

NEW JUDGE ADVENTUROUS ORIENTATION



By Karin Ederer
NAWGJ Region 4 Symposium
Sept 14, 2025

Welcome!

Karin Ederer – MN NAWGJ New Judge Coordinator

40+ years judging

Encouraged by MY coach to become a judge

NCAA Regional Assigner

MN NAWGJ Board Member

Special Olympic Volunteer

Purpose

1. What does it mean to be a NAWGJ Judge?
1. How to get up and running?
1. How to stay up-to-date?



Region 4

USA Gymnastics Women's Program Committee Regions



Is Judging Right for Me?

COMMIT TO
EXCELLENCE

Do I have what may be required, or can I develop the skills?

Be aware, starting out, work opportunities may be minimal?

Am I committed to the upkeep of rules, updates and study?

Am I ready for weekend work?

Can I commit to a binding contract?

Main Sources for Information:

USAgym.org -



NAWGJ.org -



Join Our Mailing List

<input type="text" value="Name"/>	<input type="text" value="Email"/>
<input type="button" value="SEND"/>	

USAG: Account Profile

<https://usagym.org/women/judges/>



Create Your Email

Username

Password

Personal Information [EDIT](#)

Name [REDACTED]
Meet Display Name [REDACTED]
Address [REDACTED]
Email [REDACTED]
Phone [REDACTED]
Gender [REDACTED]
Birthdate [REDACTED]
US Citizen Yes
Ethnicity [REDACTED]
Parents [REDACTED]
Organizations [REDACTED]
Tags [ADD TAG](#)

User Information [EDIT](#)

Person ID [REDACTED]
Username [REDACTED]
Password [GENERATE NEW PASSWORD](#)
Registered On 06/24/2016
Groups

USA Gymnastics - Member Services

YOUR "GO TO" FOR WHAT YOU NEED TO STAY CURRENT

Disciplines →

Women's Artistic →

Judges →

Quick Links

Testing Information/Schedules
Technical Updates
Courses/Requirements/Background Check
Store: Materials
CPE requirements/Info
R & P (next slide)



Annual Fee: \$99

USA Gymnastics- Member Services, continued

Disciplines



Women's Artistic



Rules



Rules & Policies

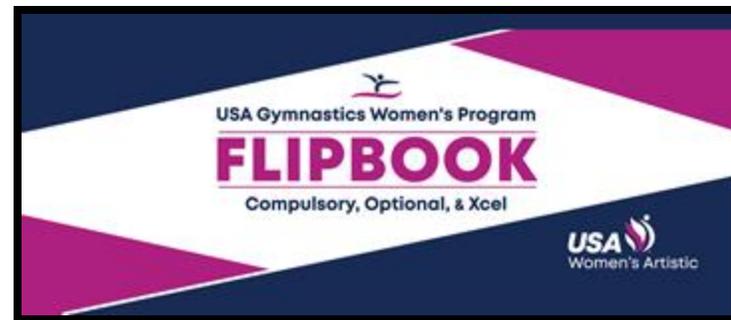
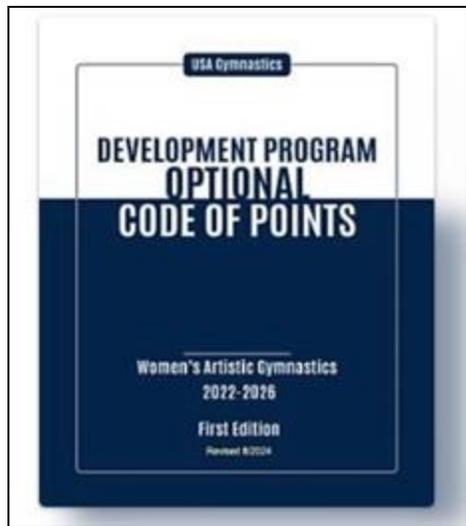
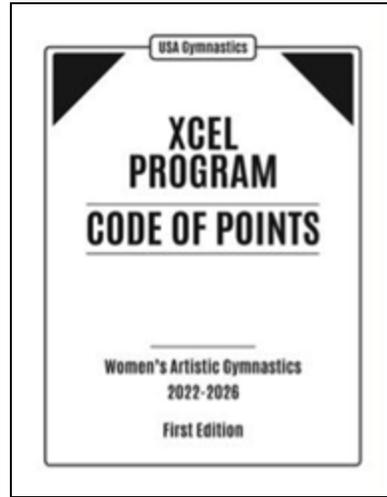


New material is highlighted in yellow

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Download for FREE

USAG Purchasing Materials: <https://usagym.org/store/>





eBOOKS AVAILABLE & HAVE **UPDATE** OPTIONS

HARD COPIES DO NOT UPDATE ONLINE

Order at: <http://usagym.sportgraphics.biz/> 1-800-345-4719

Optionals Levels 6-10: 2022-26

XCEL Bronze - Sapphire: 2022-28

Compulsory Levels 1-5: 2021-29

e-book Code of Points

TECHNICAL UPDATE 8/25

WAG GOES DIGITAL IN 2026!



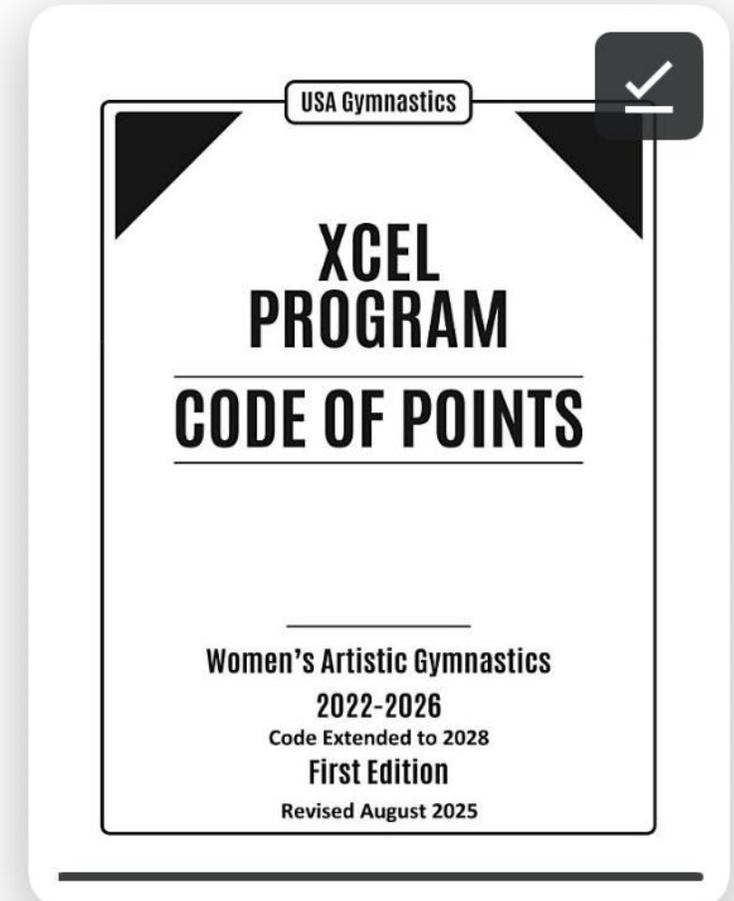
**BEGINNING IN 2026,
USA GYMNASTICS IS TRANSITIONING TO A
DIGITAL ONLY E-BOOK FORMAT FOR ALL WAG
MATERIALS.**

- **Compulsory Book**
- **Dev Code of Points**
- **Xcel Code of Points**

Updating your Code of Point(s)

<https://play.google.com/books?hl=en>

1. Update your “Google Play” app
2. Open app to find the cover of your Code of Points and make sure it’s been downloaded.
3. Find the check mark on the black box. This check mark means, at some point in time, your code had been downloaded onto your device. NOTE the only way to tell if it is UP TO DATE is by looking at the date on the cover page of the code.
4. Hold finger on the book and see MENU
5. Click **REMOVE DOWNLOAD**.
Following the “remove download,” the check mark icon turns into a down arrow. Click on the download arrow and it will **DOWNLOAD** the newest version
6. Once done, your COP on the desktop of your device should look like the picture on this page with a black checkmark.
7. Open to the cover page and confirm the latest date is posted
8. NEVER NEVER EVER CLICK DELETE FROM LIBRARY WHEN YOU OPEN MENU BAR. THIS WILL DELETE THE BOOK AND YOU WILL NEED TO RE-PURCHASE.



Poll Question #1

What are the 2 MAIN umbrella resources for judges?

1. Code of Points and Rules & Policies
2. USAG & State Handbook
3. Zaboomafoo & Mr Rogers Neighborhood
4. USAG & NAWGJ websites



NAWGJ.ORG - Annual fee \$60

THE "GO TO" FOR PROFESSIONAL JUDGING RESOURCES

Discount Code "NEW JUDGE" (first year)

**50%
OFF**

In order to approve your application, USAG requires validation of a women's gymnastics judging rating. YOU must test and receive a rating first!

For those rated 4/5 and above, please ensure your name is the same as how you registered with USAG when you tested so NAWGJ secretary can find your name on the list of current judges

[Professional Liability \(PL\) Insurance](#)

Up to \$1,000,000 per occurrence

Additional NAWGJ Resources:

<https://nawgj.org/judging-aids/study-helps/>

I'm Not Stressed, I'm Ready (YouTube)

Preparing for the Test (Cookie Batsche-notes)

How to Study Properly (Jim Burton-notes)

Studying - Without Losing Your Mind....or your Life! (Robin Ruegg-notes)



And Much More...

What Does Testing Look Like?



**Level 4/5 Test
Online Written Exam - \$25**

Must be 16 years of age

Written - Open Book, Online Test

50 Multiple Choice Questions

Level 7/8 Test
Online Written Exam - \$25

Must be 16 years of age

Written - Open Book Online Test

50 Multiple Choice Questions covering Level 7/8

Level 7/8 Test
In Person Practical Exam - \$25

Must be within 30 days of turning 16 years of age

In Person Video Exam showing **Level 8 routines**

1 practice routine & 6 exam routines for each event

Testing Changes coming

TECHNICAL UPDATE 8/25



JUDGES' EXAMS LEVEL 6/7 & 8

RULES & POLICES

Beginning August 1, 2026, an online 50 Question Level 6/7 Theoretical exam will be a prerequisite for applicants obtaining a Level 8 Judges rating.

The Level 8 exam will consist of a 50 Question, Level 8 only, Theoretical exam and a Level 8 Practical exam.



Level 9 Test

Requires Written & Practical Exam - \$25 each

Must be 18 years of age

Similar format to Level 7/8

IF you were a former Level 10 or NCAA athlete or coach who competed/coached at NCAA or Level 10 Regionals or Nationals, you may start testing here. An eligibility form must be completed and approved

https://static.usagym.org/PDFs/Women/Judges/exemption_eligibility_for_m.pdf

**Additional Courses Available (and more!)
<https://usagym.org/education/courses/#judging>**

**J110: 2021-26 Bronze/Silver/Gold (Online-\$15)
Eligible for 5 CPE Online Credit Hours**

**J201: 2024-26 Level 6/7 (Online-\$50)
Eligible for 10 CPE Online Credit Hours**

**J220: 2022-26 Xcel Platinum/Diamond/Sapphire (Online-\$25)
Eligible for 5 CPE Online Credit Hours**

I Passed! What's Next?



JOIN: NAWGJ.ORG
USAGYM.ORG “JUDGE”

Required Certifications through USAG:

1. U110: SafeSport
18+
Every year
Aug 1-July 31
Free
2. U101: Safety Certification
(also referred to as Safety &
Risk Management Course)
14+
Every 4 years
\$75
3. Background Check
18+
Every 2 years
\$30

Note to 16-17 year old Judges: The Following Restrictions Apply



No assignments that require overnight accommodations

Carpooling allowed ONLY if driving with two or more adult members

Judging contracts must be co-signed by parent or legal guardian

Must follow all current Safe Sport policies

NEXT..... HOW TO GET ASSIGNED

GYMJAS-Judges Assigning System

<https://gymjas.com/mn/>

Assigning calendar

Availability

Contracts

SAVE/SUBMIT!



Gymnastics Judges Information System for Minnesota

New user? If you have not yet registered, [register here.](#)

Login:

(Note that the password is case sensitive.)

User ID :

Password :

Login

Click here to [change your password.](#)

Forgotten your User ID or password? Click here to [reset your password.](#)

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LOCAL NAWGJ WEBSITES

MN NAWGJ: <https://www.mnnawgj.com/>

EACH STATE WILL HAVE THEIR OWN WEBSITE WITH THEIR
SPECIFIC TOOLS AND HELPS

Gymnastics Season- Region 4

Iowa

Minnesota

Missouri

Nebraska

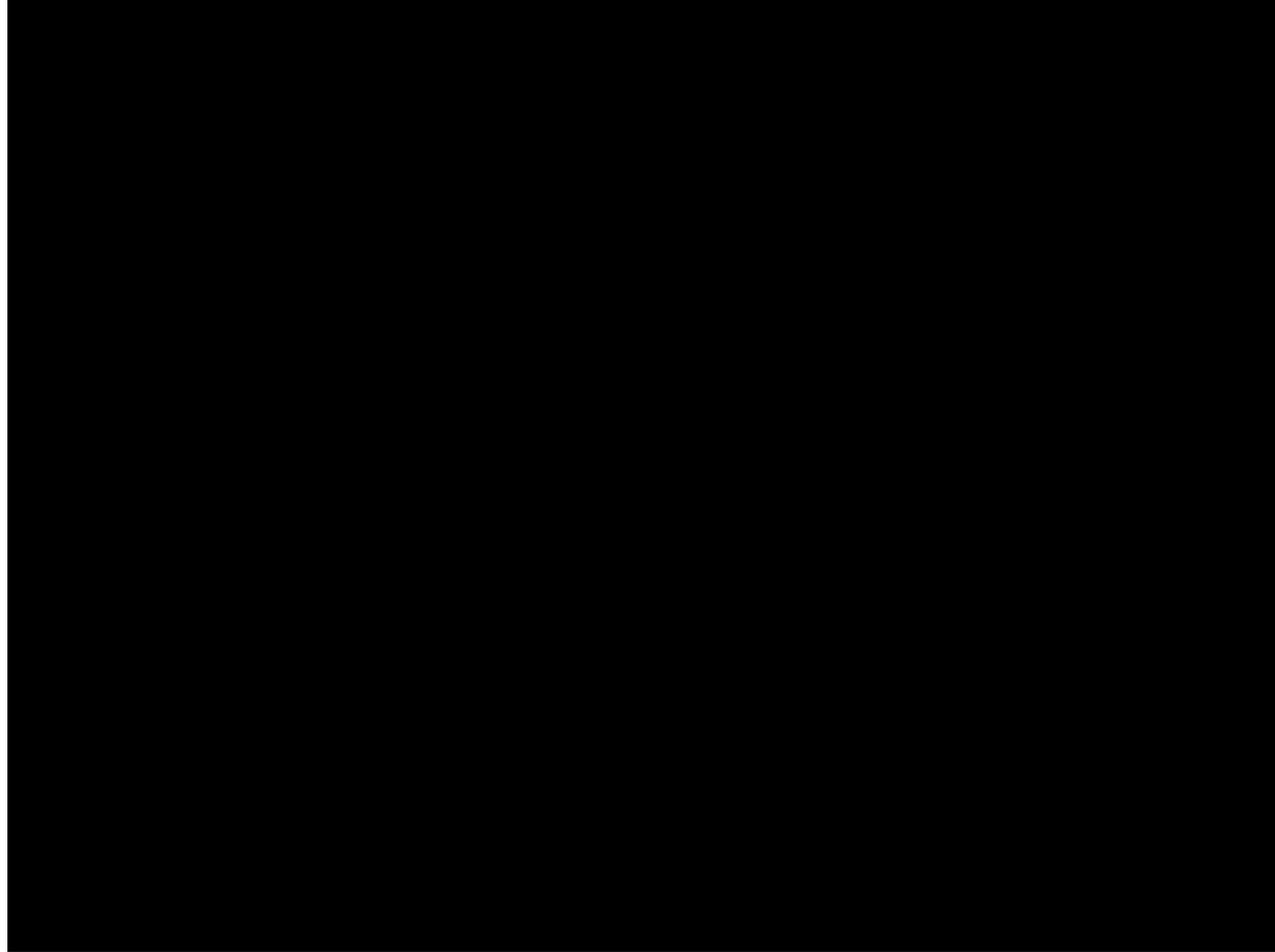
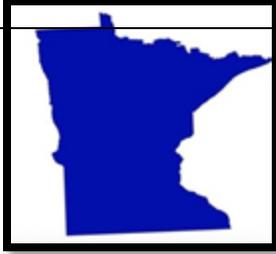
North Dakota

South Dakota

Wisconsin

We have an Amazing Region!

Minnesota:



Membership perks available upon passing exam(s). More perks subsequent years

Iowa:



- No fall season
- Usually, One meet in December
- In-gym critique style Judges Cup, usually in November.
- Judges availability due by July 15th for State Meets
- Majority of assigning complete in September for the year ahead

Nebraska:



- No fall season
- Winter Availability Due in October
- Financial Assistance upon Approval

Wisconsin:



Fall: Fall availability due July 1st (Sept thru Dec)

- Compulsories

Winter:

- Winter availability due Nov 1st (Jan thru April)
- Optional and Xcel Levels
- Membership perks upon passing exam/s include: testing fees, Safety Certification, Background Check.
- More perks available after first season/actively judging 3 sanctioned competitions



South Dakota

- No fall season
- Availability due in the Fall (email notification by SJD)
- Judging typically runs end of November through March
- Contact SJD to take advantage of support assistance
- Available POST first full year of judging

North Dakota:



- No fall season
- Season from November - March
- Availability approximately Sept 15th
- PAID practice judging at first 3 meets prior to first official assignment
- Tiered approach to paying for educational materials, books, testing, etc.
- NAWGJ fees paid

Missouri:



- No fall season
- Availability due Sept 1st
- Judges Cup proceeds profit ALL judges
- An “Education Certificate” follows first full season of judging

ALL STATES: It is important to note that this is current policy, subject to change each year; check with SJD for changes

USA GYMNASTICS JUDGE'S COMPENSATION PACKAGE FOR WOMEN'S ARTISTIC GYMNASTICS

<https://static.usagym.org/PDFs/Women/Rules/rp/rulespolicies.pdf>

JUDGE'S RATING	ALLOWABLE XCEL DIVISION TO JUDGE	RATE PER HOUR
XCEL Bronze/Silver/Gold	Bronze, Silver and Gold	\$19.00
XCEL Rated (No DP rating)	All Divisions	\$21.00
Level 4/5	Bronze, Silver and Gold	\$19.00
Level 6/7/8 only	Bronze-Diamond	\$21.00
Level 4/5 and 6/7/8	Bronze-Diamond	\$23.00
Level 9	All Divisions	\$27.00
Level 10	All Divisions	\$31.00
National	All Divisions	\$34.00
Brevet	All Divisions	\$37.00

Page 37,
USAG
Rules &
Policies

What is the **Investment** to get started?

Level 4/5 and XCEL Bronze - Gold:

Compulsory Code of Points (every 8 years):	\$75.00
USAG Membership/year:	\$99.00
USAG Safety Certification (every 4 years):	\$75.00
USAG Background Check (every 2 years):	\$30.00
NAWGJ Membership/year:	\$30.00 first year
Xcel Program Optional Code of Points (every 8 years):	\$75.00
Total:	\$384.00

Level 7/8+ Rating:

Developmental Program Optional Code of Points (every 4 years): **\$75**

[NAWGJ-Judging Aids-Administration Forms and Information-Running your Gymnastics Judging Business](https://nawgj.org/wp-content/uploads/2024/02/Running-your-own-Gymnastics-Judging-Business-presentation-for-2023-NAWGJ-Symposium.pdf)

<https://nawgj.org/wp-content/uploads/2024/02/Running-your-own-Gymnastics-Judging-Business-presentation-for-2023-NAWGJ-Symposium.pdf>

Continuing Education Requirements (CPE's)

<https://usagym.org/women/judges/> - cpe

HIGHEST RATING HELD	TOTAL CPE HOURS NEEDED PER ACCREDITATION YEAR	MINIMUM # OF HOURS REQUIRED AS PART OF YEARLY TOTAL	MAXIMUM # OF CLINIC HOURS ALLOWED TO CARRY FORWARD TO THE NEXT ACCREDITATION YEAR AFTER THE ANNUAL TOTAL HAS BEEN MET
XCEL B/S/G	12 hours	6 hours	2 hours
XCEL (all divisions)	16 hours	8 hours	3 hours
Level 4/5	12 hours	6 hours	2 hours
Level 6/7/8	12 hours	6 hours	2 hours
Level 9	16 hours	8 hours	3 hours
Level 10	20 hours	10 hours	4 hours
National	20 hours	10 hours	4 hours
Brevet	20 hours	10 hours	4 hours

The rating a judge holds on July 31st of each year determines the number of CPE hours required for the next accreditation year

Poll Question #2:

Which Statement is correct?

1. All judges must start as a Level 4/5
2. A judge can be 16 years old to begin judging
3. All judges must have been USAG gymnasts
4. All judges must love chocolate

ETIQUETTE REMINDERS

by Linda Thorberg (National Committee Technical Chair)



WHY...

I 
Gymnastics

+



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Questions?

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