



# USAG DEVELOPMENT PROGRAM SCORE SHEET 2022-26

## LEVEL 10 UNEVEN BARS

| VALUE PARTS (VP)                                                                                                                                                                  | SPECIAL REQUIREMENTS (SR)                                                                                                                                                                                                | CONNECTION VALUE (CV)               |     |     | COMPOSITION         |              |                                                                                                                   |                                          |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------|-----|-----|---------------------|--------------|-------------------------------------------------------------------------------------------------------------------|------------------------------------------|
|                                                                                                                                                                                   |                                                                                                                                                                                                                          |                                     |     |     | RELEASE UP TO LEVEL |              | CHOICE OF ELEMENTS                                                                                                |                                          |
| _____ 3 A (0.1)<br>_____ 3 B (0.3)<br>_____ 2 C (0.5)<br><br>_____ D (+0.1)<br>_____ E (+0.2)<br><br><small>Extra +0.1 bonus if 10.0 SV and minimum 0.6 bonus + E element</small> | (0.5 each)<br><br><input type="checkbox"/> C flight<br><br><input type="checkbox"/> B flight (different)<br><br><input type="checkbox"/> C LA turn (not mount/dismount)<br><br><input type="checkbox"/> C salto dismount |                                     | 0.1 | 0.2 | expected            | D -- D       | 1. Forward circle/release (B)<br>2. 3/6/7 element (B)<br>3. Minimum 180° LA turn (C)<br>4. Single bar release (D) | >1 squat on (except after fall) 0.1 each |
|                                                                                                                                                                                   |                                                                                                                                                                                                                          | Both elements must have turn/flight | C+C |     | 0.05                | DC           | expected 2 of 4                                                                                                   | Lack of 2 bar changes 0.2                |
|                                                                                                                                                                                   |                                                                                                                                                                                                                          | 3/6/7 elements Must be different    | C+C |     | 0.10                | D -- C       | 0.10 1 of 4                                                                                                       | No direction change 0.1                  |
|                                                                                                                                                                                   |                                                                                                                                                                                                                          | No turn/flight required             |     |     | 0.15                | CC<br>D -- B | 0.20 0 of 4                                                                                                       | Uncharacteristic elements 0.1 each       |
|                                                                                                                                                                                   |                                                                                                                                                                                                                          | No turn/flight required             | C+D | D+D | 0.20                | C -- C<br>CB | <b>DISMOUNT UP TO LEVEL</b><br>expected D/E or DC                                                                 | 3/4 giant forward 0.1                    |
|                                                                                                                                                                                   |                                                                                                                                                                                                                          |                                     |     |     |                     |              | 0.05 CCC                                                                                                          | Short exercise (<5 VPs) — CJ 2.0         |
|                                                                                                                                                                                   |                                                                                                                                                                                                                          |                                     |     |     |                     |              | 0.10 CC                                                                                                           |                                          |
| #                                                                                                                                                                                 |                                                                                                                                                                                                                          |                                     |     |     |                     |              |                                                                                                                   |                                          |
|                                                                                                                                                                                   |                                                                                                                                                                                                                          |                                     |     |     |                     |              |                                                                                                                   | 9.5                                      |
|                                                                                                                                                                                   |                                                                                                                                                                                                                          |                                     |     |     |                     |              | VP (-)                                                                                                            |                                          |
|                                                                                                                                                                                   |                                                                                                                                                                                                                          |                                     |     |     |                     |              | SR (-)                                                                                                            |                                          |
|                                                                                                                                                                                   |                                                                                                                                                                                                                          |                                     |     |     |                     |              | CV (+)                                                                                                            |                                          |
|                                                                                                                                                                                   |                                                                                                                                                                                                                          |                                     |     |     |                     |              | D/E (+)                                                                                                           |                                          |
|                                                                                                                                                                                   |                                                                                                                                                                                                                          |                                     |     |     |                     |              | SV                                                                                                                | □+0.1                                    |
|                                                                                                                                                                                   |                                                                                                                                                                                                                          |                                     |     |     |                     |              | execution                                                                                                         |                                          |
|                                                                                                                                                                                   |                                                                                                                                                                                                                          |                                     |     |     |                     |              | composition                                                                                                       |                                          |
|                                                                                                                                                                                   |                                                                                                                                                                                                                          |                                     |     |     |                     |              | score                                                                                                             |                                          |
|                                                                                                                                                                                   |                                                                                                                                                                                                                          |                                     |     |     |                     |              | AVERAGE                                                                                                           |                                          |