#### 1.1 – Rules & Modifications

No other Special Requirements or Composition deductions

#### 1.2 – Level 10 Rules

Rules & Mods take precedent over Dev rules.

#### 1.3 – New Vault Values

Vault not listed must submit video and description.

#### 1.4 – New Element Evaluation

	Submit New Element Evaluation Form.
a.	RTCC will send final evaluation to the coach.
b.	Copy presented to MR or CJ prior to competition.
c.	Copy sent to Rules Interpreter.
d.	Link to the form in the Rules and Mods.

#### 1.5 – Execution (Level 10), SV, UTL, & Finish

LACC	Execution (Eevel 10), 5 v, 6 1 E, & 1 mish	
	All Execution deductions apply to Level 10 except:	
a.	<b>9.4</b> Start Value + <b>0.6</b> Bonus (UB, BB, FX)	
	CV (min. $+0.1$ ) and D/E (min. $+0.1$ ) = up to 0.6 max.	
b.	UTL "Up to Competition Level" = $\underline{0.1}$ (0 VP = -0.1 UTL)	
c.	VT, UB, BB Dismount $\rightarrow$ Finish Position = $\underline{0.05}$	
	Legs straight, Arms Up, Hold 1-second.	
	1. Facing Direction of VT landing / UB, BB dism.	
	2. Falls on landing = no finish position deduction	
	3. Landing deductions taken until finish held.	
	4. Held without movement (arms above shoulders)	

#### 1.6 - Verbal Cues / Coaching

**0.2** Verbal Cue by Coach to own gymnast, after warning (TND).

#### 1.7 – Injury Assessment

VT	Chief Judge will monitor an up-to-two (2) minute injury
$c_{D}$	assessment.
	<b>45 second fall time</b> will begin after the injury assessment ends.
FX	Resume the routine at point of interruption,

#### 1.8 - Competing Out of Order

<u>0.1</u>	Out of Order – TEAM deduction	
a.	Prior to event – change order (Score Table & CJ)	
b.	Event started – substitution is same position(CJ)	
b.	Signal CJ – may not substitute athlete with another.	

## 1.9 – Open Scoring & Range of Scores

OPEN SCORING during Regular Season, Regional and	
National Championships.	
Judges are to sit separately with a gap between judges.	
Judges score flashed & rotated or displayed on a unit.	
Score, SV, UTL Final Score is simultaneously flashed.	
Score verification at Regionals and Nationals.	
RANGE OF SCORES:	
• $9.8 - 10.00 = 0.1$ (reg. season) $0.2$ (post season)	
• $9.5 - 9.775 = 0.2$	
• $9.0 = 9.475 = 0.3$	
• 8.0 – 8.975 = <b>0.5</b>	
• Below 8.00 = <b>1.0</b>	
CONFERENCES - Panel or Chief Judge may call, if	
Counting scores out of range.	
2. Impossible Start Value.	
3. Impossible UTL impacts the Ave.	
4. Impossible Score identified (errors not applied).	
5. Input Error or Team Neutral Deduction (TND)	
6. Inquiry Submitted	

### 1.9 – Incomplete Routines

h.	INCOMPLETE ROUTINES:	
	<ul> <li>Calculate SV and Scores and submit to CJ.</li> </ul>	
	Impossible SV or Scores Out of Range. CJ may	
	<b>POSTPONE</b> Conference to the end of the rotation.	
	1. "Delayed Conference" Red Card displayed.	
	2. Conference at the end of the rotation to complete	
	the scores. Transition period time.	

#### 1.10 – Uniforms

<u>0.2</u>	Out of Uniform Team (TND) or Individual (ND) if alone.	
a.	Identical uniforms	
b.	Name and/or Number on Apparel (see requirements)	
c.	One-piece (long sleeve or sleeveless) tank leotard. No	
	bathing suits are permitted.	
d.	Spandex shorts / leggings (identical) are allowed.	
e.	MR tells Head Coach that Gymnast must comply.	
	-0.2 (TND) TEAM if gymnast does not comply.	

#### 1.11 **– Jewelry**

	Only stud piercings allowed (no limit), without dangling.
	No other jewelry is permitted
	Warning.
<u>0.2</u>	Deduct off event score (each time).

## 1.12 – Unsportsmanlike Conduct

	Judge, Chief Judge, Meet Referee can issue Yellow card.
a.	1st Misconduct = Yellow Card warning.
b.	$2^{nd}$ Misconduct = $-\frac{0.1}{1}$ TEAM (TND) deduction.
c.	Coach 1st + 2nd Yellow card may remain (spot, equip.)
d.	Meet Referee submits <b>Yellow Card Incident Report</b> Appendix II, B.2. Ethics Committee Process.

## 1.13 – Team Neutral Deductions (TND)

I call I (call at 2 caactions	
a. Panel discussion & decide	f. Coach may submit Inquiry
b. Chief Judge → M.R.	g. Judges verify on scoresheet
c. M.R.→ Scoring Table	h. MR submits report form
d. M.R.→ Meet Director	i. Exhibitions do <u>not</u> apply.
e. M.R.→ Head Coaches (each)	

## 7.1 – **Routine Inquiries** (written or video)

a.	Written / Video – Regular and post season based on:
	• Start Value (SR, VP, Bonus)
	• UTL
	• Specific (flat) Composition
	• Neutral Deductions, TND, Unusual Occurrence.
	Scores Out of Range
	• If 10.0 SV = only UTL, Comp., ND, TND, Unusual.
b.	Submit before next event or 6 min. after final. No limit.
c.	<b>Video may accompany</b> written inquiry. May <u>not</u> submit both written & video for same routine. May consult MR.
d.	<b>If MR did not observe routine</b> , MR may view video one time in regular speed and refrain from commenting.
e.	Judges evaluate categories in question on the inquiry form, Elements under review may be subject to additional deductions as a result in SV changes. Inquiry may change (raise, same, or lower score).
f.	Video inquiry may be viewed in <b>regular or slow motion</b> and <b>multiple times</b> .
g.	Process inquiries prior to start of the next event (6min?)  MR may offer counsel.  MR will make final decision with split decisions.
h.	MR returns completed inquiry to the Coach. If unsatisfactory, <b>Coach may submit a Video Review form</b> at the end of the competition.

# 7.3 – **Routine Summaries** submit within 5 minutes after last score is posted or inquiry completed.

a.	Additional <b>information from the judges</b> to the coaches.	
b.	Allowed (6) per team, may provide (1) with video.	
c.	Coach provides <b>element information</b> (one per judge).	
d.	After the scoresheet is signed, MR distributed forms. Complete <b>independently</b> and <b>view video separately</b> .	
e.	MR may communicate general information to coaches.	

## 6.2 - Equipment Penalties (TND) Team Neutral Deductions

– Eq	uipment Penalties (TND) Team Neutral Deductions		
a.	All equipment <b>must be used as intended</b> by the manufacturer.	e.	1
	Examples of misuse:		(
	<ul> <li>springboard on top of the vault table,</li> <li>scratching marks into the beam,</li> <li>using mats while folded improperly, or</li> <li>other improper use that may damage equipment.</li> </ul>		H H S
	-0.2 TND may be incurred for improper use of equipment per manufacturing specifications.		1
b.	Foreign substances may NOT be placed on the hands and/or feet of the gymnasts or any piece of equipment (honey and sugar, tuff skin, etc.).	f.	]
	Water, Chalk, AAI solutions and AAI hand Tac/10 towels are the only acceptable substances.		]
	<b>-0.2 TND (one-time)</b> use of foreign substances.		
c.	Failure to correctly apply the <b>Vault landing lines</b> on the top landing mat surface (2.8 Rules Modifications).		
	<b>-0.2 TND (each time)</b> fail to apply VT lines correctly.		
d.	If a <b>supplemental mat used on floor exercise</b> exceeds the boundary lines, the mat must be clearly marked with tape (not chalk) to indicate the actual boundary lines.  -0.2 TND (each time) failure to correctly mark the line.		2
	If the <b>supplemental mat is relocated</b> during the routine so that the boundary lines taped on the mat are		
	no longer aligned with the floor exercise boundary lines, and it is used by the athlete during the routine in		
	this configuration,		4
	-0.2 TND (each time) failure to align the lines.		
	1. Coach allowed to step within the boundaries of the		4
	Floor Exercise to place, adjust or remove a		(
	supplemental mat, or to remove any object which may impede or endanger the athlete. <b>No deduction</b> .		

No more than **two supplemental mats** are permitted on the Floor Exercise at one time. Only one sting mat or 4-inch supplemental mat may be used per tumbling pass/leap combination (i.e. a gymnast may not punch off one mat and land on another). Sting mat may be placed on top of or under a 4-inch mat, and these stacked mats count as the **two supplemental** mats permitted on the Floor Exercise at one time. Two sting mats cannot be stacked. -0.2 TND (each time) Incorrect use of supplemental mats. **Equipment Penalties** on the applicable event: -0.2 TND (each time). 1. Incorrect use of tape/chalk on equipment, to include: a. chalk on Vault runway (tape/Velcro allowed). b. tape on Beam. c. tape or Velcro within the boundary lines on FX. (small tape on corners of two-tone carpet allowed). d. tape on the hand placement mat (RO pad) VT. 2. Use of unauthorized supplemental mats. 10" total matting on landing mat is permitted. Maximum stack on VT, UB, BB • two 4-inch landing mats + 1-2 inch sting mat, OR • 8-inch skill cushion + 1-2 inch sting mat. 3. Use of hand placement mat for traditional forward approach vaults (VT). 4. Use of a springboard on an unauthorized surface (such as an 8-inch skill cushion). 5. Failure to remove the board/mounting apparatus. 6. Failure to remove an authorized spotting device. . 7. Using incorrect apparatus specifications (including springboard configuration).

(2.1) <b>VAULT</b>	(3.1) BARS = 0.2 each	(4.1) <b>BEAM</b> = <b>0.2</b> each	(5.1) FLOOR = 0.2 each
2.1 No Age Group Bonus Rule	1. Bar Changes (minimum 2)	1. Acro Series – 2 Flight elements	1. Acro Pass with two (2) Saltos
		Min. 1 ("C") Flight, mount OK	OR two(2) Direct Saltos
		With or Without Hand support	Acro Pass = ("C") Salto Pass
		Must stop on the Beam	Same or Different Saltos
		("A") Group $7 + ("E")$ Acro = OK	No Aerials
<b>2.2 Vault Numbers</b> will be flashed	<b>2. Flight Elements</b> (no dismounts)	2. Dance/Dance or Dance/Acro Series	2. Three Different Saltos
See Appendix #1	("C") Flight element	Min. of 1 ("C") Dance	within the exercise
Vault Value Chart	("D") Flight element (2 different)	Must be completed on the Beam	
2.3 One Vault	3. ("C") element with LA Turn	3. Leap/Jump with 180° Split	3. Dance Passage
Three Attempts	(no mount or dismount)	May be in Dance Series	Two (2) different elements from
Touch w/o going over = Attempt			Group 1 (Leaps, Jumps, Hops)
Board $\rightarrow$ Goes over = Vault			Direct or Indirect Connection
			One (1) 180° Leap (cross or side)
<b>2.4 Deduct 1.0</b> one hand, no hands	<b>4.</b> ("C") or ("D") or ("E") <b>Dismount</b>	4. Turn – minimum 360°	<b>4.</b> Minimum of two (2) Acro Passes
<b>2.5 Deduct 1.0</b> not to feet 1st (fall)	("C") <b>Dismount</b> must be preceded	Group 3, no hand support	performed on two (2) different
<b>2.6 Deduct 1.0</b> spot during vault	by minimum ("C") element		diagonals.
<b>2.7 Deduct 0.5</b> vault w/o signal	** one (1) element may fulfill more	5. Minimum ("C") Dismount	5. Min Last Salto ("C") Acro Pass
<b>2.8</b> White Lines (Direction $\rightarrow$ <b>0.3</b> )	than one (1) Special Requirement.		Isolated or in Acro Connection

# **2026** – EQUIPMENT SPECIFICATIONS

(6.1) <b>VAULT</b>	(6.1) <b>BARS</b>	(6.1) <b>BEAM</b>	(6.1) <b>FLOOR</b>
Hand placement mat =RO entry or	LB must be adjustable to (165 cm)	Chalk may not be applied	Corner chalk arc line and same
front Handspring onto board entries.	HB must be adjustable to (245 cm)	directly to the beam. = - 0.2 Ave.	color tape (2 color carpet) allowed.
May not Use Sting Mat	Without the bar height adjusters	Small chalk marks	Tape / chalk may not be placed in
	LB/HB same angle width (192cm)	on the top surface allowed.	the center of the FX mat.
Vault Runway:	Broken / Torn Grips: gymnast may	End Cap comes off during dismount:	From outside tape line / border
Chalk marks <u>not</u> allowed	repeat at the end of team rotation.	not equipment failure. May repeat	$12m \times 12 m + 3cm (1200-1230 cm)$
Removable tape or Velcro allowed.	Judge from point of interruption.	dismount with deduction for fall, etc.	39' 4.5" to 39' <b>5.5"</b> each side
(82'+) Runway = No Deduction	No fall deduction with broken grip.		55'8.0"to 55' <b>10.0"</b> diagonal
Max. 10" Supplemental Mats	Max. 10" Supplemental Mats	Max. 10" Supplemental Mats	
	Minimum Mounting mats (27'6")	Minimum Mounting mats (27'6")	
Two (2) alternate skill cushions	Pit Pillow throw mats (4'x 6'x 8")	.Beam Height (125 cm +/- 1 cm)	Coaches must clearly mark (tape)
Pit Pillow throw mats (4'x 6'x 8")	permitted for Bar Releases in addition	Minimum (15'6") dismount matting	mats to indicate boundary lines.
permitted for any event warm-up.	to 8" skill cushion.		
Must mark landing mats.	Mount w/Board on 4" + Sting Mat ok	Mount w/Board on 4" + Sting Mat <b>ok</b>	Must mark additional mats
Vault Table height (135 cm +/- 1cm)	½" Plywood Board allowed - Mounts	½" Plywood Board allowed - Mounts	Allowed two (2) mats on floor area.
	Non-skid surface – both sides	Non-skid surface – both sides	Allowed (1) Mat/Pass*
			*Mat + Sting Mat $(2 \text{ mats}) = \mathbf{OK}$

UB	(3.2) <b>BARS</b>	BB	(4.2) <b>BEAM</b>	FX	(5.2) FLOOR
	Lack of Variety in Choice of Elements or Connections (REMOVED 2025 - 2026)	0.1 0.1	<ul> <li>Lack of Variety in Choice of Acro</li> <li>Min. ("A") Backward Acro</li> <li>Min. ("A") Forward/Sideward Acro</li> <li>1-Mounts, 6-Rolls, 7-Walkovers, 8-Saltos</li> <li>Roundoff = Sideward</li> <li>Flic ½ or ¾ handstand = Backward</li> <li>Arabian walkover/salto = Forward</li> <li>Tic-Toc = Forward or Backward</li> </ul>	<u>0.1</u> <u>0.1</u>	<ul> <li>Lack of Variety in Choice of Acro</li> <li>Min. ("A") Backward Salto</li> <li>Min. ("A") Forward/Sideward Salto</li></ul>
0.05	<ul> <li>Insufficient Distribution of Elements</li> <li>Difficulty not maintained thru-out</li> <li>Most difficult in same section</li> </ul>	0.05	<ul> <li>Insufficient Distribution of Elements</li> <li>Difficulty not maintained thru-out</li> <li>Most difficult in same section</li> </ul>	0.05	<ul> <li>Insufficient Distribution of Elements</li> <li>Difficulty not maintained thru-out</li> <li>Most difficult in same section</li> </ul>
0.1 (each) 0.1 (each)	<ul> <li>Uncharacteristic Elements</li> <li>Squat on LB - ½ t. on feet → HB</li> <li>HB swing forward → LB stand with or without ½ turn, unless followed by circle move.</li> <li>Forward ¾ Giant Circle (&gt; 20°)</li> <li>with or without grip change</li> <li>will break a connection</li> </ul>	0.05 0.05 0.05	<ul> <li>Insufficient Use of Entire Beam</li> <li>Spatial – entire length of beam</li> <li>Direction – forward/back/side (choreo.)</li> <li>Level Changes throughout high off, standing, semi-low, low, no longer required to touch torso</li> </ul>	0.05	Insufficient Use of Floor Area  • Spatial – floor pattern
<u>0.1</u> (each)	<ul> <li>Squat/Stoop on LB to grasp HB</li> <li>with or without sole circle</li> <li>more than one (1) receives deduction after a fall, allowed to squat-on without a deduction</li> </ul>		<u>UTL</u> : Acro Flight Series broken: (balance error, extra steps, or stop) = No CV, NO SR. (with additional D/E Acro or E dance) = OK UTL.	<u>0.1</u>	Lack of Variety in Choice of Dance  • Lack of Dance Bonus (Groups 1 or 2)  CV + 0.1 minimum or  D/E Bonus Element
0.1	Choice of Elements (UTL) not up to the competitive level: One (1) of the following: • Single Bar ("D") Release • One ("E") Release • min. 2 ("D") Releases • min. 2 ("E") Level Skills (excluding dismounts).  AND minimum ("D") Dismount or ("C") Dismount with CV Bonus.	0.1	Choice of Elements (UTL)  not up to the competitive level:  • Flight Series must end on the Beam (not in dismount series).  • Flight Series performed on the beam without Connection Value: ✓ Additional ("D") Acro ✓ or ("E") Dance required. ✓ ("D/E") Acro → Dismount will not fulfill UTL for Additional D/E ✓ Mounts and Dismounts included	<u>0.1</u>	Choice of Elements (UTL) not up to the competitive level:  All Floor Routines:  One ("E") Acro / Dance (OR) Two (2) diff. ("D") elements (1) Acro Last Salto ("C") + 0.1 CV or ("D/E")  Two (2) Acro Pass Routine: (any order) One Pass – minimum ("D") Acro Other Pass ("D/E") or + 0.2 CV One Pass Routine = - 0.1 UTL
UTL	ORANGE Card (- 0.1)	UTL	ORANGE Card (- 0.1)	UTL	ORANGE Card (- 0.1)

# **Updated** September 2025

## NCAA 2026 ELEMENT VALUES

Editor, Priscilla K. Hickey, page 3

(3.3) <b>BARS</b>	UB	(4.3) <b>BEAM</b>	BB	(5.4) FLOOR	FX
2.301 Cast Handstand + 1/1t. Healy	= <b>D</b>	2.202 Straddle 1/4t. (cross – side; side – cross)	= C	6.201 Front Pike Salto	$=\mathbf{A}$
2.303 Uprise Handstand + ½ t.	= <b>D</b>	2.307 Ring (leap/jump) / Stag Ring (leap/jump)	= <b>D</b>		
2.303 Uprise Handstand + 1/1t. Healy	= <b>D</b>				
3.305 Clear Hip Handstand + 1/1t. Healy	<b>= D</b>	2.404 Tourjete ¼ t.	$=\mathbf{E}$	1.310 Ring Jump 1/1t.	<b>= D</b>
4.303 Back Giant Circle + 1/1t. Healy	<b>= D</b>	2.405 Switch Side Leap ¼ t.	$=\mathbf{E}$	1.310 Stag-Ring Jump 1/1t.	<b>= D</b>
4.403 Back Giant Hst. 1½ t. IN (Dawes)	$=\mathbf{E}$				=
5.302 Front Giant Circle + 1/1t. Healy	<b>= D</b>	3.401 Double Turn (on 1 foot)	$=\mathbf{E}$		
6.304 Back Stalder Circle with or w/o ½ t.	<b>= D</b>	3.406 Double Tuck stand (Wolf) Turn + 2-1/2t.	$=\mathbf{E}$		
6.304 Back Stalder Circle + 1/1t. Healy	<b>= D</b>			1.305 Switch Side 1/2 t.	<b>= D</b>
7.308 Front Sole Circle (Hst.) + 1/1t. Healy	= <b>D</b>	8.301 Front Salto – One Leg to Sit	<b>= D</b>	1.305 Switch Side 3/4 t.	<b>= D</b>
7.309 Back Sole Circle (Hst.) + 1/1t. Healy	<b>= D</b>				
		8.304 Back Salto – Layout step-out	= <b>D</b>		
2.401 Cast Handstand 1½ t. IN (Miller)	$=\mathbf{E}$	8.304 Back Salto – Layout 2 ft. w/ Pike Down	= <b>D</b>		
2.403 Uprise Handstand 1½ t. IN (Reeder)	$=\mathbf{E}$				
3.401 LB – Clear Hip HS → HB ( <b>Shapos</b> )	$=\mathbf{E}$	9.304 Front Salto Tuck/Stretch 1½ t. (off 2 ft.)	= <b>D</b>		
6.405 LB – B. Stalder HS → HB (Chow)	$=\mathbf{E}$	9.404 Front Salto Stretch 2/1t.	$=\mathbf{E}$		
8.301 HB – Clear Support Front Tuck ½.t.	<b>= D</b>	9.306 Back Salto 2/1t. (Double Full Twist)	= <b>D</b>		
8.303 Back Layout Flyaway 2/1t.	<b>= D</b>				
8.307 Front Layout Flyaway 1-1/2t.	<b>= D</b>	9.308 Gainer Back Salto T/S 1½ t. (side)	<b>= D</b>	-	
8.407 Front Layout Flyaway 2/1t.	$=\mathbf{E}$	9.309 Gainer Back Salto Tuck – 1/1t. off END	<b>= D</b>	-	
8.404 Flyaway – Double Tuck ½ t.	$=\mathbf{E}$	9.408 Gainer Back Salto 2/1t. – 2½ t. (side)	$=\mathbf{E}$		

## NCAA 2026 – RANGE of SCORES and CONNECTION VALUES

(3.4) <b>BARS</b>	CV	(4.4) <b>BEAM</b>	CV	(5.5) <b>FLOOR</b>	CV
#7.410 <b>Maloney</b> → #4.406 <b>Pak</b> Salto	+ 0.1	<b>B - Dismounts</b> (No Connection Value)	0.0	Turn / Jump C + C	+ 0.1
#7.410 <b>Maloney</b> → #4.404 <b>Bail</b> to HS	+0.1	<b>B</b> + C (C-Salto) (No Connection Value)	0.0	Turn / Jump C + D	+ 0.2
(3.5) <b>BARS</b>	D/E	<b>B</b> + <b>D</b> (*Any Flic + Layout <b>or</b> Front Aerial)	0.0		
Same Bar "D" Release	+ 0.1	* Flic., Gainer or Swing Down (any order)		F. Lay + F. Layt $\mathbf{B} + \mathbf{B}$	NO
Any "E" Release	+ 0.1	* Back Layout or Front Aerial ("C") for CV		Acro Direct C + C	+ 0.3
		<b>B</b> + <b>D</b> (Flic, Layout 2ft. w/ Pike Down)	+ 0.1		
(1.9.f.) RANGE of SCORES		<b>B</b> + <b>B</b> + <b>D</b> (Flic, Flic, Layout or Front Aerial)	+ 0.1	(5.6) <b>FLOOR</b>	D/E
9.8 - 10.00 = 0.1		$\mathbf{B} + \mathbf{D}$ (Roundoff + Layout Step-out)	+ 0.2	Last Salto = $(E)$ Acro	+ 0.1
9.5 - 9.775 = 0.2		<b>B</b> + <b>D</b> (Dance + Layout Step-out)	+ 0.2	2 Acro Passes	
9.0 - 9.475 = <b>0.3</b>		<b>B</b> + <b>B</b> + <b>C</b> (no dismounts) = <b>Additional Bonus</b>	+ 0.1	Last Double Salto + CV	+ 0.1
8.0 - 8.975 = 0.5		B-Acro → C-Dismount	+ 0.1	3 Acro Passes	
Below $8.00 = 1.0$		C-Dance → C-Dismount	+ 0.1	Last Double Salto	+ 0.1

#### 1.1 – Rules & Modifications

No other Special Requirements or Composition deductions

#### 1.2 – Level **10** Rules

Rules & Mods take precedent over Dev rules.

#### 1.3 – New Vault Values

Vault not listed must submit video and description.

#### 1.4 – New Element Evaluation

	Submit New Element Evaluation Form.
a.	RTCC will send final evaluation to the coach.
b.	Copy presented to MR or CJ prior to competition.
c.	Copy sent to Rules Interpreter.
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### 1.5 – Execution (Level 10), SV, UTL, & Finish

	All Execution deductions apply to Level 10 except:				
a.	<b>9.4</b> Start Value + <b>0.6</b> Bonus (UB, BB, FX)				
	CV (min. $+0.1$ ) and D/E (min. $+0.1$ ) = up to 0.6 max.				
b.	UTL "Up to Competition Level" = $\underline{0.1}$ (0 VP = -0.1 UTL)				
c.	VT, UB, BB Dismount $\rightarrow$ Finish Position = $\underline{0.05}$				
	Legs straight, Arms Up, Hold 1-second.				
	1. Facing Direction of VT landing / UB, BB dism.				
	2. Falls on landing = no finish position deduction				
	3. Landing deductions taken until finish held.				
	4. Held without movement (arms above shoulders)				

## 1.6 - Verbal Cues / Coaching

**0.2** Verbal Cue by Coach to own gymnast, after warning (TND).

#### 1.7 – Injury Assessment

VT	Chief Judge will monitor an up-to-two (2) minute injury
UB	assessment.
BB	<b>45 second fall time</b> will begin after the injury assessment ends.
FX	Resume the routine at point of interruption,

#### 1.8 – Competing Out of Order

<u>0.1</u>	Out of Order – TEAM deduction
a.	Prior to event – change order (Score Table & CJ)
b.	Event started – substitution is same position(CJ)
b.	Signal CJ – may not substitute athlete with another.

## 1.9 – Open Scoring & Range of Scores

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a.	OPEN SCORING during Regular Season, Regional and					
	National Championships.					
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c.	Judges score flashed & rotated or displayed on a unit.					
d.	Score, SV, UTL Final Score is simultaneously flashed.					
e.	Score verification at Regionals and Nationals.					
f.	RANGE OF SCORES:					
	• $9.8 - 10.00 = 0.1$ (reg. season) $0.2$ (post season)					
	• $9.5 - 9.775 = 0.2$					
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	1. Counting scores out of range.					
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	6. Inquiry Submitted					

#### 1.9 – Incomplete Routines

h.	INCOMPLETE ROUTINES:
	<ul> <li>Calculate SV and Scores and submit to CJ.</li> </ul>
	Impossible SV or Scores Out of Range. CJ may
	<b>POSTPONE</b> Conference to the end of the rotation.
	1. "Delayed Conference" Red Card displayed.
	2. Conference at the end of the rotation to complete the scores. Transition period time.

#### 1.10 – Uniforms

<u>0.2</u>	Out of Uniform Team (TND) or Individual (ND) if alone.
a.	Identical uniforms
b.	Name and/or Number on Apparel (see requirements)
c.	One-piece (long sleeve or sleeveless) tank leotard. No
	bathing suits are permitted.
d.	Spandex <b>shorts</b> / <b>leggings</b> (identical) are allowed.
e.	MR tells Head Coach that Gymnast must comply.
	-0.2 (TND) TEAM if gymnast does not comply.

#### 1.11 **– Jewelry**

	Only stud piercings allowed (no limit), without dangling.
	No other jewelry is permitted
	Warning.
<u>0.2</u>	Deduct off event score (each time).

## 1.12 – Unsportsmanlike Conduct

	Judge, Chief Judge, Meet Referee can issue Yellow card.
a.	1st Misconduct = Yellow Card warning.
b.	$2^{nd}$ Misconduct = $-\frac{0.1}{1}$ TEAM (TND) deduction.
c.	Coach 1st + 2nd Yellow card may remain (spot, equip.)
d.	Meet Referee submits <b>Yellow Card Incident Report</b> Appendix II, B.2. Ethics Committee Process.

## 1.13 – Team Neutral Deductions (TND)

I call I (call at 2 caactions	
a. Panel discussion & decide	f. Coach may submit Inquiry
b. Chief Judge → M.R.	g. Judges verify on scoresheet
c. M.R.→ Scoring Table	h. MR submits report form
d. M.R.→ Meet Director	i. Exhibitions do <u>not</u> apply.
e. M.R.→ Head Coaches (each)	

## 7.1 – **Routine Inquiries** (written or video)

a.	Written / Video – Regular and post season based on:
	• Start Value (SR, VP, Bonus)
	• UTL
	• Specific (flat) Composition
	• Neutral Deductions, TND, Unusual Occurrence.
	Scores Out of Range
	• If 10.0 SV = only UTL, Comp., ND, TND, Unusual.
b.	Submit before next event or 6 min. after final. No limit.
c.	<b>Video may accompany</b> written inquiry. May <u>not</u> submit both written & video for same routine. May consult MR.
d.	<b>If MR did not observe routine</b> , MR may view video one time in regular speed and refrain from commenting.
e.	Judges evaluate categories in question on the inquiry form, Elements under review may be subject to additional deductions as a result in SV changes. Inquiry may change (raise, same, or lower score).
f.	Video inquiry may be viewed in <b>regular or slow motion</b> and <b>multiple times</b> .
g.	Process inquiries prior to start of the next event (6min?)  MR may offer counsel.  MR will make final decision with split decisions.
h.	MR returns completed inquiry to the Coach. If unsatisfactory, <b>Coach may submit a Video Review form</b> at the end of the competition.

# 7.3 – **Routine Summaries** submit within 5 minutes after last score is posted or inquiry completed.

a.	Additional <b>information from the judges</b> to the coaches.
b.	Allowed (6) per team, may provide (1) with video.
c.	Coach provides <b>element information</b> (one per judge).
d.	After the scoresheet is signed, MR distributed forms. Complete <b>independently</b> and <b>view video separately</b> .
e.	MR may communicate general information to coaches.

## 6.2 - Equipment Penalties (TND) Team Neutral Deductions

– Eq	uipment Penalties (TND) Team Neutral Deductions		
a.	All equipment <b>must be used as intended</b> by the manufacturer.	e.	1
	Examples of misuse:		(
	<ul> <li>springboard on top of the vault table,</li> <li>scratching marks into the beam,</li> <li>using mats while folded improperly, or</li> <li>other improper use that may damage equipment.</li> </ul>		H H S
	-0.2 TND may be incurred for improper use of equipment per manufacturing specifications.		1
b.	Foreign substances may NOT be placed on the hands and/or feet of the gymnasts or any piece of equipment (honey and sugar, tuff skin, etc.).	f.	]
	Water, Chalk, AAI solutions and AAI hand Tac/10 towels are the only acceptable substances.		]
	<b>-0.2 TND (one-time)</b> use of foreign substances.		
c.	Failure to correctly apply the <b>Vault landing lines</b> on the top landing mat surface (2.8 Rules Modifications).		
	<b>-0.2 TND (each time)</b> fail to apply VT lines correctly.		
d.	If a <b>supplemental mat used on floor exercise</b> exceeds the boundary lines, the mat must be clearly marked with tape (not chalk) to indicate the actual boundary lines.  -0.2 TND (each time) failure to correctly mark the line.		2
	If the <b>supplemental mat is relocated</b> during the routine so that the boundary lines taped on the mat are		
	no longer aligned with the floor exercise boundary lines, and it is used by the athlete during the routine in		
	this configuration,		4
	-0.2 TND (each time) failure to align the lines.		
	1. Coach allowed to step within the boundaries of the		4
	Floor Exercise to place, adjust or remove a		(
	supplemental mat, or to remove any object which may impede or endanger the athlete. <b>No deduction</b> .		

No more than **two supplemental mats** are permitted on the Floor Exercise at one time. Only one sting mat or 4-inch supplemental mat may be used per tumbling pass/leap combination (i.e. a gymnast may not punch off one mat and land on another). Sting mat may be placed on top of or under a 4-inch mat, and these stacked mats count as the **two supplemental** mats permitted on the Floor Exercise at one time. Two sting mats cannot be stacked. -0.2 TND (each time) Incorrect use of supplemental mats. **Equipment Penalties** on the applicable event: -0.2 TND (each time). 1. Incorrect use of tape/chalk on equipment, to include: a. chalk on Vault runway (tape/Velcro allowed). b. tape on Beam. c. tape or Velcro within the boundary lines on FX. (small tape on corners of two-tone carpet allowed). d. tape on the hand placement mat (RO pad) VT. 2. Use of unauthorized supplemental mats. 10" total matting on landing mat is permitted. Maximum stack on VT, UB, BB • two 4-inch landing mats + 1-2 inch sting mat, OR • 8-inch skill cushion + 1-2 inch sting mat. 3. Use of hand placement mat for traditional forward approach vaults (VT). 4. Use of a springboard on an unauthorized surface (such as an 8-inch skill cushion). 5. Failure to remove the board/mounting apparatus. 6. Failure to remove an authorized spotting device. . 7. Using incorrect apparatus specifications (including springboard configuration).

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- a. Each **Team** is allowed **ONE** (1) review per meet.
- b. When an **equipment failure** may have occurred, the Meet Referee may use video (both real time or slow motion) to determine if and when the failure occurred and how to proceed.
- c. **Team video** or **television production** footage must be used for the review. The video may be taken from any vantage point. The **same or different video** may be sub mitted for the Video Review.
- d. All reviews must be specific to the
  - Performance or Nonperformance of a particular **Special Requirement VALUE PART**,
  - Combination of elements,
  - UTL or
  - **Neutral Deductions** (i.e., out of bounds) & TND.
- e. Reviews may <u>not</u> be used to evaluate a question of execution, composition deductions. These requests will result in a **0.1 deduction** Team (TND).
- f. Reviews should be viewed in the speed that is to the advantage of the student-athlete. If necessary, video should be viewed in multiple speeds. Judges may use the zoom function if needed to see the video presented for review.
- g. The review must be submitted to the **Meet Director** or host institution designee **within 5 minutes** following the conclusion of the meet (as determined by the **final score posted** OR the return of the **final inquiry**, whichever is later). During this time, the scores are being verified by the Judging Panel and the Head Scorer's table.

- h. The Coach requesting the review must provide a signed Video Review Request Form (VRF), queued video and team camera to the Meet Director (or host institution designee), who will be responsible for delivering this information to the Meet Referee and Event Panel (the judges who judged the particular event) for their review on the competition floor. The Coaches may not be present during the review.
- i. Reviews must be conducted in the presence of the Meet Referee and the Event Panel ONLY. If the Meet Referee is on the panel, the next highest rated official must participate. A simple majority of the review panel will determine success or failure of the review. If the review is successful, the INDIVIDUAL'S score will be adjusted accordingly and the TEAM score if it is a counting score.
- j. The **results of the review** will be noted on the VRF by the **Meet Referee** and returned to the **Meet Director** (or host institution designee), who will take the VRF to the score table. The **official score** will be adjusted (up or down). Then the **Judges** will sign the **Official Scoresheet**, and the **Meet Director** will deliver the VRF to the coach.
- k. If a score is changed during an **INQUIRY** or **VIDEO REVIEW**, the skill or connection under review is subject to additional deductions for incompletion or rhythm.
- 1. Decisions rendered by the **Judges' Review Panel** are final and **cannot** be overturned

UB	(3.2) <b>BARS</b>	BB	(4.2) <b>BEAM</b>	FX	(5.2) <b>FLOOR</b>
	Lack of Variety in Choice of Elements or Connections (REMOVED 2025 - 2026)	0.1 0.1	<ul> <li>Lack of Variety in Choice of Acro</li> <li>Min. ("A") Backward Acro</li> <li>Min. ("A") Forward/Sideward Acro</li> <li>1-Mounts, 6-Rolls, 7-Walkovers, 8-Saltos</li> <li>Roundoff = Sideward</li> <li>Flic ½ or ¾ handstand = Backward</li> <li>Arabian walkover/salto = Forward</li> <li>Tic-Toc = Forward or Backward</li> </ul>	0.1 0.1	<ul> <li>Lack of Variety in Choice of Acro</li> <li>Min. ("A") Backward Salto</li> <li>Min. ("A") Forward/Sideward Salto</li> <li>NO AERIALS</li> <li>Ex. Butterfly = Aerial</li> </ul>
0.05	<ul> <li>Insufficient Distribution of Elements</li> <li>Difficulty not maintained thru-out</li> <li>Most difficult in same section</li> </ul>	0.05	<ul> <li>Insufficient Distribution of Elements</li> <li>Difficulty not maintained thru-out</li> <li>Most difficult in same section</li> </ul>	0.05	<ul> <li>Insufficient Distribution of Elements</li> <li>Difficulty not maintained thru-out</li> <li>Most difficult in same section</li> </ul>
0.1 (each) 0.1 (each)	<ul> <li>Uncharacteristic Elements</li> <li>Squat on LB - ½ t. on feet → HB</li> <li>HB swing forward → LB stand with or without ½ turn, unless followed by circle move.</li> <li>Forward ¾ Giant Circle (&gt; 20°)</li> <li>with or without grip change</li> <li>will break a connection</li> </ul>	0.05 0.05 0.05	<ul> <li>Insufficient Use of Entire Beam</li> <li>Spatial – entire length of beam</li> <li>Direction – forward/back/side (choreo.)</li> <li>Level Changes throughout high off, standing, semi-low, low, no longer required to touch torso</li> </ul>	0.05	Insufficient Use of Floor Area  • Spatial – floor pattern
(each)	<ul> <li>Squat/Stoop on LB to grasp HB</li> <li>with or without sole circle</li> <li>more than one (1) receives deduction after a fall, allowed to squat-on without a deduction</li> </ul>		<u>UTL</u> : Acro Flight Series broken: (balance error, extra steps, or stop) = No CV, NO SR. (with additional D/E Acro or E dance) = OK UTL.	<u>0.1</u>	Lack of Variety in Choice of Dance  • Lack of Dance Bonus (Groups 1 or 2)  CV + 0.1 minimum or  D/E Bonus Element
0.1	Choice of Elements (UTL) not up to the competitive level: One (1) of the following: • Single Bar ("D") Release • One ("E") Release • min. 2 ("D") Releases • min. 2 ("E") Level Skills (excluding dismounts).  AND minimum ("D") Dismount or ("C") Dismount with CV Bonus.	0.1	Choice of Elements (UTL)  not up to the competitive level:  • Flight Series must end on the Beam (not in dismount series).  • Flight Series performed on the beam without Connection Value:  ✓ Additional ("D") Acro  ✓ or ("E") Dance required.  ✓ ("D/E') Acro → Dismount will not fulfill UTL for Additional D/E  ✓ Mounts and Dismounts included	0.1	Choice of Elements (UTL) not up to the competitive level:  All Floor Routines:  One ("E") Acro / Dance (OR) Two (2) diff. ("D") elements (1) Acro Last Salto ("C") + 0.1 CV or ("D/E")  Two (2) Acro Pass Routine: (any order) One Pass – minimum ("D") Acro Other Pass ("D/E") or + 0.2 CV One Pass Routine = - 0.1 UTL
UTL	ORANGE Card (- 0.1)	UTL	ORANGE Card (- 0.1)	UTL	ORANGE Card (- 0.1)

# **Updated** September 2025

## NCAA 2026 ELEMENT VALUES

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(3.3) <b>BARS</b>	UB	(4.3) <b>BEAM</b>	BB	(5.4) FLOOR	FX
2.301 Cast Handstand + 1/1t. Healy	= <b>D</b>	2.202 Straddle 1/4t. (cross – side; side – cross)	= C	6.201 Front Pike Salto	$=\mathbf{A}$
2.303 Uprise Handstand + ½ t.	= <b>D</b>	2.307 Ring (leap/jump) / Stag Ring (leap/jump)	= <b>D</b>		
2.303 Uprise Handstand + 1/1t. Healy	= <b>D</b>				
3.305 Clear Hip Handstand + 1/1t. Healy	<b>= D</b>	2.404 Tourjete ¼ t.	$=\mathbf{E}$	1.310 Ring Jump 1/1t.	<b>= D</b>
4.303 Back Giant Circle + 1/1t. Healy	<b>= D</b>	2.405 Switch Side Leap ¼ t.	$=\mathbf{E}$	1.310 Stag-Ring Jump 1/1t.	<b>= D</b>
4.403 Back Giant Hst. 1½ t. IN (Dawes)	$=\mathbf{E}$				=
5.302 Front Giant Circle + 1/1t. Healy	<b>= D</b>	3.401 Double Turn (on 1 foot)	$=\mathbf{E}$		
6.304 Back Stalder Circle with or w/o ½ t.	<b>= D</b>	3.406 Double Tuck stand (Wolf) Turn + 2-1/2t.	$=\mathbf{E}$		
6.304 Back Stalder Circle + 1/1t. Healy	<b>= D</b>			1.305 Switch Side 1/2 t.	<b>= D</b>
7.308 Front Sole Circle (Hst.) + 1/1t. Healy	= <b>D</b>	8.301 Front Salto – One Leg to Sit	<b>= D</b>	1.305 Switch Side 3/4 t.	<b>= D</b>
7.309 Back Sole Circle (Hst.) + 1/1t. Healy	<b>= D</b>				
		8.304 Back Salto – Layout step-out	= <b>D</b>		
2.401 Cast Handstand 1½ t. IN (Miller)	$=\mathbf{E}$	8.304 Back Salto – Layout 2 ft. w/ Pike Down	= <b>D</b>		
2.403 Uprise Handstand 1½ t. IN (Reeder)	$=\mathbf{E}$				
3.401 LB – Clear Hip HS → HB ( <b>Shapos</b> )	$=\mathbf{E}$	9.304 Front Salto Tuck/Stretch 1½ t. (off 2 ft.)	= <b>D</b>		
6.405 LB – B. Stalder HS → HB (Chow)	$=\mathbf{E}$	9.404 Front Salto Stretch 2/1t.	$=\mathbf{E}$		
8.301 HB – Clear Support Front Tuck ½.t.	<b>= D</b>	9.306 Back Salto 2/1t. (Double Full Twist)	= <b>D</b>		
8.303 Back Layout Flyaway 2/1t.	<b>= D</b>				
8.307 Front Layout Flyaway 1-1/2t.	<b>= D</b>	9.308 Gainer Back Salto T/S 1½ t. (side)	<b>= D</b>	-	
8.407 Front Layout Flyaway 2/1t.	$=\mathbf{E}$	9.309 Gainer Back Salto Tuck – 1/1t. off END	<b>= D</b>	-	
8.404 Flyaway – Double Tuck ½ t.	$=\mathbf{E}$	9.408 Gainer Back Salto 2/1t. – 2½ t. (side)	$=\mathbf{E}$		

## NCAA 2026 – RANGE of SCORES and CONNECTION VALUES

(3.4) <b>BARS</b>	CV	(4.4) <b>BEAM</b>	CV	(5.5) <b>FLOOR</b>	CV
#7.410 <b>Maloney</b> → #4.406 <b>Pak</b> Salto	+ 0.1	<b>B - Dismounts</b> (No Connection Value)	0.0	Turn / Jump C + C	+ 0.1
#7.410 <b>Maloney</b> → #4.404 <b>Bail</b> to HS	+0.1	<b>B</b> + C (C-Salto) (No Connection Value)	0.0	Turn / Jump C + D	+ 0.2
(3.5) <b>BARS</b>	D/E	<b>B</b> + <b>D</b> (*Any Flic + Layout <b>or</b> Front Aerial)	0.0		
Same Bar "D" Release	+ 0.1	* Flic., Gainer or Swing Down (any order)		F. Lay + F. Layt $\mathbf{B} + \mathbf{B}$	NO
Any "E" Release	+ 0.1	* Back Layout or Front Aerial ("C") for CV		Acro Direct C + C	+ 0.3
		<b>B</b> + <b>D</b> (Flic, Layout 2ft. w/ Pike Down)	+ 0.1		
(1.9.f.) RANGE of SCORES		<b>B</b> + <b>B</b> + <b>D</b> (Flic, Flic, Layout or Front Aerial)	+ 0.1	(5.6) <b>FLOOR</b>	D/E
9.8 - 10.00 = 0.1		$\mathbf{B} + \mathbf{D}$ (Roundoff + Layout Step-out)	+ 0.2	Last Salto = $(E)$ Acro	+ 0.1
9.5 - 9.775 = 0.2		<b>B</b> + <b>D</b> (Dance + Layout Step-out)	+ 0.2	2 Acro Passes	
9.0 - 9.475 = 0.3		<b>B</b> + <b>B</b> + <b>C</b> (no dismounts) = <b>Additional Bonus</b>	+ 0.1	Last Double Salto + CV	+ 0.1
8.0 - 8.975 = 0.5		B-Acro → C-Dismount	+ 0.1	3 Acro Passes	
Below $8.00 = 1.0$		C-Dance → C-Dismount	+ 0.1	Last Double Salto	+ 0.1

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#### **2026 - NCAA VAULT VALUES**

1.01	Handspring		8.80	3.09	Hsp.on Tsk	→ Repulsion
1.02	Handspring	→ 1/1 t.	9.20	3.10	Hsp.on Tsk	→ Tuck Salto
1.03	Handspring	→ 1-½ t.	9.50	3.11	Hsp.on Tsk	→ Tuck Salto ½ t.
1.04	Handspring	→ 2/1 t.	10.00	3.12	Hsp.on Tsk	→ Tuck Salto 1/1 t.
1.05	Handspring	→ 2-½ t.	10.00	3.13	Hsp.on Tsk	→ Tuck Salto 1-½ t.
.06	Handspring	→ 3/1 t.	10.00	3.14	Hsp.on Tsk	→ Pike Salto
.07	Handspring	→ Tuck Salto	9.80	3.15	Hsp.on Tsk	
.08		→ Tuck Salto ½ t.	9.95	3.16	Hsp.on Tsk	•
.09		→ Tuck Salto 1/1 t.	10.00	3 <u>.17</u>	•	→ Layout 1/1 t.
.10	. •	→ Tuck Salto 1-½ t.	10.00	3.18		→ Layout 1-½ t.
.11		→ Pike Salto	9.90	3.19		→ Layout 2/1 t.
.12		→ Pike Salto ½ t.	10.00	3.19	•	→ Layout 2-½ t.
13		→ Layout Salto	10.00	3.21		→ Double Salto Tuke / Pike
14		→ Layout Salto ½ t.	10.00	0.21	risp.on rsk	/ Double Gailo Tuke / Tike
.15	. •	→ Layout Salto 1/1t.	10.00	4.04	D 1."	XII I '
16		→ Layout Salto 1-½ t.	10.00	4.01	Roundoff	→ Handspring
17		→ Layout Salto 2/1t.	10.00	4.02	Roundoff	→ 1/1 t.
18	-	→ Double Salto T / P	10.00	4.03	Roundoff	→ 1½ t.
19		→ 1-½ t.	9.50	4.04	Roundoff	→ 2/1 t.
20		→ 2/1 t.	9.90	4.05	Roundoff	→ Tuck Salto
21 21	1/2 t. 1/2 t.	→ 2-½ t.	10.00	4.06	Roundoff	→ Tuck Salto ½ t.
22	1/1 t.	→ Handspring	9.60	4.07	Roundoff	→ Tuck Salto 1/1t.
23	1/1 t.	→ 1/2 t.	9.60	4.08	Roundoff	→ Tuck Salto 1-½ t.
23 24	1/1 t. 1/1 t.	→ 1/2 t.	9.80	4.09	Roundoff	→ Tuck Salto 2/1 t.
2 <del>4</del> 25		→ 1-½ t.	10.00	4.10	Roundoff	→ Pike Salto
		→ 2/1 t.	10.00 10.00	<u>4.11</u>	Roundoff	→ Pike Salto 1/2t.
<u>26</u> 27		→ Tuck Salto	10.00	4.12	Roundoff	→ Layout Salto
				4.13	Roundoff	→ Layout 1/2t.
28	1/1 t.	→ Pike Salto	10.00	<u>4.14</u>	Roundoff	→ Layout 1/1t.
29	1/1 t.	→ Layout Salto	10.00	4.15	Roundoff	→ Layout 1-½ t.
				4.16	Roundoff	→ Layout 2/1 t.
01	Tsukahara	→ Repulsion	8.80	4 <u>.17</u>	Roundoff	→ Layout 2-½ t.
02	Tsukahara	→ Tuck Salto	9.50	4.18	Roundoff	→ Double B. Tuck / Pike
)3	Tsukahara	→ Tuck Salto ½ t.	9.80			
04	Tsukahara	→ Tuck Salto 1/1 t.	9.90	4.19	RO. 1/2t.	→ Repulsion off
05	Tsukahara	→ Tuck Salto 1-½ t.	10.00	4.20	RO. 1/2 t.	→ 1/1 t.
06	Tsukahara	→ Tuck Salto 2/1t.	10.00	4.21	RO. 1/2 t.	→ 1-½ t.
07	Tsukahara	→ Pike Salto	9.60	4.22		→ 2/1 t.
80	Tsukahara	→ Pike Salto ½ t.	9.90	4.23	RO. 1/2 t.	→ Tuck Salto
09	Tsukahara	→ Layout Salto	9.80	4.24	RO. 1/2 t.	→ Tuck Salto ½ t.
10	Tsukahara	→ Layout Salto ½ t.	10.00	4.25	RO. 1/2 t.	→ Tuck Salto 1-1/2 t.
		→ Layout Salto 1/1 t.	10.00	4.26	RO. 1/2 t.	→ Pike Salto
1.1	Tsukahara	→ Layout Salto 1-½ t.	10.00	4.27	RO. 1/2 t.	→ Pike Salto ½ t.
	i Sukai iai a			4.28	RO. 1/2 t.	→ Layout Salto
12	Tsukahara	→ Layout Salto 2/1t.	10.00	7.20		, Layout Guito
12 13	Tsukahara	•		4 29	RO 1/2 t	→ Lavout ½ t
12 13 14	Tsukahara Tsukahara	<ul> <li>→ Layout Salto 2/1t.</li> <li>→ Layout Salto 2-1/2 t.</li> <li>→ Double Salto T / P</li> </ul>	10.00 10.00 10.00	4.29	RO. 1/2 t.	→ Layout ½ t.
12 13 14	Tsukahara Tsukahara	→ Layout Salto 2-1/2 t.	10.00			
12 13 <u>14</u> 15	Tsukahara <u>Tsukahara</u> Tsukahara	<ul><li>→ Layout Salto 2-1/2 t.</li><li>→ Double Salto T / P</li></ul>	10.00 10.00	4.30	RO. 1/1t.	→ Repulsion off
12 13 14 15	Tsukahara Tsukahara Tsukahara Hsp.on Hsp.	<ul> <li>→ Layout Salto 2-1/2 t.</li> <li>→ Double Salto T / P</li> <li>→ Handspring</li> </ul>	10.00 10.00 8.80	4.30 4.31	RO. 1/1t. RO. 1/1 t.	<ul><li>→ Repulsion off</li><li>→ 1/1 t.</li></ul>
.12 .13 .14 .15	Tsukahara Tsukahara Tsukahara Hsp.on Hsp. Hsp.on Hsp.	<ul> <li>→ Layout Salto 2-1/2 t.</li> <li>→ Double Salto T / P</li> <li>→ Handspring</li> <li>→ Tuck Salto</li> </ul>	10.00 10.00 8.80 9.90	4.30 4.31 4.32	RO. 1/1t. RO. 1/1 t. RO. 1/1 t.	<ul> <li>→ Repulsion off</li> <li>→ 1/1 t.</li> <li>→ 1-½ t.</li> </ul>
.12 .13 .14 .15 .01 .02 .03	Tsukahara Tsukahara Tsukahara Hsp.on Hsp. Hsp.on Hsp. Hsp.on Hsp.	<ul> <li>→ Layout Salto 2-1/2 t.</li> <li>→ Double Salto T / P</li> <li>→ Handspring</li> <li>→ Tuck Salto</li> <li>→ Tuck Salto ½ t.</li> </ul>	10.00 10.00 8.80 9.90 10.00	4.30 4.31 4.32 4.33	RO. 1/1t. RO. 1/1 t. RO. 1/1 t. RO. 1/1 t.	<ul> <li>→ Repulsion off</li> <li>→ 1/1 t.</li> <li>→ 1-½ t.</li> <li>→ 2/1 t.</li> </ul>
.12 .13 .14 .15 .01 .02 .03 .04	Tsukahara Tsukahara Tsukahara Hsp.on Hsp. Hsp.on Hsp. Hsp.on Hsp. Hsp.on Hsp.	<ul> <li>→ Layout Salto 2-1/2 t.</li> <li>→ Double Salto T / P</li> <li>→ Handspring</li> <li>→ Tuck Salto</li> <li>→ Tuck Salto ½ t.</li> <li>→ Pike Salto</li> </ul>	10.00 10.00 8.80 9.90 10.00 10.00	4.30 4.31 4.32 <u>4.33</u> 4.34	RO. 1/1t. RO. 1/1 t. RO. 1/1 t. RO. 1/1 t. RO. 1/1 t.	<ul> <li>→ Repulsion off</li> <li>→ 1/1 t.</li> <li>→ 1-½ t.</li> <li>→ 2/1 t.</li> <li>→ Tuck Salto</li> </ul>
12 13 14 15 01 02 03 04 05	Tsukahara Tsukahara Tsukahara Hsp.on Hsp. Hsp.on Hsp. Hsp.on Hsp. Hsp.on Hsp. Hsp.on Hsp.	<ul> <li>→ Layout Salto 2-1/2 t.</li> <li>→ Double Salto T / P</li> <li>→ Handspring</li> <li>→ Tuck Salto</li> <li>→ Tuck Salto ½ t.</li> <li>→ Pike Salto ½ t.</li> </ul>	10.00 10.00 8.80 9.90 10.00 10.00	4.30 4.31 4.32 4.33 4.34 4.35	RO. 1/1t. RO. 1/1 t. RO. 1/1 t. RO. 1/1 t. RO. 1/1 t. RO. 1/1 t.	<ul> <li>→ Repulsion off</li> <li>→ 1/1 t.</li> <li>→ 1-½ t.</li> <li>→ 2/1 t.</li> <li>→ Tuck Salto</li> <li>→ Tuck Salto ½ t.</li> </ul>
.11 .12 .13 .14 .15 .01 .02 .03 .04 .05 .06	Tsukahara Tsukahara Tsukahara Hsp.on Hsp. Hsp.on Hsp. Hsp.on Hsp. Hsp.on Hsp.	→ Layout Salto 2-1/2 t.  → Double Salto T / P  → Handspring → Tuck Salto → Tuck Salto ½ t. → Pike Salto ½ t. → Pike Salto ½ t. → 1/1 t.	10.00 10.00 8.80 9.90 10.00 10.00	4.30 4.31 4.32 <u>4.33</u> 4.34	RO. 1/1t. RO. 1/1 t. RO. 1/1 t. RO. 1/1 t. RO. 1/1 t. RO. 1/1 t.	<ul> <li>→ Repulsion off</li> <li>→ 1/1 t.</li> <li>→ 1-½ t.</li> <li>→ 2/1 t.</li> <li>→ Tuck Salto</li> </ul>

#### **2026 - NCAA VAULT VALUES**

1.01	Handspring		8.80
1.02	Handspring	→ 1/1 t.	9.20
1.03	Handspring	$\rightarrow$ 1- $\frac{1}{2}$ t.	9.50
1.04	Handspring	→ 2/1 t.	10.00
1.05	Handspring	→ 2-½ t.	10.00
1.06	Handspring	→ 3/1 t.	10.00
1.07	Handspring	→ Tuck Salto	9.80
1.08	Handspring	→ Tuck Salto ½ t.	9.95
1.09	Handspring	→ Tuck Salto 1/1 t.	10.00
1.10	Handspring	→ Tuck Salto 1-½ t.	10.00
1.11	Handspring	→ Pike Salto	9.90
1.12	Handspring	→ Pike Salto ½ t.	10.00
1.13	Handspring	→ Layout Salto	10.00
1.14	Handspring	→ Layout Salto ½ t.	10.00
1.15	Handspring	→ Layout Salto 1/1t.	10.00
1.16	Handspring	→ Layout Salto 1-½ t.	10.00
1.17	Handspring	→ Layout Salto 2/1t.	10.00
1.18	Handspring	→ Double Salto T / P	10.00
1.19	1/2 t.	→ 1-½ t.	9.50
1.20	1/2 t. 1/2 t.	→ 2/1 t.	9.90
1.21	1/2 t. 1/2 t.	→ 2-½ t.	10.00
1.22	1/2 t. 1/1 t.	→ Handspring	9.60
1.23	1/1 t. 1/1 t.	→ 1/2 t.	9.60
1.24	1/1 t. 1/1 t.	→ 1/1 t.	9.80
1.24	1/1 t. 1/1 t.		10.00
		→ 1-½ t.	
1.26	1/1 t.	→ 2/1 t.	10.00
1.27	1/1 t.	→ Tuck Salto	10.00
1.28	1/1 t.	→ Pike Salto	10.00
1.29	1/1 t.	→ Layout Salto	10.00
2.01	Tsukahara	→ Repulsion	8.80
2.02	Tsukahara	→ Tuck Salto	9.50
2.03	Tsukahara	→ Tuck Salto ½ t.	9.80
2.04	Tsukahara	→ Tuck Salto 1/1 t.	9.90
2.05	Tsukahara	→ Tuck Salto 1-½ t.	10.00
2.06	Tsukahara	→ Tuck Salto 2/1t.	10.00
2.07	Tsukahara Tsukahara	→ Pike Salto	9.60
2.08	Tsukahara	→ Pike Salto ½ t.	9.90
2.09	Tsukahara Tsukahara	→ Layout Salto	9.80
2.10	Tsukahara	→ Layout Salto ½ t.	10.00
2.10	Tsukahara	→ Layout Salto 1/1 t.	10.00
2.12	Tsukahara	→ Layout Salto 1-½ t.	10.00
2.12	Tsukahara	→ Layout Salto 1-½ t.	10.00
2.14	Tsukahara Tsukahara	→ Layout Salto 2-1/2 t.	10.00
2.15	Tsukahara	→ Double Salto T / P	10.00
3.01		→ Handspring	8.80
3.02		→ Tuck Salto	9.90
3.03		→ Tuck Salto ½ t.	10.00
3.04		→ Pike Salto	10.00
3.05	Hsp.on Hsp.	→ Pike Salto ½ t.	10.00
3.06	Hsp.on Hsp.		9.30
3.07	Hsp.on Hsp.		9.60
3.08	Hsp.on Hsp.		10.00

#### **LANDING MAT - ALLOWANCE**

#### **MOUNTING MAT - ALLOWANCE**

CM	INCHES			CM	INCHES			
45.7	18"	1-2" Sting Mat	1-2" Sting Mat	45.7	18"	Mount without Board		
43.2	17"	1-2 Stillg Wat	1-2 Sting Mat	43.2	17"			
40.6	16"			40.6	16"		Mount with Board	Mount with Board
38.1	15"			38.1	15"			
35.6	14"		4" Throw Mat 10 cm	35.6	14"	8" Skill Cushion 20 cm	1-2" Sting Mat	
33.0	13"	8" Skill Cushion 20 cm		33.0	13"		NCAA (allows one sting mat)	4" Throw Mat 10 cm
30.5	12"			30.5	12"	4" Throw Mats 10 cm		
27.9	11"			27.9	11"	4" Throw Mats 10 cm	4" Throw Mat 10 cm	
25.4	10"		4" Throw Mat 10 cm	25.4	10"			1-2" Sting Mat
22.9	9"			22.9	9"			NCAA (allows one sting mat)
20.3	8"			20.3	8"			
17.8	7"			17.8	7"			
15.2	6"	8" CLM Landing Mat 20 cm	8" CLM Landing Mat 20 cm	15.2	6"	8" CLM Landing Mat 20 cm	8" CLM Landing Mat 20 cm	8" CLM Landing Mat 20 cm
12.7	5"			12.7	5"			
10.2	4"			10.2	4"			
7.6	3"			7.6	3"			
5.1	2"			5.1	2"			
2.5	1"			2.5	1"			

0.2 Use of authorized supplemental mats VT, UB, BB

Mounts - non-skid plywood allowed under board (NCAA - no deduction)

## NCAA - Judging Assistant Procedures - P Hickey, Editor

Updated: October 17, 2025

## **Timing FLOOR ROUTINE**

Timer (With stopwatch #1):

Start: with the gymnast's first movement with the music.

Stop: with the gymnast's final movement or FALL (NCAA only)

Restart: after 2 min. injury assessment, gymnast stands up on her feet.

Report the Time: to the Chief Judge; for example: 1:15

OVERTIME 1:30+ show Chief Judge, before clearing the stopwatch.

## **Line Judges for FLOOR ROUTINE**

#### 2 Line Judges:

- Yellow Flag
- Post-it Notes
- Pencil / Pen
- Seated in Opposite corners
- Responsible to 2 Lines and 2 Corners

Landing Mat: Mat must be clearly marked with TAPE line.

If the mat covers the line, the line must be marked. If needed, ask coach to re-mark the mat for clarity. Inform Chief Judge, if the mat was not marked.

Out of Bounds: (White Line Border) gymnast touches area outside the line.

(Two Color Carpet) gymnast touches <u>outside colored</u> carpet. It is possible to step backward out of bounds in the corner.

Raise the Flag: When gymnast is "Out of Bounds".

Judges will also raise their hands to confirm "out of bounds".

Post-it Notes: Draw a Square and Mark the location of Chief Judge Table.

Record OB: Record "Out of Bounds" with an "X" at the location.

Take Post-it note to the Chief Judge.

Timer / Line Judge: Line Judge can also serve as Floor Timer.

# NCAA - Judging Assistants Procedures - P Hickey, Editor

Updated October 17, 2025

## **Timing BEAM ROUTINE**

Timer #1 (With stopwatch #1):

Start: when the gymnast's feet leave the board or mat.

Stop with fall: each fall off the BEAM onto the mat.

Restart: after 2 min. injury assessment / gymnast remounts and ready to continue.

"WARNING": called or signaled at 1:20.

Stop at end: when the gymnast dismounts and arrives on the mat.

"TIME": called or signaled at 1:30.

# Timing BEAM FALLS - 45 second period

**Timer #2** (With stopwatch #2)

Start: (after 2 min. injury assessment) / gymnast stands up on her feet.

Warning: say "20 SECONDS REMAINING" at 25 seconds

"10 SECONDS REMAINING" at 35 seconds

"TIME" at 45 seconds

Stop: when the gymnast leaves the mat to remount the beam

(time lapse between fall time and restart of the exercise time)

## Timing BAR FALLS - 45 second period

**Timer** (with one stopwatch)

Start: (after 2 min. injury assessment) / gymnast stands up on her feet.

Warning: say "20 SECONDS REMAINING" at 25 seconds

"10 SECONDS REMAINING" at 35 seconds

"TIME" at 45 seconds

Stop: when the gymnast leaves the mat to remount the BARS.