



USAG DEVELOPMENT PROGRAM SCORE SHEET 2022-26

LEVEL 6 BALANCE BEAM

VALUE PARTS (VP)	SPECIAL REQUIREMENTS (SR)	MISCELLANEOUS	NO COMPOSITIONAL REQUIREMENTS																
<div><div>_____ 5 A (0.1)</div><div>_____ 1 B (0.3)</div><div>_____ 0 C (0.5)</div></div> <div>Allowable:</div> <div><div>▪One (1) C dance</div><div>▪Count C as B VP</div></div>	<div>(0.5 each)</div> <div><div><input type="checkbox"/> Acro series (non-flight)</div><div>OR</div><div>Acro flight element (isolated or in series)</div></div> <div><div><input type="checkbox"/> Leap/Jump (requiring 180° split)</div><div><input type="checkbox"/> 360° turn on one foot</div><div><input type="checkbox"/> A dismount (aerial/salto)</div></div>	<div><input type="checkbox"/> Restricted elements - no VP credit & (0.5 each) (from Start Value)</div> <div><div>TIME</div><div>1:30 warm up</div><div>1:15 compete</div></div> <div>Short exercise (Level 6 ONLY): If < 30 seconds & 10.0 SV, CJ deducts 0.5 from average</div>	<div><div>▪ One element in acro series must achieve/pass through inverted vertical in handstand support.</div><div>▪ First or second element in acro series may be handstand with any leg position - if handstand without turn, must be held for 2 seconds.</div><div>▪ Group 6 - Rolls may be included in acro series, as long as one element passes through handstand position.</div></div>																
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