ↑0.3 _____ Rhythm ↑0.2

T. Parsons 9/2025